Yearly performances in the "Sutton Six" races for competitors at their recorded age, see further pages for more details of records

- GUN TIME < 2014 - 2015 > CHIP TIME

| | 1982 | 1983 | 1984 | 1985 | 1986 | 1987 | 1988 | 1989 | 1990 | 1991 | 1992 | 1993 | 1994 | 1995 | 1996 | 1997 | 1998 | 1999 | 2000 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Start on Fete field | | | | | | | | | 10 races 6 Miles 66yd << | | >> 10K | 6 M route extended | | | | New start >> | | |
| u20 | | | | | 34:08 | 35:16 | 34:04 | 39:15 | 34:58 | | | | | | 35:13 | 33:42 | 32:09 | 35:13 | 34:23 |
| SM | 30:15 | 29:15 | 29:48 | 30:13 | 30:29 | 30:36 | 31:07 | 31:53 | 30:57 | 32:08 | 31:47 | 32:29 | 32:16 | 31:38 | 32:30 | 31:09 | 30:24 | 31:10 | 32:14 |
| V35 | | | | | | | | | | | | | | | | | | | |
| V40 | 30:54 | 31:57 | 33:57 | 32:45 | 31:28 | 31:43 | 32:05 | 33:39 | 31:51 | 32:58 | 33:05 | 33:11 | 32:39 | 32:09 | 31:16 | 31:06 | 32:05 | 33:16 | 32:38 |
| V45 | | | | | | | | | | | | 37:07 | 32:18 | 36:20 | 33:52 | 33:02 | 31:35 | 31:12 | 31:29 |
| V50 | | | | 36:59 | 33:31 | 34:20 | 34:36 | 34:59 | 35:48 | 36:31 | 35:37 | 36:03 | 38:55 | 34:42 | 34:29 | 34:46 | 34:54 | 34:45 | 34:31 |
| V55 | | | | | | | | | | | | | 36:16 | | | | | | 34:52 |
| V60 | | | | | | | | | | | | 45:42 | 37:41 | 41:20 | 46:35 | 42:37 | 40:49 | 38:31 | 42:21 |
| V65 | | | | | | | | | | | | | | | | | | | |
| V70 | | | | | | | | | | | | | | | | | | | |
| V75 | | | | | | | | | | | | | | | | | | | |
| V80 | | | | | | | | | | | | | | | | | | | |

The fill colours indicate when course records were set up to the present race record, the more colours, the more often the record has been broken.

| | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Fu20 | | | | | *56:31* | | | | | | | | | | 44:42 | | | | |
| SL | 40:04 | 37:45 | 37:22 | 38:46 | 38:13 | 38:01 | 39:03 | 35:34 | 38:39 | 39:16 | 48:11 | 39:03 | 40:34 | 38:49 | 39:02 | 36:32 | 36:22 | 37:04 | 34:43 |
| FV35 | ~ | 45:29 | 39:07 | 50:56 | 36:06 | 43:54 | 44:47 | 39:38 | 40:31 | 39:12 | 59:49 | 38:35 | 38:56 | | | | 40:45 | 35:48 | 42:09 |
| FV40 | ~ | ~ | ~ | 41:48 | 41:57 | 40:15 | 36:36 | 41:57 | 38:50 | 38:46 | 39:33 | 43:17 | 42:54 | 42:00 | 42:25 | 45:53 | | | |
| FV45 | | | | | | | | | | | | 40:41 | 47:37 | | | 42:19 | 44:33 | 42:16 | 40:26 |
| FV50 | | | | | | | | | | | | 43:48 | 47:29 | 42:40 | 43:57 | | | | |
| FV55 | | | | | | | | | | | | | | | | | | | |
| FV60 | | | | | | | | | | | | | | | | | | | |
| FV65 | | | | | | | | | | | | | | | | | | | |
| FV70 | | | | | | | | | | Start on 6 Miles 66yd << | | >> 10K | | | | | | | |
| FV75 | | 119:21 | | | | | | | | | | | | | | | | | |

The under 20 times have been ignored for anyone under 17 from the 1982 to 1986 results, The result sheets from those years record all ages from 8 to over 40 in one race, they include some improbable times for youngsters of the age given running the distance of six miles.

**Male/Female + unknowns - Totals**

| | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Main Race | 177/39 | 242/34 +2 | 286/81 | 184/36 | 202/45 | 206/40 +3 | 132/25 | 89/16 | 137/42 +1 | 98/26 | 85/15 | 154/41 | 196/32 | 137/31 | 173/37 | 125/28 | 153/36 | 159/41 | 188/55 |
| Total | 216 | 276 | 367 | 220 | 247 | 249 | 159 | 105 | 180 | 124 | 100 | 195 | 228 | 168 | 210 | 153 | 189 | 200 | 243 |
| Inter | None | None | None | None | None | [*missing*] | 34 | 14 | None | 15 | 16 | 29 | 12 | | | | | | |
| Junior | None | [*missing*] | GS only | GS only | 124 | [*missing*] | 81 | 54 | 85 | 62 | 62 | 83 | 63 | 48 | 54 | | | | |
| Open | Started | > 1995 | | | | | | | | | | | | 25 | 15 | 52 | 56 | 42 | 48 |
| Fun Run | | | | | | | | | | | | | | | | | | | |

Yearly performances in the "Sutton Six" races for competitors at their recorded age, see further pages for more details of records

