

West Cheshire Endurance Competition

Female PointsTable - at end of April

		PARTICIPATION POINTS					BONUS POINTS										Total Points									
		(1 point per race)					Cross Country			Track	Multi Terrain	Road Leagues/series		Team points				Distance Pts (any surface; one race at each distance)								
		Cross Country	Fell, Hill	Multi-terrain, Trail	Road	Track (3000m and longer)	Total Races	L&D ()	Manch. Lge (Jan, Feb, Oct)	North Wales (Feb, Mar, Oct 1, 2, Nov)	North Staffs ()	Champs (Ches, NA, Eng Nat. I/County)	Ultra 24 hr champ, NA (May, Jun)	Wirral (Sept - 4 races)	Borders L (Feb, Mar, Apr, May, Oct, Dec)	24hr Ultra		Relays (Cheshire, Northern Athletics))	Cross Country (Ches, M/c Lge, N Wales)	Road (BL Feb, Mar, Apr, May) ChesHM, RRChes, NA; UK team Ultra	Track (NA Lge; Ches Lge)	25K(15 ml) to 20ml (32K) Inc	>20ml to Marathon Inc	>Marathon	Road & Track Performance Pts	"Helpers" Points
						1 point per event																				
																				1	2	3pts				
Females																										
Emma	NUTT	9		6		15	4	4					4				6	4			2				39	
Anest	MULLER	9		4		13	3	4					2				6	2		1	2				33	
Joy	HICKMAN	6		5	1	12		4		1			4				4	4							29	
Deb	BEMAND	6		5		11	2	4					3				3	2							25	
Julie	DOUZANT (Tailard)	2		6		8	2						3				1	3			2				19	
Clare	HARRIS	5		1		6	2	3					1				3	1							16	
Ellie	ROBINSON	4	1			5		4									4						1		14	
Alex	DUFFEY	4		2		6		4									1								11	
Sallyann	HARPER			4		4							3					3							10	
Angela	TEGG	2		2		4	2										2			1					9	
Lottie	ROWEDDER	1		2		3	1						2				1	2							9	
Amy	MILLS			4		4							3					2							9	
Fiona	COOK		1	1		2		1												2	4				9	
Keely	SMITH			5		5													1	2					8	
Sarah	HIBBERT			4		4							1										1		6	
Sarah	HUNTER			2		2															2				4	
Carolyn	POLLARD			1		1															2				3	
Lindsay	FISHER			2		2														1					3	
Clare	MALLON			1		1															2				3	
Jodi	BEMAND	1		1		2																			2	
Sonia	MCNICOL			1		1							1												2	
Rosemary	ROGERS			1		1																			1	
Laura	FARMER			1		1																			1	
Claire	WILLIAMS			1		1																			1	
Melissa	PUGH			1		1																			1	
Totals:		49	1	2	62	1	115	0	16	28	0	1	0	0	27	0	0	31	23	0	4	16	4	0	2	267
		11	1	2	23	1	25	0	7	8	0	1	0	0	11	0	0	10	9	0	4	8	1	0	2	25