

West Cheshire Endurance Competition
Men's Points Table - at end of November

		PARTICIPATION POINTS						BONUS POINTS																	
		(1 point per race)						Cross Country				Track	Multi Terrain	Road Leagues/series	Team points			Distance Points							
Cross Country	Fell, Hill	Multi-terrain, Trail	Road	Track (3000m and longer)	Total Races	Liverpool & Dist Manchester (Jan, Feb, Oct,Nov)	North Wales (Feb, Mar, Oct 1,2, Nov)	North Staffs (Sep)	Champs (Ches, NA, Eng Nat, I/County, I/C Fe;; Champs	NA Lge (Apr,Jul, Aug)	Wirral (September - 4 races)	Borders L (Feb,Mar,Apr, May, Oct,Nov,Dec)	Relays (Cheshire, Northern Athletics)	Cross Country (Ches/ M/c Lge/N Wales Lge,)	Road (BL Feb,Mar,Apr, May) ChestHM, RRChes; RR NA	Track	25K (15ml) to 20ml (32K) inc >20ml to Marathon inc	>Marathon	Road & Track Performance Pts	"Helpers" Points	Total Points				
1 point per event																1	2	3pts							
Males																									
Paul	MORRISON	4				4	2	2						3								11			
Andrew	CLAGUE	4				4	1	2						2								9			
Michael	YOUNG			4		4											1	2		2		9			
Jeff	GIFFORD	3				3		2						2								7			
Mark	DAVIES	2		2		4	1	1						1								7			
Ian	PRITCHARD	1		1		2			1					1								4			
Andy	CARTER	1		1		2	1							1								4			
Steve	KING			1		1													3			4			
Neil	HERSHAW	1				1		1						1								3			
Matthew	DOUGLASS			1		1												2				3			
David	IRVING			1		1												2				3			
Andrew	BARRATT			1		1												2				3			
Henry	ROBINSON			1		1												2				3			
Luke	SQUIRREL	1				1	1							1								3			
Steve	FERNYHOUGH	1				1	1							1								3			
Phil	GENT	1				1	1							1								3			
Chris	SHAW			1		1											1					2			
Peter	KERESTUR			1		1											1					2			
Julian	TEGG	1				1	1															2			
Brian	WRIGHT			2		2																2			
Dave	GOUGH			1		1																1			
Jamie	FISHER			1		1																1			
David	SHEARER			1		1																1			
Luke	ELLIS			1		1																1			
Wullie	McGARRELL			1		1																1			
Steve	HILLIER			1		1																1			
Totals:	performances	20	0	1	22	0	43	0	9	9	0	0	0	0	0	0	14	0	0	3	10	3	2	0	93
	athletes	11	0	1	17	0	26	0	8	6	0	0	0	0	0	0	10	0	0	3	5	1	1	0	26