

West Cheshire Endurance Competition

Female PointsTable - at end of October

		PARTICIPATION POINTS					BONUS POINTS														Total Points				
		(1 point per race)					Cross Country Track Multi Terrain Road Leagues/series Team points Distance Pts (any surface; one race at each distance)																		
		Cross Country	Fell, Hill	Multi-terrain, Trail	Road	Track (3000m and longer)	Total Races	L&D ()	Manch. Lge (Jan, Feb, Oct)	North Wales (Feb, Mar,Oct1,2, Nov)	North Staffs ()	Champs (Ches, NA, Eng Nat, I/County)	Ultra 24 hr champ, NA Lge Apr,Jul, Aug; ChesLg (May,Jun)	Wirral (Sept - 4 races)	Borders L (Feb,Mar,Apr, May, Oct, Dec)	24hr Ultra	Relays (Cheshire, Northern Athletics))	Cross Country (Ches, M/c Lge, N Wales))	Road (BL Feb,Mar,Apr, May) ChesHM, RRCChes, NA; UK team Ultra	Track (NA Lge; Ches Lge)		25K(15 ml) to 20ml (32K) inc	>20ml to Marathon inc	>Marathon	Road & Track Performance Pts
1 point per event														1 2 3pts											
Females																									
Anest	MULLER	3		2		5		1	2								3			1	2				14
Joy	HICKMAN	3		1		4			3								3								10
Emma	NUTT	3				3		1	2								3								9
Ellie	ROBINSON	3				3			3								3								9
Deb	BEMAND	4				4		1	3								1								9
Angela	TEGG	1		1		2		1									1			1					5
Julie	DOUZANT	2				2		2									1								5
Clare	HARRIS	2				2		1	1								1								5
Alex	DUFFEY	2				2			2																4
Carolyn	POLLARD			1		1															2				3
Keely	SMITH			2		2														1					3
Lindsay	FISHER			1		1														1					2
Sarah	HIBBERT			2		2																			2
						0																			0
Totals:		23	0	0	10	0	33	0	7	16	0	0	0	0	0	0	16	0	0	4	4	0	0	0	80
		9	0	0	7	0	14	0	6	7	0	0	0	0	0	0	8	0	0	4	2	0	0	0	14