

West Cheshire Endurance Competition

Female PointsTable - at end of June

		PARTICIPATION POINTS						BONUS POINTS												Total Points						
		(1 point per race)						Cross Country						Track	Multi Terrain	Road Leagues/series	Team points				Distance Pts (any surface; one race at each distance)					
		Cross Country	Fell, Hill	Multi-terrain, Trail	Road	Track (3000m and longer)	Total Races	L&D ()	Manch. Lge (Jan, Feb, Oct)	North Wales (Feb, Mar, Oct 1,2, Nov)	North Staffs ()	Champs (Ches, NA, Eng Nat, I/County)	Ultra 24 hr champ, NA Lge Apr, Jul, Aug; ChesLg (May, Jun)	Wirral (Sept - 4 races)	Borders L (Feb, Mar, Apr, May, Oct, Dec)	24hr Ultra	Relays (Cheshire, Northern Athletics))	Cross Country (Ches, M/c Lge, N Wales))	Road (BL Feb, Mar, Apr, May) ChesHM, RRChes, NA; UK team Ultra		Track (NA Lge; Ches Lge)	25K(15 ml) to 20ml (32K) inc	>20ml to Marathon inc	>Marathon	Road & Track Performance Pts	"Helpers" Points
						1 point per event												1 2 3pts								
Females																										
Emma	NUTT	9		1	6		16		4	4					4			6	4			2				40
Anest	MULLER	9			4		13		3	4					2			6	2		1	2				33
Joy	HICKMAN	6			7	1	14			4		1			4			4	4							31
Deb	BEMAND	6	1		6		13		2	4					3			3	2							27
Julie	DOUZANT (Tailard)	2			6		8		2						3			1	3			2				19
Clare	HARRIS	5			2		7		2	3					1			3	1							17
Ellie	ROBINSON	4	1				5			4							4							1		14
Alex	DUFFEY	4			4		8			4								1								13
Sallyann	HARPER			1	6		7							3					3							13
Angela	TEGG	2	1		2		5		2									2			1					10
Amy	MILLS				5		5							3					2							10
Fiona	COOK		1	1	1		3			1												2	4			10
Lottie	ROWEDDER	1			2		3		1					2			1	2								9
Keely	SMITH				5		5														1	2				8
Sarah	HIBBERT				5		5							1										1		7
Sarah	HUNTER				3		3															2				5
Clare	MALLON			2	1		3															2				5
Carolyn	POLLARD				1		1															2				3
Lindsay	FISHER				2		2														1					3
Jodi	BEMAND	1			2		3																			3
Sonia	MCNICOL				2		2							1												3
Melissa	PUGH				2		2																			2
Rosemary	ROGERS			1			1																			1
Laura	FARMER				1		1																			1
Claire	WILLIAMS				1		1																			1
Lis	OATES				1		1																			1
Totals:		49	4	6	77	1	137	0	16	28	0	1	0	0	27	0	0	31	23	0	4	16	4	0	2	289
		11	4	5	24	1	26	0	7	8	0	1	0	0	11	0	0	10	9	0	4	8	1	0	2	26