

West Cheshire Endurance Competition

Female PointsTable - at end of

		PARTICIPATION POINTS					BONUS POINTS											Total Points						
		(1 point per race)					Cross Country			Track	Multi Terrain	Road Leagues/series			Team points				Distance Pts		"Helpers" Points			
		Cross Country	Fell, Hill	Multi-terrain, Trail	Road	Track (3000m and longer)	Total Races	L&D ()	Manch. Lge (Jan, Feb, Oct)	North Wales (Feb, Mar, Oct 1, 2, Nov)	North Staffs ()	Champs (Ches, NA, Eng Nat, I/County)	Ultra 24 hr champ, NA Lge A	Wirral (Sept - 4 races)	Borders L (Feb, Mar, Apr, May, Oct, Dec)	24hr Ultra	Relays (Cheshire, Northern Athletics)		Cross Country (Ches, M/c Lge, N Wales)	Road (BL Feb, Mar, Apr, May) CheshM, RRC, Ches, NA; UK team Ultra		Track (NA Lge; Ches Lge)	25K (15 ml) to 20ml (32K) inc	>20ml to Marathon inc
1 point per event											1	2	3pts											
Females																								
Claire	HARRIS	3				3		1	2								3							9
Emma	NUTT	3				3		1	2							3								9
Anest	MULLER	3				3		1	2							2								8
Debra	BEMAND	2				2			2							2								6
Angela	TEGG	1		1		2		1								2				1				4
Ellie	ROBINSON	1				1			1							1								3
Kimberley	MORRIS			2		2														1				3
Joy	HICKMAN	1				1			1							1								3
Tracy	ROGERS	1				1		1								1								3
Lucia	TRUETT	1				1		1								1								3
Aga	SHAW			1		1															2			3
Rebecca	ROSALSKI			1		1															2			3
Keely	SMITH			1		1														1				2
Anna	WOOLGAR	1				1		1																2
Sarah	HIBBERT			1		1																		1
Rosemary	ROGERS			1		1																		1
Clare	MALLON			1		1																		1
Totals:		17	0	0	9	0	26	0	7	10	0	0	0	0	0	0	14	0	0	3	4	0	0	64
		10	0	0	8	0	17	0	7	6	0	0	0	0	0	0	8	0	0	3	2	0	0	17