West Cheshire Endurance Competition

Female PointsTable - at end of December

		PARTICIPATION POINTS						BONUS POINTS																		
		(1 point per race)						Cross Country					Track	Multi Terrain	Road Leagues/series			Team points			Distance Pts					
		Cross Country	Fell, Hill	Multi-terrain, Trail	Road	Track (3000m and longer)	Total Races	L&D ()	Manch. Lge (Jan, Feb, Oct)	North Wales (Feb, Mar,Oct1,2, Nov)	North Staffs ()	Champs (Ches, NA, Eng Nat, I/County)	Ultra 24 hr champ, NA Lge Apr,Jul, Aug; ChesLg (May,Jun)	Wirral (Sept - 4 races)	Borders L (Feb,Mar,Apr, May, Oct, Dec)	24hr Ultra	Relays (Cheshire, Northern Athletics))	Cross Country (Ches, M/c Lge, N Wales))	Road (BL Feb,Mar,Apr, May) ChesHM, RRChes, NA; UK team Ultra	Track (NA Lge; Ches Lge)	25K(15 ml) to 20ml (32K) inc	>20ml to Marathon inc	>Marathon	Road & Track Performance Pts	"Helpers" Points	Total Points
								1 point per event													1	2	3pts			
Females																										
Claire	HARRIS	6				1	7		1	3		2			1			4	1							19
Emma	NUTT	4				1	5		1	3					1			4	1							15
Anest	MULLER	4					4		1	3								3								11
Debra	BEMAND	2				2	4			2					1			2							1	10
Joy	HICKMAN	2			1		3			1		1			1			1	1							8
Rebecca	ROSALSKI				2		2								1				1			2				6
Kimberley	MORRIS				3		3														1				1	5
Angela	TEGG	1			1		2		1												1					4
Clare	MALLON				3		3								1											4
Amanda	NEWALL				2		2								1				1							4
Ellie	ROBINSON	1					1			1								1							1	4
Aga	SHAW				1		1															2			1	4
Tracy	ROGERS	1					1		1									1								3
Lucia	TRUETT	1					1		1									1								3
Keely	SMITH				2		2														1					3
Sarah	HIBBERT			1	1		2																		1	3
Anna	WOOLGAR	1					1		1																	2
Amy	MILLS				1		1								1											2
Rosemary	ROGERS				1		1																			1
Lis	OATES			1			1																			1
Victoria	HIBBERT						0																		1	1
							0																			0
	Totals:	*23*	*0*	*2*	*18*	*4*	*47*	0	7	13	0	3	0	0	8	0	0	17	5	0	3	4	0	0	6	113
		10	*0*	*2*	*11*	*3*	*22*	0	7	6	0	2	0	0	8	0	0	8	5	0	3	2	0	0	6	22