

## Club Outdoor best The operative date for determining membership of age groups for all athletes under the age of 17 shall be for Track and Field and Race Walking, the 31<sup>st</sup> August at the end of the Competition Year, [1st October each year to the following 30th September.]

Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info		
<a href="#">Indoor_60m</a>		<a href="#">Metres_1,000m</a>			<a href="#">Metres_10,000m</a>		<a href="#">Relay_4x100m</a>	<a href="#">High Jump</a>	<a href="#">Hammer</a>
<a href="#">Metres_75_100_60m</a>		<a href="#">Metres_1,200_1,500m</a>			<a href="#">Indoor_60m_Hurdles</a>		<a href="#">Relay_3x300_4x400m</a>	<a href="#">Long Jump</a>	<a href="#">Javelin</a>
<a href="#">Metres_150_200m</a>		<a href="#">Mile</a>			<a href="#">Hurdles_75_80_100_110m</a>		<a href="#">Relay_4x600_3or4x800m</a>	<a href="#">Pole Vault</a>	<a href="#">Shot</a>
<a href="#">Metres_300_400m</a>		<a href="#">Metres_3,000m</a>			<a href="#">Hurdles_300_400m</a>			<a href="#">Triple Jump</a>	<a href="#">Triathlon Decathlon</a>
<a href="#">Metres_600_800m</a>		<a href="#">Metres_5,000m</a>			<a href="#">Steeplechase_1500_2,000_3,000m</a>			<a href="#">Discus</a>	<a href="#">Walks</a>
Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info		
<b>Indoor_60m</b>									
u11	<b>Indoor</b>								
u13	<b>Indoor</b>								
#	Aiden Hilton	8.59	e   h1	05/02/2023	Sheffield	NoE u13 / u15 Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=506415">https://thepowerof10.info/results/results.aspx?meetingid=506415</a>		
#	Aiden Hilton	8.46	e   f	05/02/2023	Sheffield	NoE u13 / u15 Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=506415">https://thepowerof10.info/results/results.aspx?meetingid=506415</a>		
u15 60m	<b>Indoor</b>								
	Gareth Preston	7.98	ht1 e i	15/11/2003	Sheffield	NoE Open	<a href="https://www.northernathletics.co.uk/download/na-indoor-results-2003/">https://www.northernathletics.co.uk/download/na-indoor-results-2003/</a>		
	Gareth Preston	7.97	f e i	15/11/2003	Sheffield	NoE Open	<a href="https://www.northernathletics.co.uk/download/na-indoor-results-2003/">https://www.northernathletics.co.uk/download/na-indoor-results-2003/</a>		
	Gareth Preston	7.6	ht4 i	27/11/2004	Sheffield	NoE Open	<a href="https://www.northernathletics.co.uk/download/na-indoor-results-2004/">https://www.northernathletics.co.uk/download/na-indoor-results-2004/</a>		
	Gareth Preston	7.45	e i	10/12/2005	Sheffield	NoE Open	<a href="https://www.northernathletics.co.uk/download/na-indoor-results-2005/">https://www.northernathletics.co.uk/download/na-indoor-results-2005/</a>		
#	Zac Barnsley	7.37	e	17/11/2012	Sheffield	Northern Athletics Open Meeting	<a href="https://www.northernathletics.co.uk/results-index">https://www.northernathletics.co.uk/results-index</a>		
u17 60m	<b>Indoor</b>								
	Nick Clay	7.88	ht2 e i	18-19/01/2003	Sportcity	NoE Junior Championship	<a href="https://www.northernathletics.co.uk/download/na-indoor-results-2003/">https://www.northernathletics.co.uk/download/na-indoor-results-2003/</a>		
	Tom Price	7.60	ht1 e i	15/11/2003	Sheffield	NoE Open	<a href="https://www.northernathletics.co.uk/download/na-indoor-results-2003/">https://www.northernathletics.co.uk/download/na-indoor-results-2003/</a>		
	Tom Price	7.57	ht2 e i	27/11/2004	Sheffield	NoE Open	<a href="https://www.northernathletics.co.uk/download/na-indoor-results-2004/">https://www.northernathletics.co.uk/download/na-indoor-results-2004/</a>		
	Tom Price	7.30	f e i	27/11/2004	Sheffield	NoE Open	<a href="https://www.northernathletics.co.uk/download/na-indoor-results-2004/">https://www.northernathletics.co.uk/download/na-indoor-results-2004/</a>		
#	James McMahon	7.24	SX 1.6 e i	21/12/2014	Sportcity	Sale Harriers Open Series	<a href="https://thepowerof10.info/results/results.aspx?meetingid=120071">https://thepowerof10.info/results/results.aspx?meetingid=120071</a>		
u20 60m	<b>Indoor</b>								
	David Painter	7.39	ht1 e i	24/01/1999	EIS Sheffield	NoEAA Indoor Champs	<a href="http://www.wakefield-harriers.co.uk/reports/99/NoE_indpt2-99_res.htm">http://www.wakefield-harriers.co.uk/reports/99/NoE_indpt2-99_res.htm</a>		
	David Painter	7.35	sf e i	24/01/1999	EIS Sheffield	NoEAA Indoor Champs	<a href="http://www.wakefield-harriers.co.uk/reports/99/NoE_indpt2-99_res.htm">http://www.wakefield-harriers.co.uk/reports/99/NoE_indpt2-99_res.htm</a>		
	David Painter	7.33	f e i	24/01/1999	EIS Sheffield	NoEAA Indoor Champs	<a href="http://www.wakefield-harriers.co.uk/reports/99/NoE_indpt2-99_res.htm">http://www.wakefield-harriers.co.uk/reports/99/NoE_indpt2-99_res.htm</a>		
	Tom Price	7.31	e i	27/11/2005	EIS Sheffield	NoE Open	<a href="https://www.northernathletics.co.uk/download/na-indoor-results-2005/">https://www.northernathletics.co.uk/download/na-indoor-results-2005/</a>		
	Tom Price	7.30	f e i	21-22/01/2006	EIS Sheffield	NoE Junior championship	<a href="https://www.northernathletics.co.uk/download/na-indoor-results-2006/">https://www.northernathletics.co.uk/download/na-indoor-results-2006/</a>		
#	Tom Price	7.15	ht1 e i	25/11/2006	EIS Sheffield	NoE Open	<a href="https://thepowerof10.info/results/results.aspx?meetingid=357">https://thepowerof10.info/results/results.aspx?meetingid=357</a>		

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		Measure					
SM 60m	<b>Indoor</b>						
	Carl Van Schie	7.55	e i	12-13/01/2008	EIS Sheffield	EA SM & u20 Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=10518">https://thepowerof10.info/results/results.aspx?meetingid=10518</a>
	Carl Van Schie	7.54	e i	10-11/01/2009	EIS Sheffield	EA SM & u20 Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=20455">https://thepowerof10.info/results/results.aspx?meetingid=20455</a>
	Christian Okeke	7.53	e i	15/12/2013	Sportcity	Sale Harriers Open Series	<a href="https://thepowerof10.info/results/results.aspx?meetingid=96588">https://thepowerof10.info/results/results.aspx?meetingid=96588</a>
	Christian Okeke	7.42	e i	05/01/2014	Sportcity	Sale Harriers Open Series	<a href="https://thepowerof10.info/results/results.aspx?meetingid=96589">https://thepowerof10.info/results/results.aspx?meetingid=96589</a>
	Christian Okeke	7.37	e i	05/01/2014	Sportcity	Sale Harriers Open Series	<a href="https://thepowerof10.info/results/results.aspx?meetingid=96589">https://thepowerof10.info/results/results.aspx?meetingid=96589</a>
	Rian Corbin	7.15	e i	13/01/2018	EIS Sheffield	NA U17/ U20/ Sen Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=217500">https://thepowerof10.info/results/results.aspx?meetingid=217500</a>
#	Victor Oyesola	7.14	e i	13/01/2018	Sheffield	NA U17 / U20 / Senior Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=217500">https://thepowerof10.info/results/results.aspx?meetingid=217500</a>
v35 60m	<b>Indoor</b>						
#	Andrew Parker	7.61	e i	21/01/2018	Sportcity	Sale Harriers Open Series	<a href="https://thepowerof10.info/results/results.aspx?meetingid=224236">https://thepowerof10.info/results/results.aspx?meetingid=224236</a>
v40 60m	<b>Indoor</b>						
#	Andrew Parker	7.70	e i	05/02/2020	EIS Sheffield	Run Jump Throw	<a href="https://thepowerof10.info/results/results.aspx?meetingid=332833">https://thepowerof10.info/results/results.aspx?meetingid=332833</a>
v45							

## Metres\_75\_100\_60m

u11 75m	Alex Kirk	12.0		28/05/2006	Stockport	Cheshire League	2006 WCAC Stats
	Jack Netherwood	11.5		03/09/2006	Stanney	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2006.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2006.aspx</a>
	James McMahan	11.5		06/04/2008	Colwyn Bay	CB Open	2008 WCAC Stats
	James McMahan	11.4		20/04/2008	Stockport	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2008.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2008.aspx</a>
	James McMahan	11.4	Race B	13/07/2008	Stanney	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2008.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2008.aspx</a>
	Matthew Pagan	11.2		10/08/2008	Bebington	Cheshire League	2008 WCAC Stats
	Matthew Pagan	11.0		07/09/2008	Stanney	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2008.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2008.aspx</a>
	Michael Ozoemelam	11.0		21/04/2013	Stanney	Cheshire League	<a href="https://thepowerof10.info/results/results.aspx?meetingid=80872">https://thepowerof10.info/results/results.aspx?meetingid=80872</a>
	Michael Ozoemelam	10.6		19/05/2013	Stretford	Cheshire League	<a href="https://thepowerof10.info/results/results.aspx?meetingid=80875">https://thepowerof10.info/results/results.aspx?meetingid=80875</a>
u11 100m	Anthony Devoy	18.2		13/09/1998	Stockport	County Multi-events	<a href="https://www.cheshireaa.com/results/PDFarchive/JME1998.pdf">https://www.cheshireaa.com/results/PDFarchive/JME1998.pdf</a>
	Lewis Bromilow	16.9		12/09/1999		County Multi-events	<a href="https://www.cheshireaa.com/results/PDFarchive/JME1999.pdf">https://www.cheshireaa.com/results/PDFarchive/JME1999.pdf</a>
	Benjamin Fowles	15.7		09/09/2001	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/results/PDFarchive/JME2001.pdf">https://www.cheshireaa.com/results/PDFarchive/JME2001.pdf</a>
	Aidan Stoakley	15.6		15/09/2002	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/results/ME/2002/U11CE2002.jpg">https://www.cheshireaa.com/results/ME/2002/U11CE2002.jpg</a>
	Aidan Stoakley	14.6		14/09/2003	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/results/ME/2003/JuniorMEU11results.pdf">https://www.cheshireaa.com/results/ME/2003/JuniorMEU11results.pdf</a>
	Aidan Stoakley	13.5		26/06/2005	Warrington	UKA YA N 1W	AW November 9, 2005 - vol.59 no.45

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Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info
		Measure					
u13	75m						
	Theo Shepherd	10.17	e	15/05/2021	Stretford	Trafford Open Meet	<a href="https://thepowerof10.info/results/results.aspx?meetingid=413051">https://thepowerof10.info/results/results.aspx?meetingid=413051</a>
#	Theo Shepherd	10.0	w+1.1	05/06/2021	Stanney	N Merseyside YDL lower	<a href="https://thepowerof10.info/results/results.aspx?meetingid=415638">https://thepowerof10.info/results/results.aspx?meetingid=415638</a>
u13	100m						
	Luke Bateson	15.0		19/07/1998	Wythenshawe	McDonalds YAL	<a href="#">newsletter Vol2No2</a>
	Keir Ferguson	14.1		25/06/2000	Macclesfield	Cheshire League	<a href="#">records end 2000</a>
	Gareth Preston	13.1		05/05/2003	Bolton	UKA YA League N 1W	<a href="#">AW May 21, 2003 vol.57 no.21</a>
	Gareth Preston	13.0		15/06/2003	Macclesfield	Cheshire League	<a href="#">AW June 18, 2003 - vol.57 no.25</a>
	Gareth Preston	12.8		29/06/2003	Macclesfield	UKA YA League N 1W	<a href="#">from CD end Aug'04(old website@gq.nu) - AW July 16, 2003 - vol.57 no.29</a>
#	Gareth Preston	12.3		14/09/2003	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/results/ME/2003/JuniorMEU13menresults.pdf">https://www.cheshireaa.com/results/ME/2003/JuniorMEU13menresults.pdf</a>
u15	100m						
	Ryan Morrison	12.2		11/04/1998	Eirias Park	Colwyn Bay Open	'Pioneer' 15/04/1998 Page 46 - <a href="#">AW April 15, 1998 - Vol.52 no.16</a>
	Ryan Morrison	12.2		26/04/1998	Bebington	YAL - N1W boys	<a href="#">AW April 29, 1998 - vol.52 no.18</a>
	Ryan Morrison	11.98	final e	10/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
	Craig France	11.8		26/08/2001	Bebington	Wirral Medal Meet (West Cheshire Champs)	<a href="#">Newsletter September 2001   from CD end Aug'04 (website.at.gq.nu)</a>
	Gareth Preston	11.8		18/07/2004	Bebington	YAL - N1W boys	<a href="#">from CD end Aug'04 (old website@gq.nu) - AW July 16, 2003 - vol.57 no.29</a>
	Gareth Preston	11.6	final	17/04/2005	Wavertree	Liverpool H Open	<a href="#">AW April 27, 2005 - vol.59 no.17</a>
	Gareth Preston	11.6	Rd 1 h4	08-09/07/2005	Birmingham	English Schools	<a href="http://www.esaa.net/oldindex.shtml">http://www.esaa.net/oldindex.shtml</a>
	Zac Barnsley	11.6		20/05/2012	Bebington	McCain YAL N Prem 3	<a href="https://thepowerof10.info/results/results.aspx?meetingid=63416">https://thepowerof10.info/results/results.aspx?meetingid=63416</a>
#	Zac Barnsley	11.5	h2	16/06/2012	Macclesfield	Cheshire Schools Champs	<a href="http://www.esaa.net/oldindex.shtml">http://www.esaa.net/oldindex.shtml</a>
	Zac Barnsley	11.5	final	16/06/2012	Macclesfield	Cheshire Schools Champs	<a href="http://www.esaa.net/oldindex.shtml">http://www.esaa.net/oldindex.shtml</a>
	Matthew Pagan	11.5	B	02/09/2012	Colwyn Bay	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2012.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2012.aspx</a>
	Zac Barnsley	11.5		08/09/2012	Colwyn Bay	Colwyn Bay Games	<a href="https://thepowerof10.info/results/results.aspx?meetingid=72500">https://thepowerof10.info/results/results.aspx?meetingid=72500</a>
	Lewis Parsons	11.5	A	17/07/2021	Bebington	N Merseyside YDL lower	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=415646">https://www.thepowerof10.info/results/results.aspx?meetingid=415646</a>
	Lewis Parsons	11.5	w+2.9	05/06/2021	Stanney	N Merseyside YDL lower	<a href="https://thepowerof10.info/results/results.aspx?meetingid=415638">https://thepowerof10.info/results/results.aspx?meetingid=415638</a>
u17	100m						
	C Blackburn	11.90	e	26/04/1998	Bebington	YAL - N1W boys	<a href="#">AW April 29, 1998 - vol.52 no.18</a>
	David Painter	11.4		04/07/1998	Lancaster	NML	<a href="#">newsletter Vol2No2</a>
	Tom Price	11.4		01/05/2004	Bebington	NML	<a href="#">from CD end Aug'04 (website.at.gq.nu)</a>
	Tom Price	11.4		18/07/2004	Bebington	YAL - N1W boys	<a href="#">AW July 28, 2004 - vol.58 no.31</a>
	Tom Price	11.3		17/04/2005	Wavertree	Liverpool H Open	<a href="#">AW April 27, 2005 - vol.59 no.17</a>

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		Tom Price		19/06/2005	Connah's Quay	NJ League Mersey	<a href="https://thepowerof10.info/results/results.aspx?meetingid=157117">AW &amp; https://thepowerof10.info/results/results.aspx?meetingid=157117</a>
		Tom Price		26/06/2005	Warrington	UKA YA N 1W	<a href="#">AW November 9, 2005 - vol.59 no.45</a>
#		Stephen Jones		05/09/2010	Stanney	Cheshire League	<a href="https://thepowerof10.info/results/results.aspx?meetingid=35888">https://thepowerof10.info/results/results.aspx?meetingid=35888</a>
		Zac Barnsley		13/04/2013	Wavertree	Tom O'Mahoney Memorial	<a href="https://thepowerof10.info/results/results.aspx?meetingid=82124">https://thepowerof10.info/results/results.aspx?meetingid=82124</a>
		Zac Barnsley		07/07/2013	Litherland	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=81197">https://thepowerof10.info/results/results.aspx?meetingid=81197</a>
u20	100m						
		David Painter		03/04/1999	Eirias Park	Colwyn Bay Open	<a href="#">AW April 7, 1999 - vol.53 no.14</a>
		David Painter	sf1 e	29/05/1999	Wigan	NoE u20 champs	<a href="http://www.wakefield-harriers.co.uk/reports/99/NoE-jun-pt1-99-res.htm">http://www.wakefield-harriers.co.uk/reports/99/NoE-jun-pt1-99-res.htm</a>
		David Painter		25/07/1999	Stafford	National Junior League	<a href="#">records end 2000</a>
		Stephen Butterfield		22/06/2003	Warrington	NJ League Mersey	<a href="#">AW June 25, 2003 - vol.57 no 26</a>
		Stephen Butterfield		20/06/2004	Ormskirk	NJ League Mersey	<a href="#">AW June 23, 2004 - vol.58 no.26</a>
		Tom Price		03/06/2006	Wigan	NL 2W m2	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2006/">https://www.northernathletics.co.uk/download/tf-league-results-2006/</a>
#		Aidan Stoakley		15/08/2010	Cudworth	NoE promotion match	<a href="https://thepowerof10.info/results/results.aspx?meetingid=40327">https://thepowerof10.info/results/results.aspx?meetingid=40327</a>
		Aidan Stoakley	w3.6	05/06/2010	Wavertree	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=37055">https://thepowerof10.info/results/results.aspx?meetingid=37055</a>
SM	100m						
		Mark Lloyd		11/04/1998	Eirias Park	Colwyn Bay Open	'Pioneer' 15/04/1998 Page 46 - <a href="#">AW April 15, 1998 - Vol.52 no.16</a>
		Mark Lloyd		01/05/1998	Bebington	Northern ML	<a href="#">newsletter Vol2No2 - AW May 6, 1998 – vol 52 no 19</a>
##		Mark Lloyd		03/07/1999	Lancaster	KO Cup	<a href="#">records end 2000</a>
v35	100m						
		Andrew Earl		09/08/2009	Stretford	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2009.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2009.aspx</a>
		Andrew Parker	w1.0 e	03/09/2016	Sandy	Eastern Masters Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=177354">https://thepowerof10.info/results/results.aspx?meetingid=177354</a>
#		Andrew Parker	w1.2 e	02/09/2017	Sheffield	NA Masters Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
v40	100m						
		Andrew Pace		11/05/2014	Bury	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2014.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2014.aspx</a>
		Andrew Pace		06/07/2014	Connah's Quay	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2014.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2014.aspx</a>
#		Andrew Pace		13/07/2014	Wavertree	NoE 2W	<a href="https://www.northernathletics.co.uk/download/2w-match-3-2014/">https://www.northernathletics.co.uk/download/2w-match-3-2014/</a>
v45	100m						
		John Pughe	e	08/04/2018	Wigan	Wigan H Spring Open	<a href="https://thepowerof10.info/results/results.aspx?meetingid=232240">https://thepowerof10.info/results/results.aspx?meetingid=232240</a>
#		John Pughe		06/05/2018	Stanney	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2018.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2018.aspx</a>
v50							

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v55

v60	60m	outdoor					
#	Jon Clarke	9.52		27/03/2018	Exeter	Exeter Evening Meeting	<a href="https://thepowerof10.info/results/results.aspx?meetingid=233114">https://thepowerof10.info/results/results.aspx?meetingid=233114</a>

	80m						
#	Jon Clarke	12.2		08/04/2018	Stourport	Kidderminster & Stourport	<a href="https://thepowerof10.info/results/results.aspx?meetingid=230618">https://thepowerof10.info/results/results.aspx?meetingid=230618</a>

	100m						
#	Jon Clarke	15.3		21/04/2018	Kettering	Kettering Harriers Open	<a href="https://thepowerof10.info/results/results.aspx?meetingid=232242">https://thepowerof10.info/results/results.aspx?meetingid=232242</a>

v65	60m	indoor					
#	Jon Clarke	11.32	w-1.2 e	23/04/2021	Stretford	St Helens & Sutton Open	<a href="https://thepowerof10.info/results/results.aspx?meetingid=413350">https://thepowerof10.info/results/results.aspx?meetingid=413350</a>

	100m						
#	Jon Clarke	18.79	w+0.2 e	10/04/2021	Stretford	St Helens & Sutton Open	<a href="https://thepowerof10.info/results/results.aspx?meetingid=413350">https://thepowerof10.info/results/results.aspx?meetingid=413350</a>

v70

## Metres\_150\_200m

hu11	150m						
	Oliver Ashworth	23.7		14/04/2007	Wavertree	Melbourne Trophy	<a href="#">2007 WCAC Statistics</a>
	Alexander Kirk	23.7		14/04/2007	Wavertree	Melbourne Trophy	<a href="#">2007 WCAC Statistics</a>
	Mason Flavell-Anderson	22.6		11/04/2010	Wavertree	EG Melbourne Medal	<a href="#">2010 WCAC Statistics</a>
	Alexander Rutherford	22.4		02/07/2017	Salford	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2017.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2017.aspx</a>
	Alexander Rutherford	22.3		03/09/2017	Stanney	Cheshire League	<a href="https://thepowerof10.info/results/results.aspx?meetingid=190563">https://thepowerof10.info/results/results.aspx?meetingid=190563</a>

u13	150m						
	Theo Shepherd	19.96	e	15/05/2021	Stretford	Trafford Open Meet	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
#	Theo Shepherd	19.87	e	31/05/2021	Stretford	Trafford Medal Meet	<a href="https://thepowerof10.info/results/results.aspx?meetingid=416178">https://thepowerof10.info/results/results.aspx?meetingid=416178</a>

u13	200m						
	Paul Bateson	31.2		19/07/1998	Wythenshawe	McDonalds YAL	<a href="#">newsletter Vol2No2</a>
	Keir Ferguson	30.6	h1	13/05/2000	Macclesfield	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF2000.pdf">https://www.cheshireaa.com/results/PDFarchive/TF2000.pdf</a>
	Keir Ferguson	30.6	final	13/05/2000	Macclesfield	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF2000.pdf">https://www.cheshireaa.com/results/PDFarchive/TF2000.pdf</a>

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Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info
		Measure					
	Keir Ferguson	28.8		02/07/2000	Deeside	McDonalds YAL	records end 2000
	Nick Rushton	27.5		06/06/2004	Bebington	Young Athletes League	from CD end Aug'04 (old website@gq.nu)
	Joseph O'Riordan	27.5	h2	12/05/2007	Macclesfield	Cheshire Championships	https://www.cheshireaa.com/results/TFC/2007/u13mtf2007.htm
	Joseph O'Riordan	27.5	Final	06/05/2007	Macclesfield	Cheshire Championships	https://www.cheshireaa.com/results/TFC/2007/u13mtf2007.htm
	Matthew Pagan	27.5		08/08/2010	Widnes	Cheshire League	https://thepowerof10.info/results/results.aspx?meetingid=35889
	Christy Mageean	27.0		20/05/2012	Bebington	McCain YAL N Premier 3	https://thepowerof10.info/results/results.aspx?meetingid=63416
	Christy Mageean	26.5		17/06/2012	Sportcity	McCain UK YAL N Prem 3	https://thepowerof10.info/results/results.aspx?meetingid=63417
	Christy Mageean	26.2		02/07/2012	Ellesmere Port	Cheshire v Merseyside Yr7	https://thepowerof10.info/results/results.aspx?meetingid=68770
#	Lewis Parsons	25.66		20/07/2019	Sheffield	YDL Plate Final (& relegation!)	https://thepowerof10.info/results/results.aspx?meetingid=285905
u13	200m	<b>Indoor</b>					
#	Aiden Hilton	28.24	e l h2	05/02/2023	Sheffield	NoE u13 / u15 Champs	https://thepowerof10.info/results/results.aspx?meetingid=506415
U15	150m	<b>indoor</b>					
#	Nathan Owen	18.49	e l	09/12/2023	Sheffield	NA Indoor Open	https://www.thepowerof10.info/results/results.aspx?meetingid=580423
u15	200m.						
	Robert Gardiner	26.5		11/04/1998	Eirias Park	Colwyn Bay Open	'Pioneer' 15/04/1998 Page 46 - <a href="#">AW April 15, 1998 - Vol.52 no.16</a>
	Ryan Morrison	25.4		26/04/1998	Bebington	YAL - N1W boys	<a href="#">AW April 29, 1998 - vol.52 no.18</a>
	Ryan Morrison	25.26	h1 e	09/05/1998	Crewe	Cheshire Championships	https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf
	Ryan Morrison	24.66	final e	09/05/1998	Crewe	Cheshire Championships	https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf
	Ryan Morrison	24.3		17/05/1998	Oldham	McDonalds YAL	<a href="#">newsletter Vol2 No2 - AW May 20, 1998 - vol.52 no.21</a>
	Ryan Morrison	24.1		13/06/1998	Crewe	Cheshire Schools Champs	http://www.esaa.net/oldindex.shtml
#	Carl Van Schie	23.1		01/06/2003	Pendle	Young Athletes League	from CD end Aug'04 (old website@gq.nu)
u15	200m	<b>Indoor</b>					
	Gareth Preston	24.8	e i	27/11/2004	Sheffield	NoE Open	https://www.northernathletics.co.uk/download/na-indoor-results-2004/
	Theo Shepherd	24.56	e l h3	05/02/2023	Sheffield	NoE u13 / u15 Champs	https://thepowerof10.info/results/results.aspx?meetingid=506415
	Theo Shepherd	24.30	e l s1	05/02/2023	Sheffield	NoE u13 / u15 Champs	https://thepowerof10.info/results/results.aspx?meetingid=506415
#	Theo Shepherd	24.09	e l f	05/02/2023	Sheffield	NoE u13 / u15 Champs	https://thepowerof10.info/results/results.aspx?meetingid=506415
u17	150m	<b>Indoor</b>					
	Stephen Jones	18.36	e i	22/11/2008	Sheffield	Northern Athletics Open	https://www.northernathletics.co.uk/download/na-indoor-results-2008/
	Stephen Jones	17.56	e i	21/11/2009	Sheffield	Northern Athletics Open	https://thepowerof10.info/results/results.aspx?meetingid=29783
	Zac Barnsley	17.46	e i	17/11/2012	EIS Sheffield	NA Indoor Open	https://thepowerof10.info/results/results.aspx?meetingid=71277
#	Zac Barnsley	17.44	e i	16/11/2013	Sheffield	Northern Athletics Open	https://thepowerof10.info/results/results.aspx?meetingid=92898



