

West Cheshire Endurance Competition

Female PointsTable - at end of August

		PARTICIPATION POINTS						BONUS POINTS																			
		(1 point per race)						Cross Country				Track	Multi Terrain	Road Leagues/series		Team points			Distance Pts (any surface; one race at each distance)								
		Cross Country	Fell, Hill	Multi-terrain, Trail	Road	Track (3000m and longer)	Total Races	L&D 0	Manch. Lge (Jan, Feb, Oct)	North Wales (Feb, Mar, Oct1,2, Nov)	North Staffs 0	Champs (Ches, NA, Eng Nat, I/County)	Ultra 24 hr champ, NA Lge Apr, Jul, Aug; ChesLg (May,Jun)	Wirral (Sept - 4 races)	Borders L (Feb,Mar,Apr, May, Oct, Dec)	24hr Ultra	Relays (Cheshire, Northern Athletics))	Cross Country (Ches, M/c Lge, N Wales))	Road (BL Feb,Mar,Apr, May) ChesHM, RRCChes, NA; UK team Ultra	Track (NA Lge; Ches Lge)	25K(15 ml) to 20ml (32K) inc	>20ml to Marathon inc	>Marathon	Road & Track Performance Pts	"Helpers" Points	Total Points	
1 point per event																1 2 3pts											
Females																											
Joy	HICKMAN	7			11	7	25			4		2				4			4	4						1	44
Emma	NUTT	9		1	7		17		4	4						4			6	4		2				1	42
Anest	MULLER	9			4	1	14		3	4						2			6	2		1	2			1	35
Deb	BEMAND	6	1		8		15		2	4						3			3	2							29
Julie	DOUZANT (Tailard)	2			6		8		2							3			1	3		2					19
Sallyann	HARPER		3	1	8		12									3				3							18
Clare	HARRIS	5			2		7		2	3						1			3	1							17
Ellie	ROBINSON	5	1				6			4		1							4						2		17
Sarah	HUNTER				11	2	13															2					15
Alex	DUFFEY	4			4		8			4									1								13
Angela	TEGG	2	1		2		5		2										2			1				1	11
Amy	MILLS				5		5									3				2							10
Fiona	COOK		1	1	1		3			1												2	4				10
Lottie	ROWEDDER	1			2		3		1							2			1	2							9
Keely	SMITH				6		6														1	2					9
Sarah	HIBBERT				5		5									1										1	7
Clare	MALLON			2	1		3															2					5
Carolyn	POLLARD				1		1															2					3
Lindsay	FISHER				2		2														1						3
Jodi	BEMAND	1			2		3																				3
Sonia	MCNICOL				2		2							1													3
Melissa	PUGH				2		2																				2
Claire	WILLIAMS		1		1		2																				2
Rosemary	ROGERS			1			1																				1
Laura	FARMER				1		1																				1
Lis	OATES				1		1																				1
Totals:		51	8	6	95	10	170	0	16	28	0	3	0	0	0	27	0	0	31	23	0	4	16	4	0	7	329
		11	6	5	24	3	26	0	7	8	0	2	0	0	0	11	0	0	10	9	0	4	8	1	0	6	26