

List of events (with numbers taking part) in 2024**July - December inclusive*****Seniors only (i.e. 20 years and older) - * indicates athletes under 20 took part but not counted***

- 01-Jul Tour of Merseyside - Thurstaston Multi Terrain (1M 1F)
- 02-Jul Tour of Merseyside - Ralla 10 Miler (1M 1F)
- 03-Jul Robbie Webster Wobbler, Frodsham (7M 3F)
- 03-Jul Forest Park ladies 5k, Warrington (2F)
- 04-Jul Tour of Merseyside - Raging Bull 5 mile (1M 1F)
- 04-Jul Deestridders ORGP Race 2 (4M 3F)
- 05-Jul Tour of Merseyside - Knowesly Cross Country (1M 1F)
- 06-Jul Tour of Merseyside - Wirral Coastal Run (1M 1F)
- 06-Jul Wirral Coastal 12 Miler (1M)
- 07-Jul Cheshire 10k, Chester (1M)
- 07-Jul Cheshire 10mile, Chester (4M)
- 09-Jul Chepstow Harriers 4mile (1M)
- 13-Jul Race to the Stones 100k, Lewknor, Oxon (1M)
- 14-Jul XTERRA Snowdon Half Marathon, Eryri (1M)
- 14-Jul Tittlesworth Half Marathon, Stafford (1F)
- 14-Jul Wilmslow Summer 10k (5M)
- 17-Jul Green green grass Fell Race, Clwydian (1F)
- 20-Jul Cheshire T&F League 3 - 3000m (1F)
- 21-Jul Helena Tipping 10k, Wrexham (8M 2F)
- 24-Jul Birkenhead 5 Mile (2M)
- 25-Jul Run Media City, Salford (1M)
- 26-Jul Lakeland 100 (1M 1F)
- 31-Jul Wirral Seaside 5k Race 5 (3M 1F)
- 01-Aug Deestridders ORGP Race 3 (5M 3F)
- 07-Aug Pie & Peas 5, Vale Royal (4M 2F)
- 10-Aug Race across Scotland (1M 1F)
- 11-Aug Preston 10 mile (1M)
- 14-Aug EPRC 5k, Capenhurst (10M 3F)
- 14-Aug Tatton Park 10k (1M)
- 17-Aug Northern League 4, EPSV - 5000m (1M)
- 18-Aug Leeds Running Festival Half Marathon (1M)
- 24-Aug Gloucester Track 100k (1M)
- 25-Aug Cheshire T&F League 4 - 3000m (1F)
- 26-Aug Kilcane Mountain Race (1F)
- 26-Aug Wirral Seaside 5k Race 6 (2M 2F)
- 30-Aug Mid Cheshire 5k, Kingsley (6M)
- 01-Sep South Cheshire 20mile, Crewe (1M)
- 03-Sep Wirral Multi-terrain Race 1, Royston Park (14M 2F)
- 06-Sep Deestridders ORGP Race 4 (7M 3F)
- 08-Sep Great North Run, Newcastle (1M)
- 08-Sep North West & Cheshire Road Relay Championships, Ormskirk (8M 3F)
- 08-Sep Sandstone Trail A Race, Duckington (6M 1F)
- 08-Sep Sandstone Trail B Race, Beeston (3M 2F)
- 10-Sep Wirral Multi-terrain Race 2, Wirral Country Park (5M)
- 14-Sep Wildstrudel 10k, Krans-Montana, Switzerland (1F)
- 14-Sep English National Cross Country Championships, Weston Park (3F)
- 15-Sep Guilden Sutton 10k (6M 4F)
- 15-Sep Lake Vyrnwy Half Marathon (4M)
- 17-Sep Wirral Multi-terrain Race 3, Harrison Drive (11M)
- 21-Sep Bieg Uliczny Jaworzno, Poland (1F)
- 21-Sep Northern Road Relay Championships, Blackpool (6M)
- 22-Sep Belfast Marathon (1M)
- 22-Sep Warrington Half Marathon (1M)
- 24-Sep Wirral Multi-terrain Race 4, Arrowe Park (11M 2F)
- 26-Sep HMRC Trail 5 mile Championship, Wigan (1M)
- 26-Sep Media City 10k, Salford (1M)
- 29-Sep Knutsford 10k (2M)
- 29-Sep Borders League Race 1, Norton Priory (16M 7F)