

West Cheshire Endurance Competition

Female PointsTable - at end of March

		PARTICIPATION POINTS					BONUS POINTS												Total Points							
		(1 point per race)					Cross Country				Track	Multi Terrain	Road Leagues/series		Team points			Distance Pts								
		Cross Country Fell, Hill	Multi-terrain, Trail	Road	Track (3000m and longer)	Total Races	L&D ()	Manch. Lge (Jan, Feb, Oct)	North Wales (Feb, Mar, Oct 1,2, Nov)	North Staffs ()	Champs (Ches, NA, Eng Nat. //County)	Ultra 24 hr champ, NA Lge Apr, Jul, Aug; ChesLg (May, Jun)	Wirral (Sept - 4 races)	Borders L (Feb, Mar, Apr, May, Oct, Dec)	24hr Ultra	Relays (Cheshire, Northern Athletics)	Cross Country (Ches, M/c Lge, N Wales)	Road (BL Feb, Mar, Apr, May) ChesHM, RRC, Ches, NA; UK team Ultra		Track (NA Lge; Ches Lge)	25K(15 ml) to 20ml (32K) inc	>20ml to Marathon inc	>Marathon	Road & Track Performance Pts	"Helpers" Points	
																										1 point per event
Females																										
Claire	HARRIS	11		4	15		2	4	5				2			7	2									37
Emma	NUTT	9		6	15		3	4	2				2			7	2									35
Anest	MULLER	8			8		2	4	2							6										22
Debra	BEMAND	5		3	8		1	2	2				1			3	1						1			19
Joy	HICKMAN	4		2	6			2	2				2			3	1									16
Clare	MALLON	1		7	8				1				2			1	1									13
Rebecca	ROSALSKI		1	3	4								1				1			2	3					11
Ellie	ROBINSON	3			3			2	1							2							1			9
Angela	TEGG	3		2	5		2		1										1							9
Keely	SMITH			6	4								1				1			1						9
Kimberley	MORRIS			5	5														1				1			7
Amanda	NEWALL			3	3								1				2									6
Tracy	ROGERS	2			2		2									2										6
Lucia	TRUETT	2			2		2									2										6
Amy	MILLS			3	3								1				1									5
Sarah	HIBBERT		1	2	3																		2			5
Aga	SHAW			1	1															2			1			4
Anna	WOOLGAR	2			2		2																			4
Ellie	ECCLES		1		1																3					4
Fiona	COOK		1		1																3					4
Alex	DUFFEY	1			1			1								1										3
Kerry	RILEY	1			1				1																	2
Victoria	HIBBERT			1	1																		1			2
Rosemary	ROGERS			1	1																					1
Lis	OATES		1		1																					1
Carolyn	POLLARD			1	1																					1
Totals:	<i>performances</i>	52	0	5	50	0	205									34	12	0		3	4	9	0	7		475
	<i>athletes</i>	13	0	5	16	0	27									10	9	0		3	2	3	0	6		27