- GUN TIME < 2014 - 2015 > CHIP TIME

| | 2001 | 2002 | 2003 | 2004 | 2005 | 2006 | 2007 | 2008 | 2009 | 2010 | 2011 | 2012 | 2013 | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | 20 races | | Remeasured >> | | | | | | | | 30 races | | | | | | | | |
| u20 | 34:39 | | 37:40 | 39:38 | 38:13 | 37:01 | 35:09 | 34:34 | 39:08 | 35:15 | 34:16 | 33:42 | 35:25 | 37:00 | 35:19 | 41:20 | 35:38 | 34:59 | 38:22 |
| SM | 31:24 | 31:54 | 31:52 | 31:26 | 32:35 | 32:24 | 31:54 | 32:51 | 32:40 | 35:09 | 31:40 | 36:13 | 34:00 | 32:25 | 35:28 | 33:53 | 32:30 | 32:39 | 32:27 |
| V35 | | | | | | | | 33:43 | 31:39 | 34:14 | 33:56 | 38:28 | 35:29 | 37:50 | | | | | |
| V40 | 32:40 | 33:13 | 34:37 | 35:37 | 34:05 | 34:09 | 33:54 | 34:57 | 35:44 | 35:07 | 33:31 | 33:52 | 36:20 | 33:00 | 33:35 | 33:12 | 33:24 | 33:38 | 33:26 |
| V45 | 33:01 | 36:25 | 33:36 | 36:02 | 36:03 | 34:03 | 35:45 | 34:14 | 35:07 | 34:44 | 33:37 | 34:10 | 34:17 | 34:13 | 35:08 | 33:56 | 33:49 | 38:15 | 35:53 |
| V50 | 36:12 | 36:05 | 38:35 | 35:54 | 34:18 | 35:33 | 34:54 | 34:58 | 36:48 | 37:25 | 36:00 | 35:57 | 36:08 | 36:49 | 36:27 | 36:59 | 37:28 | 36:34 | 35:36 |
| V55 | 35:29 | 39:52 | 39:15 | 40:01 | 37:31 | 37:48 | 37:54 | 35:29 | 37:12 | 37:33 | 39:56 | 39:29 | 39:35 | 37:57 | 37:29 | 36:51 | 37:07 | 37:48 | 37:15 |
| V60 | 41:16 | 40:10 | 39:27 | 47:27 | 41:38 | 41:14 | 38:55 | 38:35 | 39:18 | 40:43 | 39:28 | 39:54 | 36:28 | 37:24 | 37:37 | 38:47 | 41:54 | 41:18 | 42:09 |
| V65 | | 41:14 | 48:21 | | 46:58 | 46:16 | 43:12 | 45:55 | 46:00 | 40:43 | 46:00 | 48:05 | 40:38 | 43:55 | 40:49 | 46:42 | 47:24 | 48:57 | 42:47 |
| V70 | | 47:50 | 48:51 | 44:42 | 47:52 | 54:04 | 49:04 | 49:35 | 49:43 | 54:27 | 47:08 | 62:22 | 48:42 | 48:56 | 49:04 | 56:36 | 51:25 | 48:18 | 53:09 |
| V75 | | | | | | | | | | 50:48 | 52:29 | 50:38 | 53:43 | 54:43 | 54:55 | 58:36 | 49:20 | 54:21 | 60:25 |
| V80 | | | | | | | | | | | | | | 68:11 | | | | | |
| Fu20 | 42:51 | 43:09 | 41:56 | | | 56:11 | 50:01 | | | 54:10 | 39:59 | 37:29 | 37:22 | | | 67:14 | | 52:25 | |
| SL | 35:01 | 38:54 | 38:13 | 41:29 | 37:54 | 39:07 | 38:03 | 36:38 | 37:41 | 40:44 | 38:14 | 39:14 | 38:34 | 50:11 | 39:29 | 42:56 | 40:52 | 36:58 | 35:59 |
| FV35 | 39:09 | 41:21 | 42:23 | 44:13 | 38:57 | 38:53 | 39:13 | 47:00 | 40:44 | 40:32 | 34:01 | 48:10 | 36:36 | 41:57 | 38:24 | 40:59 | 39:13 | 37:35 | 40:19 |
| FV40 | 42:01 | 44:32 | 39:17 | 43:33 | 40:33 | 39:56 | 40:13 | 40:37 | 49:25 | 51:26 | 37:36 | 43:47 | 38:19 | 41:58 | 38:53 | 49:42 | 36:41 | 46:03 | 37:15 |
| FV45 | | 39:05 | 40:08 | 39:44 | 39:06 | 42:27 | 41:24 | 42:30 | 42:45 | 49:56 | 38:22 | 44:34 | 42:24 | 40:45 | 40:29 | 45:49 | 41:20 | 38:23 | 46:22 |
| FV50 | 43:22 | 43:52 | 42:52 | | 51:15 | 38:57 | 55:17 | 44:01 | 48:00 | 44:03 | 51:12 | 44:31 | 37:55 | 38:29 | 48:38 | 44:27 | 43:31 | 40:17 | 46:08 |
| FV55 | | 50:55 | 45:48 | 44:47 | 46:25 | 45:21 | 48:37 | 49:35 | 45:57 | 51:31 | 46:33 | 55:56 | 45:01 | 47:38 | 45:29 | 67:54 | 40:57 | 44:53 | 56:39 |
| FV60 | | | | 59:44 | | | 53:02 | | | 58:41 | 46:50 | 55:59 | 56:50 | 61:43 | 53:54 | 67:29 | 49:01 | 62:08 | 58:09 |
| FV65 | | | | | | | | | | | | | 51:47 | | 68:48 | 49:04 | 54:34 | 54:31 | 61:23 |
| FV70 | | | | | | | | | | | | | | | | | | | |
| FV75 | | | | | | | | | | | 74:01 | | | | | | | | |

| | | | | | GP | CC&GP | GP | CC&GP | GP | | GP | | GP | | GP | | GP | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Main Race | 144/50 | 179/52 | 183/49 | 164/65 | 232/93 | 194/80 +1 | 191/93 | 163/70 | 176/69 | 149/56 | 161/69 | 163/65 | 144/66 | 103/32 | 153/81 | 91/38 | 169/79 | 156/90 | 135/65 |
| Total | 194 | 231 | 232 | 229 | 325 | 275 | 284 | 233 | 245 | 205 | 230 | 228 | 210 | 135 | 234 | 129 | 248 | 246 | 200 |
| Inter | | | | | | | | | | | | | | | | | | 1 dnf | 2 dnf |
| Junior | | | | | | | | | | | | | | | | | | | |
| Open | 66 | 67 | 63 | 63 | 72 | 46 | 53 | 81 | 86 | 81 | 75 | 90 | 59 | 81 | 128 | 129 | 80 | 78 | 42 |
| Fun Run | | | | | | | | | | | | | | | | | | | |

Yearly performances in the "Sutton Six" races for competitors at their recorded age, see further pages for more details of records

- GUN TIME < 2014 - 2015 > CHIP TIME

| | 2020 | 2021 | 2022 | 2023 | 2024 | 2025 |
|---|---|---|---|---|---|---|
| | Covid-19 | Ch. ½ Mar | Remeasured >> | 40 races | | |
| u20 | ~ | ~ | 36:21 | 40:04 | 36:38 | |
| SM | ~ | ~ | 33:29 | 34:12 | 31:31 | |
| V35 | | | | | | |
| V40 | ~ | ~ | 36:15 | 35:18 | 33:25 | |
| V45 | ~ | ~ | 36:30 | 36:02 | 34:36 | |
| V50 | ~ | ~ | 38:10 | 35:33 | 37:24 | |
| V55 | ~ | ~ | 37:43 | 38:21 | 36:16 | |
| V60 | ~ | ~ | 42:04 | 42:11 | 39:13 | |
| V65 | ~ | ~ | 64:56 | 45:19 | 42:06 | |
| V70 | ~ | ~ | 57:23 | 43:44 | 74:58 | |
| V75 | ~ | ~ | ~ | 54:58 | 56:57 | |
| V80 | ~ | ~ | 71:33 | 68:45 | ~ | |
| | | | | | | |
| Fu20 | ~ | ~ | 83:06 | 74:47 | ~ | |
| SL | ~ | ~ | 37:03 | 38:33 | 36:28 | |
| FV35 | ~ | ~ | 38:05 | 36:11 | ~ | |
| FV40 | ~ | ~ | 37:24 | 36:51 | 37:31 | |
| FV45 | ~ | ~ | 45:58 | 43:27 | 37:35 | |
| FV50 | ~ | ~ | 48:46 | 42:50 | 44:58 | |
| FV55 | ~ | ~ | 54:06 | 44:31 | 46:43 | |
| FV60 | ~ | ~ | ~ | ~ | 48:58 | |
| FV65 | ~ | ~ | 47:54 | 59:21 | 50:21 | |
| FV70 | | | | ~ | ~ | |
| FV75 | | | | 63:56 | ~ | |