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Event	Record Holder	Time	race/electronic Measure	Date	Venue	Competition	Source of info
u17	200m						
		David Painter	24.2	04/07/1998	Lancaster	NML	<a href="#">newsletter Vol2No2</a>
		Craig France	23.8	11-12/05/2002	Warrington	Cheshire Championships	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
		Chris Rushton	23.6	23/05/2004	Bebington	National Junior League	<a href="#">from CD end Aug'04 (old website@gq.nu)</a>
		Tom Price	23.6	06/06/2004	Bebington	Young Athletes League	<a href="#">from CD end Aug'04 (old website@gq.nu)</a>
		Tom Price	23.06 e	14-15/05/2005	Macclesfield	Cheshire Championships	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
		Tom Price	23.0	05/06/2005	Blackburn	3W m2 Northern League	<a href="#">not on northern website</a>
		Tom Price	23.0	26/06/2005	Warrington	UKA YA N 1W	<a href="#">Athlete Profile (thepowerof10.info)   AW November 9, 2005 - vol.59 no.45</a>
		Carl Van Schie	23.0	06/05/2007	Stanney	2W m1 Northern League	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2007/">https://www.northernathletics.co.uk/download/tf-league-results-2007/</a>
#		Stephen Jones	22.7	16/05/2010	Bebington	McCain UK YAL N Prem W mB	<a href="https://thepowerof10.info/results/results.aspx?meetingid=36926">https://thepowerof10.info/results/results.aspx?meetingid=36926</a>
		Matthew Pagan	22.5 **	09/08/2014	Bebington	Northern League 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=103771">https://thepowerof10.info/results/results.aspx?meetingid=103771</a>
							<b>** The only legal sprints were the n/s events! Wind figures not copied from Track Judge recording slips!</b>
u17	200m	<b>Indoor</b>					
		Tom Price	23.60 ht3 e i	27/11/2004	Sheffield	NoE Open	<a href="https://www.northernathletics.co.uk/download/na-indoor-results-2004/">https://www.northernathletics.co.uk/download/na-indoor-results-2004/</a>
#		Matthew Pagan	23.08 e i	02/02/2014	Sportcity	Sale H Open	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
u20	200m						
		J Carson	26.6	28/04/1998	Stretford	Trafford Open	<a href="https://www.traffordac.co.uk/php/index.php?script=fixtures.php">https://www.traffordac.co.uk/php/index.php?script=fixtures.php</a>
		David Painter	23.4	25/07/1999	Stafford	National Junior League	<a href="#">records end 2000</a>
		Stephen Butterfield	22.8	22/06/2003	Warrington	NJ League Mersey	<a href="#">AW June 25, 2003 - vol.57 no26</a>
		Stephen Butterfield	22.8	25/07/2004	Macclesfield	NJ League Mersey	<a href="#">AW July 28, 2004 - vol.58 no.31</a>
		Tom Price	22.7	06/05/2006	Stanney	NoE 2W	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2006/">https://www.northernathletics.co.uk/download/tf-league-results-2006/</a>
		Aidan Stoakley	22.5	04/06/2011	Warrington	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=50645">https://thepowerof10.info/results/results.aspx?meetingid=50645</a>
#		Sam Pierre-Louis	22.3	01/06/2014	Stanney	YDL Upper Division NW 2	<a href="https://thepowerof10.info/results/results.aspx?meetingid=103237">https://thepowerof10.info/results/results.aspx?meetingid=103237</a>
u20	200m	<b>Indoor</b>					
#		Chris Goodwin**	24.89 SX13 e i	06/01/2013	Sportcity	Sale Harriers Open Series	<a href="https://thepowerof10.info/results/results.aspx?meetingid=73731">https://thepowerof10.info/results/results.aspx?meetingid=73731</a>
							<b>** AN Other on Po10</b>
SM	200m						
		Mark Lloyd	22.5	11/04/1998	Eirias Park	Colwyn Bay Open	'Pioneer' 15/04/1998 Page 46 - <a href="#">AW April 15, 1998 - Vol.52 no.16</a>
##		Mark Lloyd	21.6	01/05/1998	Bebington	NoE ML 2W	<a href="#">newsletter Vol2No2 - AW May 6, 1998 - vol 52 no 19</a>
		Mark Lloyd	21.6	05/06/1999	Stretford	NoE ML 2W	<a href="#">AW June 9, 1999 - vol.53 no.23</a>
		Mark Lloyd	21.6	10/07/1999	Ormskirk	NoE ML 2W	<a href="#">AW July 14, 1999- vol.53 no.28</a>
	200m	<b>Indoor</b>					
		Christian Okeke	24.80 e i	05/01/2014	Sportcity	Sale Harriers Open Series	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2

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Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info
		Measure					
	Christian Okeke	24.64	e i	02/02/2014	Sportcity	Sale Harriers Open Series	<a href="https://thepowerof10.info/results/results.aspx?meetingid=96590">https://thepowerof10.info/results/results.aspx?meetingid=96590</a>
#	Victor Oyesola	22.83	e i	14/01/2018	Sheffield	NA U17 / U20 / Senior Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=217500">https://thepowerof10.info/results/results.aspx?meetingid=217500</a>
v35	200m						
	Stuart Bailey	30.9		04/09/2011	Stanney	Cheshire League	<a href="https://thepowerof10.info/results/results.aspx?meetingid=51209">https://thepowerof10.info/results/results.aspx?meetingid=51209</a>
	Andrew Parker	25.03	w-2.2 e	03/09/2016	Sandy, Beds	Eastern Masters Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=177354">https://thepowerof10.info/results/results.aspx?meetingid=177354</a>
	Andrew Parker	24.42	w-2.6 e	13/05/2017	Warrington	Cheshire County Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=205581">https://thepowerof10.info/results/results.aspx?meetingid=205581</a>
	Andrew Parker	24.40	w+0.2 e	23/05/2017	Stretford	Trafford AC Grand Prix	<a href="https://thepowerof10.info/results/results.aspx?meetingid=188959">https://thepowerof10.info/results/results.aspx?meetingid=188959</a>
	Andrew Parker	24.04	w+0.3 e	09/07/2017	Brussels, BEL	Brussels Grand Prix	<a href="https://thepowerof10.info/results/results.aspx?meetingid=210841">https://thepowerof10.info/results/results.aspx?meetingid=210841</a>
#	Andrew Parker	23.93	w-0.5 e	29/07/2017	Hendon	London Inter Club Challenge	<a href="https://thepowerof10.info/results/results.aspx?meetingid=190488">https://thepowerof10.info/results/results.aspx?meetingid=190488</a>
v40	200m						
	Andrew Pace	26.0		19/05/2013	Stretford	Cheshire League	<a href="https://thepowerof10.info/results/results.aspx?meetingid=80875">https://thepowerof10.info/results/results.aspx?meetingid=80875</a>
	Andrew Pace	25.8		15/06/2014	Crewe	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2014.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2014.aspx</a>
	Andrew Parker	23.83	w+1.6 e	03/07/2018	Stretford	Trafford AC Grand Prix	<a href="https://thepowerof10.info/results/results.aspx?meetingid=232193">https://thepowerof10.info/results/results.aspx?meetingid=232193</a>
#	Andrew Parker	23.76	w-0.9 e	08/07/2018	Solihull	England Masters Inter Area	<a href="https://thepowerof10.info/results/results.aspx?meetingid=247160">https://thepowerof10.info/results/results.aspx?meetingid=247160</a>
	Andrew Parker	23.25	w+2.1	15/07/2018	Sheffield,	NoE Masters Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=224206">https://thepowerof10.info/results/results.aspx?meetingid=224206</a>
v40	200m - Indoor						
	Andrew Parker	24.30	e i	23/01/2019	Sheffield	Run Jump Throw Series	<a href="https://thepowerof10.info/results/results.aspx?meetingid=267442">https://thepowerof10.info/results/results.aspx?meetingid=267442</a>
#	Andrew Parker	24.16	e i	09/02/2019	Sheffield	Open & Masters Grand Prix	<a href="https://thepowerof10.info/results/results.aspx?meetingid=267445">https://thepowerof10.info/results/results.aspx?meetingid=267445</a>
v45	200m						
	Russell Kirk	26.9		18/06/2006	Macclesfield	Rd2 - Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2006.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2006.aspx</a>
	Andrew Parker	24.63	f w+1 e	14/05/2023	Stanney	Cheshire Championships	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=524013">https://www.thepowerof10.info/results/results.aspx?meetingid=524013</a>
#	Andrew Parker	24.40	h2 w 0.0 e	02/09/2023	Derby	BMAF T & F Champs	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=553216">https://www.thepowerof10.info/results/results.aspx?meetingid=553216</a>
v50							
v55							
v60	200m						
#	Jon Clarke	34.9	.	21/04/2018	Kettering	Kettering Town H Open	<a href="https://thepowerof10.info/results/results.aspx?meetingid=232242">https://thepowerof10.info/results/results.aspx?meetingid=232242</a>



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Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info
		Measure					
<b>Metres_300_400m</b>							
u15	300m						
	Matthew Pagan	37.9		06/05/2012	Blackburn	McCain YAL N Premier 3	<a href="https://thepowerof10.info/results/results.aspx?meetingid=63415">https://thepowerof10.info/results/results.aspx?meetingid=63415</a>
	Matthew Pagan	37.4		20/05/2012	Bebington	McCain YAL N Premier 3	<a href="https://thepowerof10.info/results/results.aspx?meetingid=63416">https://thepowerof10.info/results/results.aspx?meetingid=63416</a>
	Matthew Pagan	37.3		17/06/2012	Sportcity	McCain YAL N Premier 3	<a href="https://thepowerof10.info/results/results.aspx?meetingid=63417">https://thepowerof10.info/results/results.aspx?meetingid=63417</a>
	Matthew Pagan	36.79	ht3 e	19/08/2012	Bedford	EA U15/U17 Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
##	Matthew Pagan	35.74	f e	19/08/2012	Bedford	EA U15/U17 Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> page 2
u15	300m - Indoor						
#	Aidan Stoakley	37.25	e i	13/12/2008	Sheffield	Northern Athletics Open	<a href="https://thepowerof10.info/results/results.aspx?meetingid=20330">https://thepowerof10.info/results/results.aspx?meetingid=20330</a>
u15	400m						
	Robert Gardiner	58.20	final e	10/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
	Robert Gardiner	57.8		17/05/1998	Oldham	McDonalds YAL	<a href="http://www.esaa.net/oldindex.shtml">newsletter Vol2 No2 - AW May 20, 1998 - vol.52 no.21</a>
	Robert Gardiner	56.9		13/06/1998	Crewe	Cheshire Schools Champs	<a href="http://www.esaa.net/oldindex.shtml">http://www.esaa.net/oldindex.shtml</a>
	Robert Gardiner	56.76	final	12/06/1999	Macclesfield	Cheshire Schools Champs	<a href="http://www.esaa.net/oldindex.shtml">http://www.esaa.net/oldindex.shtml</a>
	Aamir Walwyn	55.80		20/05/2006	Stanney	Young Athletes League	<a href="http://www.esaa.net/oldindex.shtml">2006 WCAC Stats</a>
	Matthew Pagan	53.1		12/05/2012	Warrington	Cheshire Championships	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
	Matthew Pagan	51.9		23/06/2012	Stoke	Mason Trophy	<a href="https://thepowerof10.info/results/results.aspx?meetingid=68240">https://thepowerof10.info/results/results.aspx?meetingid=68240</a>
	Matthew Pagan	50.98	ht2 e	06/07/2012	Gateshead	ESAA T&F Championships	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
#	Matthew Pagan	50.61	e	07/07/2012	Gateshead	ESAA T&F Championships	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
u15	400m - Indoor						
#	Zac Barnsley	55.87	e i	16/12/2012	Sportcity	Sale Open Series	<a href="https://thepowerof10.info/results/results.aspx?meetingid=73730">https://thepowerof10.info/results/results.aspx?meetingid=73730</a>
u17	300m - Indoor						
	Aidan Stoakley	37.25	e i	13/12/2008	EIS Sheffield	NoE Indoor Open	<a href="https://thepowerof10.info/results/results.aspx?meetingid=20330">https://thepowerof10.info/results/results.aspx?meetingid=20330</a>
	Matthew Pagan	36.60	e i	17/03/2013	Sportcity	Sale Open Series	<a href="https://thepowerof10.info/results/results.aspx?meetingid=73734">https://thepowerof10.info/results/results.aspx?meetingid=73734</a>
#	Matthew Pagan	35.13	e i	23/03/2014	Sportcity	Sale H Open	<a href="https://thepowerof10.info/results/results.aspx?meetingid=96592">https://thepowerof10.info/results/results.aspx?meetingid=96592</a>
u17	400m						
	Andrew Cooper	58.6		26/04/1998	Bebington	McDonalds YAL	<a href="http://www.cheshireaa.com/Results/index.aspx">newsletter Vol2No2</a>
	Nicholas Clay	57.5		11-12/05/2002	Warrington	Cheshire Championships	Cheshire <a href="http://www.cheshireaa.com/Results/index.aspx">http://www.cheshireaa.com/Results/index.aspx</a>
	Nicholas Clay	56.7		15/07/2002		Cheshire Schools Champs	<a href="http://www.esaa.net/2002/chesh02.html">http://www.esaa.net/2002/chesh02.html</a>
	Mathew Hancock	54.6		16/07/2000	Trafford	National Junior League	<a href="http://www.esaa.net/2002/chesh02.html">records end 2000</a>
	Aamir Walwyn	54.3		14/04/2007	Wavertree	Melbourne Trophy	<a href="https://thepowerof10.info/results/results.aspx?meetingid=5849">https://thepowerof10.info/results/results.aspx?meetingid=5849</a>
	Jelle Verwer	53.5		02/06/2007	Stockport	Northern League	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2007/">https://www.northernathletics.co.uk/download/tf-league-results-2007/</a>

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Event	Record Holder	Time Measure	race/electronic	Date	Venue	Competition	Source of info
	Aamir Walwyn	53.5		20/04/2008	Wavertree	Melbourne Trophy	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
	Aamir Walwyn	53.1		18/05/2008	Litherland	YAL N Premier	<a href="https://thepowerof10.info/results/results.aspx?meetingid=13195">https://thepowerof10.info/results/results.aspx?meetingid=13195</a>
	Aamir Walwyn	52.09		24/05/2008	Wigan	Northern u17/ u15 Champs	<a href="https://www.northernathletics.co.uk/download/na-tf-results-2008/">https://www.northernathletics.co.uk/download/na-tf-results-2008/</a>
	Aamir Walwyn	52.0		14/06/2008	Macclesfield	Cheshire Schools Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=16255">https://thepowerof10.info/results/results.aspx?meetingid=16255</a>
	Matthew Pagan	50.9		28/04/2013	Stanney	YDL Upper	<a href="https://thepowerof10.info/results/results.aspx?meetingid=81641">https://thepowerof10.info/results/results.aspx?meetingid=81641</a>
	Matthew Pagan	50.4		05/05/2013	Douglas	Northern League	<a href="https://thepowerof10.info/results/results.aspx?meetingid=81195">https://thepowerof10.info/results/results.aspx?meetingid=81195</a>
	Matthew Pagan	50.4		09/06/2013	Stretford	Northern League	<a href="https://thepowerof10.info/results/results.aspx?meetingid=81196">https://thepowerof10.info/results/results.aspx?meetingid=81196</a>
	Matthew Pagan	49.8		15/06/2013	Birmingham	Mason Trophy	<a href="https://thepowerof10.info/results/results.aspx?meetingid=84019">https://thepowerof10.info/results/results.aspx?meetingid=84019</a>
	Matthew Pagan	49.5		03/08/2013	Sportcity	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=81198">https://thepowerof10.info/results/results.aspx?meetingid=81198</a>
	Matthew Pagan	49.26	e	14/09/2013	Don Valley	School Games	<a href="https://thepowerof10.info/results/results.aspx?meetingid=81894">https://thepowerof10.info/results/results.aspx?meetingid=81894</a>
#	Matthew Pagan	48.85	e	12/07/2014	Birmingham	ESAA T&F Championships	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
u17	400m - Indoor						
	Aidan Stoakley	55.44	ht3 e i	27/01/2008	EIS Sheffield	NoE u17 & u15 champs	<a href="https://www.northernathletics.co.uk/download/na-indoor-results-2008/">https://www.northernathletics.co.uk/download/na-indoor-results-2008/</a>
	Tom Booth	55.43	e i	21/12/2008	Sportcity	Reebok Manchester open	<a href="https://thepowerof10.info/results/results.aspx?meetingid=20409">https://thepowerof10.info/results/results.aspx?meetingid=20409</a>
	Matthew Pagan	53.74	ht3 e i	12/01/2013	EIS Sheffield	NA Indoor Championships	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
#	Matthew Pagan	50.44	e i	15/12/2013	Sportcity	Sale Harriers Open Series	<a href="https://thepowerof10.info/results/results.aspx?meetingid=96588">https://thepowerof10.info/results/results.aspx?meetingid=96588</a>
u20	300m - Indoor						
#	Matthew Pagan	35.61	e i	21/12/2014	Sportcity	Sale Harriers Open Series	<a href="https://thepowerof10.info/results/results.aspx?meetingid=120071">https://thepowerof10.info/results/results.aspx?meetingid=120071</a>
u20	400m						
	Lee Baty	53.5		13/05/2000	Macclesfield	Cheshire Championships	<a href="http://www.cheshireaa.com/results/PDFarchive/TF2000.pdf">http://www.cheshireaa.com/results/PDFarchive/TF2000.pdf</a>
	Lee Baty	53.0		18/06/2000	Bebington	National Junior League	records end 2000
	Carl Van Schie	52.63	e	10/06/2006	Stoke	NoEAA CE	<a href="https://www.northernathletics.co.uk/download/na-tf-results-2006/">https://www.northernathletics.co.uk/download/na-tf-results-2006/</a>
	Carl Van Schie	52.4		24/06/2006	Carlisle	NW Schools CE	Athlete Profile (thepowerof10.info)
	Carl Van Schie	52.06	e	12-13/08/2006	Bedford	SoE CE Championships	2006 WCAC Statistics
	Carl Van Schie	51.68	e	16/09/2006	Derby	English Schools CE	<a href="http://www.esaa.net/oldindex.shtml">http://www.esaa.net/oldindex.shtml</a>
	Carl Van Schie	51.03	e	09/06/2007	Northwood	England SM and u20 CE	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
	Carl Van Schie	50.29	e	23/08/2008	Manchester	NW CE Open	<a href="https://thepowerof10.info/results/results.aspx?meetingid=14815">https://thepowerof10.info/results/results.aspx?meetingid=14815</a>
	Robbie Dagnall	50.1		01/05/2010	Stanney	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=37056">https://thepowerof10.info/results/results.aspx?meetingid=37056</a>
	Matthew Pagan	49.5		03/05/2015	Wavertree	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=129672">https://thepowerof10.info/results/results.aspx?meetingid=129672</a>
	Matthew Pagan	49.35	e	26/05/2015	Stretford	Trafford GP	<a href="https://thepowerof10.info/results/results.aspx?meetingid=130461">https://thepowerof10.info/results/results.aspx?meetingid=130461</a>
	Matthew Pagan	48.30	s2 e	20/06/2015	Bedford	EA u20/ u23 Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
##	Matthew Pagan	47.93	e	11/07/2015	Gateshead	ESAA T&F Championships	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3

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Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info
		Measure					
u20	<b>400m - Indoor</b>						
	Tom Walley	53.70	e i	19-20/01/2008	EIS Sheffield	NoE SM & u20 Champs	<a href="https://www.northernathletics.co.uk/download/na-indoor-results-2008/">https://www.northernathletics.co.uk/download/na-indoor-results-2008/</a>
	Robbie Dagnall	53.38	e i	15/01/2011	EIS Sheffield	NoE u20/ Senior Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
	# Fergus Garland	52.15	ht1 e l	14/01/2023	EIS Sheffield	NoE u20/ Senior Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=506414&amp;pagenum=3">https://thepowerof10.info/results/results.aspx?meetingid=506414&amp;pagenum=3</a>
SM	300m						
	# Liam Davoren	40.1		14/04/2019	Bebington	Wirral AC Open	<a href="https://thepowerof10.info/results/results.aspx?meetingid=282102">https://thepowerof10.info/results/results.aspx?meetingid=282102</a>
	<b>300m - Indoor</b>						
	Alan Littler	40.85	e i	17/03/2013	Sportcity	Sale Open Series	<a href="https://thepowerof10.info/results/results.aspx?meetingid=73734">https://thepowerof10.info/results/results.aspx?meetingid=73734</a>
	Alan Littler	40.30	e i	23/03/2014	Sportcity	Sale Harriers Open Series	<a href="https://thepowerof10.info/results/results.aspx?meetingid=96592">https://thepowerof10.info/results/results.aspx?meetingid=96592</a>
	# Liam Davoren	39.99	e i	02/12/2018	Sportcity	Sale Harriers Open Series	<a href="https://thepowerof10.info/results/results.aspx?meetingid=260808">https://thepowerof10.info/results/results.aspx?meetingid=260808</a>
SM	400m						
	Matthew Thompson	52.2		06/06/1998	Wavertree	Northern ML	newsletter Vol2No2
	Mark Lloyd	51.2		03/05/2003	Bebington	Northern ML	from CD end Aug'04 (old website@gq.nu – gave date as 9 <sup>th</sup> !!)
	Carl Van Schie	50.80	e	16/05/2009	Woodford	Woodford CE	<a href="https://thepowerof10.info/results/results.aspx?meetingid=30334">https://thepowerof10.info/results/results.aspx?meetingid=30334</a>
	# Carl Van Schie	50.29	e	23/08/2008	SportCity	NW CE Open	<a href="https://thepowerof10.info/results/results.aspx?meetingid=14815">https://thepowerof10.info/results/results.aspx?meetingid=14815</a>
SM	<b>400m - Indoor</b>						
	Tom Booth	56.73	e i	25/02/2012	EIS Sheffield	BUCS Championships	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
	Robbie Dagnall	52.21	e i	29/01/2014	EIS Sheffield	Steel Cup	<a href="https://thepowerof10.info/results/results.aspx?meetingid=100838">https://thepowerof10.info/results/results.aspx?meetingid=100838</a>
	# Joseph Morrison	50.68	e i	27/11/2019	Manchester	Universities Cup Match	<a href="https://thepowerof10.info/results/results.aspx?meetingid=330477">https://thepowerof10.info/results/results.aspx?meetingid=330477</a>
v35	400m						
	Andrew Parker	54.0		06/05/2017	York	NoE League Division 1	<a href="https://thepowerof10.info/results/results.aspx?meetingid=189087">https://thepowerof10.info/results/results.aspx?meetingid=189087</a>
	Andrew Parker	53.96	e	13/05/2017	Warrington	Cheshire County Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=205581">https://thepowerof10.info/results/results.aspx?meetingid=205581</a>
	Andrew Parker	53.95	e	09/07/2017	Brussels, BEL	Brussels Grand Prix	<a href="https://thepowerof10.info/results/results.aspx?meetingid=210841">https://thepowerof10.info/results/results.aspx?meetingid=210841</a>
	Andrew Parker	53.23	e	29/07/2017	Hendon	Inter Club Challenge	<a href="https://thepowerof10.info/results/results.aspx?meetingid=190488">https://thepowerof10.info/results/results.aspx?meetingid=190488</a>
	Andrew Parker	52.94	e	05/08/2017	Preston	NoE League Division 1	<a href="https://thepowerof10.info/results/results.aspx?meetingid=189090">https://thepowerof10.info/results/results.aspx?meetingid=189090</a>
	# Andrew Parker	52.73	e	02/09/2017	Sheffield	NoE Master's Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
	<b>400m - Indoor</b>						
	# Andrew Parker	52.80	e i	10/03/2018	Lee Valley	British Master's Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
v40	400m						
	Andrew Parker	54.89	e	20/08/2019	Stretford	Trafford AC GP	<a href="https://thepowerof10.info/results/results.aspx?meetingid=276173">https://thepowerof10.info/results/results.aspx?meetingid=276173</a>

