

Results: First 5, also first Junior man (J), Under 17 lady (Int), and age Groups _ Vet ages not necessarily prize winners.

Year	Men		Veteran Men		Ladies	
1972	1 D Watson (Wirral)	16:30				
	2 D Brennan (Warrington)	16:42				
	3 T Harper (Wirral)	16:43				
	4 J McLoughlin (Sutton)	16:47				
	5 L Carroll (Wirral)	16:49				
1973	1 D Cowell (Manx)	19:19			M Ashcroft (Wallasey)	18:53
	2 J Carroll (Pilkingtons)	19:31			D Coward (Stretford)	19:47
	3 R Morris (Winsford)	19:38			S Lloyd (Wallasey)	21:11
	4 T Farrell (Liverpool)	19:57			M Caldwell (Wallasey)	21:41
	5 S Lawrence (Pilks)	20:00			A McKay (Wallasey)	21:41
1974	1 L Carroll (Wirral)	20:14				
	2 R Morris (Winsford)	20:22				
	3 G Grant (Cambridge H)	20:29				
	4 T Harper (Wirral)	20:33				
	5 B Thompson (Warr)	20:57				
1975	1 R Harrison (Liv H)	17:51	V40 E Williams (Shrew)	18:26		
	2 J Robertshaw (Newport)	17:56	V50 K Hall (Wirral)	20:43		
	3 M Oldham (Manchester)	17:59				
	4 A Morley (Bury)	18:01				
	5 R Harrison (ASVAC)	18:02				
1976	1 A Blinston (Alt)	20:27	E Williams (Shrew)	21:49		
	2 G Grant (Army)	20:29	M Morrell (Wirral)	22:08		
	3 G Harvey (Staffs Moor)	20:32	R Billington (Wrex)	22:56		
	4 G Ellis (Holm)	20:38	O50 K Hall (Wirral)	24:20		
	5 F Bell (Cleddau)	20:44	N Jones (Warr)	24:29		
1977	1 G Ellis (Holmfirth)	21:26	E Isaacs (Wirral)	23:57		
	2 D Driver (Coventry G)	21:31	W Ratcliffe (Warr)	24:07		
(J)	3 A Blackwell (W&B)	21:37	L Hyland (Southport)	25:05		
	4 P Shaw (Manchester)	21:41	N Jones (Warr)	25:51		
	5 G Smith (Liv H)	21:43	J Rose (Frodsham)	25:53		
			V45 D Howarth (Leigh)	26:15		
			V50 A Thompson (Warr)	29:41		
1978	1 R Wilde (Manchester)	21:01	M Freary (Bolton)	21:42		
(J)	2 A Blackwell (W&B)	21:22	E Isaacs (Wirral)	23:26		
	3 L Reilly (Sale)	21:43	V45 M Murphy (Sutton)	23:55		
	4 G Ellis (Holmfirth)	21:53	V45 M Morrell (Wirral)	24:00		
	5 R Harrison (ASVAC)	22:02	A Bourne (Newcastle)	24:27		
			V50 M Bancroft (Wirral)	26:32		
			V60 N Ashcroft (Sutton)	29:02		
1979	1 R Wilde (Manchester)	21:05	L Carroll (Wirral)	22:39	J Pearson (Telford)	14:30
	2 M Plant (Manchester)	21:14	V45 M Murphy (Sutton)	23:41	S Gaskell (Longwood)	14:51
	3 P Baker (Shaftesbury)	21:16	A Lennon (Wirral)	23:42	G Pile (Manchester)	15:22
	4 J Woods (Liverpool H)	21:29	V45 M Morrell (Wirral)	23:49	R Livingston (Liverpool H)	15:38
	5 G Grant (Army)	21:38	V45 R Billington (Wrex)	24:25	S Hales (Wirral)	15:42
			V50 M Bancroft (Wirral)	26:22	Int H Watts (East Cheshire)	15:57
(J)	M Tunstall (Wirral)	22:02	V60 P Powell (u/a)	36:48	V35 A Williams (u/a)	19:09
1980	1 A Blackwell (W&B)	21:09	L Carroll (Wirral)	22:36	J Pearson (Sheffield)	13:54
	2 M Plant (Manchester)	21:17	T Harper (Wirral)	22:51	S Simpkin (Sale)	14:12
	3 D Messum (W&B)	21:32	E Isaacs (Wirral)	23:49	J Lewtas (Camb Uni)	14:14
	4 G Grant (Army)	21:38	V45 M Murphy (Sutton)	23:52	F Mudway (CEPAC)	14:51
	5 M Flint (RAF Cosford)	21:45	V45 M Morrell (Wirral)	24:02	Int L Davies (East Cheshire)	14:58
			V50 D Howarth (Leigh)	24:38		
(J)	C Dagnall (Liv H)	21:54	V60 P Powell (u/a)	33:03	V35 J Aitchison (Wigan)	16:58

Year	Men		Veteran Men		Ladies		
1981							
	1	A Blackwell (W&B)	23:50	L Carroll (Wirral)	25:32	S Simpkin (Sale)	15:21
	2	M Plant (Manchester)	23:53	E Isaacs (Wirral)	25:45	Int M Smith (Halifax)	15:32
	3	G Grant (Cambridge H)	24:00	V45 M Morrell (Wirral)	26:32	Int H Kenyon (u/a)	15:37
	4	G Richards (Wirral)	24:12	G Lawson (Manchester)	26:33	A Taylor (Sale)	15:39
	5	S Martin (Haringey)	24:25	V Williams (CEPAC)	28:06	Int L Vose (Sutton)	15:53
(J)		R Walmsley (MIT)	24:27	V50 D Howarth (Leigh)	28:30		
				V60 W Simpson (u/a)	40:17	V J Aitcheson (Wigan)	18:34
1982							
	1	A Blackwell (W&B)	22:07	J Etchells (Barrow)	23:31	J Asgill (Stretford)	13:12
	2	R Shorrock (Blackburn)	22:16	L Carroll (Wirral)	23:34	Int C Haigh (Holmfirth)	13:44
	3	E Arrowsmith (Liv H)	22:39	T Harper (Wirral)	24:05	H Kenyon (Stretford)	13:50
	4	S Martin (Haringey)	22:42	V45 E Williams (Shrew)	24:28	V J Lockhead (ASVAC)	14:08
(J)	5	M Quinn (Warrington)	22:42	V45 E Isaacs (Wirral)	24:56	Sha Astley (Blackpool &F)	14:14
				V50 J Haslam (Bolton)	27:29		
				V60 W Simpson (u/a)	37:12		
1983							
	1	M McLoughlin (Liv Pem)	21:53	J Jones (Wrexham)	24:26	C Haigh (Holmfirth)	24:39
	2	A Blackwell (W&B)	22:13	V45 E Isaacs (Wirral)	24:34	J Rothwell (Liverpool H)	26:08
	3	N Peach (Sale H)	22:38	T Harper (Wirral)	24:51	J Asgill (Stretford)	26:26
	4	P Bowler (Staffs Moor)	22:41	V50 M Morrell (Wirral)	25:09	D Thompson (Stretford)	26:48
	5	R Shorrock (Blackburn)	22:44	G Lawson (Manchester)	25:15	S Crehan (Button)	26:59
(J)		D Robinson (E Ches)	22:58	V60 K Hall (Wirral)	29:46	Int G Shannon (Wirral)	29:43
1984							
	1	M McLoughlin (Liv Pem)	22:06	V45 E Isaacs (Wirral)	24:57	J Asgill (Stretford)	26:52
	2	C Dagnall (Liverpool H)	22:19	J Jones (Wrexham)	25:00	S Catford (Thirsk & Sow)	27:16
	3	K Moss (Chorley)	22:42	D Shallcross (Wirral)	25:23	S Kerambrum (W&B)	27:25
	4	S Martin (Haringey)	22:52	A Keller (Manchester)	25:26	V F Mudway (CEPAC)	27:30
	5	K McGee (Salford)	22:57	V50 M Morrell (Wirral)	25:34	H Kenyon (Stretford)	28:07
(J)		G Jones (CEPAC)	23:46	V60 E Mountford (N Vets)	31:36	Int L Austin (Cannock)	31:02
1985							
	1	C Dagnall (Liverpool H)	22:28	V45 T Harper (Wirral)	25:10	M Samy (Bracknell)	19:35
	2	A Taylor (Kendal)	22:38	V45 P Lomas (Altrincham)	25:40	J Asgill (Stretford)	20:26
	3	A Green (Warrington)	22:45	V45 E Isaacs (Wirral)	25:45	S Parker (Warr/Army)	20:32
	4	L Reilly (Stamford & D)	22:49	G Lawson (Manchester)	25:55	M Smith (CEPAC)	20:58
	5	G Davies (Salford)	23:02	A Eagan (Wrexham)	25:56	C Shelly (Alt/Camb Uni)	21:12
				V50 M Morrell (Wirral)	26:00	Int F Smith (CEPAC)	24:25
(J)		D Ireland (Oldham)	23:04	V60 E Mountford (N Vets)	32:48	V V Brennan (Wirral)	23:53
1986							
	1	C Speers (Oxford City)	22:33	V45 S Hope (Crewe & N)	24:38	S Bevan (Army)	27:16
	2	G Jones (CEPAC)	22:38	V45 D Attwell (Altrincham)	25:05	Int S Davies (Sutton)	27:51
	3	C Dagnall (Liverpool H)	22:41	V45 A Day (Wirral)	25:31	G Nicholson (Whitby H)	28:28
	4	A O'Hill (Sale H)	23:01	A Eagan (Wrexham)	25:48	C Shelley (Camb Uni)	28:52
	5	K Moss (Chorley)	23:03	J Wright (Chelmsford)	26:06	L Kennedy (Wallasey)	28:59
				V50 M Morrell (Wirral)	26:16		
(J)		G Blackwell (Wrex)	24:01	V60 E Mountford (N Vets)	32:49	V F Mudway (CEPAC)	29:22
1987							
	1	A Blackwell (Wrexham)	22:40	V50 E Isaacs (Wirral)	24:54	H Hargreaves (Essex Lady)	26:53
	2	C Speers (Oxford City)	23:06	T Jackson (Stockport)	25:27	J Newton (Stockport)	29:24
	3	A O'Kell (Sale H)	23:17	A Eagan (Wrexham)	25:28	A Cowen (Warrington)	30:33
	4	H Dixon (Gloucester)	23:19	V45 A Day (Wirral)	25:41	G Hueter (Stockport)	30:44
	5	P Martin (Staffs Moor)	23:19	V50 M Morrell (Wirral)	25:52	V V Brennan (Wirral)	30:47
				V55 R Orford (CEPAC)	32:23	Int B Sweeney (S'th Cheshire)	36:17
(J)		C Boulton (CEPAC)	24:51	V60 E Mountford (N Vets)	33:26		
1988							
	1	B Hussain (Stockport)	21:02	R Bell (Wrexham)	22:09	L Webb (Liverpool H)	25:11
	2	G Harvey (Wrexham)	21:06	D Barnes (Wirral)	22:12	J Casey (Oldham & Roy)	25:19
	3	D Ireland (Oldham/R)	21:13	J Fidler (Rivacre Runrs)	22:38	Int A Rankin (Oldham)	25:31
	4	G Home (Sale H)	21:19	J Phelan (Blackheath)	23:23	S Bevan (Essex Ladies)	25:47
(J)	5	I Grime (Oldham/R)	21:29	P Spaire	23:42	Int J Bamforth (Oldham)	26:02
				V45 J Larkin (Epic H)	24:55		
				V50 R Fletcher (CEPAC)	25:24	V M Chippendale (Stock)	27:59
				V55 M Morrell (Wirral)	26:36		
				V60 W Knowles (N Vets)	31:32		