| | | | | GP | Int-Cou |
|---|---|---|---|---|---|
| Main Race | _ | _ | 79/37 | 106/45 | 120/59 |
| Total | _ | _ | 116 | 151 | 179 |
| Inter | _ | _ | 1 dnf | 4dnf | 6dnf |
| Junior | | | on day!! | | |
| Open | | | | | |
| Fun Run | _ | _ | 36 | 65 | 46 |

# Sutton "Six Mile" Records, progression and Top 16 male and female performances 1982 - 1992

| | | Year | Race Pos | Gen | Gen Pos | Forename | Surname | Cat | Cat Pos | Team | Num | Time |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Male Records** | | | | | | | | | | | | |
| | u20 | 1988 | 13 | M | 13 | Ian | Roylance | U19 | 1 | | 138 | 34:04 |
| | SM | 1983 | 1 | M | 1 | P | Bassett | SM | 1 | | 203 | 29:15 |
| | V40 | 1982 | 2 | M | 2 | Terry | Harper | V | 1 | Wirral | 270 | 30:54 |
| | V50 | 1986 | 13 | M | 13 | R Fletcher | | SV | 1 | CEPAC | | 33:31 |
| | | | | | | | | | . | | | |
| | **Progression of the records** | | | | | | | | . | | | |
| | u20 | 1986 | 14 | M | 14 | Jamie | Lewis | age 17 | 1 | | | 34:08 |
| | | 1988 | 13 | M | 13 | Ian | Roylance | U19 | 1 | | 138 | 34:04 |
| | | | | | | | | | . | | | |
| | SM | 1982 | 1 | M | 1 | Brian | Donnelly | SM | 1 | | 280 | 30:15 |
| | | 1983 | 1 | M | 1 | P | Bassett | SM | 1 | | 203 | 29:15 |
| | | | | | | | | | . | | | |
| | v40 | 1982 | 2 | M | 2 | Terry | Harper | V | 1 | Wirral | 270 | 30:54 |
| | | | | | | | | | . | | | |
| | v50 | 1985 | 34 | M | 34 | Geoff | Faulkner | V50 | 1 | CEPAC | 65 | 36:59 |
| | | 1986 | 13 | M | 13 | Roy | Fletcher | SV | 1 | CEPAC | | 33:31 |
| | | | | | | | | | . | | | |
| **Top 16 performances** | | 1983 | 1 | M | 1 | P | Bassett | SM | 1 | | 203 | 29:15 |
| | | 1983 | 2 | M | 2 | Brian J | Donnelly | SM | 2 | | 219 | 29:43 |
| | | 1984 | 1 | M | 1 | P | Bassett | SM | 1 | | 1 | 29:48 |
| | | 1983 | 3 | M | 3 | K | Bagnall | SM | 3 | | 337 | 30:01 |
| | | 1984 | 2 | M | 2 | B J | Donnelly | SM | 2 | | 2 | 30:11 |
| | | 1985 | 1 | M | 1 | Roger | Wood | SM | 1 | | 235 | 30:13 |
| | | 1985 | 2 | M | 2 | D | Wraith | SM | 2 | | 44 | 30:14 |
| | | 1982 | 1 | M | 1 | Brian | Donnelly | SM | 1 | | 280 | 30:15 |
| | | 1983 | 5 | M | 5 | T | Martin | SM | 5 | | 274 | 30:15 |
| | | 1984 | 3 | M | 3 | P | Jones | SM | 3 | | 374 | 30:22 |
| | | 1984 | 4 | M | 4 | | Lake | SM | 4 | | 78 | 30:29 |
| | | 1986 | 1 | M | 1 | Brian C | Donnelly | SM | 1 | | | 30:29 |
| | | 1983 | 6 | M | 6 | Patrick | Milroy | SM | 6 | Salford H | 336 | 30:33 |
| | | 1987 | 1 | M | 1 | Brian | Donnelly | SM | 1 | | 1 | 30:36 |
| | | 1983 | 7 | M | 7 | M | Fletcher | SM | 7 | | 82 | 30:42 |
| | | 1983 | 8 | M | 8 | Bill | James | SM | 8 | | 9 | 30:48 |
| | | | | | | | | | . | | | |
| **Female Records** | | | | | | | | | . | | | |
| | u20 | 1986 | 236 | F | 35 | K L | McCarthy | F17 | 1 | | | 56:31 |
| | SL | 1989 | 23 | L | 1 | Liz | Hardley | F | 1 | Wrexham | 77 | 35:34 |
| | FV35 | 1986 | 33 | F | 1 | Frances | Mudway | FV | 1 | CEPAC | | 36:06 |
| | FV40 | 1988 | 36 | F | 1 | Frances | Mudway | LV40 | 1 | CEPAC | 129 | 36:36 |
| | | | | | | | | | . | | | |
| | **Progression of the records** | | | | | | | | . | | | |
| | SL | 1982 | 80 | F | 5 | O | Norris | SL | 1 | | 28 | 40:04 |
| | | 1983 | 101 | F | 1 | C | Bell | SL | 1 | | 42 | 37:45 |
| | | 1984 | 81 | F | 1 | G | Nicholson | SL | 1 | Whitby Heath | 40 | 37:22 |
| | | 1989 | 23 | F | 1 | Liz | Hardley | SL | 1 | Wrexham | 77 | 35:34 |
| | | | | | | | | | . | | | |
| | v35 | 1983 | 215 | F | 1 | Pat | Matthews | F35 | 1 | | 318 | 45:29 |
| | | 1984 | 121 | F | 1 | P | Fenn | fvet | 1 | | 141 | 39:07 |
| | | 1986 | 33 | F | 1 | Frances | Mudway | F35 | 1 | CEPAC | | 36:06 |
| | | | | | | | | | . | | | |
| | v40 | 1985 | 90 | F | | V | Brennan | F40 | 1 | | 158 | 41:48 |
| | | 1987 | 67 | F | 3 | V | Brennan | LV40 | 1 | | 52 | 40:15 |
| | | 1988 | 36 | F | 1 | Frances | Mudway | LV40 | 1 | CEPAC | 129 | 36:36 |
| | | | | | | | | | . | | | |
| **Top 16 Performances** | | 1989 | 23 | F | 1 | Liz | Hardley | SL | 1 | Wrexham | 77 | 35:34 |
| | LV35 | 1986 | 33 | F | 1 | Frances | Mudway | LV35 | 1 | CEPAC | | 36:06 |
| | | 1989 | 27 | F | 2 | Louise | Davies | SL | 2 | CEPAC | 42 | 36:25 |
| | LV40 | 1988 | 36 | F | 1 | Frances | Mudway | LV40 | 1 | CEPAC | 129 | 36:36 |
| | | 1984 | 81 | F | 1 | Gina | Nicholson | SL | 1 | Whitby Heath | 40 | 37:37 |
| | | 1983 | 101 | F | 1 | C | Bell | SL | 1 | | 42 | 37:45 |
| | | 1984 | 86 | F | 2 | J | Beech | SL | 2 | | 323 | 37:46 |
| | | 1984 | 94 | F | 3 | C | Crossley | SL | 3 | | 49 | 37:57 |
| | | 1987 | 42 | F | 1 | Gina | Nicholson | SL | 1 | Whitby Heath | 145 | 38:01 |
| | | 1986 | 60 | F | 2 | E | Monaghan | SL | 1 | | | 38:13 |
| | | 1990 | 61 | F | 1 | Carol | Banlin | SL | 1 | | 364 | 38:39 |
| | | 1985 | 53 | F | 1 | E | Monaghan | SL | 1 | | 60 | 38:46 |
| | F40 | 1991 | 35 | F | 1 | Sandra | Owen | F40 | 1 | Tattenhall R | 128 | 38:46 |
| | | 1984 | 110 | F | 4 | | Parry | SL | 4 | | 334 | 38:48 |
| | F40 | 1990 | 65 | F | 2 | Sandra | Owen | F40 | 1 | Tattenhall R | 369 | 38:50 |
| | F40 | 1990 | 67 | F | 3 | Frances | Mudway | F40 | 2 | CEPAC | 326 | 38:54 |