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Event	Record Holder	Time Measure	race/electronic	Date	Venue	Competition	Source of info
	Andrew Parker	52.17	e	20/06/2018	Sheffield,	Woodbourn Run Jump Throw	<a href="https://thepowerof10.info/results/results.aspx?meetingid=240144">https://thepowerof10.info/results/results.aspx?meetingid=240144</a>
#	Andrew Parker	51.80	e	08/07/2018	Solihull	Master's Inter Area Challenge	<a href="https://thepowerof10.info/results/results.aspx?meetingid=247160">https://thepowerof10.info/results/results.aspx?meetingid=247160</a>
400m - Indoor							
	Andrew Parker	53.40	e i	09/02/2019	Sheffield	Open & Master's GP	<a href="https://thepowerof10.info/results/results.aspx?meetingid=267445">https://thepowerof10.info/results/results.aspx?meetingid=267445</a>
	Andrew Parker	53.01	e i	17/02/2019	Birmingham	City of Birmingham Games	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
#	Andrew Parker	52.56	h2 e i	24/03/2019	Torun, POL	World Masters Champs	<a href="https://wmaci2019.domtel-sport.pl/">https://wmaci2019.domtel-sport.pl/</a>
v45	400m						
#	Andrew Parker	55.60	e	19/08/2023	Stretford	Northern L West Prem	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=516645">https://www.thepowerof10.info/results/results.aspx?meetingid=516645</a>
v50	400m						
#	Russell Kirk	61.4		03/06/2012	Leigh	Northern Veterans Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=61633">https://thepowerof10.info/results/results.aspx?meetingid=61633</a>
v55							
v60	300m						
#	Jon Clarke	65.78		27/03/2018	Exeter	Evening Open Meeting	<a href="https://thepowerof10.info/results/results.aspx?meetingid=233114">https://thepowerof10.info/results/results.aspx?meetingid=233114</a>
v60	400m						
#	Jon Clarke	2:01.6		14/07/2018	Sheffield	British Masters NoE Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=224206">https://thepowerof10.info/results/results.aspx?meetingid=224206</a>
v65							

## Metres\_600\_800m

u11	600m					
	A Appleby	2:07.6		02/07/1998	Chester	WCAC YA <a href="#">newsletter Vol2 No2 - AW July 15, 1998 - vol.52 no.29</a>
	Alex Kirk	2:03.4		14/04/2007	Wavertree	<a href="#">WCAC 2007 Stats</a>
	Alex Kirk	2:03.2		22/04/2007	Stockport	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2007.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2007.aspx</a>
	Elijah Montez-Brown	2:02.6		19/04/2009	Deeside	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2009.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2009.aspx</a>
	Elijah Montez-Brown	2:02.0		28/06/2009	Sportcity	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
	Elijah Montez-Brown	2:01.8		09/08/2009	Stretford	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2009.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2009.aspx</a>
	Elijah Montez-Brown	2:00.7		06/09/2009	Stanney	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2009.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2009.aspx</a>
	Joseph Morrison	1:57.6		18/04/2010	Bebington	<a href="#">WCAC 2010 Stats</a>
	Joseph Morrison	1:57.4		03/05/2010	Stretford	<a href="https://thepowerof10.info/results/results.aspx?meetingid=36349">https://thepowerof10.info/results/results.aspx?meetingid=36349</a>
	Joseph Morrison	1:55.8		08/08/2010	Widnes	<a href="https://thepowerof10.info/results/results.aspx?meetingid=35889">https://thepowerof10.info/results/results.aspx?meetingid=35889</a>

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Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info
		Measure					
	Paul Morrison	1:55.26	e	04/06/2012	Stretford	Trafford YA Medal Meet	<a href="https://thepowerof10.info/results/results.aspx?meetingid=63150">https://thepowerof10.info/results/results.aspx?meetingid=63150</a>
	Sonny Dean	1:49.6		08/07/2012	Stretford	Cheshire League	<a href="https://thepowerof10.info/results/results.aspx?meetingid=65725">https://thepowerof10.info/results/results.aspx?meetingid=65725</a>
u11	800m						
	Anthony Devoy	3:50.0		13/09/1998	Stockport	County Multi-events	<a href="https://www.cheshireaa.com/results/PDFarchive/JME1998.pdf">https://www.cheshireaa.com/results/PDFarchive/JME1998.pdf</a>
	Lewis Bromilow	3:19.0		12/09/1999		County Multi-events	<a href="https://www.cheshireaa.com/results/PDFarchive/JME1999.pdf">https://www.cheshireaa.com/results/PDFarchive/JME1999.pdf</a>
	Benjamin Fowles	3:05.3		09/09/2001	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/results/PDFarchive/JME2001.pdf">https://www.cheshireaa.com/results/PDFarchive/JME2001.pdf</a>
	Aidan Stoakley	2:55.0		15/09/2002	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/results/ME/2002/U11CE2002.jpg">https://www.cheshireaa.com/results/ME/2002/U11CE2002.jpg</a>
	Aidan Stoakley	2:48.1		14/09/2003	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/results/ME/2003/JuniorMEU11results.pdf">https://www.cheshireaa.com/results/ME/2003/JuniorMEU11results.pdf</a>
	Joseph Morrison	2:40.9		12/09/2010	Macclesfield	Cheshire Multi-events	WCAC 2010 Stats
u13	600m						
#	Elijah Montez-Brown	1:56.5		11/04/2010	Wavertree	Ernie Gallagher Medal	WCAC 2010 Stats
u13	800m						
	C Osbourne	2:48.3		11/04/1998	Eirias Park	Colwyn Bay Open	'Pioneer' 15/04/1998 Page 46 - <a href="#">AW April 15, 1998 - Vol.52 no.16</a>
	Paul Bateson	2:44.70	e	09/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
	Paul Bateson	2:44.1		19/07/1998	Wythenshawe	McDonalds YAL	<a href="#">newsletter Vol2No2</a>
	Craig France	2:42.6		16/05/1999	Bolton	McDonalds YAL	<a href="#">records end 2000</a>
	Thomas Justice	2:40.9	final	12/05/2001	Warrington	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF2001.pdf">https://www.cheshireaa.com/results/PDFarchive/TF2001.pdf</a>
	Lawrence Walker	2:38.9		09/09/2001	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/results/PDFarchive/JME2001.pdf">https://www.cheshireaa.com/results/PDFarchive/JME2001.pdf</a>
	Lawrence Walker	2:31.4		11-12/05/2002	Warrington	Cheshire Championships	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Lawrence Walker	2:26.2		07/09/2002	Eirias Park	Colwyn Bay Games	<a href="#">AW September 18, 2002 - vol.56 no.38</a>
	Lawrence Walker	2:22.6		15/09/2002	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/results/ME/2002/U11CE2002.jpg">https://www.cheshireaa.com/results/ME/2002/U11CE2002.jpg</a>
	Christy Mageean	2:19.3		20/05/2012	Bebington	McCain YAL N Premier 3	<a href="https://thepowerof10.info/results/results.aspx?meetingid=63416">https://thepowerof10.info/results/results.aspx?meetingid=63416</a>
#	Christy Mageean	2:18.6		17/06/2012	Sportcity	McCain UK YAL N Premier 3	<a href="https://thepowerof10.info/results/results.aspx?meetingid=63417">https://thepowerof10.info/results/results.aspx?meetingid=63417</a>
u15	600m						
	Daniel Walker	1:44.42	e i	19/12/2021	Sportcity	Sale Manchester Indoor	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
#	Ryan Claessen	1:42.02	e i	28/01/2024	Sportcity	Sale Manchester Indoor	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=564637&amp;pagenum=2">https://www.thepowerof10.info/results/results.aspx?meetingid=564637&amp;pagenum=2</a>
u15	800m						
	Martin Shakespeare	2:16.88	e	09/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
	David Yates	2:13.0		01/08/2004	Deeside	Young Athletes League	<a href="#">from CD end Aug'04 (old website@gq.nu)</a>
#	Chris Goodwin **	2:05.9		14/06/2008	Macclesfield	Cheshire Schools Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=16255">https://thepowerof10.info/results/results.aspx?meetingid=16255</a>
		** AN Other on Po10					-   - 2008 WCAC Statistics

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Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info
		Measure					
u17	600m	<b>Indoor</b>					
#	Alex Haswell	1:27.26	e i	13/01/2008	Sportcity	Reebok Manchester Open	<a href="https://thepowerof10.info/results/results.aspx?meetingid=10512">https://thepowerof10.info/results/results.aspx?meetingid=10512</a>
u17	800m	David Moorcroft	2:08.6		13/06/1998	Crewe	<a href="http://www.esaa.net/oldindex.shtml">http://www.esaa.net/oldindex.shtml</a>
		David Moorcroft	2:06.74	e	09/05/1999	Warrington	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1999.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1999.pdf</a>
		Alex Haswell	2:05.6		05/05/2007	Stanney	Po10   <a href="https://www.northernathletics.co.uk/track-field-league">https://www.northernathletics.co.uk/track-field-league</a>
		Jelle Verwer	2:02.5		07/05/2007	Derby	UK YAL NP <a href="#">AW May 10, 2007 - vol.62 (61)</a>
		Jelle Verwer	2:00.8		20/05/2007	Rotherham	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
		Jelle Verwer	1:59.5		27/05/2007	Wigan	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
#	Jelle Verwer	1:55.7		02/06/2007	Stockport	2W m2 Northern League	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2007/">https://www.northernathletics.co.uk/download/tf-league-results-2007/</a>
u17	800m	<b>Indoor</b>					
		Michael Lyness	2:23.98	e i	17/03/2007	Sportcity	NoE CE u17 & u15 champs <a href="https://thepowerof10.info/results/results.aspx?meetingid=4419">https://thepowerof10.info/results/results.aspx?meetingid=4419</a>
#	Alex Haswell	2:05.82	e i	27/01/2008	EIS Sheffield	NoE u17 & u15 champs	<a href="https://www.northernathletics.co.uk/download/na-indoor-results-2008/">https://www.northernathletics.co.uk/download/na-indoor-results-2008/</a>
u20	600m	<b>Indoor</b>					
		Tom Booth	1:30.10	e i	11/12/2010	EIS Sheffield	NoE Open <a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
		Joseph Morrison	1:29.92	e i	27/11/2016	Sportcity	Sale Harriers Open Series <a href="https://thepowerof10.info/results/results.aspx?meetingid=185698">https://thepowerof10.info/results/results.aspx?meetingid=185698</a>
		Joseph Morrison	1:28.88	e i	08/01/2017	Sportcity	Sale Harriers Open Series <a href="https://thepowerof10.info/results/results.aspx?meetingid=185700">https://thepowerof10.info/results/results.aspx?meetingid=185700</a>
		Richard Farley	1:27.30	e i	05/03/2017	Sportcity	Sale Harriers Open Series <a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
		Joseph Morrison	1:27.08	e i	19/03/2017	Sportcity	Sale Indoor Open Meeting <a href="https://thepowerof10.info/results/results.aspx?meetingid=185703">https://thepowerof10.info/results/results.aspx?meetingid=185703</a>
		Joseph Morrison	1:24.01	e i	17/12/2017	Sportcity	Sale Indoor Open Meeting <a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
		Joseph Morrison	1:23.96	e i	21/01/2018	Sportcity	Sale Harriers Open Series <a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
#	Joseph Morrison	1:22.03	e i	04/02/2018	Sportcity	Sale Harriers Open Series <a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2	
u20	800m						
		Peter Benyon	2:09.6		28/04/1998	Stretford	Trafford Open <a href="https://www.traffordac.co.uk/php/index.php?script=fixtures.php">https://www.traffordac.co.uk/php/index.php?script=fixtures.php</a>
		Lee Baty	2:11.4		30/07/2000	Deeside	Cheshire League <b>records end 2000</b>
		Alec Beaney	2:06.1		03/05/2008	Stanney	NoE 2W <a href="https://www.northernathletics.co.uk/download/tf-league-results-2008/">https://www.northernathletics.co.uk/download/tf-league-results-2008/</a>
		Alec Beaney	2:04.2		11/05/2008	Stanney	Cheshire Championships Po10 & <a href="http://www.cheshireaa.com/Results/index.aspx">http://www.cheshireaa.com/Results/index.aspx</a>
#	Chris Goodwin **	1:55.10	e	12/06/2012	Stretford	BMC Gold Standard Races	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
		** A N Other on Po10					
u20	800m	<b>Indoor</b>					
#	Chris Goodwin**	2:05.51	e i	13/01/2013	EIS Sheffield	Northern Athletics Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
		** AN Other on Po10					



## Club Outdoor best The operative date for determining membership of age groups for all athletes under the age of 17 shall be for Track and Field and Race Walking, the 31<sup>st</sup> August at the end of the Competition Year, [1st October each year to the following 30th September.]

Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info
		Measure					
SM 600m -	<b>Indoor</b>						
	Tom Booth	1:32.20	e i	08/01/2001	Sportcity	Manchester Open	<a href="https://thepowerof10.info/results/results.aspx?meetingid=57720">https://thepowerof10.info/results/results.aspx?meetingid=57720</a>
	Tom Booth	1:30.86	e i	15/12/2013	Sportcity	Manchester Open	<a href="https://thepowerof10.info/results/results.aspx?meetingid=96588">https://thepowerof10.info/results/results.aspx?meetingid=96588</a>
	Richard Farley	1:26.83	e i	31/01/2016	Sportcity	Sale Harriers Open Series	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
	Joseph Morrison	1:23.59	e i	06/01/2019	Sportcity	Sale Harriers Open Series	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
	Joseph Morrison	1:22.88	e i	01/12/2019	Sportcity	Sale Harriers Open Series	<a href="https://thepowerof10.info/results/results.aspx?meetingid=316382">https://thepowerof10.info/results/results.aspx?meetingid=316382</a>
	<b>#</b> Joseph Morrison	1:20.29	e i	15/12/2019	Sportcity	Sale Harriers Open Series	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
SM 800m							
	Mark J Davies	2:18.46	e	10/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
	Ian Wetherall	1:56.49	F e	03/06/1998	Wythenshawe	BMC Grand Prix	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
	Ian Wetherall	1:55.30	C	22/06/1999	Stretford	BMC Gold Standard Races	<a href="https://thepowerof10.info/results/results.aspx?meetingid=17065">https://thepowerof10.info/results/results.aspx?meetingid=17065</a>
	Joseph Morrison	1:54.61	e	30/04/2019	Stretford	Trafford AC GP Open	<a href="https://thepowerof10.info/results/results.aspx?meetingid=276162">https://thepowerof10.info/results/results.aspx?meetingid=276162</a>
	Joseph Morrison	1:53.9		19/05/2019	Blackburn	NoE League 1	<a href="https://thepowerof10.info/results/results.aspx?meetingid=276254">https://thepowerof10.info/results/results.aspx?meetingid=276254</a>
	Joseph Morrison	1:53.47	e	18/06/2019	Stretford	BMC Gold Standard Races	<a href="https://thepowerof10.info/results/results.aspx?meetingid=287554">https://thepowerof10.info/results/results.aspx?meetingid=287554</a>
	Joseph Morrison	1:52.33	e	22/06/2019	Bedford	EA U20 / U23 Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
	Joseph Morrison	1:52.23	e	20/08/2019	Stretford	BMC Gold Standard Races	<a href="https://thepowerof10.info/results/results.aspx?meetingid=287556">https://thepowerof10.info/results/results.aspx?meetingid=287556</a>
	Joseph Morrison	1:51.10	e	11/08/2020	Stretford	BMC Gold Standard Races	<a href="https://thepowerof10.info/results/results.aspx?meetingid=407381">https://thepowerof10.info/results/results.aspx?meetingid=407381</a>
	Joseph Morrison	1:50.38	e	29/05/2021	Sportcity	BMC Grand Prix	<a href="https://thepowerof10.info/results/results.aspx?meetingid=412736">https://thepowerof10.info/results/results.aspx?meetingid=412736</a>
	Joseph Morrison	1:49.21	e	24/07/2021	Loughborough	BMC Grand Prix	<a href="https://thepowerof10.info/results/results.aspx?meetingid=412738">https://thepowerof10.info/results/results.aspx?meetingid=412738</a>
	<b>##</b> Joseph Morrison	1:48.72	e	22/06/2024	Loughborough	BMC Grand Prix	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=608300">https://www.thepowerof10.info/results/results.aspx?meetingid=608300</a>
SM 800m	<b>Indoor</b>						
	Tom Booth	2:14.68	e i	29/01/2014	EIS Sheffield	Steel Cup	<a href="https://thepowerof10.info/results/results.aspx?meetingid=100838">https://thepowerof10.info/results/results.aspx?meetingid=100838</a>
	Tom Booth	2:14.3	ht7 i	22/02/2014	Sheffield	BUCS Indoor Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
	Joseph Morrison	1:59.10	h3 e i	15/02/2019	EIS Sheffield	BUCS Championships	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
	Joseph Morrison	1:54.94	e i	11/12/2019	EIS Sheffield	BMC Sheffield Open Series	<a href="https://thepowerof10.info/results/results.aspx?meetingid=330530">https://thepowerof10.info/results/results.aspx?meetingid=330530</a>
	Joseph Morrison	1:53.53	e i	05/01/2020	EIS Sheffield	BMC Sheffield Grand Prix	<a href="https://thepowerof10.info/results/results.aspx?meetingid=330480">https://thepowerof10.info/results/results.aspx?meetingid=330480</a>
	Joseph Morrison	1:53.21	e i	22/01/2020	EIS Sheffield	BMC Sheffield Open Series	<a href="https://thepowerof10.info/results/results.aspx?meetingid=330531">https://thepowerof10.info/results/results.aspx?meetingid=330531</a>
	Joseph Morrison	1:51.96	sf e i	15/02/2020	EIS Sheffield	BUCS Championships	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
	Joseph Morrison	1:50.67	e i	16/02/2020	EIS Sheffield	BUCS Championships	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
	<b>#</b> Joseph Morrison	1:50.02	f e l	28/02/2022	Chicago IL USA	MVC Indoor Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=450451">https://thepowerof10.info/results/results.aspx?meetingid=450451</a>
v35 800m							
	<b>#</b> Ian Wetherall	1:58.6		08/06/2002	Bebington	Northern League 2W	<a href="#">AW June 12, 2002 - Vol.56 no.24</a>

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Event	Record Holder	Time Measure	race/electronic	Date	Venue	Competition	Source of info
v40 800m	# Andrew Pace	2:25.0		06/07/2014	Connah's Quay	Cheshire League	<a href="http://www.cheshireaa.com/results/TFL/cheshire_tf_league_2014.aspx">http://www.cheshireaa.com/results/TFL/cheshire_tf_league_2014.aspx</a>
v45 800m	Russell Kirk	02:28.6		28/05/2006	Stockport	Rd1 - Cheshire League	<a href="#">WCAC Stats</a>
	Russell Kirk	2:14.2		30/07/2006	Stanney	Rd3 - Cheshire League	<a href="#">WCAC Stats</a>
	Russell Kirk	2:13.4		05/05/2007	Stanney	Northern League	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2007/">https://www.northernathletics.co.uk/download/tf-league-results-2007/</a>
	Russell Kirk	2:13.4		19/04/2009	Deeside	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2009.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2009.aspx</a>
	Russell Kirk	2:10.7	LPS! result	02/05/2009	Deeside	NoE 2W	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2009/">https://www.northernathletics.co.uk/download/tf-league-results-2009/</a>
	# Robert Tudor	2:06.9		01/05/2010	Stanney	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=37056">https://thepowerof10.info/results/results.aspx?meetingid=37056</a>
v50 800m	Peter Haswell	2:24.6		22/04/2007	Stockport	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2007.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2007.aspx</a>
	# Russell Kirk	2:20.9		03/06/2012	Leigh	Northern Veterans Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=61633">https://thepowerof10.info/results/results.aspx?meetingid=61633</a>
v55							
v60 800m	# Bob Benson	2:47.3		10/07/2016	Warrington	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2016.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2016.aspx</a>
v65							

## Metres\_1,000m

u13

u15

u17 1,000m	# Alex Haswell	<b>Indoor</b> 2:48.97 e i		19/12/2007	Sportcity	Sale Harriers Open	race not listed for that date on Po10 <a href="https://www.westcheshireac.co.uk/club-records/?gender=Men&amp;age=Under+17">https://www.westcheshireac.co.uk/club-records/?gender=Men&amp;age=Under+17</a>
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u20 1,000m		<b>Indoor</b>					
	Carl Van Schie	2:51.76 e i		15/01/2006	Sheffield	NoEAA Combined Events	<a href="https://thepowerof10.info/results/results.aspx?meetingid=432">https://thepowerof10.info/results/results.aspx?meetingid=432</a>
	# Carl Van Schie	2:47.36 e i		12/02/2006	Birmingham	Midland CE Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=560">https://thepowerof10.info/results/results.aspx?meetingid=560</a>

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Event	Record Holder	Time	race/electronic Measure	Date	Venue	Competition	Source of info
SM 1,000m	Carl Van Schie	2:50.60	e i	12-13/01/2008	EIS Sheffield	EA SM & u20 Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=10518">https://thepowerof10.info/results/results.aspx?meetingid=10518</a>
#	Joseph Morrison	2:29.14	e i	16/11/2019	EIS Sheffield	NoEAA Open meeting	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2

v35

## Metres\_1,200\_1,500m

U13 1200m

	Dylan Gledhill	4:36.3		26/03/2022	Stanney	Dan Gilroy Memorial	<a href="https://thepowerof10.info/results/results.aspx?meetingid=445779">https://thepowerof10.info/results/results.aspx?meetingid=445779</a>
	George Grimsditch	4:36.1		26/03/2023	Stanney	25 <sup>th</sup> Anniversary	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=519673">https://www.thepowerof10.info/results/results.aspx?meetingid=519673</a>
	Dylan Gledhill	4:12.4		07/05/2023	Stanney	YDL Lower	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=526794">https://www.thepowerof10.info/results/results.aspx?meetingid=526794</a>
#	Dylan Gledhill	4:07.4		22/07/2023	Litherland	YDL Lower	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=526857">https://www.thepowerof10.info/results/results.aspx?meetingid=526857</a>

u13 1500m

	Luke Bateson	6:02.12	e	10/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
	Luke Bateson	5:32.5		19/07/1998	Wythenshawe	McDonalds YAL	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">newsletter Vol2No2</a>
	Lawrence Walker	5:08.2		11-12/05/2002	Warrington	Cheshire Championships	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Bradley Edwards	4:56.9		30/04/2006	Warrington	Cheshire Championships	Po10 & <a href="http://www.cheshireaa.com/results/TFC/2006/jmtf2006.htm">http://www.cheshireaa.com/results/TFC/2006/jmtf2006.htm</a>
	Bradley Edwards	4:52.7		18/06/2006	Macclesfield	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2006.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2006.aspx</a>
#	Luke Parker	4:50.1		06/07/2019	Stanney	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2019.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2019.aspx</a>

u15 1200m

#	Evan Miller	4:25.3		09/04/2022	Warrington	Terry Davies Memorial	<a href="https://thepowerof10.info/results/results.aspx?meetingid=444521&amp;pagenum=1">https://thepowerof10.info/results/results.aspx?meetingid=444521&amp;pagenum=1</a>
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u15 1500m

	Martin Shakespeare	4:52.9		10/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
	Martin Shakespeare	4:38.0		17/05/1998	Oldham	McDonalds YAL	<a href="#">AW May 20, 1998 - vol.52 no.21</a>
	Louis Humphries	4:33.4		26/06/2005	Warrington	UKA YA N 1W	<a href="#">AW November 9, 2005 - vol.59 no.45</a>
	Louis Humphries	4:32.38	2nd D race	01/05/2006	Trafford	BMC Academy PB Classic	<a href="https://thepowerof10.info/results/results.aspx?meetingid=188">https://thepowerof10.info/results/results.aspx?meetingid=188</a>
	Louis Humphries	4:30.65		27-28/05/2006	South Leeds	NoE u17/ u15 Champs	<a href="#">AW June 1, 2006 - vol.61 (60) no22</a>
	Alec Beaney	4:26.9		09/06/2007	Macclesfield	Cheshire Schools Champs	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Chris Goodwin**	4:22.77	e	26/08/2008	Trafford	Trafford Grand Prix	<a href="https://thepowerof10.info/results/results.aspx?meetingid=11558">https://thepowerof10.info/results/results.aspx?meetingid=11558</a>
	<b>** AN Other on Po10</b>						
	Jamie Richardson	4:19.6		22/06/2019	Bebington	YDL Lower N Premier West	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
#	Jamie Richardson	4:18.31	e	20/07/2019	Sheffield	YDL Lower N Premier West	<a href="https://thepowerof10.info/results/results.aspx?meetingid=285905">https://thepowerof10.info/results/results.aspx?meetingid=285905</a>

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Event	Record Holder	Time	race/electronic Measure	Date	Venue	Competition	Source of info
u17	1500m						
		David Moorcroft	4:20.0	19/07/1998	Wythenshawe	McDonalds YAL	<a href="#">newsletter Vol2No2</a>
		Harry Ellis	4:13.2	20/05/2007	Rotherham	UK YAL N Premier	<a href="#">AW May 24, 2007 - vol.62 (61) no.21</a>
		Harry Ellis	4:10.1	24/06/2007	Macclesfield	UK YAL N Premier	<a href="#">AW June 28, 2007 - vol.62 (61) no.26</a>
		Harry Ellis	4:09.4	05/08/2007	Warrington	NoE 2W	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2007/">https://www.northernathletics.co.uk/download/tf-league-results-2007/</a>
#		Jamie Richardson	4:03.6	04/07/2021	Stanney	NA West Premier	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=415488">https://www.thepowerof10.info/results/results.aspx?meetingid=415488</a>
u17	1500m	<b>Indoor</b>					
#		Chris Goodwin**	4:17.40	f e i	16-17/01/2010	EIS Sheffield	NA Indoor Championships <a href="https://www.northernathletics.co.uk/results-index/">https://www.northernathletics.co.uk/results-index/</a> <b>** AN Other on Po10</b>
u20	1500m						
		Peter Benyon	4:31.00	e	09/05/1998	Crewe	Cheshire Championships <a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
		Alec Beaney	4:19.8		10/05/2008	Stanney	Cheshire Championships <a href="http://www.cheshireaa.com/Results/index.aspx">http://www.cheshireaa.com/Results/index.aspx</a>
		Alec Beaney	4:18.8		12/08/2008	Stretford	Trafford Grand Prix <a href="https://thepowerof10.info/results/results.aspx?meetingid=11559">https://thepowerof10.info/results/results.aspx?meetingid=11559</a>
		Alec Beaney	4:13.46	e	12/05/2009	Trafford	BMC Gold Standard Meet <a href="https://thepowerof10.info/results/results.aspx?meetingid=26392">https://thepowerof10.info/results/results.aspx?meetingid=26392</a>
		Joseph Morrison	04:06.6		29/04/2018	Bebington Oval	YDL Upper North-West 1 <a href="https://thepowerof10.info/results/results.aspx?meetingid=234630">https://thepowerof10.info/results/results.aspx?meetingid=234630</a>
#		Jamie Richardson	04:05.0		29/05/2022	Robin Park	YDL Upper North-West 1 <a href="https://thepowerof10.info/results/results.aspx?meetingid=459963">https://thepowerof10.info/results/results.aspx?meetingid=459963</a>
SM	1500m						
		Ian Wetherall	4:11.62	e	09/05/1998	Crewe	Cheshire Championships <a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
		Ian Wetherall	4:10.3		06/06/1998	Wavertree	Northern ML <a href="#">newsletter Vol2No2</a>
		Ian Wetherall	4:08.4		05/06/1999	Trafford	NML <a href="#">records end 2000</a>
		Ian Wetherall	4:03.8		08/06/2002	Bebington Oval	NoE League 2W <a href="https://thepowerof10.info/results/results.aspx?meetingid=385471">https://thepowerof10.info/results/results.aspx?meetingid=385471</a>
		Joseph Morrison	4:01.46	e	06/08/2019	Stretford	Trafford AC GP Open <a href="https://thepowerof10.info/results/results.aspx?meetingid=276172">https://thepowerof10.info/results/results.aspx?meetingid=276172</a>
		Joseph Morrison	3:51.37	e	18/09/2020	Nuneaton	BMC Regional Races <a href="https://thepowerof10.info/results/results.aspx?meetingid=407744">https://thepowerof10.info/results/results.aspx?meetingid=407744</a>
##		Joseph Morrison	3:47.18	e Sec11	24/03/2022	Raleigh Relays	Raleigh NC USA <a href="https://thepowerof10.info/results/results.aspx?meetingid=455593">https://thepowerof10.info/results/results.aspx?meetingid=455593</a>
	1500m	<b>Indoor</b>					
		Benjamin Rees	4:29.83	e i	19/02/2011	EIS Sheffield	BUCS Indoor Champs <a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
		Richard Farley	4:16.05	e i	13/01/2018	EIS Sheffield	NA U17/ U20/ Sen Champs <a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
#		Joseph Morrison	3:59.68	e l	07/01/2024	EIS Sheffield	BMC Sheffield Grand Prix <a href="https://www.thepowerof10.info/results/results.aspx?meetingid=573310">https://www.thepowerof10.info/results/results.aspx?meetingid=573310</a>
v35	1500m						
		Ian Wetherall	4:04.84		27/04/2002	Cosford	RAF Invitation Cosford <a href="#">AW May 8, 2002 - Vol.56 no19</a>
		Ian Wetherall	4:00.63		30/04/2002	Stretford	BMC <a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
		Ian Wetherall	4:00.63		01/05/2002	Stretford	Trafford GP <a href="#">AW May 8, 2002 - Vol.56 no19</a>
#		Ian Wetherall	3:59.37		03/06/2002	Wythenshawe	BMC <a href="https://thepowerof10.info/athletes/profile.aspx?athleteid=2954#2002">https://thepowerof10.info/athletes/profile.aspx?athleteid=2954#2002</a>

## Club Outdoor best The operative date for determining membership of age groups for all athletes under the age of 17 shall be for Track and Field and Race Walking, the 31<sup>st</sup> August at the end of the Competition Year, [1st October each year to the following 30th September.]