Year	Men		Veteran Men		Ladies		
1989							
	1	M Peters (Salford)	20:22	R Taylor (Stockport)	22:05	L Maddison (Sale H)	24:04
	2	M Proudlove (Crewe/N)	20:29	D Barnes (Wirral)	22:06	S Bevan (Essex Ladies)	24:22
	3	D Ireland (Oldham/R)	20:35	D Lindesay (Wirral)	22:13	J Casey (Oldham/R)	24:32
	4	G Home (Stockport)	20:40	E Isaacs (Wirral)	22:54	A Rankin (Oldham/R)	24:44
	5	B Hussain (Stockport)	20:47	V50 J Sweeney (Stockport)	22:55	E Freer (Oldham/R)	24:56
				V45 J Larkin (Flint)	24:02	Int J Bamforth (Oldham)	25:40
(J)	I Grime (Oldham)	21:13		V55 M Morrell (Wirral)	24:41	V F Mudway (CEPAC)	26:21
				V60 R Davies (Altrincham)	29:20		
1990							
	1	B Hussain (Stockport)	20:50	R Taylor (Stockport)	23:13	L Maddison (Sale H)	25:06
	2	J Hartigan (Tipton)	20:55	P Walker (Wrexham)	23:15	J Bamforth (Oldham/R)	25:21
	3	N O'Brien (Stretford)	21:03	R Merrell (Salford)	23:41	J Casey (Oldham/R)	25:31
	4	R Jones (Cumbernauld)	21:23	D Roderick (Deeside)	23:56	A Rankin (Oldham/R)	25:51
	5	M Peters (Salford)	21:26	R Robson (Prestatyn)	24:20	D Freeman (N London)	26:43
				V45 K Robson (Wirral)	24:41		
(J)	M Proudlove (Crewe/N)	21:29		V50 E Isaacs (Wirral)	25:23	V S Lloyd (Penny Lane)	27:34
				V55 M Morrell (Wirral)	26:15		
				V60 T Prescott (CEPAC)	28:34		
1991							
	1	N O'Brien (London Irish)	25:09	D Soden (Sth Liverpool)	27:13	S Rigg (Sale H)	28:41
	2	D Ireland (Stretford)	25:29	R Wood (Helsby)	27:25	L Maddison (Sale H)	29:21
	3	M Proudlove (Crewe/N)	25:38	P Walker (Wrexham)	27:35	D Brockley (E Ches)	31:40
	4	P Cadwallader (Sefton)	25:42	R Bell (Wrexham) V45	27:40	V35 A Cartwright (Prest)	32:06
	5	C Boulton (Lancaster U)	26:08	J Fidler (CEPAC)	27:54	V35 L Hardley (Wrexham)	32:26
				V50 E Isaacs (Wirral)	29:33	Int J Manning (W Heath)	39:20
				V55 R Fletcher (CEPAC)	30:23	V40 L O'Connor (unat)	40:05
				V60 R Orford (CEPAC)	34:51		
1992							
	1	N O'Brien (Salford)	24:37	C Demet (Spectrum)	26:41	B Nicholson (Tipton)	29:17
	2	M Peters (Salford)	24:38	R Wood (Helsby)	27:26	J Lasenby (Essex Ladies)	29:54
	3	J Lewis (Swansea)	24:47	R Merrell (Salford)	27:46	D Brockley (E Ches)	29:59
	4	P Fearnley (Warr)	25:15	P Walker (Wrexham)	27:50	S Bentley (C of Stoke)	30:47
	5	R Keeney (Telford)	25:18	P Weatherhead (Wirral)	28:18	K Butler (Datchet)	32:25
				V45 N Pratten (Wirral)	30:32	Int J Manning (W Heath)	41:21
				V50 J Thomas (CEPAC)	30:42	V35 G Hueter (Stockport)	32:48
				V55 E Isaacs (Wirral)	29:09	V40 F Mudway (CEPAC)	32:58
				V60 R Orford (CEPAC)	36:37		
				V65 W Lee (Warrington)	40:35		
1993							
	1	M Proudlove (Portsm'th)	26:21	V45 J Fidler (CEPAC)	27:27	E Davies (Deeside)	32:49
	2	S Henshaw (Deeside)	26:28	M Foschi (Wirral)	27:37	J Bale (Deeside)	34:12
	3	M Cawood (Mersey T)	26:36	D Gaynor (Liv Pemb)	28:17	S Brennan (Mersey Tri)	35:32
	4	A Edge (Wrexham)	26:52	R Wood (Helsby)	28:29	A Bond (Wrexham)	36:22
	5	I Wetherall (Warr)	27:00	V45 R Bell (Wrexham)	28:50	V40 V Brennan (Mersey T)	37:41
				V50 N Pratten (Wirral)	30:32		
				V55 R Fletcher (CEPAC)	31:11	V45 B Cummings (u/a)	42:06
				V60 M Morrell (Wirral)	30:27	V50 L Clague (Tattenhall)	41:58
1994							
	1	J Lewis (Swansea)	24:34	G Ratcliffe (Warrington)	26:23	J Heath (Sale H)	31:30
	2	M Proudlove (Portsm'th)	24:56	J Fidler (CEPAC) V45	27:04	L Wilkinson (Norfolk Olym)	32:21
	3	C Jones (Eryri)	25:04	V45 P Walker (Wrexham)	27:59	E Davies (Deeside)	32:34
	4	D Rankin (Oldham/R)	25:08	T Oakes (Warrington)	28:11	J Boscoe (Pensby)	32:47
	5	S Henshaw (Deeside)	25:10	R Merrell (Salford)	28:15	V35 A Cartwright (Wrex)	33:05
				V50 E Davies (Eryri)	29:57	V40 S Owen (Tattenhall)	35:25
				V55 E Isaacs (Wirral)	29:54	V45 F Mudway (CEPAC)	34:34
				V60 M Morrell (Wirral)	30:49	V50 J Porter (Biddulph)	42:04
1995							
	1	A Woods (Wirral)	23:20	J Fidler (CEPAC) V45	25:05	J Boscoe (Wirral)	30:25
		I Grime (Newham & EB)	23:51	D Jackson (Telford)	25:28	H Griffiths (Wrexham)	30:27
		M Proudlove (u/a)	24:26	D Gaynor (Liv Pemb)	25:46	V35 J Thorn (Vale Royal)	30:53
		I Wetherall (Sale H)	24:35	R Wood (Helsby)	25:57	V35 V Musgrove (Wrex)	31:04
		J Howarth (Leigh)	24:43	P Maher (Vale Royal)	26:26	V40 A Woodrow (Wilm)	31:50
				V50 N Pratten (Wirral)	28:51		
				V55 J Meredith (u/a)	29:00	V45 S Owen (Tattenhall)	34:06
				V60 M Morrell (Wirral)	30:16	V50 M Meredith (Prestatyn)	33:53
				V65 D Howarth (Leigh)	31:44		

