

West Cheshire Endurance Competition
Men's Points Table - at end of October

		PARTICIPATION POINTS						BONUS POINTS																			
		(1 point per race)						Cross Country						Track	Multi Terrain	Road Leagues/series	Team points				Distance Points						
		Cross Country	Fell, Hill	Multi-terrain, Trail	Road	Track (3000m and longer)	Total Races	Liverpool & Dist Manchester (Jan, Feb, Oct,Nov)	North Wales (Feb, Mar, Oct 1,2, Nov)	North Staffs (Sep)	Champs (Ches, NA, Eng Nat, I/County, I/C Fe;; Champs	NA Lge (Apr,Jul, Aug)	Wirral (September - 4 races)	Borders L (Feb,Mar,Apr, May, Oct,Nov,Dec)	Relays (Cheshire, Northern Athletics)	Cross Country (Ches/ M/c Lge/N Wales Lge,)	Road (BL Feb,Mar,Apr, May)	ChestHM, RRChes; RR NA	Track	25K (15ml) to 20ml (32K) inc	>20ml to Marathon inc	>Marathon	Road & Track Performance Pts	"Helpers" Points	Total Points		
		1 point per event																				1	2	3pts			
Males																											
Paul	MORRISON	3					3		1	2							2									8	
Andrew	CLAGUE	3					3		1	2							2									8	
Michael	YOUNG				3		3													1	2		2			8	
Jeff	GIFFORD	2					2			2							2									6	
Neil	HERSHAW	1					1			1							1									3	
Mark	DAVIES	1			1		2			1																3	
Matthew	DOUGLASS				1		1															2				3	
David	IRVING				1		1														2					3	
Andrew	BARRATT				1		1														2					3	
Ian	PRITCHARD	1					1			1							1									3	
Henry	ROBINSON				1		1														2					3	
Chris	SHAW				1		1													1						2	
Peter	KERESTUR				1		1													1						2	
Julian	TEGG	1					1		1																	2	
Dave	GOUGH				1		1																			1	
Brian	WRIGHT				1		1																			1	
Andy	CARTER				1		1																			1	
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