Age group records and performances 32:00 and under

| | | Race | | Gen | | | | Cat | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | Year | Pos | Gen | Pos | Forename | Surname | Cat | Pos | Team | Time |
| **Male** | | | | | | | | | | |
| u20 | 1998 | 5 | M | 5 | John | Gilbert | JM<20 | 1 | Warrington AC | 32:09 |
| SM | 1998 | 1 | M | 1 | Bashir | Hussain | SM | 1 | Stockport Harriers | 30:24 |
| V35 | 2009 | 1 | M | 1 | Nick | JONES † | MV35 | 1 | Spectrum Striders | 31:39 |
| V40 | 1997 | 1 | M | 1 | Mike | Girvan | MV40 | 1 | Northern Vets AC | 31:06 |
| V45 | 1999 | 2 | M | 2 | Mike | GIRVAN | MV45 | 1 | Warrington AC | 31:12 |
| V50 | 2005 | 5 | M | 5 | Tom | MCGAFF | MV50 | 1 | Wilmslow RC | 34:18 |
| V55 | 2000 | 13 | M | 12 | James | BEESLEY | MV55 | 1 | Northern Vets AC | 34:52 |
| V60 | 2013 | 13 | M | 13 | Stan | OWEN | MV60 | 1 | Salford Harriers | 36:28 |
| V65 | 2013 | 53 | M | 44 | Mick | FAIRS | MV65 | 1 | Wilmslow RC | 40:38 |
| V70 | 2004 | 88 | M | 80 | Gordon | BROWN | MV70 | 1 | Liverpool Harriers | 44:42 |
| V75 | 2017 | 154 | m | 126 | John | Hickman | MV75 | 1 | Prestatyn RC | 49:20 |
| V80 | 2014 | 131 | M | 102 | Ray | BILLINGTON | MV80 | 1 | Wrexham AAC | 68:11 |

**Better than DBS Handicap 4** **32:08**

| Rank | Year | Pos | Gen | G Pos | Forename | Surname | Cat | C pos | Team | Time |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 1998 | 1 | m | 1 | Bashir | Hussain | SM | 1 | Stockport Harriers | 30:24 |
| 2 | 1997 | 1 | m | 1 | Mike | Girvan | V40 | 1 | Northern Vets AC | 31:06 |
| 3 | 1997 | 2 | m | 2 | David | Mansbridge | SM | 1 | Telford AC | 31:09 |
| 4 | 1999 | 1 | m | 1 | Anthony | O'BRIEN | SM | 1 | Morpeth Harriers | 31:10 |
| 5 | 1999 | 2 | m | 2 | Mike | GIRVAN | MV45 | 1 | Warrington AC | 31:12 |
| 6 | 1996 | 1 | m | 1 | Mike | Girvan | M40 | 1 | Warrington AC | 31:16 |
| 7 | 1998 | 2 | m | 2 | Cameron | Brooks | SM | 2 | Liverpool Pembroke & Sefton | 31:22 |
| 8 | 2001 | 1 | m | 1 | Mark | KEELEY | SM | 1 | Liverpool Harriers | 31:24 |
| 9 | 2004 | 1 | m | 1 | Mike | PROUDLOVE | SM | 1 | City Of Stoke AC | 31:26 |
| 10 | 1999 | 3 | m | 3 | Nathan | VENGDASALAM | SM | 2 | Liverpool Pembroke & Sefton | 31:28 |
| 11 | 2000 | 1 | m | 1 | Mike | GIRVAN | MV45 | 1 | Warrington AC | 31:29 |
| 12 | 2024 | 1 | m | 1 | Jordan | Thomas | SM | 1 | City of Stoke AC | 31:31 |
| 13 | 1998 | 3 | m | 3 | Alan | Buckley | M45 | 1 | Holmfirth Harriers | 31:35 |
| 14 | 1995 | 1 | m | 1 | Simon | Paterson | M | 1 | Cornwall AC | 31:38 |
| 15 | 1999 | 4 | m | 4 | Mark | KEELEY, | SM | 3 | Liverpool Harriers | 31:39 |
| 16 | 2009 | 1 | m | 1 | Nick | JONES † | MV35 | 1 | Spectrum Striders | 31:39 |
| 17 | 2004 | 2 | m | 2 | Tim | DICKINSON | SM | 2 | Blackheath Harriers | 31:40 |
| 18 | 2011 | 1 | m | 1 | Tarus | ELLY | SM | 1 | Salford Harriers | 31:40 |
| 19 | 1999 | 5 | m | 5 | David | MANSBRIDGE, | SM | 4 | Telford AC | 31:47 |
| 20 | 2024 | 2 | m | 2 | Vinnie | Martin | SM | 2 | City of Stoke AC | 31:47 |
| 21 | 2003 | 1 | m | 1 | Simon | SHIELS | SM | 1 | Abergele Harriers | 31:52 |
| 22 | 2007 | 1 | m | 1 | David | NORMAN | SM | 1 | Altrincham & District AC | 31:54 |
| 23 | 1997 | 3 | m | 3 | Martin | Murphy | M | 2 | St Helens Striders | 31:57 |
| 24 | 2024 | 3 | m | 3 | Daniel | Kashi | SM | 3 | Meirionnydd RC | 31:58 |
| 25 | 1998 | 4 | m | 4 | John | Wycherley | MV40 | 1 | Helsby AC | 32:05 |
| 26 | 1995 | 2 | m | 2 | Robert | Hand | M | 2 | Durham City Harriers | 32:06 |