Year	Men		Veteran Men		Ladies				
1996	1	M Proudlove (City)	21:05		D Jackson (Telford AC)	22:49	I Maddison (Trafford AC)	24:36	
	2	J Jackson (Ald & Farn)	21:09		P Maher (Vale Royal)	23:02	J Taylor (Liverpool H)	25:06	
	3	A Woods (Liv H)	21:27	V45	J Fidler (CEPAC)	23:10	L Kehoe (Trafford AC)	25:21	
	4	C Lindesay (Wirral)	21:55		J Cooper (Telford AC)	23:15	P Herring (City Salisbury)	26:47	
	5	F Kehoe (S London H)	21:57	V45	P Walker (Wrexham)	23:28	E Davies Deeside AAC)	26:52	
				V50	Iori Jones (Deeside AC)	25:49			
				V55	P Norman (Wrexham)	26:24	V40	V Musgrove (Wrexham)	28:50
				V60	N Jones (Warrington)	29:35	V50	L Clague (Tattenhall)	34:17
				V65	D Morris (Os Olym)	30:52			
				V75	P Powell (CEPAC)	53:27			
1997	1	B Hussain (Stockport)	20:14	V45	J Fidler (CEPAC)	22:52	B Hartington (Birchfield)	23:50	
	2	J Lewis Swansea)	20:20		D Jackson (Telford)	23:03	J Taylor (Liverpool H)	25:01	
	3	I Pierce (Tipton)	20:30		D Gaynor (L Pem Sef)	23:19	J Peters (Trafford)	25:08	
	4	I Roylance (Nene Val)	20:44		S Bellis (Wrexham)	23:57	V35	Y Danson (unat)	26:05
	5	D Rathbone (Vale Roy)	21:18		J Peerless (Wirral)	24:16		R Shaw (unat)	26:33
	(J)	A Brabin (Ron Hill Race)	22:43	V50	K Culshaw (Wig'n Phoe)	25:23	U20	S Owen (CEPAC)	27:35
				V55	J Thomas (CEPAC)	26:09	V40	L Kirby (unat)	30:31
				V60	P Norman (Wrexham)	28:13	V45	M Davenport (V Royal)	32:26
				V65	D Morris (Os Olym)	29:04	V50	L Roberts (Pensby RR)	33:29
				V75	P Powell (CEPAC)	52:04	V55	L Clague (Tattenhall)	32:55
						V65	P Kavanagh (unat)	46:45	
1998	1	M Proudlove (C o Stoke)	21:27		D Wilson-Evans (Plmth)	23:20	U20	Suzanne Owen (CoStoke)	25:18
	2	I Pierce (Tipton)	21:34		G Withers (W Cheshire)	23:47		J Heath (Sale)	25:47
	3	D Rathbone (Brightn&H)	21:55	V50	J Fidler (W Cheshire)	23:52		P Jeffs (Bro Dysynni)	26:31
	4	Andy Williams (E Ches)	21:59		J Peerless Wirral)	24:15		J Taylor Liverpool H)	26:50
	5	I Oliver (Colwyn Bay)	22:29	V45	R Taylor Stockport	24:16	V35	D Mort (Swansea H)	27:31
	(J)	A Brabin Ron Hill Race)	24:07	V55	D Shallcross (Wirral)	26:42	V40	L Worrall (West Cheshire)	30:09
				V60	P Norman (Wrexham)	31:25	V45	B Brown (Wolds Vets)	30:55
				V65	E Partridge (Wrexham)	32:20	V50	Sandra Owen (Tattenhall)	29:54
							V55	V Brennon (unat)	32:42
1999	1=	I Grime (Newham&EB)	22:39	v45	Roger Wood (Helsby)	25:22		Bev Hartington (Birchfield)	25:16
	1=	P Grime (Durham U)	22:39	v50	Rob Taylor (Stockport)	25:32		Suzanne Owen (CoStoke)	26:43
	3	M Proudlove (CoStoke)	23:38		Martin Jones (HerculesW)	25:55		Helen Lawrence (Wirral)	26:45
	4	I Wetherall (Helsby)	23:49	v45	P Weatherhead (Wirral)	26:07		Jennifer Heath (Sale)	27:36
	5	G Norgrove (Wrexham)	24:22		I Lancaster (Tattenhall)	26:38		Emma Davies (Wrexham)	28:10
	u20	P Benyon (Bangor U)	25:14	v55	John Morris (Buckley)	28:25	u20	Rebecca Lindsay (Wirral)	29:08
				v60	Malcolm Parry (Mold)	31:10	v35	Jill Taylor Liverpool H	28:53
				v65	Maurice Morrell (Wirral)	31:30	v40	Gwyneth Hueter (Oxford)	30:02
				v70	Ron Jones (Wrexham)	47:29	v45	Joyce Manson (Os Olym)	35:51
							v50	Sandra Owen (Tattenhall)	30:33
						v55	Jan Parry (Mold)	45:15	
						v60	Shiela Jones (Prestatyn)	42:12	
2000	1	I Grime (Newham& EB)	20:08		Bernie Jones (Wrexham)	21:28		Bev Hartington (Birchfield)	23:08
	2	B Hussain (Stockport)	20:24	v45	Peter Maher (V Royal)	22:59		Suzanne Owen (CoStoke)	23:11
	3	M Proudlove (CoStoke)	20:47		Alan Morris (WCAC)	23:12		Rebecca Davies (Cardiff U)	25:28
	4	P Grime (Durham U)	20:53		Chris Davies (Deestri)	23:12	v40	Jacky Thorn (V Royal)	26:38
	5	I Wetherall (Helsby)	21:00	v50	John Fidler (WCAC)	23:16		Nicola Bird (Rivacre)	26:55
	u20	Andrew Marr (Wirral)	25:05	v55	Nigel Patten (Wirral)	26:00	u20	Julie Maundrell (Deeside)	30:04
				v60	Peter Norman (Wrexham)	27:50	v35	S A Hales (Macclesfield)	27:40
				v65	Doug Morris (Os Olym)	30:00	v45	Jan Moffett (WCAC)	27:47
				v70	Ron Jones (Wrexham)	42:53	v50	Sandra Owen (Tattenhall)	27:49
							v55	Jan Parry (Mold)	38:50
						v60	Beryl Mottram (Pensby)	39:27	
2001	1	P Grime (Durham U)	20:59		Gary Withers (WCAC)	23:26		Helen Lawrence (Wirral)	24:26
	2	J Jackson (Salford)	21:16		Chris Davies (Buckley)	24:03		Emma Parry (Wrexham)	25:45
	3	M Proudlove (CoStoke)	21:20	v45	Steve Bellis (Wrexham)	24:07		Suzanne Owen (CoStoke)	26:40
	4	Z Sziufcik (LLC Mara G)	21:40	v50	Ian Carson (Wrexham)	24:08		Emma Jones (Belle View)	26:49
	5	G Norgrove (Wrexham)	22:42		Ian Bayliss (Buckley)	24:55	v35	Alison Hartopp (Warrington)	27:51
	u20	Jamie Buckley (Sale)	23:51	v55	John Morris (Buckley)	26:56	u20	Nicky Archer (V Royal)	29:36
				v60	Peter Norman (Wrexham)	28:56	v40	Tricia Jones (Wallasey)	30:25
				v65	Ted Partridge (Wrexham)	31:55	v45	Linda Worrall (WCAC)	29:32
							v50	Sandra Owen (Tattenhall)	28:50

v70	Doug Morris (Os Olym)	32:43	v55	Lynda Roberts (Pensby)	34:37
			v60	L Clague (Tattenhall)	36:54
			v65	Beryl Mottram (Pensby)	40:52