Event	Record Holder	Time race/electronic Measure	Date	Venue	Competition	Source of info
v40 1500m	Robert Tudor	4:36.5	05/07/2009	Stanney	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=23582">https://thepowerof10.info/results/results.aspx?meetingid=23582</a>
#	David Alexander	4:26.9	01/05/2010	Stanney	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=37056">https://thepowerof10.info/results/results.aspx?meetingid=37056</a>
v45 1500m	Russell Kirk	5:21.8	18/06/2006	Macclesfield	Rd2 - Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2006.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2006.aspx</a>
	Russell Kirk	5:00.7	03/09/2006	Stanney	Rd4 - Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2006.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2006.aspx</a>
	Russell Kirk	4:48.6	05/05/2007	Stanney	2W m1 Northern League	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2007/">https://www.northernathletics.co.uk/download/tf-league-results-2007/</a>
	Russell Kirk	4:42.2	02/09/2007	Stanney	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2007.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2007.aspx</a>
	Robert Tudor	4:38.6	06/09/2009	Stanney	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2009.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2009.aspx</a>
	Robert Tudor	4:24.2	11/07/2010	Salford	Cheshire League	<a href="https://thepowerof10.info/results/results.aspx?meetingid=35891">https://thepowerof10.info/results/results.aspx?meetingid=35891</a>
#	Robert Tudor	4:20.7	01/08/2010	Wavertree	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=37053">https://thepowerof10.info/results/results.aspx?meetingid=37053</a>
v50 1500	Peter Haswell *	04:53.9	02/09/2007	Stanney	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2007.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2007.aspx</a>
		*Russel Kirk in results				
v55						
v60 1500m	Bob Benson	05:35.6	08/08/2015	Ormskirk	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=129669">https://thepowerof10.info/results/results.aspx?meetingid=129669</a>
#	Bob Benson	05:33.3	06/09/2015	Stanney	Cheshire League	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
v65						
<b>Mile</b>						
u13 Mile	Harvey Tegg	5:40.9	06/05/2014	Stanney	WCAC Four-Minute Mile Anniversary	WCAC records
#						
u15 Mile	Sion Roberts	5:38.1	04/05/2016	Stanney	WCAC Four-Minute Mile Anniversary	WCAC records
#	Edward Woodhead	5:20.2	09/04/2017	Bebington Oval Wirral AC Open Medal Meet		<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
u17 Mile	Christy Mageean	5:34.2	03/05/2016	Stanney	WCAC Four-Minute Mile Anniversary	WCAC records

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	Event	Record Holder	Time race/electronic Measure	Date	Venue	Competition	Source of info
	#	Lewis Morris	4:50.8	06/04/2024	Stanney	WCAC Open	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=600224">https://www.thepowerof10.info/results/results.aspx?meetingid=600224</a>
u20	Mile	Alec Beaney	04:54.1	20/04/2008	Wavertree	Melbourne Trophy	<a href="#">WCAC 2008 Stats</a>
		Paul Morrison	04:52.9	11/08/2019	Warrington	Terry Davies Memorial	<a href="https://thepowerof10.info/results/results.aspx?meetingid=284586">https://thepowerof10.info/results/results.aspx?meetingid=284586</a>
	#	Jamie Richardson	04:27.9	26/03/2023	Stanney	25 <sup>th</sup> Anniversary	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=519673">https://www.thepowerof10.info/results/results.aspx?meetingid=519673</a>
SM	Mile	Mark A Davies	05:15.0	22/06/2011	Bebington Oval	Wirral AC Endurance Races	<a href="https://thepowerof10.info/results/results.aspx?meetingid=53415">https://thepowerof10.info/results/results.aspx?meetingid=53415</a>
		Joseph Boden	04:43.3 e	05/04/2018	Bebington Oval	Wirral AC Open	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
	##	Joseph Morrison	04:24.7	11/08/2019	Warrington	Terry Davies Memorial	<a href="https://thepowerof10.info/results/results.aspx?meetingid=284586">https://thepowerof10.info/results/results.aspx?meetingid=284586</a>
SM	Mile	<b>Indoor</b>					
	#	Joseph Morrison	04:05.92e i	11/02/2022	Allendale MI	GVSU Big Meet (USA)	<a href="https://www.tfrrs.org/results/70688/GVSU_Big_Meet-FRIDAY/">https://www.tfrrs.org/results/70688/GVSU_Big_Meet-FRIDAY/</a>
v40	Mile	Chris Smith	06:11.2	06/05/2014	Stanney	WCAC Four-Minute Mile Anniversary	<a href="#">WCAC records</a>
		Steve Fernyhough	04:59.5	06/04/2024	EPSV	WCAC Open	<a href="https://meets.rosterathletics.com/public/competitions?cc=Z04&amp;page=0">https://meets.rosterathletics.com/public/competitions?cc=Z04&amp;page=0</a>
	#	Steve Fernyhough	04:59.2	24/05/2024	Stanney	Helsby RC Track Night	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=609918">https://www.thepowerof10.info/results/results.aspx?meetingid=609918</a>
v45	Mile	Rob Tudor	04:39.0	22/06/2011	Bebington Oval	Wirral AC Endurance Races	<a href="https://thepowerof10.info/results/results.aspx?meetingid=53415">https://thepowerof10.info/results/results.aspx?meetingid=53415</a>
v50	Mile	Neil Atkinson	06:11.8	06/05/2014	Stanney	WCAC Four-Minute Mile Anniversary	<a href="#">WCAC records</a>
	#	Steven King	05:02.4	24/05/2024	Stanney	Helsby RC Track Night	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=609918">https://www.thepowerof10.info/results/results.aspx?meetingid=609918</a>
v55	Mile	Neil Hershaw	05:23.8	26/03/2022	Stanney	Dan Gilroy Memorial	<a href="https://thepowerof10.info/results/results.aspx?meetingid=445779">https://thepowerof10.info/results/results.aspx?meetingid=445779</a>
V60	Mile						
<b>Metres_3,000m</b>							
u15	3,000m	Tom Lowndes	10:58.9	18/07/2004	Bebington	Young Athletes League	<a href="#">from CD end Aug'04 (old website@gq.nu)</a>



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Event	Record Holder	Time	race/electronic Measure	Date	Venue	Competition	Source of info	
	#	Chris Goodwin	10:16.90	e	25/05/2008	Wigan	NA u17/ u15 Champs	<a href="https://www.northernathletics.co.uk/download/na-tf-results-2008/">https://www.northernathletics.co.uk/download/na-tf-results-2008/</a>
u17	3,000m	David Moorcroft	9:43.0		26/04/1998	Bebington	McDonalds YAL	<a href="#">newsletter Vol2No2</a>
	#	David Moorcroft	9:19.77	e	29/05/1999	Wigan	NoE Championships	<a href="http://www.wakefield-harriers.co.uk/reports/99/NoE-jun-pt1-99-res.htm">http://www.wakefield-harriers.co.uk/reports/99/NoE-jun-pt1-99-res.htm</a> <a href="#">AW June 2, 1999 - vol.53 no.22</a>
u20	3,000m	Peter Benyon	9:51.7		25/06/1998	Crewe	Cheshire Track Relays	<a href="https://www.cheshireaa.com/results/PDFarchive/TrackRelays1999.pdf">https://www.cheshireaa.com/results/PDFarchive/TrackRelays1999.pdf</a>
		Alec Beaney	9:15.0		13/06/2009	Macclesfield	Cheshire Schools Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=28035">https://thepowerof10.info/results/results.aspx?meetingid=28035</a>
		Ethan Greenland	9:14.8		10/06/2017	Macclesfield	Cheshire Schools Champs	<a href="https://www.cheshireschoolsaa.co.uk/">https://www.cheshireschoolsaa.co.uk/</a>
		Jamie Richardson	9:05.1		29/05/2022	Robin Park	YDL Upper North-West 1	<a href="https://thepowerof10.info/results/results.aspx?meetingid=459963">https://thepowerof10.info/results/results.aspx?meetingid=459963</a>
		Jamie Richardson	8:58.5		05/06/2022	Longford Park	Cheshire League	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=455749&amp;pagenum=2">https://www.thepowerof10.info/results/results.aspx?meetingid=455749&amp;pagenum=2</a>
		Jamie Richardson	8: 51.5		26/06/2022	Stanley Park	YDL Upper N W1	<a href="https://thepowerof10.info/results/results.aspx?meetingid=459964">https://thepowerof10.info/results/results.aspx?meetingid=459964</a>
		Jamie Richardson	8:32.54	e	28/06/2022	Stretford	Trafford GP	<a href="https://thepowerof10.info/results/results.aspx?meetingid=444514">https://thepowerof10.info/results/results.aspx?meetingid=444514</a>
	##	Jamie Richardson	8:31.89	e	25/07/2023	Stretford	Trafford GP	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=519496">https://www.thepowerof10.info/results/results.aspx?meetingid=519496</a>
SM	3,000m	Jean-Claude Randon	9:51.36	h4 e i	16/02/2019	EIS Sheffield	BUCS Indoor champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 4
	#	Joseph Morrison	8:30.82	e l	14/01/2023	Normal IL USA	Coughlan-Malloy Cup	<a href="https://www.tfrs.org/results/76389/m/Coughlan-Malloy_Cup_">https://www.tfrs.org/results/76389/m/Coughlan-Malloy_Cup_</a>
v35	3,000m	Kenny Begley	10:00.6		30/07/2000	Deeside	Cheshire League	<a href="#">records end 2000</a>
	#	Ian Wetherall	8:46.89	e	28/05/2002	Stretford	Trafford Grand Prix	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
v40	3,000m	Gary Roberts	9:24.72	e	14/08/2001	Stretford	Trafford Grand Prix	<a href="#">AW August 22, 2001 - vol.55 no.34</a>
		Gary Roberts	9:18.54	e	28/08/2001	Stretford	Trafford Grand Prix	<a href="#">AW September 5, 2001 - vol.55 no.36</a>
		Gary Roberts	9:17.66	e	06/08/2002	Stretford	Trafford Open	<a href="https://thepowerof10.info/athletes/profile.aspx?athleteid=3949">https://thepowerof10.info/athletes/profile.aspx?athleteid=3949</a>
	#	Gary Roberts	9:17.48	e	03/09/2002	Stretford	Trafford Grand Prix	<a href="https://thepowerof10.info/results/results.aspx?meetingid=19">https://thepowerof10.info/results/results.aspx?meetingid=19</a>
v45	3000m	Russell Kirk	10:36.9		03/09/2006	Stanney	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2006.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2006.aspx</a>
		Russell Kirk	10:09.1		22/04/2007	Stockport	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2007.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2007.aspx</a>
		Robert Tudor	09:31.6		18/04/2010	Bebington	Cheshire League	<a href="https://thepowerof10.info/results/results.aspx?meetingid=35893">https://thepowerof10.info/results/results.aspx?meetingid=35893</a>
	#	Robert Tudor	09:15.4		14/05/2011	Trafford	G Man & Cheshire Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3

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Event	Record Holder	Time	race/electronic Measure	Date	Venue	Competition	Source of info
v50	3000m	# Peter Haswell *	11:32.2	22/09/2007	Stanney	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2007.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2007.aspx</a> *Russel Kirk in results
v55	3,000m	# Neil Hershaw	10:25.6	10/04/2019	Stanney	WCAC U13/ U15 Trials	WCAC records
v60	3,000m	Dave Hough	12:22.5	20/04/2011	Bebington	Wirral Endurance Series	<a href="https://thepowerof10.info/results/results.aspx?meetingid=51087">https://thepowerof10.info/results/results.aspx?meetingid=51087</a>
		Bob Benson	12:02.8	06/09/2015	Stanney	Cheshire League	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
		Bob Benson	11:50.9	07/05/2017	Stanney	Cheshire League	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
		Bob Benson	11:50.9	30/07/2017	Warrington	Cheshire League	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
		# Bob Benson	11:40.8	03/09/2017	Stanney	Cheshire League	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
v65	3,000m	# Brian Wright	13:16.1	03/09/2023	Stanney	Cheshire league	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=541787&amp;pagenum=2">https://www.thepowerof10.info/results/results.aspx?meetingid=541787&amp;pagenum=2</a>
<b>Metres_5,000m</b>							
u17	5,000m	Mark Hearn	19:33.6	26/05/2012	Wavertree	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=62849">https://thepowerof10.info/results/results.aspx?meetingid=62849</a>
		# Lewis Morris	16:29.17 e	11/05/2024	Macclesfield	Cheshire Championships	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=600227&amp;pagenum=2">https://www.thepowerof10.info/results/results.aspx?meetingid=600227&amp;pagenum=2</a>
u20	5,000m	Louis Humphreys	17:48.2	07/06/2008	Preston ?	Northern league	WCAC stats
		Alec Beaney	16:26.1	09/05/2009	Warrington	Cheshire Championships	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
		Alec Beaney	16:14.42 e	21/06/2009	Sportcity	Northern U20 Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=26555">https://thepowerof10.info/results/results.aspx?meetingid=26555</a>
		Jamie Richardson	16:09.5	30/04/2022	Stanney	NoE W Premier	<a href="https://thepowerof10.info/results/results.aspx?meetingid=445765">https://thepowerof10.info/results/results.aspx?meetingid=445765</a>
		Jamie Richardson	15:05.6	12/06/2022	Stretford	NoE W Premier	<a href="https://thepowerof10.info/results/results.aspx?meetingid=445766">https://thepowerof10.info/results/results.aspx?meetingid=445766</a>
		## Jamie Richardson	14:49.6	10/07/2022	Wigan	NoE League West Premier	<a href="https://thepowerof10.info/results/results.aspx?meetingid=445767">https://thepowerof10.info/results/results.aspx?meetingid=445767</a>
SM	5,000m	Gary Withers	16:39.0	11/04/1998	Eirias Park	Colwyn Bay Open	'Pioneer' 15/04/1998 Page 46 - <a href="#">AW April 15 1998 - Vol.52 no.16</a>
		Gary Withers	16:46.16 e	09/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
		Mark Hinson	15:58.6	03/06/2000	Bebington	Northern ML	records end 2000
		Ian Wetherall	15:57.6	03/05/2003	Bebington	D2W Northern ML	<a href="#">AW May 7, 2003 - vol.57 no.19</a>   <a href="https://thepowerof10.info/results/results.aspx?meetingid=388220">https://thepowerof10.info/results/results.aspx?meetingid=388220</a>

##	Club	Outdoor best	The operative date for determining membership of age groups for all athletes under the age of 17 shall be for <b>Track and Field</b> and <b>Race Walking</b> , the 31 <sup>st</sup> August at the <b>end</b> of the Competition Year, [1st October each year to the following 30th September.]					
Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info	
		Measure						
		Steve Crowe	15:53.3		05/05/2007	Stanney	NoE 2W	Po10   <a href="https://www.northernathletics.co.uk/download/tf-league-results-2007/">https://www.northernathletics.co.uk/download/tf-league-results-2007/</a>
		Steve Crowe	15:46.1		25/07/2009	Stretford	BMC Regional Races	<a href="https://thepowerof10.info/results/results.aspx?meetingid=27990">https://thepowerof10.info/results/results.aspx?meetingid=27990</a>
		Steve Crowe	15:43.3		23/03/2011	Bebington	Wirral AC Endurance Series	<a href="https://thepowerof10.info/results/results.aspx?meetingid=49978">https://thepowerof10.info/results/results.aspx?meetingid=49978</a>
	#	Michael Young	15:42.60	e	21/08/2021	Stanney	Cheshire Championships	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
v35	5,000m							
		Paul Spencer	16:12.2		06/06/1998	Wavertree	Northern ML	<a href="#">newsletter Vol2No2</a>
		Steve Crowe	15:51.1		07/05/2011	Ellesmere Port	NoE 2W (m1)	<a href="https://www.northernathletics.org.uk/tf-league-results-2005onwards/">https://www.northernathletics.org.uk/tf-league-results-2005onwards/</a>
	#	Steve Crowe	15:45.1		04/06/2011	Warrington	NoE 2W (m2)	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2005/">https://www.northernathletics.co.uk/download/tf-league-results-2005/</a>
v40	5,000m							
		Paul Frodsham	16:27.5		05/05/2001	Warrington	NoE 2C	<a href="#">AW May 8, 2001 - vol.55 no.19</a>
		Gary Roberts	16:24.5		04/05/2002	Isle of Man	NoE 2W	<a href="#">AW May 8, 2002 - vol.56 no.19</a>
	#	Gary Roberts	16:15.2		03/08/2002	Stretford	NoE 2W	<a href="#">AW August 7, 2002 - vol.56 no.32</a>
v45	5,000m							
		Gary Withers	17:16.7		06/05/2006	Stanney	2W m1 - Northern League	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2006/">https://www.northernathletics.co.uk/download/tf-league-results-2006/</a>
	#	Robert Tudor	16:29.4		10/09/2011	Cleckheaton	NoE League 2 Promotion	<a href="https://thepowerof10.info/results/results.aspx?meetingid=55362">https://thepowerof10.info/results/results.aspx?meetingid=55362</a>
v50	5,000m							
		Gary Withers	18:29.1		02/05/2009	Deeside	NoE 2W	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2009/">https://www.northernathletics.co.uk/download/tf-league-results-2009/</a>
		Andy Starkey	18:21.4		17/04/2013	Bebington	Wirral AC Series	<a href="https://thepowerof10.info/results/results.aspx?meetingid=82009">https://thepowerof10.info/results/results.aspx?meetingid=82009</a>
	#	Graham Wells	17:01.7		17/08/2024	Stanney	Northern W Premier	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=600343">https://www.thepowerof10.info/results/results.aspx?meetingid=600343</a>
v55								
v60	5,000m							
		Bob Benson	21:30.7		12/07/2015	Ellesmere Port	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=129670">https://thepowerof10.info/results/results.aspx?meetingid=129670</a>
		Bob Benson	20:53.4		03/08/2016	Bebington	Wirral AC Endurance Series	<a href="https://thepowerof10.info/results/results.aspx?meetingid=163883">https://thepowerof10.info/results/results.aspx?meetingid=163883</a>
	#	Bob Benson	20:31.2		02/08/2017	Bebington	Wirral AC Endurance Series	<a href="https://thepowerof10.info/results/results.aspx?meetingid=200484">https://thepowerof10.info/results/results.aspx?meetingid=200484</a>
v65	5,000m							
	#	Bob Benson	22:24.5		08/08/2018	Bebington	Wirral AC Endurance Series	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=234432">https://www.thepowerof10.info/results/results.aspx?meetingid=234432</a>
v70								

**## Club Outdoor best** The operative date for determining membership of age groups for all athletes under the age of 17 shall be for **Track and Field** and **Race Walking**, the 31<sup>st</sup> August at the end of the Competition Year, [1st October each year to the following 30th September.]

Event	Record Holder	Time	race/electronic Measure	Date	Venue	Competition	Source of info
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## Metres\_10,000m

u20

SM 10,000m

v35 10,000m

<b>#</b>	Mark A Davies	38:39.0		14/04/2012	Connah's Quay	North Wales Champs	WCAC Stats (Race before Deeside Open)
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v40

v45 10,000m

<b>##</b>	John Fidler	33:54.5		11/07/1998	Ormskirk	National Men KO Cup	newsletter Vol2No2
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v50

## Steeplechase\_1500\_2,000\_3,000m

u15

u17 1500m S/c

	David Molloy	6:06.6		12/06/1999	Macclesfield	Cheshire Schools Champs	<a href="http://www.esaa.net/oldindex.shtml">http://www.esaa.net/oldindex.shtml</a>
	Martin Shakespeare	5:39.9		02/07/2000	Wythenshawe	McDonalds YAL	records end 2000
	Alex Haswell	5:36.2		06/05/2007	Derby	YAL N premier	<a href="https://thepowerof10.info/results/results.aspx?meetingid=5564">https://thepowerof10.info/results/results.aspx?meetingid=5564</a>
	Alex Haswell	5:14.7		20/05/2007	Rotherham	YAL N premier	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
	Alex Haswell	5:01.0		22/06/2008	Sheffield	YAL N premier	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
	Jac Goodall	5:00.4		28/05/2017	Crewe	YDL Lower North West 1	<a href="https://thepowerof10.info/results/results.aspx?meetingid=195223">https://thepowerof10.info/results/results.aspx?meetingid=195223</a>
<b>##</b>	Jamie Richardson	4:55.4		27/06/2021	Stanney	N Merseyside YDL Upper	<a href="https://thepowerof10.info/results/results.aspx?meetingid=415556">https://thepowerof10.info/results/results.aspx?meetingid=415556</a>

u17 2,000m S/c

	Andrew Gore	9:07.9		29/07/2001	Deeside	NjL Mersey	from CD end Aug'04 (old website@gq.nu)
<b>#</b>	Alex Haswell	6:57.2		29/07/2007	Stanney	NjL Mersey	<a href="https://thepowerof10.info/results/results.aspx?meetingid=6845">https://thepowerof10.info/results/results.aspx?meetingid=6845</a>

u20 2,000m S/c

	John Patrick	7:41.1		23/05/1999	Nottingham	National Junior League	records end 2000
	Ethan Greenland	7:28.5		30/04/2017	Wigan	YDL Upper	<a href="https://thepowerof10.info/results/results.aspx?meetingid=195222">https://thepowerof10.info/results/results.aspx?meetingid=195222</a>
	Ethan Greenland	6:56.5		28/05/2017	Crewe	YDL Upper	<a href="https://thepowerof10.info/results/results.aspx?meetingid=195223">https://thepowerof10.info/results/results.aspx?meetingid=195223</a>
<b>##</b>	Ethan Greenland	6:39.0		29/04/2018	Macclesfield	YDL Upper North West 1	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2

## Club Outdoor best The operative date for determining membership of age groups for all athletes under the age of 17 shall be for Track and Field and Race Walking, the 31<sup>st</sup> August at the end of the Competition Year, [1st October each year to the following 30th September.]