| | | | | | |
|---|---|---|---|---|---|
| Pre | 1993 | Village 6-mile | | | |
| | 1993 | None | Best | 32:39 | sm |
| | 1994 | None | Best | 32:16 | sm |
| | 2005 | None | Best | 32:35 | sm |
| | 2006 | None | Best | 32:24 | sm |
| | 2008 | None | Best | 32:51 | sm |
| | 2010 | None | Best | 34:14 | v35 |
| | 2012 | None | Best | 33:42 | jm |
| | 2013 | None | Best | 34:00 | sm |
| | 2014 | None | Best | 32:44 | sm |
| | 2015 | None | Best | 33:35 | v40 |
| | 2016 | None | Best | 33:11 | v40 |
| | 2017 | None | Best | 32:30 | sm |
| | 2018 | None | Best | 32:39 | sm |
| | 2019 | None | Best | 32:27 | sm |
| | 2022 | None | Best | 33:29 | sm |
| | 2023 | None | Best | 34:12 | sm |

Age group records and performances 38:00 and under

| | | Race | | Gen | | | | Cat | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | Year | Pos | Gen | Pos | Forename | Surname | Cat | Pos | Team | Time |
| **Female** | | | | | | | | | | |
| Fu20 | 2013 | 18 | F | 3 | Tessa | McCORMICK | JL<20 | 1 | Vale Royal AC | 37:22 |
| SL | 2000 | 10 | F | 1 | Heather | KNIGHT | SL | 1 | Altrincham & District AC | 34:43 |
| FV35 | 2011 | 9 | F | 1 | Michelle | ROSS-COPE | LV35 | 1 | City Of Stoke AC | 34:01 |
| FV40 | 2017 | 21 | f | 1 | Diane | McVey | LV40 | 1 | Wilmslow RC | 36:41 |
| FV45 | 2024 | 33 | f | 5 | Joanna | Marsden | Fv45 | 1 | Cheshire Dragons | 37:35 |
| FV50 | 2013 | 21 | F | 4 | Gill | MEAD | LV50 | 1 | City Of Chester Triathlon Club | 37:55 |
| FV55 | 2017 | 66 | f | 5 | Vicki | Perry | LV55 | 1 | Altrincham & District AC | 40:57 |
| FV60 | 2011 | 137 | F | 25 | Rosemary | ROGERS | LV60 | 1 | Deestriders RC | 46:50 |
| FV65 | 2022 | 59 | f | 9 | Janet | Littler | Fv65 | 1 | Helsby Running Club | 47:54 |
| FV70 | | | | | | | | | | |
| FV75 | 2023 | 140 | f | 40 | Shelagh | Swinnerton | Fv75 | 1 | South Cheshire Harriers | 63:56 |
| . | | | | | | | | | **Better than DBS Handicap 4** | **37:05** |
| Rank | Year | Pos | Gen | G Pos | Forename | Surname | Cat | C pos | **Team** | Time |
| 1 | 2011 | 9 | F | 1 | Michelle | ROSS-COPE | LV35 | 1 | City Of Stoke AC | 34:01 |
| 2 | 2000 | 10 | F | 1 | Heather | KNIGHT | SL | 1 | Altrincham & District AC | 34:43 |
| 3 | 2001 | 14 | F | 1 | Jenny | CLAGUE | SL | 1 | Liverpool Harriers | 35:01 |
| 4 | 1999 | 26 | F | 1 | Cecilia | GREASLEY, | LV35 | 1 | Macclesfield Harriers | 35:48 |
| 5 | 2019 | 9 | f | 1 | Hannah | Cowley | SF | 1 | Helsby Running Club | 35:59 |
| 6 | 2000 | 23 | F | 2 | Jane | RILEY | SL | 2 | Salford Harriers | 36:05 |
| 7 | 1998 | 39 | F | 1 | Lynne | Maddison | SF | 1 | Prestatyn R C | 36:22 |
| 8 | 2024 | 24 | f | 1 | Emma | Taylor | SF | 1 | City of Stoke AC | 36:28 |
| 9 | 2008 | 17 | F | 1 | Kelly | Crickmore | SF | 1 | City of Chester Tri | 36:28 |
| 10 | 2023 | 13 | f | 1 | Sarah | Hunter | Fv35 | 1 | Ackworth Road Runners | 36:31 |
| 11 | 1997 | 27 | F | 1 | Celia | Greasley | SF | 1 | Macclesfield Harriers | 36:32 |
| 12 | 1998 | 44 | F | 2 | Jane | Riley | SF | 2 | Wigan Phoenix | 36:33 |
| 13 | 2013 | 14 | f | 1 | Diane | McVEY | LV35 | 1 | Wilmslow RC | 36:36 |
| 14 | 2017 | 21 | f | 1 | Diane | McVey | Fv40 | 1 | Wilmslow RC | 36:41 |
| 15 | 2024 | 25 | f | 2 | Tracy | Rogers | SF | 2 | Buckley RC | 36:43 |
| 16 | 2008 | 19 | F | 2 | Rebecca | HARRISON | SF | 2 | Cheadle Running Club | 36:49 |
| 17 | 2023 | 14 | f | 2 | Joanna | Marsden | Fv40 | 1 | Cheshire Dragons | 36:51 |
| 18 | 2018 | 20 | f | 1 | Hannah | Cowley | SF | 1 | Helsby Running Club | 36:58 |
| 19 | 2022 | 15 | f | 1 | Lindsay | Fisher | SF | 1 | | 37:03 |
| 20 | 1999 | 37 | f | 2 | Jane | RILEY, | SF | 1 | Wigan Phoenix | 37:04 |
| 21 | 2013 | 17 | f | 2 | Kirsty | LONGLEY | LV35 | 2 | Liverpool Pem & Sefton | 37:12 |
| 22 | 2019 | 15 | f | 2 | Joanna | Marsden | Fv40 | 1 | Ellesmere Port RC | 37:15 |
| 23 | 2024 | 27 | f | 3 | Hannah | Cowley | SF | 3 | Cheshire Dragons | 37:16 |
| 24 | 2013 | 18 | f | 3 | Tessa | McCORMICK | JL<20 | 1 | Vale Royal AC | 37:22 |
| 25 | 2022 | 17 | f | 2 | Elizabeth | Renondeau | Fv40 | 2 | Vale Royal AC | 37:24 |
| 26 | 2012 | 16 | f | 1 | Tessa | McCORMICK | JL<20 | 1 | Vale Royal AC | 37:29 |
| 27 | 2024 | 32 | f | 4 | Gemma | Moore | Fv40 | 1 | Eryri H | 37:31 |
| 28 | 2018 | 23 | f | 2 | Elizabeth | Renondeau | LV35 | 1 | Vale Royal AC | 37:35 |
| 29 | 2024 | 33 | f | 5 | Joanna | Marsden, | Fv45 | 1 | Cheshire Dragons | 37:35 |
| 30 | 2011 | 31 | f | 2 | Marilyn | KITCHING | LV40 | 1 | Tattenhall Runners | 37:36 |
| 31 | 2009 | 30 | L | 1 | Nicola | BIRD | SF | 1 | Ellesmere Port RC | 37:41 |
| 32 | 2008 | 30 | F | 3 | Anne | FARMER | SF | 3 | Macclesfield Harriers | 37:49 |
| 33 | 2011 | 32 | f | 3 | Emma C | PARRY | LV35 | 2 | Wrexham AC | 37:49 |
| 34 | 2018 | 26 | f | 3 | Emily | Carr | SF | 2 | | 37:49 |
| 35 | 1999 | 45 | f | 3 | Anne | PUGH, | LV35 | 2 | Altrincham AC | 37:52 |
| 36 | 2005 | 37 | L | 1 | Anne | FARMER | SF | 1 | Macclesfield Harriers | 37:54 |
| 37 | 2013 | 21 | f | 4 | Gill | MEAD | LV50 | 1 | City Of Chester Triathlon Club | 37:55 |