Year	Men		Veteran Men		Ladies					
2002	1	B Hussain (Stockport)	22:32		P Cadwallader (LPS)	23:52		Helen Lawrence (Wirral)	26:43	
	2	M Proudlove (CoStoke)	23:05	v45	D Carrington (Altrincham)	25:20		Emma Jones (Belle View)	28:49	
	3	R Sinclair (CoStoke)	23:21		R Jones (North Wales RC)	25:31		Jenny Carson (E Cheshire)	28:57	
	v40	4	P Cadwallader (LPS)	23:52	v45	Steve Bellis (Wrexham)	25:51	v35	Alison Hartopp (Warrington)	29:14
	5	M Murray (Trafford)	24:30		Chris Davies (Buckley)	25:53	v45	Victoria Musgrove (Wrexham)	30:32	
u20	Leon Foster (Wirral)	27:14	v50	P Weatherhead (Wirral)	26:51	u20	Nicky Archer (V Royal)	31:06		
			v55	Mike Whiteside (Helsby)	28:51	v40	Val Kinvig (V Royal)	33:52		
			v60	Jack Thomas (Wreccsam)	30:15	v50	Sandra Owen (Tattenhall)	31:33		
			v65	Peter Norman (Wrexham)	34:14	v55	Lynda Roberts (Pensby)	36:09		
			v70	Joe Beswick (Helsby)	35:42					
2003	1	Z Szlufcik (LLC Mara G)	23:31		Mike Robbins (Wrexham)	24:58		Helen Lawrence (Wirral)	25:05	
	2	D Nichols (Macclesfield)	23:52	v45	Paul Frodsham (WCAC)	25:10		Caroline McIlroy (Wirral)	27:09	
	3	J Gilbert (Warrington)	24:29	v45	D Carrington (Altrincham)	25:54		Emma Jones (Belle View)	28:05	
	4	C West (Buckley)	24:31	v50	P Weatherhead (Wirral)	27:00		Ruth Schofield (Wrexham)	28:07	
	u20	5	T Sherrington (Warr) U	24:35		Andy White (Chester Tri)	27:38	v35	Helen Davies (Wrexham)	28:10
U20	T Sherrington		v55	Stuart Baird (Chard RRC)	31:29	u20	Heide McBride (Macc H)	33:12		
			v60	Peter Roberts (Wrexham)	29:24	v40	Janet Neville (Pensby)	31:50		
			v65	Mick Ward (Os Olym)	31:12	v45	Linda Worral (Chester Tri)	32:58		
			v70	Gordon Brown (Liv H)	33:12	v50	Margaret Docking (Wrexham)	32:01		
						v55	Cecilia Fitzsimmons (St H Sut)	36:00		
						v60	Diana Paterson (unat)	40:30		
2004	1	B Hussain (Stock) v40	18:37		B Hussain (Stock)	18:37		Helen Lawrence (Wirral)	20:29	
	2	A Green (War) v40	18:45		Andy Green (Warrington)	18:45		Ruth Hetherington (Wrexham)	22:23	
	3	M Proudlove (CoStoke)	19:18		Mike Robbins (Wrexham)	20:22		Suzanne Benyon (CoGlasgow)	22:29	
	4	C West (Buckley)	19:27		Ken Begley (WCAC)	20:41	u20	Nicky Archer (V Royal)	23:41	
	5	J Lewis (Swansea)	19:40		Chris Davies (Buckley)	20:45	v40	Sally Gulliver (Wilmslow)	24:12	
u20	Jason McGonigle (War AC)	21:04	v45	Gary Withers (WCAC)	21:07	v35	Helen Davies (Wrexham)	24:15		
			v50	Ian Carson (Wrexham)	22:05	v45	Linda Worral (Chester Tri)	26:25		
			v55	M Whiteside (Tattenhall)	24:17	v50	Barbara Ward (Os Olym)	26:40		
			v60	John Morris (Buckley)	24:07	v55	Sandra Owen (Tattenhall)	26:44		
			v65	Malcolm Parry (Mold)	26:48	v60	Jan Parry (Mold)	35:40		
			v70	Mick Ward (Os Olym)	26:07					
2005	1	M Proudlove (CoStoke)	22:44		G McNeil (WCAC)	23:29		Suzanne Benyon (CoGlasgow)	25:02	
	2	S Bellis (Buckley)	22:50		Mike Robbins (Wrexham)	23:56		Emma Parry (Wrexham)	26:07	
	3	G McNeil (WCAC) v40	23:29	v45	Chris Davies (Buckley)	24:28	v35	Helen Davies (Wrexham)	28:19	
	4	C West (Buckley)	23:42	v45	Ian Lancaster (Tattenhall)	25:33	v40	Catherine Hewitt (Wrexham)	28:56	
	5	D Bell (WCAC)	23:50	v50	Steve Bellis (Wrexham)	25:34	v35	Jenni Van Deelen (Canterbury)	29:04	
u20	Ricky Challinor ((Deeside)	24:14	V55	Ian Carson (Wrexham)	26:41	u20	Rebecca Coriam (unat)	31:41		
			v60	Peter Roberts (Buckley)	28:22	v45	Budge English (Denbigh)	31:13		
			v65	Malcolm Parry (Mold)	33:11	v50	Pamela Appleton (St H-Sut)	34:20		
			v70	Joe Beswick (Helsby)	36:17	v55	Sandra Owen (Tattenhall)	32:04		
						v60	Jan Parry (Mold)	39:06		
2006	1	B Hussain (Stock) v40	23:18		Bashir Hussain (Stock)	23:18	v35	Marilyn Kitching (Tattenhall)	26:52	
	2	I Wetherall (Sale) v40	23:25		Ian Wetherall (Sale)	23:25	v35	Lynne Wright (unat)	27:08	
	3	S C Crowe (EPRC)	23:35		Mike Robbins (Wrexham)	24:55		Emma Parry (Wrexham)	27:39	
	4	I R Houston (Wrexham)	23:49	v45	Chris Davies (Buckley)	25:34		Ruth Hetherington (Wrexham)	27:41	
	5	P Benyon (CoStoke)	23:59		Tim Davies (Buckley)	25:36	v35	Joanne Taylor (Kendal)	28:28	
u20	Ricky Challinor ((Deeside)	24:50	v50	Steve Bellis (Buckley)	25:55	u20	Kate Keenan (Os Olym)	32:43		
			v55	Geoff Richards (Wrexham)	27:41	v40	Alison MacDonald (EPRC)	30:23		
			v60	Nigel Patten (Wirral)	30:12	v45	Budge English (Denbigh)	30:52		
			v65	Malcolm Parry (Mold)	34:00	v50	Linda Worral (Chester Tri)	31:41		
			v70	Fred Mottram (Pensby)	37:40	v55	Rosemary Rogers (Deesrtriders)	33:20		
						v60	Jan Parry (Mold)	39:42		
2007	1	B Hussain (Stock) v40	24:24		B Hussain (Stockport)	24:24		Emma Parry (Wrexham)	28:35	
	2	RJ Challinor (Deeside) U	24:40		I Wetherall (Sale)	25:02		Catherine Draper (Liv H)	29:30	
	3	M Jackson (Waringtn) U	24:55		G Norgrove (Wrexham)	26:20		Emma-L Heighway (Sale)	29:52	
	4	I Wetherall (Sale) v40	25:02		Mike Robbins (Wrexham)	26:51		Rhian Ceri Roxburgh (unat)	30:53	
	5	PD Thompson (Sparkhill)	26:15	v45	Gary Withers (WCAC)	27:30	v40	Maria Powell (Nailsea)	31:16	
			V50	Tony (A) Parry (Wrexham)	29:33	u20	Kerry Riley (WCAC)	33:50		

U20	Ricky J Challinor (Deeside)	v55 Geoff Richards (Wrexham) 29:31	v45 Wendy Davies (Unat) 34:50
		v60 M Whiteside (Tattenhall) 31:35	v50 Carole Pemberton (unat) 36:07
		v65 Peter Roberts (Buckley) 31:37	v55 Margaret Docking (Wrexham) 34:39
		v70 Stanley C Wyness (unat) 43:25	v60 Jennifer Chee (Pensby) 42:22
Year	Men	Veteran Men	Ladies
2008			
	1 R Whalley (Bristol&W)v40 23:04	Rob Whalley (Bristol&W) 23:04	Martha Hall (Garden City) 29:15
	2 B Hussain (Stock) v40 23:56	Bashir Hussain (Stock) 23:56	v40 Jenni Van Deelen (Canterbury) 29:45
	3 M Jackson (Waringtn) U 24:12	Darren Rowlands (Wrex) 24:28	Joanne Stokes (Os Olym) 30:42
	4 A Peers (Liverpool H) 24:23	v35 M Proudlove (CoStoke) 25:19	Louise Cooper (Belgrave) 31:31
	5 Ben Reese (unat) 24:28	v35 P Thompson (Sparkhill) 25:23	v40 Briony Taby (Mossley Hill) 31:42
u20	Matthew Jackson (Warrington)	v45 Ken Begley (Chester Tri) 27:25	u20 Natasha Fidler (unat) 37:55
		v50 Bernie Jones (Wrexham) 26:23	v35 Dawn Urquhart (Buckley) 31:58
		v55 Philip Walker (Wrexham) 29:59	v45 Georgina Watson (unat) 35:08
		v60 Stuart Baird (Chard RRC) 33:24	v50 Linda Worral (Chester Tri) 33:04
		v65 Peter Roberts (Buckley) 31:58	v55 Rosemary Rogers (Deesrtriders) 36:05
		v70 Geoff Howarth (N Vets) 44:31	v60 Jan Parry (<i>Mold</i>) 46:45
2009			
	1 D Cliffe (War) u20 19:01	I Wetherall (Sale) 20:20	Helen né Lawrence Waugh (u) 22:05
	2 M Jackson (Waringtn) U 20:17	v35 P Thompson (Sparkhill) 20:27	Catherine Draper (Liv H) 22:51
	3 I Wetherall (Sale) v40 20:20	G Norgrove (Wreccsam) 20:37	v35 Emma Parry (Wrexham) 23:08
v35	4 P Thompson (Sparkhill) 20:27	Duncan Harris (ChesTri) 21:21	u20 Sarah Griffiths (Warrington) 25:16
v40	5 G Norgrove (Wreccsam) 20:37	v45 Ken Begley (Chester Tri) 21:52	Joanne Yorke (Wirral) 25:24
u20	Matthew Jackson (Warrington)	v50 Ian Lancaster (Tattenhall) 22:30	v40 Kim Norgrove (Wreccsam) 26:27
		v55 Stephen Roberts (Os Ol) 23:12	v45 Linda Edmondson (Wrekin) 31:27
		v60 M Whiteside (Tattenhall) 25:14	v50 Bridget English (Denbigh) 26:46
		v65 Stuart Richards (unat) 29:06	v55 Janet C Shaw (Helsby) 33:59
		v70 Malcolm Parry (<i>Mold</i>) 28:07	v60 Margaret Lawrence (unat) 42:49
		v75 Stanley C Wyness (unat) 37:06	
2010			
	1 John Gilbert (Kent) 19:26	v35 M Donnelly (Borrowdale) 20:41	u20 Sarah Griffiths (Warrington) 25:31
	2 C Hulson (unat) u20 19:55	L Jones (Deeside) 21:09	v35 Lisa M Grantham (Wirral) 26:28
	3 D Cliffe (Warrington) 20:02	v35 P Thompson (Sparkhill) 21:16	v40 Katherine Henly (Portobello) 27:45
v35	4 M Donnelly (Borrowdale) 20:41	G Norgrove (Wreccsam) 21:21	v35 Dawn Urquhart (Buckley) 28:02
v40	5 L Jones (Deeside) v40 21:09	Duncan Harris (ChesTri) 21:45	Jennifer Barden (Chester Tri) 28:34
u20	Charlie Hulson (unat)	v45 Mike Robbins (Wrexham) 23:27	v45 Joanne Edwards (V Royal) 30:44
		v50 Martin Jones (unat) 24:15	v50 Bridget English (Denbigh) 30:52
		v55 David Nalder (EPRC) 25:22	v55 Janet C Shaw (Helsby) 36:49
		v60 Geoff Richards (Wrexham) 26:56	v60 Margaret Delaney (B'head) 39:15
		v65 Peter Roberts (Buckley) 27:37	v65 Jan Parry (<i>Mold</i>) 38:11
		v70 Malcolm Parry (<i>Mold</i>) 32:06	
		v75 Geoff Howarth (N Vets) 40:02	
2011			
	1 John Gilbert (Kent) 25:56	v45 I Wetherall (Sale) 28:32	v35 Emma Parry (Wrexham) 32:42
	2 M Jackson (Liverpool H) 26:45	G Norgrove (Wreccsam) 29:16	u20 Sarah Griffiths (Leigh H) 33:00
	3 D Cliffe (Liverpool H) 26:58	v35 Dave Carter (unat) 29:19	v35 Sarah Kearney (Wirral) 33:25
	4 M W Rose (Buckley) 28:13	Steve Norris (Thames V) 29:32	v35 Lisa M Grantham (Wirral) 33:39
	5 I Wetherall (Sale) v45 28:32	v45 Duncan Harris (ChesTri) 29:50	Kate Titlow (Warrington) 34:52
u20	Thomas Garbet (Os Olym) 33:24	v50 Martin Exley (Tavistock) 31:27	v40 Rebecca Dean (Tavistock) 35:43
		v55 Steve Bellis (Buckley) 34:16	v45 Julie Webb (Chester Tri) 35:30
		v60 P Weatherhead (Wirral) 36:25	v50 Linda Edmondson (Wrekin) 44:03
		v65 Iori Jones (Wreccsam Tri) 37:06	v55 Linda Worral (Chester Tri) 39:18
		v70 Malcolm Parry (<i>Mold</i>) 43:34	v60 Rosemary Rogers (Deesrtriders) 39:41
		v75 Geoff Howarth (N Vets) 53:34	v65 Jan Parry (<i>Mold</i>) 51:01
2012			
	The course was shortened because of a waterlogged Roodee.		
	1 John Gilbert (Kent) 15:54	v35 P Thompson (Bournville) 17:08	Erin Howarth (unat) 19:04
	2 M Jackson (Liverpool H) 16:04	v45 I Wetherall (Sale) 17:13	v35 Sarah Kearney (Wirral) 19:11
	3 C Smithard (unat) 16:24	v35 Jason Rowley (unat) 17:40	v35 Emma Parry (Wrexham) 19:16
u20	4 J Wright (Loughb'rough) 16:52	v50 G McNeil (Wilmslow) 17:42	Kate Titlow (Warrington) 19:26
	5 L Foster (Leeds City) 16:55	v45 Duncan Harris (ChesTri) 17:43	Rachel Stringer (unat) 19:56
u20	Jamie Wright (Loughborough Students)	v40 Simon Roberts (Buckley) 18:02	u20 Emily Kearney (Wirral) 20:30
		v55 Steve Bellis (Buckley) 19:52	v40 Fiona Alexander (Ripley) 21:09
		v60 Martin Cortvriend (Dnbh) 19:57	v45 Traci Shipley (Chester Tri) 22:33
		v65 M Whiteside (Tattenhall) 21:54	v50 Joanne Edwards (V Royal) 23:21
		v70 Peter Roberts (Buckley) 22:16	v55 Madeleine Bird (unat) 28:05
		v75 Peter Norman (Wrexham) 30:25	v60 Rosemary Rogers (Deesrtriders) 22:58
			v65 Ann A Jones (unat) 29:14

