West Cheshire Endurance Competition

Female PointsTable - at end of March

		PARTICIPATION POINTS						BONUS POINTS																		
		(1 point per race)						Cross Country					Track	Multi Terrain	Road Leagues/series			Team points			Distance Pts					
		Cross Country	Fell, Hill	Multi-terrain, Trail	Road	Track (3000m and longer)	Total Races	L&D ()	Manch. Lge (Jan, Feb, Oct)	North Wales (Feb, Mar,Oct1,2, Nov)	North Staffs ()	Champs (Ches, NA, Eng Nat, I/County)	Ultra 24 hr champ, NA Lge Apr,Jul, Aug; ChesLg (May,Jun)	Wirral (Sept - 4 races)	Borders L (Feb,Mar,Apr, May, Oct, Dec)	24hr Ultra	Relays (Cheshire, Northern Athletics))	Cross Country (Ches, M/c Lge, N Wales))	Road (BL Feb,Mar,Apr, May) ChesHM, RRChes, NA; UK team Ultra	Track (NA Lge; Ches Lge)	25K(15 ml) to 20ml (32K) inc	>20ml to Marathon inc	>Marathon	Road & Track Performance Pts	"Helpers" Points	Total Points
								1 point per event													1	2	3pts			
Females																										
Claire	HARRIS	11			6		17		2	4		5			3			7	3							41
Emma	NUTT	9			8		17		3	4		2			3			7	3			2				41
Anest	MULLER	8			1		9		2	4		2			1			6	1							25
Debra	BEMAND	5			4		9		1	2		2			2			3	2						1	22
Joy	HICKMAN	4			5		9			2		2			3			3	2							21
Clare	MALLON	1			8		9					1			2			1	1		1	2				17
Keely	SMITH				8		4								2				2		1					13
Rebecca	ROSALSKI			1	3		4								1				1			2	3			11
Fiona	COOK			2	1		3															2	6			11
Ellie	ROBINSON	3					3			2		1						2							1	9
Angela	TEGG	3			2		5		2			1									1					9
Sarah	HIBBERT			1	4		5														1				2	8
Amy	MILLS				4		4								2				2							8
Aga	SHAW				3		3															4			1	8
Kimberley	MORRIS				5		5														1				1	7
Amanda	NEWALL				3		3								1				2							6
Tracy	ROGERS	2					2		2									2								6
Lucia	TRUETT	2					2		2									2								6
Alex	DUFFEY	1		2	1		4			1								1								6
Anna	WOOLGAR	2					2		2																	4
Ellie	ECCLES			1			1																3			4
Lis	OATES			3			3																			3
Kerry	RILEY	1					1					1														2
Victoria	HIBBERT				1		1																		1	2
Rosemary	ROGERS				1		1																			1
Carolyn	POLLARD				1		1																			1
							0																			0
	Totals:	*52*	*0*	*10*	*69*	*0*	*247*	0	16	19	0	17	0	0	20	0	0	34	19	0	5	12	12	0	7	575
		13	*0*	*6*	*19*	*0*	*27*	0	8	7	0	9	0	0	10	0	0	10	10	0	5	5	3	0	6	27