

West Cheshire Endurance Competition

Female PointsTable - at end of September

		PARTICIPATION POINTS						BONUS POINTS														Total Points							
		(1 point per race)						Cross Country					Track	Multi Terrain	Road Leagues/series			Team points		Distance Pts									
Cross Country	Fell, Hill	Multi-terrain, Trail	Road	Track (3000m and longer)	Total Races	L&D ()	Manch. Lge (Jan, Feb, Oct)	North Wales (Feb, Mar, Oct 1, 2, Nov)	North Staffs ()	Champs (Ches, NA, Eng Nat, I/County)	Ultra 24 hr champ, NA Lge Apr, Jul, Aug; ChesLg (May, Jun)	Wirral (Sept - 4 races)	Borders L (Feb, Mar, Apr, May, Oct, Dec)	24hr Ultra	Relays (Cheshire, Northern Athletics)	Cross Country (Ches, M/c Lge, N Wales)	Road (BL Feb, Mar, Apr, May) ChesHM, RRCChes, NA; UK team Ultra Track (NA Lge; Ches Lge)	25K(15 ml) to 20ml (32K) inc	>20ml to Marathon inc	>Marathon	Road & Track Performance Pts	"Helpers" Points	Total Points						
1 point per event																								1	2	3pts			
Females																													
Emma	NUTT	9	2	3	14	3	28	3	4	2				3			7	3		2			2	54					
Claire	HARRIS	11	1		9		21	2	4	5				3			7	3						45					
Joy	HICKMAN	5			12	3	20		2	2				3			3	2				1		33					
Debra	BEMAND	5	3	2	7		17	1	2	2				2			3	2				1		30					
Anest	MULLER	8	1		3		12	2	4	2				1			6	1				1		29					
Clare	MALLON	1		4	13		18			1				2			1	1	1	2				26					
Fiona	COOK	1		5	4		10													2	9			21					
Keely	SMITH			2	11		13							2				2						18					
Rebecca	ROSALSKI		1	5	3		9							1				1						16					
Angela	TEGG	3		1	4		8	2		1												1		12					
Sarah	HIBBERT			1	6		7												1			4		12					
Ellie	ROBINSON	3					3			2	1						2					2		10					
Amy	MILLS				6		6							2				2						10					
Aga	SHAW				4		4													4		1		9					
Kimberley	MORRIS				5		5												1			2		8					
Alex	DUFFEY	1		3	2		6			1							1							8					
Lis	OATES			5	3		8																	8					
Jodi	BEMAND		4	3			7																	7					
Amanda	NEWALL				3		3							1				2						6					
Tracy	ROGERS	2					2		2								2							6					
Lucia	TRUETT	2					2		2								2							6					
Anna	WOOLGAR	2					2		2															4					
Ellie	ECCLES			1			1														3			4					
Carolyn	POLLARD				3		3																	3					
Rosemary	ROGERS				3		3																	3					
Kerry	RILEY	1					1				1													2					
Victoria	HIBBERT				1		1															1		2					
Sonia	McNICHOL				1		1																	1					
Julie	TAILLARD				1		1																	1					
Lottie	ROWEDDER				1		1																	1					
Sallyann	HARPER				1		1																	1					
Claire	WILLIAMS				1		1																	1					
Totals:		54	12	35	121	6	225	0	16	19	0	17	0	0	20	0	0	34	19	0	4	12	15	0	16	397			
		14	6	12	25	2	33	0	8	7	0	9	0	0	10	0	0	10	10	0	4	5	3	0	10	33			