Year	Men	Veteran Men	Ladies
2013			
	– Ice on Walls, 4 laps of Roodee, 2 lap route.		
	1 D Cliffe (Littlewoods RC) 17:22	v45 I Wetherall (Sale) 18:39	u20 Tessa McCormick (V Royal) 20:25
	2 A Peers (Liverpool H) 18:12	P Thompson (Bournville) 18:41	v35 Sarah Kearney (Wirral) 20:40
	3 I Wetherall (Sale) v45 18:39	Ian Salisbury (Trafford) 19:06	Sarah Griffiths (Leigh H) 21:07
v40	4 P Thompson (Bournville) 18:41	v45 G Norgrove (Wreccsam) 19:28	Jayne Joy (Helsby) 21:09
	5 S Robertson (Peterbrgh) 18:46	Martin Cliffe (Eryri) 19:31	v40 Emma Crowe (Wrexham) 21:18
		v35 Robert Little (WCAC) 21:04	v45 Jane Pidgeon (Notts AC) 23:15
u20	Zack Holland (West Cheshire) 20:33	v50 Colin Bishop (Helsby) 19:53	v50 Caroline Yarnell (unat) 26:22
		v55 Stephen Bellis (Buckley) 22:21	v55 Linda Worral (Chester Tri) 25:58
		v60 Rob Taylor (Stockport) 21:35	v60 Rosemary Rogers (Deesridders) 25:57
		v65 Iori Jones (Wreccsam Tri) 25:13	v65 Ann A Jones (unat) 32:54
		v70 Peter Roberts (Buckley) 24:24	
		v75 Peter Norman (Wrexham) 36:50	
2014			
	1 C Smithard (unat) 23:22	P Thompson (Bournville) 23:37	u20 Tessa McCormick (V Royal) 24:32
v40	2 P Thompson (Bournville) 23:37	v45 I Wetherall (Sale) 23:40	Kate Titlow (Warrington) 26:29
	3 I Wetherall (Sale) v45 23:40	R Grantham (Chest Tri) 24:02	v40 Jenny Clague (Liverpool H) 27:11
	4 G Williams (unat) 23:58	James Smith (S'hampton) 24:26	Helen Murray (Knutsford Tri) 28:03
v40	5 R Grantham (Chest Tri) 24:02	Simon Roberts (Buckley) 25:17	v35 Nicola Bird (EPRC) 28:29
		v35 Mark J Byrne (Wrexham) 25:23	v45 Julie Webb (Chester Tri) 30:37
u20	James Mellor (unat) 31:06	v50 Mike Robbins (Wrexham) 27:04	v50 Traci Shipley (Chester Tri) 32:58
		v55 David Baugh (Denbigh) 27:35	v55 Paula Speechly (unat) 33:50
		v60 Tony Archer (Vale Royal) 27:56	v60 Janet C Shaw (Helsby) 42:49
		v65 Rob Taylor (Stockport) 27:41	v65 Rosemary Rogers (WCAC) 34:53
		v70 Brian Beattie (WCAC) 38:07	v70 Jan Parry (Mold) 43:16
		v75 Malcolm Parry (Mold) 38:16	
2015 NO RACE – too many organisers had family commitments without substitutes!			
2016			
	1 M Jackson (Liverpool H) 21:35	J Smith (S'hampton) 22:51	Louise Webb IBirchfield) 24:16
	2 L Foster (Leeds City) 22:43	v50 I Wetherall (Sale) 23:08	Emily Kearney (Wirral) 24:55
v40	3 J Smith (S'hampton) 22:51	v55 Colin Bishop (Helsby) 23:43	Kate Titlow (Vale Royal) 25:21
	4 A McQue (V Royal) 23:05	v45 Simon Roberts (Buckley) 23:53	v35 Nicola Whitfield Bird (EPRC) 26:08
v50	5 I Wetherall (Sale) 23:08	v45 John Connaghan (Shtlstn) 23:58	v40 Sarah Kearney (Wirral) 26:18
		v60 Joe Foy (West Cheshire) 27:33	u20 Aileen Kearney (Wirral) 28:11
u20	leuan Kearney (Wirral) 23:40	v65 David Roderick (Deeside) 30:37	v45 Caroline Hall (Wirral) 29:04
		v70 Iori Jones (Wreccsam Tri) 31:21	v50 Helen Davies (Wreccsam) 27:19
		v75 Malcolm Parry (Mold) 38:30	v55 Gwyneth Hueter (Oxford) 30:17
			v60 Pamela Appleton (St H-Sut) 40:35
			v65 Jan Parry (Mold) 43:08
2017			
	1 L Foster (Leeds City) 24:41	v50 I Wetherall (Sale) 24:44	v40 Emma Crowe (Wrexham) 28:12
	2 I Wetherall (Sale) v50 24:44	v45 John Connaghan (Shtlstn) 25:52	v40 Sharon Johnstone (Wilmslow) 28:59
v40	3 J Smith (S'hampton) 22:51	v55 Brian Davies (unat) 26:02	v50 Helen Davies (Wreccsam) 29:29
	4 A McQue (V Royal) 23:05	v45 Simon Roberts (Buckley) 26:09	u20 Eve Duret (WCAC) 31:22
v50	5 I Wetherall (Sale) 23:08	v55 Colin Bishop (Helsby) 26:41	v45 Sue Straw (Keighley&Craven) 31:54
		v40 Neil Finegan (Helsby) 26:42	v35 Jane Butcher (unat) 35:10
u20	Matthew McDonnell (unat) 27:44	v60 David Gill (Warrington) 28:02	v55 Linda Martin (Deesridders) 34:31
		v65 John Appleton (St H-Sut) 34:19	v60 Gwyneth Hueter (Oxford) 34:14
		v70 Tony Hulme (Wilmslow) 33:03	v65 Jan Parry (Mold) 44:47
		v75 Malcolm Parry (Mold) 44:19	
		v80 Peter Norman (Wrexham) 58:40	
2018			
	1 Cox E (Buckley) 24:50	v45 J Brown (Buckley) 25:14	v40 Carol Parsons (EPRC) 27:39
	2 L Foster (Leeds City) 25:08	v50 I Wetherall (WCAC) 25:32	Sarah Hunter (Ackworth) 29:11
v45	3 J Brown (Buckley) 25:14	v45 John Connaghan (unat) 26:11	v35 Helen Murray (Knutsford Tri) 30:40
	4 A Heap (unat) 25:29	v45 Simon Roberts (Buckley) 27:06	v35 Alison Russell (Spectrum) 30:46
v50	5 I Wetherall (WCAC) 25:32	v45 Joe Johnson (B'head) 27:43	Emma Thomas (unat) 30:51
		v40 Andrew Jones (Wrexham) 27:59	u20 Lily Moorhouse (WCAC) 35:47
u20	Rory Wilson (WCAC) 28:08	v55 Alan Jackson (Ipswich J) 30:36	v45 Sue Straw (Keighley&Craven) 31:06
		v60 Joe Foy (West Cheshire) 29:44	v50 Helen Davies (Wreccsam) 31:28
		v65 John Appleton (St H-Sut) 32:41	v55 Fiona Cole (unat) 37:44
		v70 Iori Jones (Wreccsam Tri) 35:25	v60 Gwyneth Hueter (Oxford) 64:18
		v75 John Foster (unat) 43:44	v65 Rosemary Rogers (WCAC) 38:33
		v80 Peter Norman (Wrexham) 51:48	v70 Jan Parry (Mold) 47:36