| | | | | | |
|---|---|---|---|---|---|
| 1993 | None | Best | 38:35 | v35 |
| 1994 | None | Best | 38:56 | sf |
| 1995 | None | Best | 38:49 | sf |
| 1996 | None | Best | 39:02 | sf |
| 2002 | None | Best | 38:54 | sf |
| 2003 | None | Best | 38:13 | sf |
| 2004 | None | Best | 39:44 | v45 |
| 2006 | None | Best | 38:53 | v35 |
| 2007 | None | Best | 38:03 | sf |

Age group records and performances 38:00 and under

| | | | | |
|---|---|---|---|---|
| 2010 | None | Best | 40:42 | v35 |
| 2014 | None | Best | 38:29 | v50 |
| 2015 | None | Best | 38:21 | v35 |
| 2016 | None | Best | 40:59 | v35 |

## Progression of Male Age Group Records for the "Sutton Six" 10K race - CHIP TIME 2015 onward

| | Year | Race Pos | Gen | Gen Pos | Forename | Surname | Cat | Cat Pos | Team | Num | Time |
|---|---|---|---|---|---|---|---|---|---|---|---|
| u20 | | | | | | | | | | | |
| | 1996 | 19 | M | 19 | Stuart | Shore | JM | 1 | CEPAC | | 35:13 |
| | 1997 | 10 | M | 10 | Gavin | Tomlinson | JM | 1 | Sale Harriers | | 33:42 |
| | 1998 | 5 | M | 5 | John | Gilbert | JM<20 | 1 | Warrington AC | | 32:09 |
| SM | | | | | | | | | | | |
| | 1993 | 1 | M | 1 | Paul | Frodsham | M | 1 | Helsby RC | | 32:29 |
| | 1994 | 1 | M | 1 | Paul | Frodsham | M | 1 | Helsby RC | | 32:16 |
| | 1995 | 1 | M | 1 | Simon | Paterson | M | 1 | Cornwall AC | | 31:38 |
| | 1997 | 2 | M | 2 | David | Mansbridge | SM | 1 | Telford AC | | 31:09 |
| | 1998 | 1 | M | 1 | Bashir | Hussain | SM | 1 | Stockport Harriers | | 30:24 |
| v35 | | | | | | | | | | | |
| | 2009 | 1 | M | 1 | Nick | JONES | MV35 | 1 | Spectrum Striders | 198 | 31:39 |
| V40 | | | | | | | | | | | |
| | 1993 | 4 | M | 4 | John | Fidler | M40 | 1 | CEPAC | | 33:11 |
| | 1994 | 4 | M | 4 | Steven | Rigby | M40 | 1 | South Liverpool | | 32:39 |
| | 1995 | 3 | M | 3 | Kenneth | Moss | M40 | 1 | Chorley AC | | 32:09 |
| | 1996 | 1 | M | 1 | Mike | Girvan | M40 | 1 | Warrington AC | | 31:16 |
| | 1997 | 1 | M | 1 | Mike | Girvan | MV40 | 1 | Northern Vets AC | | 31:06 |
| v45 | | | | | | | | | | | |
| | 1993 | 32 | M | 32 | Frank | McHale | M45 | 1 | Tattenhall Runner | | 37:07 |
| | 1994 | 2 | M | 2 | John | Fidler | M45 | 1 | CEPAC | | 32:18 |
| | 1998 | 3 | M | 3 | Alan | Buckley | MV45 | 1 | Holmfirth Harriers | | 31:35 |
| | 1999 | 2 | M | 2 | Mike | GIRVAN | MV45 | 1 | Warrington AC | 69 | 31:12 |
| v50 | | | | | | | | | | | |
| | 1993 | 25 | M | 25 | Mike | Frayne | M50 | 1 | Helsby RC | | 36:03 |
| | 1995 | 14 | M | 14 | James | Beesley | M50 | 1 | Unattached | | 34:42 |
| | 1996 | 13 | M | 13 | James | Beesley | M50 | 1 | Unatt | | 34:29 |
| | 2005 | 5 | M | 5 | Tom | MCGAFF | MV50 | 1 | Wilmslow RC | 291 | 34:18 |
| v55 | | | | | | | | | | | |
| | 1994 | 25 | M | 25 | Lawrence | Woodley | M55 | 1 | Tattenhall Runners | | 36:16 |
| | 2000 | 13 | M | 12 | James | BEESLEY | MV55 | 1 | Northern Vets AC | 157 | 34:52 |
| v60 | | | | | | | | | | | |
| | 1993 | 135 | M | 117 | S | Butler | M60 | 1 | Northern Vets | | 45:42 |
| | 1994 | 46 | M | 46 | Al | Mansley | MV60 | 1 | Pensby RR | | 37:41 |
| | 2013 | 13 | M | 13 | Stan | OWEN | MV60 | 1 | Salford Harriers | 206 | 36:28 |
| v65 | | | | | | | | | | | |
| | 2002 | 61 | M | 59 | Bill | ATKINSON | MV65 | 1 | Northern Vets AC | 149 | 41:14 |
| | 2010 | 45 | M | 44 | Dave | WAYWELL, | MV65 | 1 | Wesham Road Runners | 78 | 40:43 |
| | 2013 | 53 | M | 44 | Mick | FAIRS | MV65 | 1 | Wilmslow RC | 165 | 40:38 |
| v70 | | | | | | | | | | | |
| | 2002 | 144 | M | 122 | Doug | MORRIS | MV70 | 1 | Oswestry Olympians | 97 | 47:50 |
| | 2004 | 88 | M | 80 | Gordon | BROWN | MV70 | 1 | Liverpool Harriers | 206 | 44:42 |
| v75 | | | | | | | | | | | |
| | 2010 | 140 | M | 121 | Joe | PARK | MV75 | 1 | Cheshire Tally Ho | 135 | 50:48 |
| | 2012 | 161 | M | 136 | Roger | HARRISON-JONES | MV75 | 1 | Prestatyn RC | 26 | 50:38 |
| | 2017 | 154 | m | 126 | John | Hickman | Mv75 | 1 | Prestatyn RC | 122 | 49:20 |
| v80 | | | | | | | | | | | |
| | 2014 | 131 | M | 102 | Ray | BILLINGTON | MV80 | 1 | Wrexham AAC | 66 | 68:11 |