Event	Record Holder	Time Measure	race/electronic	Date	Venue	Competition	Source of info
u20 3,000m S/c	Lee Baty	13:03.9		09/07/2000	Trafford	NML	records end 2000
	Tom Booth	12:01.2		01/05/2010	Stanney	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=37056">https://thepowerof10.info/results/results.aspx?meetingid=37056</a>
	Tom Booth	11:47.2		04/07/2010	Stretford	NoE 2W	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2010/">https://www.northernathletics.co.uk/download/tf-league-results-2010/</a>
	Tom Booth	11:44.9		15/08/2010	Cudworth	Northern Promotion Match	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2010/">https://www.northernathletics.co.uk/download/tf-league-results-2010/</a>
	Tom Booth	11:36.8		07/05/2011	Stanney	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=50646">https://thepowerof10.info/results/results.aspx?meetingid=50646</a>
#	Jac Goodall	10:52.22	e	03/06/2018	Wakefield	NoE League 1	<a href="https://thepowerof10.info/results/results.aspx?meetingid=234460">https://thepowerof10.info/results/results.aspx?meetingid=234460</a>
SM 3,000m S/c	Mark J Davies	11:53.6		10/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
	Andrew Clague	10:30.7		06/05/2000	Wigan	NoE ML 3SW	<a href="#">AW May 10, 2000 - vol.54 no.19</a>
	Steve Crowe	10:22.1		17/06/2006	Wigan	Northern League 2W m2 -	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2006/">https://www.northernathletics.co.uk/download/tf-league-results-2006/</a>
#	Joseph Morrison	10:14.2		21/07/2019	Stanney	Northern League 1	<a href="https://thepowerof10.info/results/results.aspx?meetingid=276256">https://thepowerof10.info/results/results.aspx?meetingid=276256</a>
v35 3,000m S/c	## Gary Withers	10:01.8		11/06/1998	Ormskirk	MMKO Cup	newsletter Vol2No2
v40 3,000m S/c	Andrew Clague	10:42.9		31/08/2008	Cudworth	NoE Promotion match	<a href="https://thepowerof10.info/results/results.aspx?meetingid=13409">https://thepowerof10.info/results/results.aspx?meetingid=13409</a>
#	Andrew Clague	10:39.6		04/06/2011	Warrington	NoE League Division 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=50645">https://thepowerof10.info/results/results.aspx?meetingid=50645</a>
v45 3,000m S/c	Gary Withers	11:36.2		06/05/2007	Stanney	Northern League 2W m1 -	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2007/">https://www.northernathletics.co.uk/download/tf-league-results-2007/</a>
	Andrew Clague	11:12.4		07/06/2014	Stanney	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=103769">https://thepowerof10.info/results/results.aspx?meetingid=103769</a>
#	Andrew Clague	10:53.99	e	03/06/2018	Wakefield	NoE League 1	<a href="https://www.northernathletics.co.uk/download/2016-1-match-1/">https://www.northernathletics.co.uk/download/2016-1-match-1/</a>
v50 3,000m S/c	# Andrew Clague	12:06.1		16/06/2019	Wigan	Northern League 1	<a href="https://www.northernathletics.co.uk/track-field-league/">https://www.northernathletics.co.uk/track-field-league/</a>

v55

## Indoor\_60m\_Hurdles

u13

## Club Outdoor best The operative date for determining membership of age groups for all athletes under the age of 17 shall be for Track and Field and Race Walking, the 31<sup>st</sup> August at the end of the Competition Year, [1st October each year to the following 30th September.]

Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info
u15 60m H	<b>Indoor</b>						
	Nathan Brassington	9.49	e i	19/12/2021	Sportcity	Manchester Meeting	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
	Nathan Brassington	9.43	e i	12-13/03/2022	EIS Sheffield	EA u15/ u17 CE Champs	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=445732">https://www.thepowerof10.info/results/results.aspx?meetingid=445732</a>
#	Nathan Brassington	8.86	e l	26/11/2022	Emirates	SIAB International Pent.	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=502681">https://www.thepowerof10.info/results/results.aspx?meetingid=502681</a>
u17 60m H	<b>Indoor</b>						
	Carl Van Schie	9.45	e i	19/12/2004	Manchester	City of Manchester Open	<a href="#">AW December 22, 2004 - vol.58 no.52 - AW erroneously gives age as u15!!</a>
	Carl Van Schie	9.24	e i	15/01/2006	Sheffield	NoEAA CE Indoor Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=432">https://thepowerof10.info/results/results.aspx?meetingid=432</a>
	Ewan Bradley	9.00	f e i	13/01/2018	EIS Sheffield	NA U17/ U20/ Sen Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 4
	Ewan Bradley	8.92	e i	04/02/2018	Sportcity	Sale Harriers Open Series	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
#	Ewan Bradley	8.80	e i	11/03/2018	Sportcity	EA U15 / U17 CE Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=221515">https://thepowerof10.info/results/results.aspx?meetingid=221515</a>
u20 60m H	<b>0.991cm</b> <b>Indoor</b>						
	Craig France	8.45	e i	07/01/2006	Sportcity	Sale Indoor Open Meeting	<a href="https://thepowerof10.info/results/results.aspx?meetingid=386">https://thepowerof10.info/results/results.aspx?meetingid=386</a>
#	Craig France	8.18	f e i	21-22/01/2006	EIS Sheffield	NoE Junior championship	<a href="https://www.northernathletics.co.uk/download/na-indoor-results-2006/">https://www.northernathletics.co.uk/download/na-indoor-results-2006/</a>
	60m H	<b>106.7cm</b> <b>Indoor</b>					
#	Carl Van Schie	9.37	e i	09/12/2007	Sportcity	Reebok Manchester Open	<a href="https://thepowerof10.info/results/results.aspx?meetingid=10510">https://thepowerof10.info/results/results.aspx?meetingid=10510</a>
SM 60m H	<b>106.7cm</b> <b>Indoor</b>						
#	Carl Van Schie	9.08	h e i	12-13/01/2008	EIS Sheffield	EA SM & u20 Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=10518">https://thepowerof10.info/results/results.aspx?meetingid=10518</a>

v35

### Hurdles\_75\_80\_100\_110m

u13	<b>0.762m</b> – 75m H						
	Luke Bateson	15.6		11/04/1998	Eirias Park	Colwyn Bay Open	'Pioneer' 15/04/1998 Page 46
	Luke Bateson	15.12	e	09/05/1998	Crewe	Cheshire Championships	<a href="http://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">http://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
	Sam Bateson	15.1		12/05/2001	Warrington	Cheshire Championships	<a href="http://www.cheshireaa.com/results/PDFarchive/TF2001.pdf">http://www.cheshireaa.com/results/PDFarchive/TF2001.pdf</a>
	Tom Booth	14.4		11/09/2005	Macclesfield	Cheshire CE Champs	<a href="http://www.cheshireaa.com/Results/index.aspx">http://www.cheshireaa.com/Results/index.aspx</a>
	Tom Williams	14.4	final	13/05/2006	Warrington	Cheshire Championships	<a href="https://www.cheshireaa.com/results/TFC/2006/u13mtf2006.htm">https://www.cheshireaa.com/results/TFC/2006/u13mtf2006.htm</a>
	Tom Williams	14.3		04/06/2006	Deeside	Young Athletes League	<a href="#">WCAC statistics</a>
	Tadgh Gregory	14.3		24/06/2007	Macclesfield	Young Athletes League	<a href="#">WCAC statistics</a>
	James McMahan	14.2		21/06/2009	Wigan	McCain UK YAL N 1W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=25490">https://thepowerof10.info/results/results.aspx?meetingid=25490</a>
	James McMahan	14.1		19/07/2009	Carlisle	McCain UK YAL N 1W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=25488">https://thepowerof10.info/results/results.aspx?meetingid=25488</a>
	Ross McCormick	13.8		13/09/2009	Macclesfield	Cheshire CE Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=30424">https://thepowerof10.info/results/results.aspx?meetingid=30424</a>



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Event	Record Holder	Time Measure	race/electronic	Date	Venue	Competition	Source of info
	James McMahon	13.0		14/08/2010	Sport City	NW CE	<a href="https://thepowerof10.info/results/results.aspx?meetingid=34366">https://thepowerof10.info/results/results.aspx?meetingid=34366</a>
	Matthew Bate	13.0		25/06/2012	Warrington	Cheshire Minors	External results   <a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
	Ewan Bradley	12.7		01/06/2013	Stretford	YDL lower	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=81725">https://www.thepowerof10.info/results/results.aspx?meetingid=81725</a>
	Ewan Bradley	12.7		13/07/2013	Wigan	YDL lower	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=81727">https://www.thepowerof10.info/results/results.aspx?meetingid=81727</a>
	Ewan Bradley	12.58		17/05/2014	Macclesfield	Cheshire Championships	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
#	Ewan Bradley	12.3		19/07/2014	Crewe	YDL lower Div NW1	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=103321">https://www.thepowerof10.info/results/results.aspx?meetingid=103321</a>
u15	<b>0.838m</b> – 80m H						
	Tom Smith	15.3		26/04/1998	Bebington	McDonalds YAL	<a href="#">newsletter Vol2 No2</a>
	Tom Smith	14.79	e final	08/05/1999	Warrington	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1999.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1999.pdf</a>
	Luke Bateson	14.6		13/05/2000	Macclesfield	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF2000.pdf">https://www.cheshireaa.com/results/PDFarchive/TF2000.pdf</a>
	Craig France	13.4		10/09/2000	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/results/PDFarchive/JME2000.pdf">https://www.cheshireaa.com/results/PDFarchive/JME2000.pdf</a>
	Craig France	12.7		09/09/2001	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/results/PDFarchive/JME2001.pdf">https://www.cheshireaa.com/results/PDFarchive/JME2001.pdf</a>
	Craig France	12.50	e	15/09/2001	Hull	ESSA Combined Events	<a href="http://www.esaa.net/2001/tf/combev01.html">http://www.esaa.net/2001/tf/combev01.html</a>
	Craig France	11.87	e	29/09/2001	Birmingham	AAA Championships	<a href="#">from CD end Aug'04 (old website@gq.nu)</a>
#	Ross McCormick**	11.8		19/06/2011	Wavertree	McCain UK YAL N Pem W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=51610">https://thepowerof10.info/results/results.aspx?meetingid=51610</a>
				** Resignation		24/05/2011 Committee minutes	<a href="#">Ignored by Team Manager?</a>
u17	<b>0.838m</b> – 80m H						
#	George Hyde	12.7		15/06/2016	Wigan	ESAA Cup NW Regional Final	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
u17	<b>0.914m</b> – 100m H						
	Phil Riley	17.20	e	09/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
	Phil Riley	15.9		07/06/1998	Blackpool	McDonalds YAL	<a href="#">newsletter Vol2No2</a>
	Craig France	14.6		11-12/05/2002	Warrington	Cheshire Championships	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Craig France	14.58	final	26/05/2002	Sportcity	NoE Junior championships	<a href="https://www.northernathletics.co.uk/download/na-tf-results-2002/">https://www.northernathletics.co.uk/download/na-tf-results-2002/</a>
	Craig France	14.5		15/07/2002		Cheshire Schools Champs	<a href="http://www.esaa.net/2002/chesh02.html">http://www.esaa.net/2002/chesh02.html</a>
#	Craig France	13.82	R1 h1	12-13/07/2002	Nottingham	English Schools	<a href="http://www.esaa.net/oldindex.shtml">http://www.esaa.net/oldindex.shtml</a>
	Ewan Bradley	13.8	w+4.6	27/05/2018	Stanney	N W1 YDL upper	<a href="https://thepowerof10.info/results/results.aspx?meetingid=234631">https://thepowerof10.info/results/results.aspx?meetingid=234631</a>
u17	<b>0.991m</b> – 110m H						
#	Richard Bromilow	21.0		23/04/2000	Deeside	National Junior League	<a href="#">records end 2000</a>
u17	<b>1.067m</b> – 110m H						
#	Tom Booth	18.7		06/06/2009	Litherland	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=23581">https://thepowerof10.info/results/results.aspx?meetingid=23581</a>

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Event	Record Holder	Time Measure	race/electronic	Date	Venue	Competition	Source of info
	Tom Booth	18.0	w2.1	01/08/2010	Wavertree	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=37053">https://thepowerof10.info/results/results.aspx?meetingid=37053</a>
u20	<b>0.991m</b> – 110m H						
	John Manning	20.30	e	09/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
	John Manning	19.6		27/06/1998	Wrexham	School Multi-events	<a href="#">newsletter Vol2No2</a>
	David McKay	18.0		25/07/1999	Stafford	National Junior League	<a href="#">records end 2000</a>
	Craig France	16.0		28/07/2002	Bebington	NJL Mersey	<a href="#">AW July 31, 2002 - vol.56 no.31</a>
	Craig France	15.4		12/06/2004	Macclesfield	Cheshire Schools Champs	<a href="http://www.esaa.net/2004/tf/chesh04res.html">http://www.esaa.net/2004/tf/chesh04res.html</a>
	Craig France	14.79	final	9-10/07/2004	Gateshead	ESAA T&F Championships	<a href="http://www.esaa.net/oldindex.shtml">http://www.esaa.net/oldindex.shtml</a>
#	Craig France	14.7		13/05/2006	Warrington	Cheshire Championships	Po10   <a href="http://www.cheshireaa.com/results/TFC/2006/jmtf2006.htm">http://www.cheshireaa.com/results/TFC/2006/jmtf2006.htm</a>
u20	<b>106.7cm</b> - 110m H						
	Craig France	16.1		02/07/2006	Bolton	NoE 2W	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2006/">https://www.northernathletics.co.uk/download/tf-league-results-2006/</a>
##	Ewan Bradley	15.3		21/07/2019	Stanney	NoE League 1	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=276256&amp;pagenum=1">https://www.thepowerof10.info/results/results.aspx?meetingid=276256&amp;pagenum=1</a>
SM	<b>106.7cm</b> - 110m H						
	Dave McKay	0:18.2		06/05/2000	Wigan	NoE ML 3SW	<a href="#">AW May 10, 2000 – vol 54 no.19</a>
	Dave McKay	0:17.9		03/06/2000	Bebington	NoE ML 3SW	<a href="#">AW June 7, 2000 – vol 54 no.23</a>
	Dave McKay	0:17.6		05/08/2000	Ormskirk	NoE ML 3SW	<a href="#">AW August 9, 2000 - vol.54 no.32</a>
	Dave McKay	0:17.3		02/06/2001	Bebington	Northern ML	<a href="#">from CD end Aug'04 (old website@gq.nu)</a>
	Carl Van Schie	0:17.0		03/08/2008	Litherland	NoE 2W	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2008/">https://www.northernathletics.co.uk/download/tf-league-results-2008/</a>
	Carl Van Schie	16.86	e	24/08/2008	Manchester	NW CE Open	<a href="https://thepowerof10.info/results/results.aspx?meetingid=14815">https://thepowerof10.info/results/results.aspx?meetingid=14815</a>
	Carl Van Schie	16.51	e	17/05/2009	Woodford	Woodford CE	<a href="https://thepowerof10.info/results/results.aspx?meetingid=30334">https://thepowerof10.info/results/results.aspx?meetingid=30334</a>
	Carl Van Schie	16.44	e	14/06/2009	Stoke	EA S & u20 CE Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=23706">https://thepowerof10.info/results/results.aspx?meetingid=23706</a>
#	Carl Van Schie	15.9		05/07/2009	Stanney	NoE 2W	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2009/">https://www.northernathletics.co.uk/download/tf-league-results-2009/</a>
v35	<b>0.991m</b> - 110m H						
	<b>106.7cm</b> - 110m H						
#	Dave McKay	18.94		07/05/2016	Wakefield	NoE N 1	<a href="https://www.northernathletics.co.uk/league-results-2016/">https://www.northernathletics.co.uk/league-results-2016/</a>
v40	<b>0.991m</b> - 110m H						
<b>Hurdles_300_400m</b>							
u17	<b>0.838m</b> – 400m H						
	Phil Riley	1:05.70	e	10/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>

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Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info
		Measure					
	Martin Shakespeare	0:59.4		23/06/1999	Nottingham	National Junior League	records end 2000
	Tom Booth	59.4		31/05/2009	Halifax	McCain YA NW 1	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=25496">https://www.thepowerof10.info/results/results.aspx?meetingid=25496</a>
#	Tom Booth	59.3		10/05/2009	Warrington	Cheshire Championships	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Tom Booth	59.3		20/06/2009	Birmingham	Mason Trophy	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
u17	<b>0.838m</b> – 400m H		<b>Junior Comp</b>				
	Tom booth	60.9		27/07/2008	Deeside	National Junior, Mersey	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=12846">https://www.thepowerof10.info/results/results.aspx?meetingid=12846</a>
			<b>Senior Comp</b>				
	Tom Booth	60.3		06/06/2009	Litherland	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=23581">https://thepowerof10.info/results/results.aspx?meetingid=23581</a>
#	Tom Booth	59.3		05/07/2009	Stanney	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=23582">https://thepowerof10.info/results/results.aspx?meetingid=23582</a>
u20	<b>99.4cm</b>		400m H				
	Lee Baty	62.4		06/05/2000	Wigan	NoE ML 3SW	<a href="#">AW May 10, 2000 – vol 54 no.19</a>
	Lee Baty	62.2		08/07/2000	Stockport	NoE ML 3SW	<a href="#">AW July 12, 2000 – vol 54 no28</a>
	Lee Baty	60.1		10/09/2000	Derby	National Junior League	records end 2000
	Tom Booth	59.0		11/04/2010	Wavertree	Tom O'Mahoney Memorial	<a href="https://thepowerof10.info/results/results.aspx?meetingid=36116">https://thepowerof10.info/results/results.aspx?meetingid=36116</a>
	Tom Booth	58.1		01/05/2010	Stanney	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=37056">https://thepowerof10.info/results/results.aspx?meetingid=37056</a>
	Tom Booth	57.3		17/04/2011	Wavertree	Tom O'Mahoney Memorial	<a href="https://thepowerof10.info/results/results.aspx?meetingid=49185">https://thepowerof10.info/results/results.aspx?meetingid=49185</a>
	Tom Booth	57.1		07/05/2011	Stanney	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=50646">https://thepowerof10.info/results/results.aspx?meetingid=50646</a>
##	Tom Booth	56.77	e	15/05/2011	Trafford	Cheshire Championships	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
SM	<b>106.7cm</b>		400m H				
#	Matt Thompson	60.1		06/06/1998	Wavertree	NML	newsletter Vol2No2
v35	<b>91.4cm</b>		400m H				
v40	<b>91.4cm</b>		400m H				
	Matthew Dixon	69.5		06/05/2006	Stanney	2W m1 Northern League	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2006/">https://www.northernathletics.co.uk/download/tf-league-results-2006/</a>
#	Andrew Pace	69.1		13/07/2014	Wavertree	NA 2W	<a href="https://www.northernathletics.co.uk/download/2w-match-3-2014/">https://www.northernathletics.co.uk/download/2w-match-3-2014/</a>
v45	<b>91.4cm</b>		400m H				
	Andrew Parker	69.79	e	19/08/2023	Stretford	Northern L West Prem	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=516645">https://www.thepowerof10.info/results/results.aspx?meetingid=516645</a>
#	Andrew Parker	65.50	e	02/09/2023	Derby	BMAF T & F Champs	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=553216&amp;pagenum=3">https://www.thepowerof10.info/results/results.aspx?meetingid=553216&amp;pagenum=3</a>
v50	<b>83.8cm</b>		400m H				

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Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info
v50 91.4 – SM height							
#	John Pughe	1:44.59	e	19/08/2023	Stretford	Northern L West Prem	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=516645">https://www.thepowerof10.info/results/results.aspx?meetingid=516645</a>
v60 762cm		300m H					
#	Jon Clarke	02:00.7		14/07/2018	Sheffield	Masters NoE Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=224206">https://thepowerof10.info/results/results.aspx?meetingid=224206</a>
v65 76.2cm		300m H					

## Relay\_4x100m

u11 4x100m							
	Anon	1:07.5		25/06/1998	Crewe	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Anon	1:04.8		20/06/2000	Warrington	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Anon	1:04.1	h2	11/07/2004	Macclesfield	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Anon	1:04.1	h2	03/07/2005	Stanney	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Anon	1:02.7		22/04/2007	Stockport	Cheshire League	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Anon	1:01.1	h2	05/07/2008	Macclesfield	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Taylor Kearns, Matthew Bate, Anon, Anon	1:00.9	h2	03/07/2010	Crewe	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Anon	0:58.6	h1	21/07/2012	Crewe	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Anon	0:58.5	f	21/07/2012	Crewe	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
u13 4x100m							
	Anon	60.4		16/05/1999	Bolton	McDonalds YAL	records end 2000
	Anon	59.9		13/07/1999	Crewe	Cheshire Relay Champs	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Anon	59.5		11/07/2000	Warrington	Cheshire Relay Champs	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Anon	57.2	final	11/07/2004	Macclesfield	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Anon	56.9		01/07/2006	Macclesfield	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Anon	55.03	e	07/05/2007	Derby	UK YAL NP	<a href="#">AW May 10, 2007 - vol.62 (61)   Po10</a>
	James McMahon, Matthew Pagan, Christopher Harrop, Daniel Vickers	54.8	h1	03/07/2010	Crewe	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
#	James McMahon, and Matthew Pagan, Christopher Harrop, Daniel Vickers	53.5	final	03/07/2010	Crewe	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Lewis Parsons, Robert Austin, William Saunders, and Alex Rutherford	53.5		01/09/2019	Stanney	Cheshire League	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>

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Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info
		Measure					
u15	4x100m						
	Anon	51.3		h1	13/07/1999	Crewe	Cheshire Relay Champs <a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Anon	51.2			10/07/2001	Macclesfield	Cheshire Relay Champs <a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Anon	49.2		h1	03/07/2005	Stanney	Cheshire Track Relays <a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Anon	48.6		final	03/07/2005	Stanney	Cheshire Track Relays <a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
#	Christopher Harrop, Matthew Pagan, James McMahan, and Zac Barnsley	46.4			21/07/2012	Crewe	Cheshire Relay Champs <a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
u17	4x100m						
	Anon	53.5			18/04/1999	Deeside	Cheshire League <b>records end 2000</b>
	Anon	51.4			13/07/1999	Crewe	Cheshire Relay Champs <a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Anon	46.2		final	11/07/2004	Macclesfield	Cheshire Track Relays <a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Anon	46.2			18/07/2004	Bebington	YAL - N1W boys <a href="#">AW July 28, 2004 - vol.58 no.31</a>
	Anon	45.6			03/07/2005	Stanney	Cheshire Track Relays <a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
#	Dave Donkin, Tom Booth, Aidan Stoakley, and Robbie Dagnall	45.3			04/07/2009	Stanney	Cheshire & Invite Relays <a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
u20	4x100m						
##	Anon	42.8			23/06/1999	Nottingham	National Junior League <b>records end 2000</b>
SM	4x100m						
	Anon	45.7			05/06/1999	Stretford	NoE ML 2W <a href="#">AW June 9, 1999 - vol.53 no.23</a>
	Anon	45.1			10/07/1999	Ormskirk	NoE ML 2W <a href="#">AW July 14, 1999- vol.53 no.28</a>
	Anon	44.9			09/07/2011	Stanney	Cheshire Track Relays <a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	u20 Aidan Stoakley (u20), Robbie Dagnall (u20) Stephen Jones (u17), <b>Nick Crawshaw</b> (u20)	44.8			01/05/2010	Stanney	NoE 2W <a href="https://www.northernathletics.co.uk/track-field-league/">https://www.northernathletics.co.uk/track-field-league/</a>
#	Matthew Pagan (u20), and Alex Kearns (u17), Alan Littler, and Mark Hearn (u20)	44.8			06/06/2015	Leigh	NoE 2W <a href="https://www.northernathletics.co.uk/track-field-league/">https://www.northernathletics.co.uk/track-field-league/</a>
v35	4x100m						
v40	4x100m						
	Anon	53.7			03/07/2005	Stanney	Cheshire Track Relays <a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
#	Neil Atkinson (v40), Russel Kirk (v45), Andy Earl (v35) + Anon	50.5			04/07/2009	Stanney	Cheshire Track Relays <a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>

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Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info
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Measure

v45

## Relay\_4x300\_4x400m

u15 4x300m

	George Campbell, Owen Roberts Evan Roberts, Ethan Greenland	2:53.3		03/05/2014	Stanney	YDL Lower	<a href="#">WCAC stats</a>
	Anon	2:52.3		17/06/2012	Sportcity	YAL Northern Premier 3	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
	Anon	2:49.1		31/05/2014	Stretford	YDL N W1	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
<b>#</b>	Fergus Garland, Sammy Hollins, Gabriel Mikoleizik, and Nathan Broomfield	2:46.4		22/06/2019	Bebington Oval	N PW YDL lower	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2

u15 4x400m

	Anon	4:17.8		25/06/1998	Crewe	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Anon	4:17.5		15/06/1999	Crewe	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Anon	4:13.5	final	13/07/2003	Warrington	Cheshire Relay Champs	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Anon	4:12.3		18/07/2010	Stanney	YAL Northern Premier W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=36888">https://thepowerof10.info/results/results.aspx?meetingid=36888</a>
	Jack Simcox, Mark Hearn, Ben Morris, Callum Caine	4:07.7		05/06/2011	Bebington Oval	YAL Northern Premier W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=51618">https://thepowerof10.info/results/results.aspx?meetingid=51618</a>
<b>#</b>	Jack Simcox, Connor Norbury, Mark Hearn, Ben Morris	4:04.7		19/06/2011	Crewe	YAL Northern Premier W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=51609">https://thepowerof10.info/results/results.aspx?meetingid=51609</a>

u17 4x400m

	Anon	3:52.5		25/06/1998	Crewe	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Anon	3:49.1		03/07/2005	Stanney	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Alex Haswell, James Ellis, Jelle Verwer, Jaques Humphreys	3:40.9		06/05/2007	Derby	NjL	<a href="#">WCAC stats</a>
<b>#</b>	Mark Hearn, Zac Barnsley, Zack Holland, Matthew Pagan	3:37.2		30/06/2013	Blackburn	N W2 YDL Upper	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>

u20 4x400m

	Anon	3:48.7		25/04/1999	Derby	National Junior League	<a href="#">records end 2000</a>
<b>#</b>	Aidan Stoakley (u20), Dave Donkin (u17), Robbie Dagnall (u20) and Tom Booth (u20)	3:34.9		01/05/2010	Stanney	NoE 2W	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2010/">https://www.northernathletics.co.uk/download/tf-league-results-2010/</a>