Year	Men		Veteran Men		Ladies
2019					
v40	1 Cox E (Buckley) 23:51		M Hammerton (Romsey) 24:01		Charlotte Towers (unat) 26:39
	2 M Hammerton (Romsey) 24:01		v45 Neil Finegan (WCAC) 24:47		Charlotte Roach (unat) 26:59
	3 A Heap (WCAC) 24:05		v45 Simon Roberts (Buckley) 26:06		Sarah Hunter (Ackworth) 27:31
	4 T Booth (WCAC) 24:11		David Lemon (Buckley) 26:13	v35	Gemma Moore (Eryri) 28:09
	5 L Foster (Leeds City) 24:29		v45 Ed Rimmer (unat) 26:38	v40	Helen Nicholls (Stubbington G) 29:23
u20	Jac Goodall (WCAC) 25:04		v50 Joe Johnson (Birkenhead) 27:22	u20	Lucy Proctor (unat) 37:46
			v55 Martin Landells (Pudsey&B) 28:25	v45	Anna Woolgar (Chester Tri) 31:52
			v60 Sean Butler (Altrincham) 28:36	v50	Rachel Nolan (Stockport) 29:57
			v65 Brian Beecroft (Wirral) 31:46	v55	Emma Collins (Denbigh) 30:16
			v70 Rob Taylor (Stockport) 32:25	v60	Christina Roach (Helsby) 34:12
			v75 none	v65	Rosemary Symms (Chester Tri) 33:52
			v80 Malcolm Parry (Mold) 50:11	v70	Rosemary Rogers (WCAC) 39:18
				v75	Jan Parry (Mold) 47:40
2020	COVID-19				
2021					
	1 D Cliffe (Hercules W) 20:34		v45 Neil Finegan (WCAC) 22:28	v40	Carol Parsons (C Dragons) 24:12
	2 B Biggs (Buckley) 20:50		v50 Alan Ashton (Liv H) 22:59		Sarah Hunter (Ackworth) 24:46
	3 S Bellis (Buckley) 21:47		Steve Fernyhough (WCAC) 23:32		Kate Titlow (WCAC) 25:53
	4 C Fishwick Hallamshire) 22:06		James Wilson (unat) 23:42	v45	Sharon Johnstone (Wilmslow) 27:10
	5 T Booth (WCAC) 22:09		v45 Jez Brown (Buckley) 23:56	v45	Alison Cole (C Dragons) 27:29
u20	Henry Robinson (WCAC) 24:01		v55 Duncan Harris (unat) 24:28	u20	Jodi Bemand (WCAC) 30:41
			v60 Paul Shannon (Tattenhall) 26:53	v35	Pamela Teager (unat) 29:16
			v65 Steve Bellis (Buckley) 28:17	v50	Lisa Meadows (C Dragons) 29:36
			v70 Rob Taylor (Stockport) 29:26	v55	Emma Collins (Denbigh) 28:14
			v75 David Humphries (unat) 45:10	v60	Julie O'Connell (unat) 33:24
			v80 Peter Norman (Wrexham) 50:02	v65	Val Parry (unat) 38:05
				v70	Rosemary Rogers (WCAC) 37:21
				v75	Mary Radford (WCAC) 49:33
2022					
	1 J Morrison (WCAC) 21:40		v45 P Thompson (Bournville) 23:21		Sarah Hunter (Ackworth) 24:03
	2 P Taylor-Bray (Chorlton) 21:44		Steve Fernyhough (WCAC) 23:32	v45	Carol Parsons (unat) 24:04
	3 C Smithard (Firth Valley) 22:06		v45 Nicolas Brook (Eryri) 23:46		Tracy Rogers (Buckley) 24:53
	4 M Young (WCAC) 22:16		James Wilson (Hunting 30) 24:14		Claire Fuhlhage (Illinois Uni) 25:06
	5 M Fryer (Helsby) 22:27		v55 Duncan Harris (unat) 24:41	v35	Gemma Moore (Eryri) 26:00
u20	Henry Robinson (WCAC) 23:59		v50 Simon Roberts (Buckley) 25:48	u20	Jodi Bemand (WCAC) 26:23
			v60 Paul Shannon (Tattenhall) 26:47	v40	Emma Roberts (Ches. RR) 28:36
			v65 Brian Beecroft (Wirral) 29:58	v50	Lara Lewis (Accrington) 30:02
			v70 Rob Taylor (Stockport) 31:55	v55	Julie McDonnell (unat) 33:04
			v75 Kenny Hughes (unat) 42:44	v60	Emma Collins (Denbigh) 29:23
			v80 Peter Norman (Wrexham) 56:59	v65	Rosemary Symms (Chester Tri) 33:10
				v70	Rosemary Rogers (WCAC) 38:35
2023					
	1 P Taylor-Bray (Helsby) 20:56		v50 Paul Thompson 23:41	v35	Sarah Hunter (Ackworth) 24:13
	2 Chris Smithard (unat) 21:11		v50 Simon Roberts 24:05	v35	Tracy Rogers (Buckley) 24:48
	3 Max Walk (Cam & Col) 21:19		James Wilson 24:10		Rebecca Rosalski (Ches. RR) 27:20
	4 Michael Young (WCAC) 21:54		v45 David Hinde 24:34	v35	Paiwan Dodd (St Hel Str) 27:43
	5 Craig Connor (C Tri) 22:21		Steven Fernyhough (WCAC) 24:35	v45	Jane Doughton (Buckley) 27:45
u20	Henry Robinson (WCAC) 23:56		v55 Michael Waring (C Tri) 25:57	u20	Isabella Rimmer (Unat) 32:33
			v60 Eric Campbell (Buckley) 26:18	v40	Claire Purdie (Wrexham) 28:32
			v65 Ian Ainscough (C Tri) 30:52	v50	Katherine Ashdown (Ches. RR) 35:58
			v70 Graham Howell (Liv H) 39:41	v55	Julie Deegan (Royal W Star) 30:13
			v75 Colin Grimes (Unat) 46:43	v60	Linda Edmondson (unat) 37:43
			v80 Brian Wareing (P'ffordd) 54:28	v65	Rosemary Symms (C Tri) 34:04
				v70	Rosemary Rogers (WCAC) 38:21
2024					
	1 J Morrison (WCAC) 21:05		Matthew Jolly 23:27		Clare Fuhlhage (Illinois Uni) 24:06
	2 G Morris (A F & Dist.) 21:15		Steven Fernyhough 23:43		Izzy Gelder (Mornington Ch) 24:25
	3 E Palmer (Vegan R UK) 21:26		Jon Park 23:03	v35	Sarah Hunter (Ackworth) 24:53
	4 C Smithard (Forth V O) 21:54		James Wilson (H30C) 24:26	u20	Jodi Bemand (WCAC) 26:33
u20	5 L Morris (WCAC) 22:00		v50 Simon Roberts (Buckley) 24:56		Sophie Hunt (Chester Tri) 26:38
U20	Henry Robinson (WCAC) 23:10		v45 Andrew Jones (Buckley) 26:19	v40	Paiwan Sarapunya (C Tri) 29:44
			v55 Michael Waring (C Tri) 26:22	v45	Claire Purdie (Wrexham) 30:25
			v60 Andy White (Unat) 28:56	v50	Jane Doughton (Buckley) 28:42
			v65 Chris Rhodes (C Tri) 29:47	v55	Linda Jones (Wrexham) 32:42
			v70 Chris Morgan (Helsby) 40:10	v60	Emma Collins (Denbigh) 29:52
			v75 Simon Gainey (Unat) 34:35	v65	Kay Cottrell (Clwb R Wales) 54:27
			v80 Brian Wareing (P'ffordd) 58:00	v70	Rosemary Symms (C Tri) 33:45

Year	Men	Veteran Men	v75 Rosemary Rogers (WCAC)	Ladies	40:12
2025					
U20	1 Chris Larkin (Helsby) 20:18	Jon Park (GB Ultras) 23:26		Izzy Gelder (Mornington Ch) 24:23	
	2 Lewis Morris (WCAC) 21:08	Julian Ayres (Unat) 23:32	v35	Sarah Hunter (Ackworth) 24:45	
	3 Sam Hollins (WCAC) 22:06	v50 John Myers (Helsby) 23:33	v45	Carol Parsons (C Dragons) 26:21	
	4 C Smithard (Forth V O) 22:08	S Fernyhough (WCAC) 23:55		Sophie Hunt (Chester Tri) 27:08	
	5 Sean Truett (Buckley) 22:15	Mark Hill (EPRC) 24:11	v50	Anna Woolgar (Chester Tri) 27:32	
U20	Noah Woolgar (WCAC) 24:59	V45 James Wilson (H30C) 24:18	v40	Paiwan Sarapunya (Ches Tri) 27:42	
		v55 Simon Roberts (Buckley) 25:00	v55	Caroline Hall (Wirral) 34:32	
		V60 Marc Jones (Prestatyn) 28:01	v60	Sharon Plested (EPRC) 36:21	
		V65 Paul Shannon (Tattnhll) 28:50	v65	Debbie Read (Helsby) 37:15	
		V70 Steve Bellis (Buckley) 32:54	v70	Rosemary Symms (C Tri) 34:07	
		V75 Graham Howell (Liv H) 40:03	v75	Rosemary Rogers (WCAC) 40:08	
			v85	Kerrie Bignall (Unat) 40:32	