| | Year | Race Pos | Gen | Gen Pos | Forename | Surname | Cat | Cat Pos | Team | Num | Time |
|---|---|---|---|---|---|---|---|---|---|---|---|
| u20 | | | | | | | | | | | |
| | 1996 | 144 | F | 10 | Samantha | Clark | JF | 1 | Oswestry Olympians | | 44:42 |
| | 2001 | 87 | F | 7 | Emma L | MONTEITH | JL | 1 | West Cheshire AC | 15 | 42:51 |
| | 2003 | 77 | F | 7 | Rachel | Crowe | JLu20 | 1 | Lytham St Annes RR | 173 | 41:56 |
| | 2011 | 61 | F | 7 | Amelia | PETTITT | JL<20 | 1 | Vale Royal AC | 59 | 39:59 |
| | 2012 | 16 | F | 1 | Tessa | McCORMICK | JL<20 | 1 | Vale Royal AC | 145 | 37:29 |
| | 2013 | 18 | F | 3 | Tessa | McCORMICK | JL<20 | 1 | Vale Royal AC | 189 | 37:22 |
| SL | | | | | | | | | | | |
| | 1993 | 57 | F | 2 | K | McKeown | SF | 1 | Liverpool Harriers | | 39:03 |
| | 1995 | 51 | F | 1 | Julie | Ashworth | SF | 1 | Middleton Harriers | | 38:49 |
| | 1997 | 27 | F | 1 | Celia | Greasley | SF | 1 | Macclesfield Harriers | | 36:32 |
| | 1998 | 39 | F | 1 | Lynne | Maddison | SF | 1 | Prestatyn R C | | 36:22 |
| | 2000 | 10 | F | 1 | Heather | KNIGHT | SL | 1 | Altrincham & District AC | 167 | 34:43 |
| v35 | | | | | | | | | | | |
| | 1993 | 50 | F | 1 | Anne | Cartwright | F35 | 1 | Wrexham AC | | 38:35 |
| | 1999 | 26 | F | 1 | Cecilia | GREASLEY | LV35 | 1 | Macclesfield Harriers | 148 | 35:48 |
| | 2011 | 9 | F | 1 | Michelle | ROSS-COPE | LV35 | 1 | City Of Stoke AC | 217 | 34:01 |
| v40 | | | | | | | | | | | |
| | 1993 | 112 | F | 14 | K | Maycock | F40 | 1 | Sale H. | | 43:17 |
| | 1994 | 118 | F | 3 | Judy | Griffiths | F40 | 1 | South Liverpool | | 42:54 |
| | 1995 | 90 | F | 4 | Liz | Danson | F40 | 1 | Wirral AC | | 42:00 |
| | 2003 | 46 | F | 3 | Marian | Martin | LV40 | 1 | unattached | 25 | 39:17 |
| | 2011 | 31 | F | 2 | Marilyn | KITCHING | LV40 | 1 | Tattenhall Runners | 167 | 37:36 |
| | 2017 | 21 | f | 1 | Diane | McVey | Fv40 | 1 | Wilmslow RC | 175 | 36:41 |
| v45 | | | | | | | | | | | |
| | 1993 | 82 | F | 6 | Frances | Mudway | F45 | 1 | CEPAC | | 40:41 |
| | 2000 | 65 | F | 4 | Christina | PINNER | LV45 | 1 | Milton AC | 86 | 40:26 |
| | 2002 | 32 | F | 2 | Joan | JACKSON | LV45 | 1 | Northern Vets AC | 197 | 39:05 |
| | 2011 | 41 | F | 5 | Gill | MEAD | LV45 | 1 | City Of Chester Triathlon Club | 249 | 38:22 |
| | 2024 | 33 | f | 5 | Joanna | Marsden | Fv45 | 1 | Cheshire Dragons | 155 | 37:35 |
| v50 | | | | | | | | | | | |
| | 1993 | 116 | F | 15 | V | Brennan | F50 | 1 | Mersey Tri | | 43:48 |
| | 1995 | 101 | F | 7 | Mary | Meredith | F50 | 1 | Prestatyn RC | | 42:40 |
| | 2006 | 44 | F | 2 | Susan | COOPER | LV50 | 1 | Southport Waterloo AC | 158 | 38:57 |
| | 2013 | 21 | F | 4 | Gill | MEAD | LV50 | 1 | City Of Chester Triathlon Club | 216 | 37:55 |
| v55 | | | | | | | | | | | |
| | 2002 | 183 | F | 30 | Ann A | JONES | LV55 | 1 | Wrexham AC | 99 | 50:55 |
| | 2003 | 125 | F | 17 | Hazel | Dirksen | LV55 | 1 | Buckley Runners | 179 | 45:48 |
| | 2004 | 89 | F | 9 | Judith | WITTERICK | LV55 | 1 | Midland Vets | 146 | 44:47 |
| | 2017 | 66 | f | 5 | Vicki | Perry | Fv55 | 1 | Altrincham & District AC | 215 | 40:57 |
| v60 | | | | | | | | | | | |
| | 2004 | 216 | L | 54 | Lesley | CLAGUE | LV60 | 1 | Tattenhall Runners | 263 | 59:44 |
| | 2007 | 207 | F | 51 | Judith A | DEAKIN | LV60 | 1 | Preston Harriers | 149 | 53:02 |
| | 2011 | 137 | f | 25 | Rosemary | ROGERS | LV60 | 1 | Deestriders RC | 4 | 46:50 |
| v65 | | | | | | | | | | | |
| | 2013 | 159 | F | 40 | Jean | DOLAN | LV65 | 1 | Altrincham & District AC | 198 | 51:47 |
| | 2016 | 74 | F | 9 | Chris | Birch | LV65 | 1 | unattached | 14 | 49:04 |
| | 2022 | 59 | f | 9 | Janet | Littler | Fv65 | 1 | Helsby Running Club | 171 | 47:54 |
| v70 | | | | | | | | | | | |
| | | | | | | | | | | | |
| v75 | | | | | | | | | | | |
| | 2011 | 228 | F | 67 | Jean | JOLLEY | LV75 | 1 | unattached | 23 | 74:01 |
| | 2023 | 140 | f | 40 | Shelagh | Swinnerton | Fv75 | 1 | South Cheshire Harriers | 134 | 63:51 |