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Event	Record Holder	Time race/electronic Measure	Date	Venue	Competition	Source of info
SM 4x400	Anon	3:34.9	25/06/1998	Crewe	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Matthew Pagan (u17), Niall Harrison (u17), Alan Littler, and Robbie Dagnall	3:34.8	03/08/2013	Sportcity	NoE 2W	<a href="https://www.northernathletics.co.uk/track-field-league/">https://www.northernathletics.co.uk/track-field-league/</a>
	Sam Pierre-Louis (u20), Alan Littler, Liam Davoren, Mathew Pagan (u17)	3:34.4	04/05/2014	Stretford	NoE 2W	<a href="https://www.northernathletics.co.uk/track-field-league/">https://www.northernathletics.co.uk/track-field-league/</a>
##	Joseph Morrison, Alan Littler, Matthew Webb (U17), Bradley Spurdens	3:32.5	19/05/2019	Blackburn	Northern League Division 1	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>

v35

### Relay\_3x600\_3or4x800m

u11 3x600m	Anon	6:28.6	05/07/2008	Macclesfield	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Anon	6:16.9	04/07/2009	Stanney	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Anon	6:08.7	09/07/2011	Stanney	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Anon	5:44.2	21/07/2012	Crewe	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
u13 4x800m	Anon	11:35.6	25/06/1998	Crewe	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
#	Anon	10:53.4	14/07/2002	Crewe	Cheshire Relay Champs	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
u13 3x800m	Anon	8:17.8	01/07/2006	Macclesfield	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Anon	7:43.5	07/07/2007	Macclesfield	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
#	Anon	7:23.3	16/07/2014	Warrington	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
u15 4x800m	Anon	10:32.2	13/07/1999	Crewe	Cheshire Relay Champs	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
#	Anon	10:02.5 final	13/07/2003	Warrington	Cheshire Relay Champs	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
u15 3x800m	Anon	8:49.6	01/07/2006	Macclesfield	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Anon	7:48.0	05/07/2008	Macclesfield	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Anon	7:21.7	04/07/2009	Stanney	Cheshire Track Relays	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>



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Event	Record Holder	Time race/electronic Measure	Date	Venue	Competition	Source of info
	Anon		7:15.1	21/07/2012	Crewe	Cheshire Track Relays
	Sammy Hollins, Jamie Richardson, and Nathan Broomfield		6:53.1	02/06/2019	Crewe	Cheshire Relay Champs Excel file via email. <b>No Po10 or Cheshire web!!</b>
u17 3x800m	# Anon		6:48.4	01/07/2006	Macclesfield	Cheshire Track Relays <a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
u17 4x800m						
u20						
SM 3x800m						
SM 4x800m	# Anon		8:48.7	13/07/1999	Crewe	Cheshire Relay Champs <a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
v35						

## High Jump

u13 High Jump	Danny Wayman	1.20	11/04/1998	Eirias Park	Colwyn Bay Open	'Pioneer' 15/04/1998 Page 46 - <a href="#">AW April 15, 1998 - Vol.52 no.16</a>
	Paul Bateson	1.20	10/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
	Danny Wayman	1.20	02/07/1998	Chester	WCAC YA	<a href="#">newsletter Vol2 No2 – AW July 15, 1998 - vol.52 no.29</a>
	Danny Wayman	1.29	13/09/1998	Stockport	County Multi-events	<a href="https://www.cheshireaa.com/results/PDFarchive/JME1998.pdf">https://www.cheshireaa.com/results/PDFarchive/JME1998.pdf</a>
	Danny Wayman	1.45	30/08/1998	Bebington	Wirral Junior Medal	<a href="#">AW September 9, 1998 - vol.52 no.37</a>
	Michael (Willis) Bailiff	1.50	03/06/2007	Stanney	N Prem YA League	<a href="#">WCAC Statistics</a>
#	Michael (Willis) Bailiff	1.51	09/09/2007	Macclesfield	Cheshire CE Champs	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
u15 High Jump	Martin Shakespeare	1.53	09/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
	Craig France	1.58	09/09/2001	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/results/PDFarchive/JME2001.pdf">https://www.cheshireaa.com/results/PDFarchive/JME2001.pdf</a>
	Craig France	1.62	29/09/2001	Birmingham	AAA Championships	<a href="#">from CD end Aug'04 (old website@gq.nu)</a>
	Michael Lyness	1.65	30/04/2006	Stanney	NW1 - YA League	<a href="https://thepowerof10.info/results/results.aspx?meetingid=1172">https://thepowerof10.info/results/results.aspx?meetingid=1172</a>
	Michael Lyness	1.65	04/06/2006	Deeside	NW1 - YA League	<a href="https://thepowerof10.info/results/results.aspx?meetingid=1173">https://thepowerof10.info/results/results.aspx?meetingid=1173</a>
	Michael Lyness	1.68	25/06/2006	Bolton	Young Athletes League	<a href="#">WCAC statistics</a>
	Michael Lyness	1.71	10/09/2006	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>

##	Club	Outdoor best	The operative date for determining membership of age groups for all athletes under the age of 17 shall be for Track and Field and Race Walking, the 31 <sup>st</sup> August at the end of the Competition Year, [1st October each year to the following 30th September.]					
	Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info
			Measure					
	#	Michael Lyness	1.75		30/07/2006	Gateshead	NoEAA Inter Counties	<a href="https://www.northernathletics.co.uk/download/na-tf-results-2006/">https://www.northernathletics.co.uk/download/na-tf-results-2006/</a>
u15	High Jump							
		James McMahon	1.57	i	04/03/2012	Sheffield	EA U15/U17 CE Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 1
	#	Nathan Brassington	1.75	i	09/01/2022	Sportcity	Sale Harriers Open Series	<a href="https://thepowerof10.info/results/results.aspx?meetingid=428898">https://thepowerof10.info/results/results.aspx?meetingid=428898</a> page 2
u17	High Jump							
		Andrew McKay	1.75		11/04/1998	Eirias Park	Colwyn Bay Open	'Pioneer' 15/04/1998 Page 46   <a href="#">AW April 15, 1998 - Vol.52 no.16</a>
		Andrew McKay	1.75		10/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
		Andrew McKay	1.75		06/06/1998	Wavertree	Northern ML	<a href="#">newsletter Vol2No2</a>
		Matthew Conde	1.78		07/06/1998	Blackpool	McDonalds YAL	<a href="#">newsletter Vol2No2</a>
		Andrew McKay	1.85		12/06/1999	Macclesfield	Cheshire Schools Champs	<a href="http://www.esaa.net/oldindex.shtml">http://www.esaa.net/oldindex.shtml</a>
		Andrew McKay	1.85		22/04/2000	Eirias Park	Colwyn Bay Open	<a href="#">AW April 26, 2000 - vol.54 no.17</a>
		Andrew McKay	1.88		16/07/2000	Stretford	MNJL Mersey	<a href="#">records end 2000   AW July 26, 2000 - vol.54 no</a>
		Michael Lyness	1.90		30/08/2008	Bath	UK School Games	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
		Michael (Willis) Bailiff	1.90		30/07/2011	Leigh	Northern Inter Counties	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
		Michael (Willis) Bailiff	1.90		20/08/2011	Litherland	Southport Waterloo open	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
		Ethan Milligan	1.90		07/05/2016	Wakefield	NoE League 1	<a href="https://www.northernathletics.co.uk/download/2016-1-match-1/">https://www.northernathletics.co.uk/download/2016-1-match-1/</a>
	#	Ethan Milligan	1.92		14/05/2016	Macclesfield	Cheshire Championships	<a href="https://www.cheshireaa.com/results/TFC/2016/2016%20TFC%20Results.pdf">https://www.cheshireaa.com/results/TFC/2016/2016%20TFC%20Results.pdf</a>
u17	High Jump							
		Michael Lyness	1.80	i	17/03/2007	Sportcity	EA open CE Championships	<a href="https://thepowerof10.info/results/results.aspx?meetingid=4419">https://thepowerof10.info/results/results.aspx?meetingid=4419</a>
	#	Michael Lyness	1.85	i	09/12/2007	Sportcity	Reebok Manchester Open	<a href="#">AW December 13, 2007 - vol.62 (61) no.50 -   -</a> <a href="https://thepowerof10.info/results/results.aspx?meetingid=10510">https://thepowerof10.info/results/results.aspx?meetingid=10510</a>
u20	High Jump							
		John Manning	1.75		09/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
		John Manning	1.80		20/06/1998	Stoke	Inter Counties	<a href="#">newsletter Vol2No2</a>
		John Manning	1.80		08/05/1999	Warrington	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1999.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1999.pdf</a>
		Lee Baty	1.80		10/07/1999	Ormskirk	NoE ML 2W	<a href="#">AW July 14, 1999- vol.53 no.28</a>
		Lee Baty	1.88		16/07/2000	Trafford	NJL Mersey	<a href="#">records end 2000   AW July 26, 2000 - AW vol.54 no</a>
		Michael Lyness	1.90		06/06/2009	Litherland	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=23581">https://thepowerof10.info/results/results.aspx?meetingid=23581</a>
		Michael Lyness	1.93		05/07/2009	Stanney	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=23582">https://thepowerof10.info/results/results.aspx?meetingid=23582</a>
		Michael (Willis) Bailiff	1.93		05/05/2012	Blackpool	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=62848">https://thepowerof10.info/results/results.aspx?meetingid=62848</a>
	##	Michael (Willis) Bailiff	1.97		26/05/2012	Wavertree	Northern League 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=62849">https://thepowerof10.info/results/results.aspx?meetingid=62849</a>

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Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info
u20 High Jump	<b>Indoor</b>						
	Carl Van Schie	1.70	i	15/01/2006	Sheffield	NoEAA Combined Events	<a href="https://thepowerof10.info/results/results.aspx?meetingid=432">https://thepowerof10.info/results/results.aspx?meetingid=432</a>
#	Ethan Milligan	1.90	i	18/12/2016	Sportcity	Sale Harriers Open Series	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> page 2
SM High Jump							
	Mark J Davies	1.35		09/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
	Jonathan Naylor	1.85		05/08/2000	Ormskirk	NoE ML 3SW	<a href="#">records end 2000 - AW August 9, 2000 - vol.54 no.32</a>
	Jonathan Naylor	1.85		05/05/2001	Warrington	Northern ML div2C	<a href="#">from CD end Aug'04 (old website@gq.nu)) - AW May 5, 2001 - vol.55 no.19</a>
#	John Manning	1.92		07/08/2005	Stockport	3W m4 - Northern League	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2005/">https://www.northernathletics.co.uk/download/tf-league-results-2005/</a>
High Jump	<b>Indoor</b>						
	Carl Van Schie	1.72	i	12/01/2008	EIS Sheffield	EA SM & u20 Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=10518">https://thepowerof10.info/results/results.aspx?meetingid=10518</a>
#	Alan Littler	1.75	i	02/02/2014	Sportcity	Sale Harriers Open Series	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
v35 High Jump							
#	Dave McKay	1.55		03/07/2016	Stanney	NoE Division 1	<a href="https://thepowerof10.info/results/results.aspx?meetingid=159264">https://thepowerof10.info/results/results.aspx?meetingid=159264</a>
	Dave McKay	1.55		05/08/2018	Preston	NoE Division 1	<a href="https://thepowerof10.info/results/results.aspx?meetingid=234462">https://thepowerof10.info/results/results.aspx?meetingid=234462</a>
v40 High Jump							
v45 High Jump							
	Russell Kirk	1.40		22/04/2007	Stockport	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2007.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2007.aspx</a>
#	Russell Kirk	1.55		20/04/2008	Stockport	Cheshire League Rd1 M3	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2008.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2008.aspx</a>
v50 High Jump							

## Long Jump

u11 Long Jump							
	Andrew Follows	3.63		11/04/1998	Eirias Park	Colwyn Bay Open	'Pioneer' 15/04/1998 Page 46
	Benjamin Fowles	3.69		09/09/2001	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/results/PDFarchive/JME2001.pdf">https://www.cheshireaa.com/results/PDFarchive/JME2001.pdf</a>
	James McMahan	3.74		20/04/2008	Stockport	Cheshire League Rd1 M3	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2008.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2008.aspx</a>
	Elijah Montez-Brown	3.76		12/07/2009	Ashton	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2009.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2009.aspx</a>

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Event	Record Holder	Time	race/electronic Measure	Date	Venue	Competition	Source of info
u13 Long Jump	Luke Bateson	3.96		17/05/1998	Oldham	McDonalds YAL	<a href="#">newsletter Vol2No2</a>
	Keir Ferguson	4.24		13/05/2000	Macclesfield	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF2000.pdf">https://www.cheshireaa.com/results/PDFarchive/TF2000.pdf</a>
	Gareth Preston	5.04		15/06/2003	Macclesfield	Cheshire League	<a href="#">AW June 18, 2003 - vol.57 no.25</a>
#	Gareth Preston	5.24		20/07/2003	Deeside	Young Athletes League	<a href="#">from CD end Aug'04 (old website@gq.nu) - AW July 23, 2003 - vol.57 no.30</a>
u15 Long Jump	Robert Gardiner	4.90		10/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
	Robert Gardiner	5.10		17/05/1998	Oldham	McDonalds YAL	<a href="#">newsletter Vol2 No2</a>
	Simon Rodrigues	5.21		06/06/1999	Stockport	McDonalds YAL	<a href="#">records end 2000</a>
	Craig France	5.41		09/09/2001	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/results/PDFarchive/JME2001.pdf">https://www.cheshireaa.com/results/PDFarchive/JME2001.pdf</a>
	Gareth Preston	5.88		01/08/2004	Deeside	Young Athletes League	<a href="#">from CD end Aug'04 (old website@gq.nu)</a>
	Gareth Preston	5.97		15/05/2005		Cheshire Champs	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
#	Gareth Preston	6.11		05/06/2005	Blackburn	Young Athletes League	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
	Gareth Preston	6.11	5th Qual	13/08/2005	Birmingham	AAA U17-U15 CHAMPS	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
	Gareth Preston	6.11	2nd Final	14/08/2005	Birmingham	AAA U17-U15 Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
u15 Long Jump <b>Indoor</b>	Gareth Preston	5.32	f i	17-18/01/2004	EIS Sheffield	NoE AA u20 Champs	<a href="https://www.northernathletics.co.uk/download/na-indoor-results-2004/">https://www.northernathletics.co.uk/download/na-indoor-results-2004/</a>
	Gareth Preston	5.64	f i	27/11/2004	EIS Sheffield	NoE Indoor open	<a href="https://www.northernathletics.co.uk/download/na-indoor-results-2004/">https://www.northernathletics.co.uk/download/na-indoor-results-2004/</a>
	Gareth Preston	5.77	f i	11/12/2004	EIS Sheffield	NoE Indoor open	<a href="https://www.northernathletics.co.uk/download/na-indoor-results-2004/">https://www.northernathletics.co.uk/download/na-indoor-results-2004/</a>
#	Gareth Preston	5.97	f i	21-22/01/2006	EIS Sheffield	NoE Junior championship	<a href="https://www.northernathletics.co.uk/download/na-indoor-results-2006/">https://www.northernathletics.co.uk/download/na-indoor-results-2006/</a>
u17 Long Jump	Matthew Conde	5.17		09/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
	Nick Chambers	5.30		13/06/1998	Crewe	Cheshire Schools Champs	<a href="https://www.esaa.net/oldindex.shtml">https://www.esaa.net/oldindex.shtml</a>
	Nick Chambers	5.76		26/07/1998	Bury	Cheshire League	<a href="#">newsletter Vol2No2</a>
	Andrew Cooper	5.86		30/05/1999	Oldham	McDonalds YAL	<a href="#">records end 2000</a>
	Gareth Preston	6.05		30/04/2006	Stanney	Young Athletes League	<a href="#">WCAC statistics</a>
	Gareth Preston	6.14		14/04/2007	Liverpool	Melbourne Trophy	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
#	Gareth Preston	6.20		28/04/2007	Wigan	National Junior League	<a href="#">WCAC statistics</a>
u17 Long Jump <b>Indoor</b>	Gareth Preston	5.97	i	21/01/2006	Sheffield	NoEAA Junior Champs	<a href="https://www.northernathletics.co.uk/download/na-indoor-results-2006/">https://www.northernathletics.co.uk/download/na-indoor-results-2006/</a>
#	Gareth Preston	6.25	i	20/01/2007	Sheffield	NoEAA Indoor Champs	<a href="https://www.northernathletics.co.uk/download/na-indoor-results-2007/">https://www.northernathletics.co.uk/download/na-indoor-results-2007/</a>
u20 Long Jump							

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Event	Record Holder	Time Measure	race/electronic	Date	Venue	Competition	Source of info
	John Manning	6.13		06/06/1998	Wavertree	Northern ML	<a href="#">newsletter Vol2No2</a>
	John Manning	6.22		09/05/1999	Warrington	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1999.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1999.pdf</a>
	David Painter	6.32		13/05/2000	Macclesfield	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF2000.pdf">https://www.cheshireaa.com/results/PDFarchive/TF2000.pdf</a>
	Paul Bateson	6.52		28/05/2005	Wigan	NJL Mersey	<a href="#">AW June 1, 2005 - vol.59 no.22</a>
	Andrew Whitton	6.53		16/08/2009	Cleckheaton	NoE Promotion	<a href="https://thepowerof10.info/results/results.aspx?meetingid=24411">https://thepowerof10.info/results/results.aspx?meetingid=24411</a>
	James McMahan	6.54		27/06/2015	Bebington	ESSA NW Schools CE	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
#	James McMahan	6.60		24/07/2016	Stanney	Northern League	<a href="https://thepowerof10.info/results/results.aspx?meetingid=159457">https://thepowerof10.info/results/results.aspx?meetingid=159457</a>
u20	Long Jump	<b>Indoor</b>					
	Carl Van Schie	6.07	i	19/12/2007	Sportcity	Reebok Manchester Open	<a href="https://thepowerof10.info/results/results.aspx?meetingid=10515">https://thepowerof10.info/results/results.aspx?meetingid=10515</a>
	James McMahan	6.28	i	10/01/2015	EIS Sheffield	E & Wales U20/Senior CE Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
#	James McMahan	6.34	i	01/03/2015	Sportcity	Sale Harriers Open Series	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
SM	Long Jump						
##	Jonathan Naylor	6.63		01/07/2000	Cleckheaton	NM KO Cup	<a href="#">records end 2000</a>
SM	Long Jump	<b>Indoor</b>					
	Carl Van Schie	6.44	i	12-13/01/2008	EIS Sheffield	EA SM & u20 Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
#	Carl Van Schie	6.67	i	17/02/2008	Sheffield	UKA City Challenge Final	<a href="https://thepowerof10.info/results/results.aspx?meetingid=11622">https://thepowerof10.info/results/results.aspx?meetingid=11622</a>
v35	Long Jump						
	Dave McKay	5.03		03/06/2018	Wakefield	NoE League Division 1	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
#	Dave McKay	5.10		08/07/2018	York	NoE League Division 1	<a href="https://thepowerof10.info/results/results.aspx?meetingid=234461">https://thepowerof10.info/results/results.aspx?meetingid=234461</a>
v40	Long Jump						
	Andrew Pace	4.49		19/05/2013	Stretford	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2013.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2013.aspx</a>
	Andrew Pace	4.75		15/06/2014	Crewe	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2014.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2014.aspx</a>
	Christian Holcombe	5.18		27/04/2024	Stanney	Cheshire League	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=603222&amp;pagenum=2">https://www.thepowerof10.info/results/results.aspx?meetingid=603222&amp;pagenum=2</a>
#	Christian Holcombe	5.28		20/07/2024	Stanney	Cheshire League	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=603223&amp;pagenum=2">https://www.thepowerof10.info/results/results.aspx?meetingid=603223&amp;pagenum=2</a>
v45	Long Jump						
#	John Pughe	4.17		03/09/2017	Stanney	Cheshire League	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
v50	Long Jump						
v55	Long Jump						

## Club Outdoor best The operative date for determining membership of age groups for all athletes under the age of 17 shall be for Track and Field and Race Walking, the 31<sup>st</sup> August at the end of the Competition Year, [1st October each year to the following 30th September.]

Event	Record Holder	Time Measure	race/electronic	Date	Venue	Competition	Source of info
v60 Long Jump	# Jon Clarke	3.29		14/07/2018	Sheffield	British Master NoE Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> page 2
v65 Long Jump	# Jon Clarke	1.96		07/06/2023	Sportcity	Joe Moran Memorial	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=532983">https://www.thepowerof10.info/results/results.aspx?meetingid=532983</a>
	Jon Clarke	2.92	w+2.73	22/08/2021	Stanney	Cheshire Championships	<a href="http://www.cheshireaa.com/Results/index.aspx">http://www.cheshireaa.com/Results/index.aspx</a>
v70 Long Jump							

## Pole Vault

u13 Pole Vault	# James McMahon	2.10		18/09/2010	Wavertree	Liverpool Throws & Jumps	<a href="https://thepowerof10.info/results/results.aspx?meetingid=41430">https://thepowerof10.info/results/results.aspx?meetingid=41430</a>
u15 Pole Vault	Craig France	2.00		30/04/2000	Wrexham	McDonalds YAL	records end 2000
	Michael Lyness	2.20		30/04/2006	Stanney	Young Athletes League	WCAC Statistics
	Michael Lyness	2.75		20/05/2006	Stanney	Young Athletes League	WCAC Statistics
	Michael Lyness	2.90		23/07/2006	Trafford	Young Athletes League	WCAC Statistics
	James McMahon	3.15		06/05/2012	Blackburn	McCain YAL N Premier 3	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
	James McMahon	3.20		16/06/2012	Macclesfield	Cheshire Schools Champs	<a href="http://www.esaa.net/oldindex.shtml">http://www.esaa.net/oldindex.shtml</a>
	# James McMahon	3.35		06/07/2012	Gateshead	ESAA T&F Championships	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> page 7
u15 Pole Vault _ Indoor	# James McMahon	3.25	i**	17/06/2012	Sportcity	McCain YAL N Premier 3	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
			** Fault with outdoor stands!				
u17 Pole Vault	Andrew Gore	2.30		20/08/2000	Cudworth	NM Inter County	<a href="https://www.cheshireaa.com/results/PDFarchive/NoEAAICTF2000.pdf">https://www.cheshireaa.com/results/PDFarchive/NoEAAICTF2000.pdf</a>
	Andrew Gore	2.40		10/09/2000	Derby	National Junior League	records end 2000
	Andrew Gore	2.40		12/05/2001	Warrington	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF2001.pdf">https://www.cheshireaa.com/results/PDFarchive/TF2001.pdf</a>
	Andrew Gore	2.40		09/06/2001	Stoke	Cheshire Schools Champs	<a href="http://www.esaa.net/2001/tf/chesh/chesh01.html">http://www.esaa.net/2001/tf/chesh/chesh01.html</a>
	Andrew Gore	2.55		17/06/2001	Macclesfield	National Junior League	from CD end Aug'04 (old website@gq.nu)
	Carl Van Schie	2.60		14-15/05/2005	Macclesfield	Cheshire Championships	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>

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Event	Record Holder	Time Measure	race/electronic	Date	Venue	Competition	Source of info
	Michael Lyness	2.90		29/04/2007	Wigan	National Junior League	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
	Michael Lyness	3.00		05/05/2007	Stanney	NoE 2W	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2007/">https://www.northernathletics.co.uk/download/tf-league-results-2007/</a>
	Michael Lyness	3.40		07/05/2007	Derby	UK YAL NP	<a href="#">AW May 10, 2007 - vol.62 (61)</a>
	Michael Lyness	3.50		10/05/2008	Stanney	Cheshire Championships	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	James McMahon	3.50		08/06/2013	Macclesfield	Cheshire Schools Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
	James McMahon	3.60		27/04/2014	Ashton-u-Lyne	YDL Upper	<a href="https://thepowerof10.info/results/results.aspx?meetingid=103236">https://thepowerof10.info/results/results.aspx?meetingid=103236</a>
	Ewan Bradley	3.80		29/04/2018	Bebington	UK YDL U17/U20 NW 1	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
	Ewan Bradley	3.80		12/05/2018	Macclesfield	Cheshire Championships	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2018.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2018.aspx</a>
#	Ewan Bradley	4.00		27/05/2018	Stanney	YDL Upper Division NW1	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
u17	Pole Vault	<b>Indoor</b>					
	Ewan Bradley	3.31	i	21/01/2017	Sportcity	Vault Manchester	<a href="https://thepowerof10.info/results/results.aspx?meetingid=193762">https://thepowerof10.info/results/results.aspx?meetingid=193762</a>
	Ewan Bradley	3.40	i	14/01/2018	EIS Sheffield	NA U17/ U20/ Sen Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> page 4
#	Ewan Bradley	3.66	i	11/03/2018	Sheffield	EA U15 / U17 CE Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
u20	Pole Vault						
	David Molloy	1.80		10/06/2000	Macclesfield	Cheshire Schools Champs	<a href="http://www.esaa.net/oldindex.shtml">http://www.esaa.net/oldindex.shtml</a>
	John Manning	3.00		10/09/2000	Derby	National Junior League	<b>records end 2000</b>
	Andrew Gore	2.80		28/07/2002	Bebington	NJL Mersey	<a href="#">AW July 31, 2002 - vol.56 no.31</a>
	Andrew Gore	3.00		24/05/2003	Wavertree	NoE Junior Championship	<a href="https://www.northernathletics.co.uk/download/na-tf-results-2003/">https://www.northernathletics.co.uk/download/na-tf-results-2003/</a>
	Andrew Gore	3.00		27/07/2003	Bebington	Northern ML	<a href="#">from CD end Aug'04 (old website@gq.nu)</a>
	Carl Van Schie	3.30		05/05/2006	Stanney	Northern League	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2006/">https://www.northernathletics.co.uk/download/tf-league-results-2006/</a>
	Carl Van Schie	3.30		05/05/2007	Stanney	Northern League	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2007/">https://www.northernathletics.co.uk/download/tf-league-results-2007/</a>
	Carl Van Schie	3.30		12/05/2007	Macclesfield	Cheshire Championships	Po10   <a href="https://www.cheshireaa.com/results/TFC/2007/jmtf2007.htm">https://www.cheshireaa.com/results/TFC/2007/jmtf2007.htm</a>
	Carl Van Schie	3.35		10/06/2007	Stoke	Senior & u20 CE	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
	Carl Van Schie	3.40		14/07/2007	Grangemouth	Scotland CE Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
	Carl Van Schie	3.40		16/09/2007	Exeter	English Schools CE	<a href="http://www.esaa.net/oldindex.shtml">http://www.esaa.net/oldindex.shtml</a>
	James McMahon	4.00		18/04/2015	Preston	YDL upper N W2	<a href="https://thepowerof10.info/results/results.aspx?meetingid=132391">https://thepowerof10.info/results/results.aspx?meetingid=132391</a>
	Ewan Bradley	4.10		05/05/2019	Leigh	YDL upper N W2	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
	Ewan Bradley	4.25		01/06/2019	Sportcity	NA U20 / Senior Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
	Ewan Bradley	4.25		15/06/2019	Wrexham	Welsh Junior Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
##	Ewan Bradley	4.31		30/06/2019	Blackpool	YDL upper N W2	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
u20	Pole Vault	<b>Indoor</b>					
	Carl Van Schie	3.13	i	15/01/2006	EIS Sheffield	NoEAA Combined Events	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
	Carl Van Schie	3.13	i	12/02/2006	Birmingham	MCEAA Combined Events	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
	Carl Van Schie	3.35	i	03/12/2006	Sportcity	Indoor	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>