YOUNG ATHLETES

1973: U15Boys: A Blackwell (Ch)	U15 Girls: S Parker (War)	U17 Boys: V Edwards (Wrex)	Under 17 Girls: S Holmes (War)
1974: U15 Boys: I Adams (Sutt)	U15 Girls: S Parker (War)	U17 Boys: I Williams (Wrex)	Under 17 Girls: J Lawrence (Pilks)
1975:	U13B: P Hicken (War)	U15 Boys: D Lewis (Ross)	U17B: A Blackwell (u/a)
1976: U11B: J Green (Bing)	U13B: P Wynn (Pilks)	U15B: V Taylor (Blackp&F)	U17B: E Bowen (Stret)
1977: U11 B: G Sharp (Spen)	U13B: R Green (War)	U15B: A Green (War)	U17B: M Hodson (Manch)
1978: U11B: M Creswell (Liv)	U13B: P Waterson (Wir)	U15B: T Holloway (E.Port)	U17B: C Dagnall (Liv)
1979: U11B: C Walker (Liv)	U13B: J Robinson (Wir)	U15B: K Sacher (CEPAC)	U17B: A Green (War)
1980: U11B: M Wells (War)	U13B: P Causey (Wig)	U15B: G Horne (Stock)	U17B: A Holloway (u/a)
1981: U11B: M Wells (War)	U13B: M Davies (Wir)	U15B: P Riley (LivPem)	U17B: D Kelly (LivPem)
1982: U11B: D O'Donovan (Milt K)	U13B: J Hughes (E Port)	U15B: K Prince (Halt)	U17B: J Goodwin (Wir)
1983: U11B: P Hargrave (War)	U13B: D Hardy (Longw)	U15B: R Jones (Wir)	U17B: P Riley (LivPemb)
1984: U11B: P Hargrave (War)	U13B: N Lomas (Alt)	U15B: G Nutall (Wal)	U17B: C Teague (LivH)
1985: U11B: I Harding (War)	U13B: D Thompson (Old&R)	U15B: I Grime (Old&R)	U17B: C Murphy (OldSR)
1986: U11B: I Harding (War)	U13B: K Cull (Wheath)	U15B: S Hope (Crewe/N)	U17B: M Proudlove (Crewe/N)
1987: U11B: C Coxon (Oswestry)	U13B: I Pierce (Wrex)	U15B: P Cuthbert (Wal)	U17B: M Bramwell (C Bay)
1988: U11B: I Williams (Wrex)	U13B: J Staneke (Wir)	U15B: J Buckley (Wir)	U17B: D Thompson (Old&R)
1989: U11B: L Boulton (StaffsM)	U13B: D Lamb (War)	U15B; D Hopson (War)	U17B: D Thompson (Old&R)
1990: U11B: J Brown (Dees)	U13B: S Illingworth (War)	U15B; I Pierce (Wrex)	U17B: P Pattison (Old&R)
1991:	U13 Fun Run: S Mason (Wir)	U17 Fun Run:	R Stewart (Wir)
1993:	U13 Fun Run: J Talbot (Newcastle)	U17 Fun Run:	S Mason (Wir)
1994:	U13 Fun Run: I Bateman (CEPAC)	U17 Fun Run:	A Vaughan (Eryri)
1995:	U13 Fun Run: C Heath (Wir)	U17 Fun Run:	R Jones (Wir)
1996	U13 Fun Run: Sarah Wallbank (Wrexham)	U17 Fun Run:	Ian Bateman (CEPAC)
1997	U13 Fun Run: Robert Alexiuk (Trafford)	U17 Fun Run:	John Patrick (Whitby Heath)
1998	U13 Fun Run: Mark Cadwallader (Mickle Trafford)	U17 Fun Run:	Andrew Marr (Wirral AC) 1999
	Fun Run:	Andy Dowdswell (Bromborough)	
2000 _	Cancelled because of conditions.		
2001	Fun Run:	Jason McGonigle (Royal Sutton Coldfield)	
2002	Fun Run:	Tom Lowndes	

Discontinued

'Round-The-Walls' – Stats from 1972 to date

Best performance by points for men – 10 points for 1st > 1 point for 10th. (262 males have filled the top ten places in the 52 races)

Last points race	at:	Clubs associated with:	Points	Places	Period	Races	Overall
Proudlove, Mike	v35	Crewe & Nantwich AC/Portsmouth AC/_u/a_/City of Stoke	129	17 top 10	1989-2008	from 17	1989-2008
Hussain, Bashir	v40	Stockport Strs/Stockport H & AC	98	11 top 10	1986-2008	from 12	1983-2008
Wetherall, Ian	v50	Warrington AC/Sale H/Helsby/Sale H Man	96	14 top 10	1993-2018	from 22	1984-2018
Blackwell, A K	SM	Wolverhampton & Bilston/Wrexham AC	66	7 top 10	1977-1987	from 7	1981-1987
Foster, Leon	SM	Wirral AC/Leeds City	60	11 top 10	2005-2022	from 17	2001-2022
Jackson, Matthew	SM	Warrington AC/Liverpool Harriers	57	7 top 10	2006-2012	from 7	2006-2012
Norgrove, Gary	v45	Wrexham AC/Wreccsam Tri	49	11 top 10	1996-2013	from 15	1995-2014
Cliffe, Daniel	SM	Warr AC/Liverpool H/Littlewoods RC/Hercules Wimbledon	46	5 top 10	2009-2021	from 6	2005-2021
Gilbert, John		Warrington/Kent AC	43	4 top 10	2002-2012	from 5	2002-2012
Thompson, Paul D	v50	Sparkhill Harriers/Bournville Harriers/unat	43	8 top 10	2007-2022	from 11	2005-2023
Smithard, Chris	SM	u_a/ Forth Valley Orienteers	42	5 top 10	2012-2024	from 5	2012-2024
Grime, Ian		Oldham & Royton/Newham & Essex Beagle	40	5 top 10	1988-2000	from 6	1988-2000
Grant, Glen		Cambridge H./Army A.A.	38	5 top 10	1974-1981	from 5	1974-1981
Dagnall, Chris		Liverpool H & AC	38	6 top 10	1979-1986	from 6	1979-1986
Lewis, Jamie		Highgate H/Swansea	37	5 top 10	1990-2004	from 5	1990-2004
Ireland, David		Oldham & Royton/Stretford AC/Trafford	36	6 top 10	1985-1992	from 6	1985-1992
Grime, Peter		Boro of Sandwell/Birmingham Rowheath/Durham Univ	36	6 top 10	1996-2001	from 8	1994-2001
O'Brien, Nick		Stretford AC/ London Irish	28	3 top 10	1990-1992	from 3	1990-1992
McGee (McGhee), K		Wallasey/ Salford H & AC	27	7 top 10	1984-1994	from 12	1978-1994
Morris, R		Winsford/Altrincham & Dist. A.C.	26	4 top 10	1973-1976	from 4	1973-1976
Peters, M		Salford H	25	3 top 10	1989-1992	from 3	1989-1992
Ellis, Graham †		Holmfirth H. & A.C.	24	3 top 10	1976-1978	from 3	1976-1978
Martin, Steve		CEPAC/Haringey AC	24	4 top 10	1880-1884	from 7	1976-1996
Pierce, Ian		Wrexham/Tipton	24	4 top 10	1993-2001	from 5	1992-2001
Speers, C		Oxford City AC	23	3 top 10	1981-1986	from 6	1981-1996
Richards, G		Wirral A.C.	23	4 top 10	1979-1987	from 11	1979-1992
Henshaw, S		Deeside AC	23	4 top 10	1991-1994	from 5	1984-1994
Plant, Malcolm		Manchester H. & A.C.	22	3 top 10	1979-1982	from 5	1977-1982
Green, Andrew	v40	Warrington AC	21	3 top 10	1984-2004	from 3	1984-2004
Wilde, R †		Manchester H. & AC	20	2 top 10	1978-1979	from 2	1978-1979
McLoughlin, M		Liverpool Pembroke AC	20	2 top 10	1983-1984	from 2	1983-1984
Carroll, Leo †		Wirral AC	20	3 top 10	1972-1978	from 9	1972-1996
Cox, Elliot		Buckley RC	20	2 top 10	2018-2019	from 3	2018-2021
Morrison, Joseph	SM	West Cheshire AC	20	2 top 10	2022-2024	from 2	2022-2024

'Round-The-Walls' – Stats from 1972 to date

Best performance by points for women – 10 points for 1st > 1 point for 10th. (240 females have filled the top ten places in the 47 races)

