

West Cheshire Endurance Competition

Female PointsTable - at end of May

		PARTICIPATION POINTS					BONUS POINTS											Total Points								
		(1 point per race)					Cross Country			Track	Multi Terrain	Road Leagues/series		Team points			Distance Pts (any surface; one race at each distance)									
		Cross Country	Fell, Hill	Multi-terrain, Trail	Road	Track (3000m and longer)	Total Races	L&D ()	Manch. Lge (Jan, Feb, Oct)	North Wales (Feb, Mar, Oct 1, 2, Nov)	North Staffs ()	Champs (Ches, NA, Eng Nat, I/County)	Ultra 24 hr champ, NA Lge Apr, Jul, Aug; ChesLg (May, Jun)	Wirral (Sept - 4 races)	Borders L (Feb, Mar, Apr, May, Oct, Dec)	24hr Ultra	Relays (Cheshire, Northern Athletics)		Cross Country (Ches, M/c Lge, N Wales)	Road (BL Feb, Mar, Apr, May) ChesHM, RRChes, NA; UK team Ultra	Track (NA Lge; Ches Lge)	25K(15 ml) to 20ml (32K) /inc	>20ml to Marathon inc	>Marathon	Road & Track Performance Pts	"Helpers" Points
Females							1 point per event																			
																				1	2	3pts				
Emma	NUTT	9			6	15		4	4					4			6	4				2				39
Anest	MULLER	9			4	13		3	4				2			6	2			1	2					33
Joy	HICKMAN	6			7	14			4	1			4			4	4									31
Deb	BEMAND	6			6	12		2	4				3			3	2									26
Julie	DOUZANT (Tailard)	2			6	8		2					3			1	3				2					19
Clare	HARRIS	5			2	7		2	3				1			3	1									17
Ellie	ROBINSON	4	1			5			4							4								1		14
Alex	DUFFEY	4			3	7			4							1										12
Sallyann	HARPER				6	6							3				3									12
Angela	TEGG	2	1		2	5		2								2				1						10
Amy	MILLS				5	5							3				2									10
Fiona	COOK		1	1	1	3			1												2	4				10
Lottie	ROWEDDER	1			2	3		1					2			1	2									9
Keely	SMITH				5	5														1	2					8
Sarah	HIBBERT				5	5							1											1		7
Sarah	HUNTER				3	3															2					5
Carolyn	POLLARD				1	1															2					3
Lindsay	FISHER				2	2														1						3
Clare	MALLON				1	1															2					3
Jodi	BEMAND	1			2	3																				3
Sonia	MCNICOL				2	2							1													3
Melissa	PUGH				2	2																				2
Rosemary	ROGERS			1		1																				1
Laura	FARMER				1	1																				1
Claire	WILLIAMS				1	1																				1
Lis	OATES				1	1																				1
Totals:		49	3	2	76	1	131	0	16	28	0	1	0	0	27	0	0	31	23	0	4	16	4	0	2	283
		11	3	2	24	1	26	0	7	8	0	1	0	0	11	0	0	10	9	0	4	8	1	0	2	26