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Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info
		Measure					
	Carl Van Schie	3.40	i	17/12/2006	Sportcity	Reebok Manchester Open	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
	Carl Van Schie	3.45	i	14/01/2007	EIS Sheffield	EA Combined Events	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
	Carl Van Schie	3.50	i	25/02/2007	Sportcity	Reebok Manchester Open	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
	James McMahon	3.91	i	10/01/2015	EIS Sheffield	Eng & Wales U20/S CE	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
	James McMahon	4.03	i	01/02/2015	Sportcity	Sale Indoor Open Meeting	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
	Ewan Bradley	4.41	i	01/02/2020	Sportcity	Vault Manchester	<a href="https://thepowerof10.info/results/results.aspx?meetingid=343406">https://thepowerof10.info/results/results.aspx?meetingid=343406</a>
#	Ewan Bradley	4.59	i	29/02/2020	Emirates Arena	Scott u13/15/20 Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 6
SM	Pole Vault						
	John Manning	3.10		07/08/2005	Stockport	3W - Northern League	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2005/">https://www.northernathletics.co.uk/download/tf-league-results-2005/</a>
	Andrew Gore	3.20		06/05/2006	Stanney	Northern League	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2006/">https://www.northernathletics.co.uk/download/tf-league-results-2006/</a>
	Carl Van Schie	3.40		27/04/2008	Street	Somerset & Dorset CE	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
	Carl Van Schie	3.60		10/05/2008	Stanney	Cheshire Championships	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Carl Van Schie	3.75		07/06/2008	Preston	NoE 2W	<a href="https://thepowerof10.info/athletes/profile.aspx?athleteid=21481">https://thepowerof10.info/athletes/profile.aspx?athleteid=21481</a>
	Carl Van Schie	3.75		06/07/2008	Carlisle	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=13442">https://thepowerof10.info/results/results.aspx?meetingid=13442</a>
	Carl Van Schie	3.76		14/06/2009	Stoke	EA S & u20 CE Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=23706">https://thepowerof10.info/results/results.aspx?meetingid=23706</a>
	Carl Van Schie	3.80		13/07/2008	Hexham	International CE	<a href="https://thepowerof10.info/results/results.aspx?meetingid=14441">https://thepowerof10.info/results/results.aspx?meetingid=14441</a>
	Carl Van Schie	3.80		09/05/2009	Warrington	Cheshire County Champs	<a href="https://www.cheshireaa.com/results/TFC/2009/smtf2009.htm">https://www.cheshireaa.com/results/TFC/2009/smtf2009.htm</a>
	Carl Van Schie	3.89		17/05/2009	Woodford	Woodford CE	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> page 2
	Carl Van Schie	3.90		21/06/2009	Sportcity	Northern Championships	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> page 2
#	Carl Van Schie	3.90		06/09/2009	Stoke	Home Countries CE	<a href="https://thepowerof10.info/results/results.aspx?meetingid=30332">https://thepowerof10.info/results/results.aspx?meetingid=30332</a>
SM	Pole Vault <b>Indoor</b>						
	Andrew Gore	3.23	i	25/03/2006	Sportcity	Vault Manchester	<a href="https://thepowerof10.info/results/results.aspx?meetingid=838">https://thepowerof10.info/results/results.aspx?meetingid=838</a>
#	Carl Van Schie	3.75	i	10-11/01/2009	EIS Sheffield	EA SM & u20 Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=20455">https://thepowerof10.info/results/results.aspx?meetingid=20455</a>
v35	Pole Vault						
v40	Pole Vault						
	Kelvin Grundy	2.90		12/09/1998	Cudworth	Northern M Playoff	newsletter Vol2No2
#	Kelvin Grundy	3.00		10/07/1999	Ormskirk	NM League	records end 2000
	Kelvin Grundy	3.00		09/07/2000	Stretford	NM League	Best in 2000
v45							

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Event	Record Holder	Time	race/electronic Measure	Date	Venue	Competition	Source of info
<b>Triple Jump</b>							
u15	Triple Jump						
	Thomas Smith	10.18		09/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
	Thomas Smith	10.39		08/05/1999	Warrington	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1999.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1999.pdf</a>
	Tim Wilderspin	10.48		15/07/2002		Cheshire Schools Champs	<a href="http://www.esaa.net/2002/chesh02.html">http://www.esaa.net/2002/chesh02.html</a>
	Andrew Stothart	10.74		12/05/2004	Warrington	Cheshire Championships	from CD end Aug'04 (old website@gq.nu)
	Andrew Stothart	10.88		12/06/2004	Macclesfield	Cheshire Schools Champs	<a href="http://www.esaa.net/2004/tf/chesh04res.html">http://www.esaa.net/2004/tf/chesh04res.html</a>
	Andrew Whitton	11.80		14-15/05/2005	Macclesfield	Cheshire Championships	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
#	Andrew Whitton	12.21		28/05/2005	Cudworth	NoEAA Junior Champs	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
u17	Triple Jump						
	Andrew Cooper	12.60		17/05/1998	Oldham	McDonalds YAL	newsletter Vol2No2
	Andrew Whitton	12.97		30/04/2006	Stanney	Young Athletes League	<a href="https://thepowerof10.info/results/results.aspx?meetingid=1085">https://thepowerof10.info/results/results.aspx?meetingid=1085</a>
#	Andrew Whitton	13.27		09/06/2007	Macclesfield	Cheshire Schools Champs	<a href="https://www.cheshireaa.com/Results/PDFarchive/SchoolsTF2007.pdf">https://www.cheshireaa.com/Results/PDFarchive/SchoolsTF2007.pdf</a>
	Triple Jump _ Indoor						
	Andrew Whitton	11.84	i	07/01/2006	Sportcity	Sale Indoor open	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
	Andrew Whitton	12.36	i	22/01/2006	EIS Sheffield	NoEAA Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
	Andrew Whitton	12.79	i	25/11/2006	EIS Sheffield	NoEAA Indoor open	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
#	Andrew Whitton	13.13	i	21/01/2007	EIS Sheffield	NoEAA Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
u20	Triple Jump						
	Colin Ashton	11.21		09/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
	Andrew Cooper	12.14		18/06/2000	Bebington	National Junior League	records end 2000   <a href="#">AW June 21, 2000 - Vol.54 no.25</a>
	David Painter	12.93		29/04/2001	Bebington	National Junior League	from CD end Aug'04 (old website@gq.nu)
	Andrew Whitton	12.97		23/04/2006	Stanney	NJL Mersey	<a href="#">AW April 27, 2006 - vol.60 no.17</a>
#	Andrew Whitton	13.11		27/04/2008	Stanney	NJL Mersey	<a href="https://thepowerof10.info/results/results.aspx?meetingid=12374">https://thepowerof10.info/results/results.aspx?meetingid=12374</a>
u20	Triple Jump Indoor						
#	Andrew Whitton	12.79	i	25/11/2006	Sheffield	NoEAA Indoor open	<a href="https://thepowerof10.info/results/results.aspx?meetingid=357">https://thepowerof10.info/results/results.aspx?meetingid=357</a>
SM	Triple Jump						
	Adrian Jones	12.69		11/06/1998	Ormskirk	National Men KO Cup	newsletter Vol2No2
	Jonathan Naylor	12.77		08/07/2000	Stockport	NoE ML 3SW	<a href="#">AW July 12, 2000 - vol.54 no28</a>
	Jonathan Naylor	13.25		05/08/2000	Ormskirk	NoE ML 3SW	records end 2000 -  - <a href="#">AW August 9, 2000 - vol.54 no.32</a>
##	Jonathan Naylor	14.24	w 2.0	03/09/2000	Derby	u23 Home International	<a href="#">AW September 6, 2000</a>

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Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info
SM Triple Jump							
#	Jonathan Naylor	13.79	i	02/02/2001		NA Indoor	<a href="https://www.northernathletics.co.uk/download/na-indoor-results-2001/">https://www.northernathletics.co.uk/download/na-indoor-results-2001/</a>
v35 Triple Jump							
	Dave McKay	9.84		03/07/2016	Stanney	NoE N 1	<a href="https://thepowerof10.info/results/results.aspx?meetingid=159264">https://thepowerof10.info/results/results.aspx?meetingid=159264</a>
#	Dave McKay	11.13		07/05/2016	Wakefield	NoE League Division 1	<a href="https://www.northernathletics.co.uk/league-results-2016/">https://www.northernathletics.co.uk/league-results-2016/</a>
v40 Triple Jump							
	Andrew Parker	9.59		08/07/2018	Solihull	England Masters Inter Area	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
	Dave McKay	9.89		19/06/2021	Blackburn	NoE W Premier	<a href="https://thepowerof10.info/results/results.aspx?meetingid=415487">https://thepowerof10.info/results/results.aspx?meetingid=415487</a>
	Christian Holcombe	11.12	w 0.0	16/09/2023	Wavertree	Jumps & Throws	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=521114">https://www.thepowerof10.info/results/results.aspx?meetingid=521114</a>
	Christian Holcombe	11.68		18/05/2024	Blackburn	NA League W Premier	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=600340">https://www.thepowerof10.info/results/results.aspx?meetingid=600340</a>
#	Christian Holcombe	11.89	w0.0	28/07/2024	Stanney	BMF Championships	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=624554&amp;pagenum=4">https://www.thepowerof10.info/results/results.aspx?meetingid=624554&amp;pagenum=4</a>
v45 Triple Jump							
v50 Triple Jump							
v55 Triple Jump							
v60 Triple Jump							
#	Jon Clarke	6.23		14/07/2018	Sheffield	NoE British Masters Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
v65 Triple Jump							

## Discus

u11 0.75kg Discus							
	Adam Howe	13.91		29/09/2013	Connah's Quay	Final Fling Open Meeting	<a href="https://thepowerof10.info/results/results.aspx?meetingid=85674">https://thepowerof10.info/results/results.aspx?meetingid=85674</a>
1kg Discus							
	James Callaghan	19.38		02-03/09/2000	Eirias Park	Colwyn Bay Games	<a href="#">AW September 6, 2000 - vol.54 no.36</a>
u13 1kg Discus							
	Mark Bateman	13.19		10/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
	Carl Van Schie	14.57		25/06/2000	Macclesfield	Cheshire League	<a href="#">records end 2000</a>
	James Callaghan	24.16		12/05/2001	Warrington	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF2001.pdf">https://www.cheshireaa.com/results/PDFarchive/TF2001.pdf</a>

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	Event	Record Holder	Time Measure	race/electronic Date	Venue	Competition	Source of info
		James Callaghan	25.80	30/03/2002	Eirias Park	Easter Open	<a href="#">AW April 10, 2002 - vol.56 no.15</a>
	#	Will Scott	26.35	27/09/2014	Wrexham	Final Fling Open Meeting	<a href="https://thepowerof10.info/results/results.aspx?meetingid=105303">https://thepowerof10.info/results/results.aspx?meetingid=105303</a>
u15	<b>1.25kg</b>	Discus					
		Ryan Morrison	29.55	19/04/1998	Ashton-U-Lyne	Cheshire League	<a href="#">newsletter Vol2No2</a>
		James Callaghan	29.93	24/05/2003	Wavertree	North of England	<a href="https://www.cheshireaa.com/results/TFC/2004/u15mtf2004.htm">https://www.cheshireaa.com/results/TFC/2004/u15mtf2004.htm</a>
		James Callaghan	31.15	14/07/2003	Macclesfield	Cheshire Schools Champs	<a href="http://www.esaa.net/2003/chesh03.html">http://www.esaa.net/2003/chesh03.html</a>
		James Callaghan	32.67	09/05/2004	Warrington	YAL N 1W - b & g	<a href="#">AW May 26, 2004 - vol.58 no22</a>
		James Callaghan	35.05	15-16/05/2004	Warrington	Cheshire Championships	<a href="https://www.cheshireaa.com/results/TFC/2004/u15mtf2004.htm">https://www.cheshireaa.com/results/TFC/2004/u15mtf2004.htm</a>
		James Callaghan	37.01	21/08/2004	Cudworth	NoEAA Inter Counties	<a href="https://www.cheshireaa.com/results/ICTF/2004/2004ICTF.pdf">https://www.cheshireaa.com/results/ICTF/2004/2004ICTF.pdf</a>
	#	James Callaghan	37.39	18/07/2004	Bebington	YAL - N1W boys	<a href="#">from CD end Aug'04 (old website@gq.nu) - AW July 16, 2003 - vol.57 no.29</a>
u17	<b>1.5kg</b>	Discus					
		Richard Stocker	35.42	07/06/1998	Blackpool	McDonalds YAL	<a href="#">newsletter Vol2No2</a>
		James Callaghan	35.52	14-15/05/2005	Macclesfield	Cheshire Championships	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
		James Callaghan	36.95	06/06/2005	Blackburn	NoE YA 1W	<a href="#">AW June 15, 2005 - vol.59 no.24</a>
		James Callaghan	37.93	11/06/2005	Macclesfield	Cheshire Schools Champs	<a href="https://www.esaa.net/oldindex.shtml">https://www.esaa.net/oldindex.shtml</a>
		James Callaghan	39.02	26/06/2005	Warrington	UKA YA N 1W	<a href="#">AW November 9, 2005 - vol.59 no.45</a>
		James Callaghan	39.65	30/04/2006	Stanney	Young Athletes League	<a href="#">Statistics</a>
		Michael Lyness	40.09	25/05/2008	Wigan	NoE U17/U15 Champs	<a href="https://www.northernathletics.co.uk/download/na-tf-results-2008/">https://www.northernathletics.co.uk/download/na-tf-results-2008/</a>
	#	Dun Xue	40.24	06/04/2024	EPSV	WCAC Open	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=600224">https://www.thepowerof10.info/results/results.aspx?meetingid=600224</a>
u20	<b>1.75kg</b>	Discus					
		Richard Stocker	33.12	12/06/1999	Macclesfield	Cheshire Schools Champs	<a href="https://www.esaa.net/oldindex.shtml">https://www.esaa.net/oldindex.shtml</a>
		Richard Stocker	37.31	13/05/2000	Macclesfield	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF2000.pdf">https://www.cheshireaa.com/results/PDFarchive/TF2000.pdf</a>
		Richard Stocker	38.60	10/06/2000	Macclesfield	Cheshire Schools Champs	<a href="http://www.esaa.net/oldindex.shtml">http://www.esaa.net/oldindex.shtml</a>
	#	Richard Stocker	39.47	30/04/2001	Bebington	NjL Mersey	<a href="#">from CD end Aug'04 (old website@gq.nu)</a>
	<b>2kg</b>	Discus					
		George Hyde	34.7	05/08/2018	Preston	NoE Division 1	<a href="https://thepowerof10.info/results/results.aspx?meetingid=234462">https://thepowerof10.info/results/results.aspx?meetingid=234462</a>
	#	George Hyde	37.35	19/05/2019	Blackburn	NoE Division 1	<a href="https://www.thepowerof10.info/results/resultslookup.aspx Page 2">https://www.thepowerof10.info/results/resultslookup.aspx Page 2</a>
SM	<b>2kg</b>	Discus					
		Richard Stocker	35.65	18/04/2004	Wavertree	Melbourne Open	<a href="#">AW April 21, 2004   vol.58 no.17</a>
		Richard Stocker	37.04	12/05/2004	Warrington	Cheshire Championships	<a href="https://www.cheshireaa.com/results/TFC/2004/smtf2004.htm">https://www.cheshireaa.com/results/TFC/2004/smtf2004.htm</a>
		Richard Stocker	37.04	21/08/2004	Cudworth	NoEAA Inter Counties Team	<a href="https://www.cheshireaa.com/results/ICTF/2004/2004ICTF.pdf">https://www.cheshireaa.com/results/ICTF/2004/2004ICTF.pdf</a>
		Carl Van Schie	38.10	07/06/2008	Wavertree	Northern League	<a href="https://thepowerof10.info/results/results.aspx?meetingid=13443">https://thepowerof10.info/results/results.aspx?meetingid=13443</a>

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Event	Record Holder	Time	race/electronic Measure	Date	Venue	Competition	Source of info
	##	Richard Stocker	38.88	05/05/2013	Douglas	2W - Northern League	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
v35	2kg	Discus					
	#	Steve Cutler	35.01	09/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
v40	2kg	Discus					
		Dave McKay	30.13	19/06/2021	Blackburn	NoE W Premier	<a href="https://thepowerof10.info/results/results.aspx?meetingid=415487">https://thepowerof10.info/results/results.aspx?meetingid=415487</a>
		Dave McKay	32.16	30/04/2022	Stanney	NoE W Premier	<a href="https://thepowerof10.info/results/results.aspx?meetingid=445765">https://thepowerof10.info/results/results.aspx?meetingid=445765</a>
	#	Dave McKay	33.02	08/05/2022	Horspath Ox	BM, Throws Pentathlon	<a href="https://thepowerof10.info/results/results.aspx?meetingid=461406&amp;pagenum=2">https://thepowerof10.info/results/results.aspx?meetingid=461406&amp;pagenum=2</a>
v45	2kg						
v50	1.5kg	Discus					
v55	1.5kg						
v60	1kg	Discus					
	#	Jon Clarke	15.98	15/07/2018	Sheffield	NoE British Masters Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
v65	1kg						
<b>Hammer</b>							
u13	3kg	Hammer					
		Will Scott	16.90	19/09/2013	Connah's Quay	Final Fling Throws Meeting	<a href="https://thepowerof10.info/results/results.aspx?meetingid=85674">https://thepowerof10.info/results/results.aspx?meetingid=85674</a>
	#	Will Scott	21.36	27/09/2014	Wrexham	Final Fling Throws Meeting	<a href="https://thepowerof10.info/results/results.aspx?meetingid=105303">https://thepowerof10.info/results/results.aspx?meetingid=105303</a>
u15	4kg	Hammer					
		Christopher Grimshaw	17.68	09/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
		<b>Richard Barr</b>	20.04	16/06/1999	Warrington	McDonalds YAL	<a href="#">records end 2000</a>
		James Callaghan	24.35	09/05/2003	Macclesfield	Cheshire Championships	<a href="https://www.cheshireaa.com/results/TFC/2003/U13WTF2003.htm">https://www.cheshireaa.com/results/TFC/2003/U13WTF2003.htm</a>
		James Callaghan	24.68	24/05/2003	Wavertree	NoE Junior Championship	<a href="https://www.northernathletics.co.uk/download/na-tf-results-2003/">https://www.northernathletics.co.uk/download/na-tf-results-2003/</a>
		James Callaghan	26.79	15-16/05/04	Warrington	Cheshire Championships	<a href="https://www.cheshireaa.com/results/TFC/2004/u15mtf2004.htm">https://www.cheshireaa.com/results/TFC/2004/u15mtf2004.htm</a>
		James Callaghan	29.56	18/07/2004	Bebington	Young Athletes League	<a href="#">from CD end Aug'04 (old website@gq.nu)</a>
		Tom Kellett	31.72	03/05/2009	Stanney	Young Athletes League	<a href="https://thepowerof10.info/results/results.aspx?meetingid=25501">https://thepowerof10.info/results/results.aspx?meetingid=25501</a>
		Tom Kellett	31.93	09/05/2009	Warrington	Cheshire Championships	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
		Tom Kellett	35.88	17/04/2010	Wavertree	Liverpool Throws & Jumps	<a href="https://thepowerof10.info/results/results.aspx?meetingid=36115">https://thepowerof10.info/results/results.aspx?meetingid=36115</a>

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Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info	
		Measure						
		Tom Kellett	36.79		02/05/2010	Wigan	McCain YAL N Premier W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=36937">https://thepowerof10.info/results/results.aspx?meetingid=36937</a>
		Tom Kellett	38.77		16/05/2010	Bebington	McCain YAL N Prem W matchB	<a href="https://thepowerof10.info/results/results.aspx?meetingid=36926">https://thepowerof10.info/results/results.aspx?meetingid=36926</a>
		Tom Kellett	39.87		19/06/2010	Birmingham	Mason Trophy	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page2
		Daniel Berg	40.40		11/07/2015	Gateshead	ESAA T&F Championships	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 9
		Daniel Berg	43.93		18/07/2015	Wigan	YDL N W1 lower	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
	#	Daniel Berg	44.97		23/08/2015	Warrington	Terry Davies memorial	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
u17	<b>4kg</b>	Hammer		School weight				
	#	Daniel Berg	54.95		15/06/2016	Wigan	ESAA Cup NW Regional Final	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 4
		<b>5kg</b>						
		Richard Stocker	21.74		09/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
		Richard Stocker	31.59		19/07/1998	Wythenshawe	McDonalds YAL	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">records end 2000/ from CD end Aug'04 (old website@gq.nu)</a>
		Tom Kellett	32.51		08/05/2011	Macclesfield	N prem YA League	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
		Daniel Berg	42.00		01/05/2016	Bury	YDL N W2 upper	<a href="https://thepowerof10.info/results/results.aspx?meetingid=159454">https://thepowerof10.info/results/results.aspx?meetingid=159454</a>
		Daniel Berg	43.50		14/05/2016	Macclesfield	Cheshire Championships	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 5
		Daniel Berg	47.68		11/06/2016	Warrington	Cheshire Schools Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
		Daniel Berg	49.41		09/04/2017	Robin Park	Wigan H Spring Open	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
	#	Daniel Berg	49.77		28/05/2017	Crewe	YDL upper N W1	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
u20	<b>6.25kg</b>	Hammer						
	#	Dave McKay	33.37		25/07/1999	Stafford	National Junior League	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">records end 2000</a>
		<b>7.26kg</b>						
	#	George Hyde	28.85		19/05/2019	Blackburn	Northern Athletics Div 1	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
SM	<b>7.26kg</b>	Hammer						
		<b>Steve Bradley</b>	30.04		06/06/1998	Wavertree	Northern ML	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">newsletter Vol2No2</a>
		Dave McKay	30.23		03/06/2000	Bebington	NoE ML 3SW	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">AW June 7, 2000 - vol.54 no.23</a>
		Dave McKay	32.19		05/06/2000	Ormskirk	Northern ML	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">records end 2000</a>
		Dave McKay	35.95		12/05/2001	Warrington	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF2001.pdf">https://www.cheshireaa.com/results/PDFarchive/TF2001.pdf</a>
		Dave McKay	40.30		08/06/2002	Bebington	NoE ML 2W	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">AW June 12, 2002 - vol.56 no.24</a>
		Dave McKay	40.71		04/07/2004	Stretford	NoE N 2W	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">Aw July 7, 2004 - vol.58 no.28</a>
		Dave McKay	41.29		06/05/2006	Ellesmere Port	NoE 2W m1	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2006/">https://www.northernathletics.co.uk/download/tf-league-results-2006/</a>
		Dave McKay	42.80		09/07/2006	Blackpool	NoE Inter-Club Cup Match 1	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
		Dave McKay	47.21		03/08/2008	Litherland	NoE 2W m4	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2008/">https://www.northernathletics.co.uk/download/tf-league-results-2008/</a>