Last points race	at:	Clubs associated with:	Points	Places	Period	Races	Overall
Parry/_Davies/_Crowe, Emma	v40	Wrexham AC/ Deeside AAC	123	16 top 10	1993-2017	from 16	1993-2017
Hunter, Sarah	v35	Ackworth RR	63	7 top 10	2018-2025	from 7	2018-2025
Owen/_Benyon, Suzanne †		CEPAC/City of Stoke/City of Glasgow	60	8 top 10	1995-2005	from 8	1995-2005
Lawrence/_Waugh, Helen		u/a...Wirral AC	58	6 top 10	1999-2009	from 6	1999-2009
Parker/_Bevan, Sue		Warrington A.C./Cambridge Univ./Army AC	42	6 top 10	1979-1989	from 7	1979-1989
Maddison, Lynne		Sale H/Trafford AC/Prestatyn	42	5 top 10	1989-2001	from 5	1989-2001
Nicholson/_Hartigan, B		Birchfield/Tipton H	40	4 top 10	1992-2000	from 4	1992-2000
Titlow, Kate		WarrAC/Vale Royal AC/WCAC/	38	5 top 10	2011-2021	from 5	2011-2021
Asgill, Julie		Stretford AC	37	4 top 10	1982-1985	from 4	1982-1985
Parsons, Carol	v45	EPRC/Cheshire Dragons	37	4 top 10	2018-2025	from 4	2018-2025
Shelley, Catherine	v35	Altrincham & Dist/N London RC u/a	35	9 top 10	1981-2003	from 9	1981-2003
Griffiths, Sarah K	u20	Warrington AC/Leigh Harriers	34	4 top 10	2009-2013	from 4	2009-2013
Mudway, Frances	v45	CEPAC	33	7 top 10	1980-1894	from 10	1980-1894
Kearney, Sarah	v40	Wirral AC	32	4 top 10	2011-2016	from 4	2011-2016
Davies, Helen	v50	Wrexham/Wrecsam Tri	32	6 top 10	2003-2018	from 6	2003-2018
Riley, Kerry L		Vale Royal AC/ West Cheshire AC/ Clwydian Range Runners	32	8 top 10	2013-2025	from 14	2006-2025
Taylor, Jill	v35	Liverpool H	30	4 top 10	1996-1999	from 4	1996-1999
Schofield/_Hetherington, Ruth		Leeds Univ/Wrexham	28	4 top 10	1997-2006	from 6	1997-2006
Casey, J		Oldham & Royton	27	4 top 10	1988-1992	from 4	1988-1992
Heath, Jennifer		Sale H Manchester	26	3 top 10	1994-1999	from 3	1994-1999
Grantham, Lisa M	v40	Wirral AC/Pensby R	25	4 top 10	2010-2016	from 6	2009-2023
Jones, Emma		Belle Vue	24	3 top 10	2001-2003	from 3	2001-2003
Kenyon, H		u/a//Stretford AC	22	3 top 10	1981-1984	from 3	1981-1984
Rankin, A	u20	Oldham & Royton	22	3 top 10	1988-1990	from 3	1988-1990
Boscoe, J		Pensby RR/Wirral AC	22	3 top 10	1994-1996	from 3	1994-1996
Bird Whitfield, Nicola	v35	Rivacre/Ellesmere Port RC	21	4 top 10	2000-2016	from 4	2000-2016
Corfield/_Van Deelen, Jennifer	v40	Canterbury H	21	6 top 10	2003-2008	from 7	2002-2013
Pearson, J		Telford A.C./Sheffield	20	2 top 10	1979-1980	from 2	1979-1980
Bamforth, J		Oldham & Royton	20	3 top 10	1988-1990	from 3	1988-1990
Cartwright, A	v35	Helsby BICC RC/Prestatyn RC/Wrexham	20	4 top 10	1987-1994	from 4	1987-1994
Thorn, Jacky	v40	Mid-Cheshire/Vale Royal	20	4 top 10	1991-2000	from 5	1989-2000
McCormick, Tessa	u20	Vale Royal AC	20	2 top 10	2013-2014	from 2	2013-2014

Twenty race finishes or more for Men – 52 races total to 2025, no race 2015 & 2020

<i>Name:</i>	<i>Club(s):</i>	<i>Period:</i>	<i>How many:</i>	<i>Name:</i>	<i>Club(s):</i>	<i>Period:</i>	<i>How many:</i>
Neil Hindle	Altrincham/ <u>Unat</u>	1976 – 2025	44	Dave Roderick	Deeside/ Wreccsam Tri/ Deeside	1982 – 2021	24
Brian Wareing	ECRC/ EA Tech/ 100Km/ <u>Unat</u>	1981 – 2024	35	Brian Beattie	<u>Unat</u> / CEPAC/ WCAC	1984 – 2017	23
Barry Chambers	<u>Unat</u> / Vale Royal	1980 – 2025	35	Steve Lawson	<u>Unat</u> / Winchester & District	1990 – 2013	22
Kevin Burns	<u>Unat</u> / Deestridders	1983 – 2025	34	Peter Weatherhead †	Wirral AC	1974 – 2017	22
Stuart Baird	Warrington/ Chard/ <u>Unat</u>	1975 – 2013	30	Ian Wetherall	Frodsham/Helsby/Warrington/Sale	1984 – 2018	22
Iorwerth Jones	Mold/ Deeside/ Wreccsam Tri	1979 – 2019	30	Malcolm Parry	Unat	1994 – 2019	22
Peter D Norman †	Wrexham AAC	1987 – 2022	30	Graham Howell	Liverpool Harriers	2002 _ 2025	22
Maurice Morrell †	Wirral AC	1973 – 2005	29	Alan G Bagley	Stretford/ Stockport	1973 – 1994	21
John Morris	Vauxhall/ CEPAC/ Deeside/ Buckley	1977 – 2016	29	Michael Banfi	Wimbledon Windmilers	1989 – 2014	21
Martin Jones	Hercules Wimbledon/ Bracknell/ <u>Unat</u>	1985 – 2022	29	Jack Thomas	<u>Unat</u> / CEPAC/ WCAC/ Wreccsam Tri	1976 – 2002	20
Chris Morgan	CEPAC/ WCAC/ Chester Tri/ Helsby	1981 – 2025	29	Neville Jones †	Warrington AC	1972 – 2003	20
Nigel Pratten	<u>Unat</u> / Wirral AC	1982 – 2017	27	Joe Foy	Unat/ WCAC	1998 – 2019	20
Roy Jardine	<u>Unat</u> / RR&J/ Whitby Heath/ Eryri	1986 – 2019	26	Peter Bulmer	Unat	2001 – 2025	20
Mark Povey	Unat/ RRC/ CEPAC/ West Cheshire	1988 – 2023	26	Alan Jackson	Ipswich Jaffa Running Club	2003 – 2025	20
Mark Bertinat	<u>Unat</u> / ECRC/ <u>Unat</u>	1976 – 2016	25				

This is a list of most finishes found in the **senior** 'Walls' race results, possibly not complete – open for comment and corrections. It is easier spotting uncommon names or consistent members of the same club. Prior to 1998 usually only the initial is given for the first name.

cont.....

Ten race finishes or more for women – 47 races total to 2025 – No race in 2015 & 2020 and no women's races in 1972 and 1975 > 1978.

<i>Name:</i>	<i>Club(s):</i>	<i>Period:</i>	<i>How many:</i>	<i>Name:</i>	<i>Club(s):</i>	<i>Period:</i>	<i>How many:</i>
Linda Edmondson	<u>Unat</u> / Wrekin RR/ Unat	1997 – 2025	22	Susan Jane Walsh	<u>Unat</u> / Chester Tri	2003 – 2025	13
Jan Parry	<u>Unat</u>	1999 – 2019	18	Sandra Owen	Tattenhall	1994 – 2007	12
Glenys Burns	<u>Unat</u>	2003 – 2025	18	Budge English	<u>Unat</u> / Denbigh	1997 – 2013	12
Rosemary Price/ Rogers	Deestriders/ WCAC	2002 – 2025	18	Christine Jackson	<u>Unat</u> / Warrington AC	2003 – 2014	12
Suki Hughes	Wreccsam Tri/ <u>Unat</u>	1999 – 2022	17	Gwyneth Hueter	Stockport H/ Oxford City	1986 – 2018	12
Jan Morgan	CEPAC/ Tattenhall/ Chester Tri	1985 – 2012	16	Sandra Barrett	Unat/ Chester Tri/ Chester R/ Unat	2006 – 2024	12
Emma Davies/ Parry/ Crowe	Deeside/ Wrexham	1993 – 2017	16	Helen Moore	unat/ Widnes Wasps Ladies RC	2011 – 2025	12
Julie McDonnell	Unat	2004 – 2024	15	V Brennan	Wirral/ Mersey Tri	1985 – 1998	11
Kim Jones/ Norgrove	S Glam Coll/ Wrexham/ Wreccsam Tri	1988 – 2014	14	Gill Wood	Wrexham/ Wreccsam Tri	1991 – 2009	11
Linda Worrall	CEPAC/ WCAC/ Chester Tri	1996 – 2017	14	Janet Shaw	Helsby	2002 – 2014	11
Nicola Hammersley / #	<u>Unat</u>	2003 – 2018	14	Frances Mudway	CEPAC	1980 – 1994	10
Dot Hughes	Wreccsam Tri/ <u>Unat</u>	1999 – 2019	14	Val Machin	CEPAC/ <u>Unat</u> / Birkenhead	1979 – 1998	10
Kerry Riley	WCAC/ Unat/ Vale R/ Unat/ WCAC	2006 – 2025	14	Jean Hughes	Unat	1999 – 2019	10
Alison MacDonald	Ellesmere Port	2004 – 2017	13	Pamela Appleton	St Helens Sutton AC	2002 – 2019	10
Grace Pickles	<u>Unat</u> / RRC/ Northern Vets	1996 – 2018	13	Charmain Abbott	Unat	2005 – 2024	10
Corinne Wood	<u>Unat</u>	2004 – 2018	13				

/ née Muggeridge

This is a list of most finishes found in the **senior** 'Walls' race results, possibly not complete – open for comment and corrections. It is easier spotting uncommon names or consistent members of the same club. Prior to 1998 usually only the initial is given for the first name.

I have included a couple of name changes where I know that ladies have married; there could be others I don't know about?