Men – 41 races

| *Name:* | *Club(s):* | *Period* | *How many* | *Entered* 2024 | *Total* |
|---|---|---|---|---|---|
| Richard J Batterham | unat/ CEPAC/ West Cheshire | 1982 – 2018 | 37 | n | 37 |
| Andrew Clague | CEPAC/ West Cheshire | 1986 – 2023 | 29 | Y | 30 |
| Dave Taylor | Tattenhall/ unat/ Chester Tri | 1982 – 2023 | 25 | n | 25 |
| Robert Prys-Owen | unat | 1985 – 2021 | 21 | n | 21 |
| Barry Chambers | Vale Royal | 1985 – 2019 | 18 | n | 18 |
| Geoff Shaw | Helsby | 1997 – 2019 | 16 | n | 16 |
| Jack Thomas | CEPAC/ WCAC/ Wrecsam/ Buckley | 1982 – 2019 | 16 | n | 16 |
| Neil Holding | Darwin Dash/ West Pennine/Horwich | 1998 – 2023 | 15 | Y | 16 |
| David Bewley | unat | 1985 – 2010 | 14 | n | 14 |
| Joe Park | Cheshire Tally Ho | 1995 – 2014 | 14 | n | 14 |
| Andrew Mayers | unat/ South Cheshire | 1983 – 2023 | 13 | Y | 14 |
| Geoff Dickens | unat/ Tattenhall | 1983 – 1999 | 13 | n | 13 |
| David A Jones | Denbigh | 1995 – 2012 | 13 | n | 13 |
| Lawrence Woodley | Tattenhall | 1983 – 2001 | 12 | n | 12 |
| Geoff Harvey | CEPAC/ Deestriders/ WCAC | 1987 – 2004 | 12 | n | 12 |
| Ken Green | unat | 1991 – 2015 | 12 | n | 12 |
| Paul Frodsham | Helsby/ West Cheshire | 1982 – 2003 | 11 | n | 11 |
| William (Bill) James | unat | 1982 – 2010 | 11 | n | 11 |
| Mike Searle | Helsby | 1996 – 2014 | 11 | n | 11 |
| Graham (S) Lloyd | unat/ Helsby | 1997 – 2015 | 11 | n | 11 |
| Steven N Cutler | West Cheshire/ unat | 1996 – 2016 | 11 | n | 11 |
| Stuart Doyle | Vale Royal | 2005 – 2017 | 11 | n | 11 |
| Rob Cunliffe | unat | 1996 – 2022 | 10 | Y | 11 |
| Peter Povey | unat/ RRC/ WCAC | 1983 – 1992 | 10 | n | 10 |
| Mark Povey | unat/ RRC/ WCAC | 1983 – 1992 | 10 | n | 10 |
| Paul Campton | unat | 2003 – 2012 | 10 | n | 10 |
| Robert Freeman | unat/ N Vets/ WCAC | 1984 – 2015 | 10 | n | 10 |
| Chris Harbron | Wirral/ Macclesfield | 1997 – 2014 | 10 | n | 10 |
| Keith Weston | unat | 2001 – 2014 | 10 | n | 10 |
| Michael Whiteside | unat?/ Helsby/ Tattenhall | 1986 – 2016 | 10 | n | 10 |
| John Foreman | unat | 1992 – 2022 | 10 | n | 10 |
| Roy Jardine | Eryri H | 1995 – 2022 | 10 | n | 10 |

This is a list of those found so far, – open for comment and corrections.
It is easier spotting uncommon names or consistent members of the same club,
no clubs before 1992. Mostly, prior to 1994, only the initial is given for the first name.

Ladies – 41 races

| *Name:* | *Club(s):* | *Period* | *'ow man* | *Entered 2024* | *Total* |
|---|---|---|---|---|---|
| Jane Woodley | Tattenhall | 1985 – 2005 | 16 | n | 16 |
| Kath Scott | Helsby | 1982 – 1993 | 12 | n | 12 |
| Janet Morgan | CEPAC/ Tattenhall/ WCAC/ Chester ' | 1987 – 2006 | 12 | n | 12 |
| Sandra Owen | Tattenhall | 1988 – 2005 | 11 | n | 11 |
| Nicky Beesley | unat | 2006 – 2023 | 11 | n | 11 |
| Pat Matthews | Tattenhall | 1982 – 1996 | 10 | n | 10 |
| Janet Shaw | Helsby | 2005 – 2019 | 10 | n | 10 |
| Carol Shaw | Helsby | 2001 – 2013 | 9 | Y | 10 |
| Ann Stringer | Helsby | 1985 – 2001 | 9 | n | 9 |
| Frances Mudway | CEPAC/ West Cheshire | 1986 – 2005 | 8 | n | 8 |
| Samantha Campton/ Wilde | unat | 2003 – 2011 | 8 | n | 8 |
| Janet Taylor | unat/ CEPAC / Chester Tri | 1987 – 2012 | 8 | n | 8 |
| Nicola Whitfield Bird | Rivacre/ Ellesmere Port | 2000 – 2018 | 8 | n | 8 |
| Jennifer Delaney | unat/ Manchester YMCA | 2010 – 2018 | 8 | n | 8 |
| Stephanie Charman | Liv RC/ Helsby/ Spectrum/ Knowsley | 1990 – 2018 | 8 | n | 8 |

This is a list of those found so far, – open for comment and corrections.
It is easier spotting uncommon names or consistent members of the same club,
no clubs before 1992. Mostly, prior to 1994, only the initial is given for the first name.

I have included a name change where I know that a lady has married, there could be others.

Results available to view @ http://www.westcheshireac.co.uk/races/races-results-archive/