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Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info
		Measure					
	Dave McKay	47.21		31/08/2008	Cudworth	NoE Promotion match	<a href="https://thepowerof10.info/results/results.aspx?meetingid=13409">https://thepowerof10.info/results/results.aspx?meetingid=13409</a>
	Dave McKay	47.48		09/05/2009	Warrington	Cheshire County Champs	<a href="https://www.cheshireaa.com/results/TFC/2009/smtf2009.htm">https://www.cheshireaa.com/results/TFC/2009/smtf2009.htm</a>
	Dave McKay	47.78		02/08/2009	Blackpool	NoE 2W	<a href="https://www.northernathletics.org.uk/tf-league-results-2005onwards/">https://www.northernathletics.org.uk/tf-league-results-2005onwards/</a>
<b>##</b>	Dave McKay	49.41		16/08/2009	Cleckheaton	Northern 2W - Promotion	<a href="https://thepowerof10.info/results/results.aspx?meetingid=24411">https://thepowerof10.info/results/results.aspx?meetingid=24411</a>
v35	<b>7.26kg</b>	Hammer					
	Dave McKay	44.94		07/05/2016	Wakefield	NoE Division 1	<a href="https://www.northernathletics.co.uk/league-results-2016/">https://www.northernathletics.co.uk/league-results-2016/</a>
	Dave McKay	45.54		05/06/2016		NoE League 1	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
	Dave McKay	45.83		03/07/2016	Stanney	NoE N 1	<a href="https://thepowerof10.info/results/results.aspx?meetingid=159264">https://thepowerof10.info/results/results.aspx?meetingid=159264</a>
<b>#</b>	Dave McKay	46.70		13/05/2017	Warrington	Cheshire Championships	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
v40	<b>7.26kg</b>	Hammer					
	Andrew Pace	20.65		15/06/2014	Crewe	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2014.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2014.aspx</a>
<b>#</b>	Dave McKay	45.10		19/06/2021	Blackburn	NoE W Premier	<a href="https://thepowerof10.info/results/results.aspx?meetingid=415487">https://thepowerof10.info/results/results.aspx?meetingid=415487</a>
v45	<b>7.26kg</b>	Hammer					

## Javelin

u11	<b>Soft</b>	Javelin					
	Anthony Devoy	10.04		13/09/1998	Stockport	County Multi-events	<a href="https://www.cheshireaa.com/results/PDFarchive/JME1998.pdf">https://www.cheshireaa.com/results/PDFarchive/JME1998.pdf</a>
	Anthony Devoy	20.99		12/09/1999		County Multi-events	<a href="https://www.cheshireaa.com/results/PDFarchive/JME1999.pdf">https://www.cheshireaa.com/results/PDFarchive/JME1999.pdf</a>
	Benjamin Fowles	22.14		09/09/2001	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/results/PDFarchive/JME2001.pdf">https://www.cheshireaa.com/results/PDFarchive/JME2001.pdf</a>
	Will Scott	22.44		08/07/2012	Stretford	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2012.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2012.aspx</a>
	<b>Turbo</b>	Javelin					
	Jamie Pearson	10.93		19/04/2009	Deeside	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2009.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2009.aspx</a>
	Jack Johnson	22.02		19/04/2009	Wavertree	Open ( <a href="#">External Results</a> )	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=25583">https://www.thepowerof10.info/results/results.aspx?meetingid=25583</a>
	<b>Vortex</b>	Javelin					
	Elijah Montez-Brown	26.73		28/06/2009	Sport City	Dash Quad	<a href="https://www.thepowerof10.info/resultsfiles/2009/0_17409_29062009083214_DASH%20Quadrathlon%202009%20Final%20Results.pdf">https://www.thepowerof10.info/resultsfiles/2009/0_17409_29062009083214_DASH%20Quadrathlon%202009%20Final%20Results.pdf</a>
	Joseph Morrison	27.29		27/06/2010	Sport City	Dash Quad	<a href="https://www.thepowerof10.info/resultsfiles/2010/39403_12658_10072010182311_q10_final_2010_results.pdf">https://www.thepowerof10.info/resultsfiles/2010/39403_12658_10072010182311_q10_final_2010_results.pdf</a>
u13	<b>400g</b>	Javelin					
	Mark Bateman	17.12		09/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>



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Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info
		Measure					
		Danny Wayman	21.75	02/07/1998	Chester	WCAC YA	<a href="#">newsletter Vol2 No2 - AW July 15, 1998 - vol.52 no.29</a>
		Danny Wayman	28.82	13/09/1998	Stockport	County Multi-events	<a href="https://www.cheshireaa.com/results/PDFarchive/JME1998.pdf">https://www.cheshireaa.com/results/PDFarchive/JME1998.pdf</a>
		James Callaghan	31.49	15/09/2002	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/results/ME/2002/U11CE2002.jpg">https://www.cheshireaa.com/results/ME/2002/U11CE2002.jpg</a>
	#	William Rawson	33.14	11/09/2022	Treborth	Ynys Mon Iga & Menai	<a href="https://wales.opentrack.run/en-gb/x/2022/GBR/yymmop/event/F11/1/1/">https://wales.opentrack.run/en-gb/x/2022/GBR/yymmop/event/F11/1/1/</a>
u15	<b>600g</b>	Javelin					
		Andrew Gore	20.56	09/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
		Andrew Gore	21.15	13/06/1998	Crewe	Cheshire Schools Champs	<a href="http://www.esaa.net/oldindex.shtml">http://www.esaa.net/oldindex.shtml</a>
		Josh Wright	25.26	02/07/1998	Chester	WCAC YA	<a href="#">newsletter Vol2 No2 - AW July 15, 1998 - vol.52 no.29</a>
		Andrew Gore	33.23	25/07/1999	Deeside	Deeside Open	<a href="#">records end 2000</a>
		James Callaghan	36.45	12/05/2004	Warrington	Cheshire Championships	<a href="https://www.cheshireaa.com/results/TFC/2004/u15mtf2004.htm">https://www.cheshireaa.com/results/TFC/2004/u15mtf2004.htm</a>
		Michael Lyness	37.73	23/07/2006	Trafford	N W1 YA League	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
		Michael Lyness	38.26	12/05/2007	Macclesfield	Cheshire Championships	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
		Cameron Clark	39.30	12/06/2010	Macclesfield	Cheshire Schools Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=38762">https://thepowerof10.info/results/results.aspx?meetingid=38762</a>
		Cameron Clark	41.62	19/06/2010	Birmingham	Mason Trophy	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 4
	#	Cameron Clark	43.13	06/07/2010	Wrexham	Chester Schools	<a href="#">2010 WCAC stats</a>
u17	<b>700g</b>	Javelin					
		Matthew Conde	35.48	09/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
		Andrew McKay	38.27	17/05/1998	Oldham	McDonalds YAL	<a href="#">newsletter Vol2No2</a>
		Andrew McKay	44.89	16/05/1999	Bolton	McDonalds YAL	<a href="#">records end 2000</a>
		James Callaghan	39.77	23/04/2006	Stanney	NjL Mersey	<a href="https://thepowerof10.info/results/results.aspx?meetingid=1085">https://thepowerof10.info/results/results.aspx?meetingid=1085</a>
		Michael Lyness	41.59	20/09/2008	Birmingham	ESSA CE Championships	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 6
		Cameron Clark	47.19	11/06/2011	Macclesfield	Cheshire Schools Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
		Cameron Clark	47.92	16/06/2012	Macclesfield	Cheshire Schools Champs	<a href="https://www.esaa.net/oldindex.shtml">https://www.esaa.net/oldindex.shtml</a>
	#	Cameron Clark	48.69	23/06/2012	Stoke	Mason Trophy	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 4
u17	<b>800g</b>	Javelin					
		Louis Humphries	40.64	29/07/2007	Stanney	National Junior Mersey	<a href="https://thepowerof10.info/athletes/profile.aspx?athleteid=18358">https://thepowerof10.info/athletes/profile.aspx?athleteid=18358</a>
		Cameron Clark	44.36	01/07/2012	Stanney	NoE 2W	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> page 2
	#	Cameron Clark	45.42	05/08/2012	Bebington**	NoE 2W	<a href="https://www.northernathletics.co.uk/download/tl-league-results-2012/">https://www.northernathletics.co.uk/download/tl-league-results-2012/</a>
							** Po10 gives location as Stanney!
u20	<b>800g</b>	Javelin					
		Dave McKay	49.28	11/04/1998	Eirias Park	Colwyn Bay Open	'Pioneer' 15/04/1998 Page 46 - <a href="#">AW April 15, 1998 - Vol.52 no.16</a>
		Dave McKay	52.52	13/06/1998	Crewe	Cheshire Schools Champs	<a href="https://www.esaa.net/oldindex.shtml">https://www.esaa.net/oldindex.shtml</a>
		Dave McKay	53.72	20/06/1998	Stoke	Mason Trophy	<a href="#">newsletter Vol2No2 - AW June 24, 1998 - vol.52 no.26</a>

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Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info	
		Measure						
		Dave McKay	54.28		29/05/1999	Wigan	NoE u20 champs	<a href="http://www.wakefield-harriers.co.uk/reports/99/NoE-jun-pt1-99-res.htm">http://www.wakefield-harriers.co.uk/reports/99/NoE-jun-pt1-99-res.htm</a>
		Dave McKay	54.90		05/06/1999	Stretford	NoE ML 2W	<a href="#">AW June 9, 1999 - vol.53 no.23</a>
		Dave McKay	56.85		10/07/1999	Ormskirk	NoE ML 2W	<a href="#">AW July 14, 1999- vol.53 no.28</a>
		Dave McKay	57.03		31/07/1999	Bebington	NoE ML 2W	<a href="#">AW August 18, 1999 - vol.53 no.33</a>
	#	Dave McKay	59.98		25/07/1999	Stafford	National Junior League	<a href="#">records end 2000</a>
SM	<b>800g</b>	Javelin						
		Dave McKay	57.89		22/04/2000	Eirias Park	Colwyn Bay Open	<a href="#">AW April 26, 2000 - vol.54 no.17</a>
		Dave McKay	58.30		06/05/2000	Wigan	NoE ML 3SW	<a href="#">from CD end Aug'04 (old website@gq.nu) - - AW May 10, 2000 - vol.54 no.19</a>
		Dave McKay	59.76		01/06/2002	Jarrow	NoE Senior Championship	<a href="https://www.northernathletics.co.uk/download/na-tf-results-2002/">https://www.northernathletics.co.uk/download/na-tf-results-2002/</a> - Day 1
		Dave McKay	60.89		14/05/2006	Warrington	Cheshire County Chams	<a href="https://www.cheshireaa.com/results/TFC/2006/smtf2006.htm">https://www.cheshireaa.com/results/TFC/2006/smtf2006.htm</a>
		Dave McKay	63.44		13/05/2007	Macclesfield	Cheshire County Champs	Po10 & <a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
		Dave McKay	63.82		17/06/2007	Liverpool	NA Senior/U20 Champs	<a href="https://www.northernathletics.co.uk/download/na-tf-results-2007/">https://www.northernathletics.co.uk/download/na-tf-results-2007/</a>
		Dave McKay	64.63		01/07/2007	Birmingham	Throws Festival	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
		Dave McKay	65.18		05/08/2007	Warrington	NL N 2W	<a href="https://www.northernathletics.co.uk/download/tf-league-results-2007/">https://www.northernathletics.co.uk/download/tf-league-results-2007/</a>
		Dave McKay	65.64		11/05/2008	Ellesmere Port	Cheshire Championships	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
		Dave McKay	67.72		26/05/2008	Bedford	CAU Inter Counties Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
	##	Dave McKay	70.43		15/06/2008	Manchester	Northern Championships	<a href="https://www.northernathletics.co.uk/download/na-tf-results-2008/">https://www.northernathletics.co.uk/download/na-tf-results-2008/</a>
v35	<b>800g</b>	Javelin						
		Dave Mckay	54.43		07/05/2016	Wakefield	NoE Division 1	<a href="https://www.northernathletics.co.uk/league-results-2016/">https://www.northernathletics.co.uk/league-results-2016/</a>
		Dave Mckay	56.38		03/07/2016	Stanney	NoE N 1	<a href="https://thepowerof10.info/results/results.aspx?meetingid=159264">https://thepowerof10.info/results/results.aspx?meetingid=159264</a>
	#	Dave McKay	59.70		12/06/2016	Sportcity	NA Senior & U20 Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
v40	<b>800g</b>	Javelin						
		Russell Kirk	28.78		20/04/2008	Stockport	Cheshire League Rd1 M3	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2008.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2008.aspx</a>
		Russell Kirk	31.96		19/04/2009	Deeside	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2009.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2009.aspx</a>
		Andrew Pace	32.97		11/05/2014	Bury	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2014.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2014.aspx</a>
		Dave McKay	50.02		19/06/2021	Blackburn	NA West Premier	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=415487">https://www.thepowerof10.info/results/results.aspx?meetingid=415487</a>
	#	Dave Mckay	51.46		04/07/2021	Stanney	NA West Premier	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=415488">https://www.thepowerof10.info/results/results.aspx?meetingid=415488</a>
v45	<b>800g</b>							
	#	Russell Kirk	31.96		19/04/2009	Connah's Quay	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2009.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2009.aspx</a>
v50	<b>700g</b>	Javelin						
v55	<b>700g</b>							

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Event	Record Holder	Time	race/electronic Measure	Date	Venue	Competition	Source of info
v60	<b>600g</b> # Javelin Jon Clarke	16.02		15/07/2018	Sheffield,	NoE British Masters Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3

v65 **600g** Javelin

## Shot

u11	<b>3.25kg</b>	A Devoy	4.97	27/03/1999	Eirias Park	Colwyn Bay Junior GP	<a href="#">AW March 31, 1999 - vol.53 no.13</a>
		A Devoy	5.05	03/04/1999	Eirias Park	Colwyn Bay Open	<a href="#">AW April 7, 1999 - vol.53 no.14</a>
		James Callaghan	7.48	02-03/09/2000	Eirias Park	Colwyn Bay Games	<a href="#">AW September 6, 2000 - vol.54 no.36</a>
u13	<b>3.25kg</b>	Shot					
		Danny Wayman	7.07	11/04/1998	Eirias Park	Colwyn Bay Open	'Pioneer' 15/04/1998 Page 46 - <a href="#">AW April 15, 1998 - Vol.52 no.16</a>
		Danny Wayman	7.31	19/04/1998	Ashton-ULyne	Cheshire League	<a href="#">newsletter Vol2No2</a>
		Danny Wayman	7.56	30/08/1998	Bebington	Wirral Junior Medal	<a href="#">AW September 9, 1998 - vol.52 no.37</a>
		James Callaghan	7.76	01/04/2001	Warrington	Athletic Club Open	<a href="#">AW April 4, 2001 - vol.55 no.14</a>
		James Callaghan	7.96	13/05/2001	Warrington	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF2001.pdf">https://www.cheshireaa.com/results/PDFarchive/TF2001.pdf</a>
		James Callaghan	8.50	01/07/2001	Preston	McDonalds YAL	<a href="#">from CD end Aug'04 (old website@gq.nu)</a>
		James Callaghan	9.02	07/04/2002	Warrington	Spring Open	<a href="#">AW April 10, 2002 - vol.56 no.15</a>
		James Callaghan	9.20	11-12/05/2002	Warrington	Cheshire Championships	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
		James Callaghan	9.60	21/07/2002	Connah's Quay	UKA YA Boys League 2SW	<a href="#">AW July 24, 2002 - vol.56 no.30</a>
	#	Mathew Spencer	10.04	22/07/2007	Wavertree	YA League Northern Premier	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
u13	<b>3.25kg</b>	<b>Indoor</b>					
	#	James McMahan	7.52	22/11/2009	Connah's Quay	Deeside Open	<a href="https://thepowerof10.info/results/results.aspx?meetingid=31788">https://thepowerof10.info/results/results.aspx?meetingid=31788</a>
u15	<b>4kg</b>	Shot					
		Ryan Morrison	10.59	11/04/1998	Eirias Park	Colwyn Bay Open	'Pioneer' 15/04/1998 Page 46 - <a href="#">AW April 15, 1998 - Vol.52 no.16</a>
		Ryan Morrison	10.73	10/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
		James Callaghan	12.06	15-16/05/2004	Warrington	Cheshire Championships	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
		James Callaghan	12.19	29-30/05/2004	Wigan	NoEAA u20 T&F Champs	<a href="https://www.northernathletics.co.uk/download/na-tf-results-2004/">https://www.northernathletics.co.uk/download/na-tf-results-2004/</a>
		James Callaghan	12.20	06/06/2004	Bebington	NoE N 1W	<a href="#">AW June 9, 2004 - vol.58 no.24</a>
		James Callaghan	12.95	18/07/2004	Bebington	YAL - N1W boys	<a href="#">from CD end Aug'04 (old website@gq.nu)</a> - <a href="#">AW July 16, 2003 - vol.57 no.29</a>
		James Callaghan	13.63	21/08/2004	Cudworth	NoEAA Inter Counties Team	<a href="https://www.cheshireaa.com/results/ICTF/2004/2004ICTF.pdf">https://www.cheshireaa.com/results/ICTF/2004/2004ICTF.pdf</a>
		George Hyde	13.83	02/05/2015	Stockport	YDL N 1W lower	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
		George Hyde	15.15	11/07/2015	Gateshead	ESAA T&F Championships	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 8

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Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info	
		Measure						
		George Hyde	15.65		22/08/2015	Blackburn	NA Inter-counties	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
#		George Hyde	15.93		06/09/2015	Stanney	Cheshire League	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
u15	4kg	<b>Indoor</b>						
		James Callaghan	10.12	f i	18-19/01/2003	Sportcity	NoE Junior Championship	<a href="https://www.northernathletics.co.uk/download/na-indoor-results-2003/">https://www.northernathletics.co.uk/download/na-indoor-results-2003/</a>
		James Callaghan	11.53	i	17-18/01/2004	EIS Sheffield	NoE Junior Championships	<a href="https://www.northernathletics.co.uk/download/na-indoor-results-2004/">AW January 31, 2004 - vol.58 no.04 - https://www.northernathletics.co.uk/download/na-indoor-results-2004/</a>
#		James Callaghan	12.97	f i	22-23/01/2005	EIS Sheffield	NoE Junior Championships	<a href="https://www.northernathletics.co.uk/download/na-indoor-results-2005/">https://www.northernathletics.co.uk/download/na-indoor-results-2005/</a>
u17	4kg	Shot						
		George Hyde	14.14		24/05/2015	Stretford	Cheshire Championships	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
		George Hyde	14.44		30/05/2015	Stretford	YDL N W1 lower	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
#		George Hyde	15.23		15/06/2016	Wigan	ESAA Cup NW Regional Final	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 4
u17	4kg	<b>Indoor</b>						
		James McMahon	9.96	i	04/03/2012	EIS Sheffield	EA u15/ u17 Indoor Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
		James McMahon	10.49	i	16/02/2013	Wigan	Sportshall NW Regional Final	<a href="https://thepowerof10.info/results/results.aspx?meetingid=84899">https://thepowerof10.info/results/results.aspx?meetingid=84899</a>
#		James McMahon	11.26	i	07/04/2013	Birmingham	NEC Sportshall UK Final	<a href="https://thepowerof10.info/results/results.aspx?meetingid=83540">https://thepowerof10.info/results/results.aspx?meetingid=83540</a>
u17	5kg	Shot						
		Richard Stocker	10.11		10/05/1998	Crewe	Cheshire Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf">https://www.cheshireaa.com/results/PDFarchive/TF1998.pdf</a>
		Richard Stocker	10.59		07/06/1998	Blackpool	McDonalds YAL	<a href="https://www.cheshireaa.com/Results/index.aspx">records end 2000</a>
		Carl Van Schie	11.02		12/09/2004	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
		James Callaghan	12.84		14-15/05/2005	Macclesfield	Cheshire Championships	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
		James Callaghan	13.08		20/08/2005	Cudworth	Inter Counties	<a href="https://www.cheshireaa.com/results/PDFarchive/NoEAAICTF2005.pdf">https://www.cheshireaa.com/results/PDFarchive/NoEAAICTF2005.pdf</a>
		James Callaghan	13.15		26/06/2005	Warrington	UKA YA N 1W	<a href="https://www.cheshireaa.com/Results/index.aspx">AW November 9, 2005 - vol.59 no.45</a>
		James Callaghan	13.47		25/06/2006	Bolton	YAL 1NW	<a href="https://www.cheshireaa.com/Results/index.aspx">WCAC 2006 stats   Match results not on Po10 or in AW</a>
		George Hyde	14.38		09/04/2016	Liverpool	Throws & Jumps Open	<a href="https://thepowerof10.info/results/results.aspx?meetingid=162969">https://thepowerof10.info/results/results.aspx?meetingid=162969</a>
		George Hyde	14.44		10/04/2016	Bebington	Cheshire League	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
		George Hyde	14.68		01/05/2016	Bury	YDL N W2 upper	<a href="https://thepowerof10.info/results/results.aspx?meetingid=159454">https://thepowerof10.info/results/results.aspx?meetingid=159454</a>
		George Hyde	14.93		11/06/2016	Warrington	Cheshire Schools Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
		George Hyde	14.95		18/06/2016	Birmingham	ESAA Mason Trophy	<a href="https://thepowerof10.info/results/results.aspx?meetingid=165019">https://thepowerof10.info/results/results.aspx?meetingid=165019</a>
		George Hyde	15.23		15/06/2016	Wigan	ESAA Cup NW Regional Final	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 4
		George Hyde	15.54		08/07/2016	Gateshead	ESAA English Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 8
		George Hyde	15.70		24/07/2016	Stanney	YDL Upper Division NW 2	<a href="https://thepowerof10.info/results/results.aspx?meetingid=159457">https://thepowerof10.info/results/results.aspx?meetingid=159457</a>
		George Hyde	15.84		09/04/2017	Wigan	Harriers Spring Open	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2

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Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info	
		Measure						
		George Hyde	16.39		30/04/2017	Wigan	YDL U17/U20 NW 1 Division	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
		George Hyde	16.95		14/05/2017	Warrington	Cheshire Championships	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
		George Hyde	17.07		13/06/2017	Stretford	Trafford AC Grand Prix	<a href="https://thepowerof10.info/results/results.aspx?meetingid=188960">https://thepowerof10.info/results/results.aspx?meetingid=188960</a>
#		George Hyde	17.42		26/08/2017	Bedford	EA U15 / U17 Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 5
u17	5kg	<b>Indoor</b>						
		James Callaghan	12.97	i	23/01/2005	Sheffield	NoE u17/u20 Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=4419">https://thepowerof10.info/results/results.aspx?meetingid=4419</a>
		George Hyde	14.37	i	17/01/2016	Sheffield	NA u17/u20/ Senior Champs	<a href="https://www.northernathletics.co.uk/results-index/">https://www.northernathletics.co.uk/results-index/</a>
		George Hyde	15.57	i	12/11/2016	Sheffield	NA Open Meeting	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
#		George Hyde	15.85	i	18/12/2016	Sportcity	Sale Harriers Open Series	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
u17	6KG	Shot						
		James Callaghan	11.87		19/06/2005	Connah's Quay	NJL NP Mersey	<a href="https://thepowerof10.info/results/results.aspx?meetingid=157117">https://thepowerof10.info/results/results.aspx?meetingid=157117</a>
		James Callaghan	12.42		07/05/2006	Bebington	NJL NP Mersey	<a href="https://thepowerof10.info/results/results.aspx?meetingid=1294">https://thepowerof10.info/results/results.aspx?meetingid=1294</a>
#		James Callaghan	12.56		11/06/2006	Wigan	NJL Mersey	<a href="#">2006 WCAC Stats</a>   James results not on Po10 or in AW!!
u18	5kg	IAAF Shot						
		George Hyde	17.06		18/06/2017		EA u20 / u23 Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 5
		George Hyde	18.12		09/06/2018	Warrington	Cheshire Schools Champs	<a href="https://www.cheshireschoolsaa.co.uk/results-2018">https://www.cheshireschoolsaa.co.uk/results-2018</a>
		George Hyde	18.25		12/06/2018	Stretford	Trafford AC GP	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
#		George Hyde	18.89		17/06/2018	Bedford	EA u20 / u23 Championships	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> page 5
u20	6kg	Shot						
		George Hyde	15.44		12/05/2018	Macclesfield	Cheshire Championships	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2018.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2018.aspx</a>
		George Hyde	15.73		30/09/2018	Wrexham	Final Fling	<a href="https://thepowerof10.info/results/results.aspx?meetingid=250154">https://thepowerof10.info/results/results.aspx?meetingid=250154</a>
		George Hyde	16.42		13/04/2019	Wavertree	Liverpool Throws & Jumps	<a href="https://thepowerof10.info/results/results.aspx?meetingid=284583">https://thepowerof10.info/results/results.aspx?meetingid=284583</a>
		George Hyde	17.37		22/06/2019	Bedford	EA U20/ U23 Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> page 5
		George Hyde	17.43		07/08/2019	Stretford	Trafford AC GP	<a href="https://thepowerof10.info/results/results.aspx?meetingid=276172">https://thepowerof10.info/results/results.aspx?meetingid=276172</a>
		George Hyde	17.60		31/08/2019	Stretford	Throws Chat annual	<a href="https://thepowerof10.info/results/results.aspx?meetingid=302880">https://thepowerof10.info/results/results.aspx?meetingid=302880</a>
#		George Hyde	17.97		03/09/2019	Stretford	Trafford AC GP	<a href="https://thepowerof10.info/results/results.aspx?meetingid=276174">https://thepowerof10.info/results/results.aspx?meetingid=276174</a>
u20	6kg	<b>Indoor</b>						
		James McMahan	10.14	i	10/01/2015	EIS Sheffield	E & Wales U20/Senior CE	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
		George Hyde	14.61	i	25/02/2018	Sheffield	EA U15 / U17 / U20 Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 6
#		George Hyde	18.23	i	11/01/2020	Loughborough	Students AC Open	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2

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Event	Record Holder	Time Measure	race/electronic	Date	Venue	Competition	Source of info
u20 <b>6.25kg</b>							
#	David McKay	11.80		22/08/1999	Derby	National Junior League	records end 2000
u20 <b>7.26kg</b>							
	George Hyde	13.45		05/05/2018	Wigan	NoE League Division 1	<a href="https://thepowerof10.info/results/results.aspx?meetingid=234459">https://thepowerof10.info/results/results.aspx?meetingid=234459</a>
	George Hyde	14.56		05/08/2018	Preston	NoE Division 1	<a href="https://thepowerof10.info/results/results.aspx?meetingid=234462">https://thepowerof10.info/results/results.aspx?meetingid=234462</a>
	George Hyde	14.78		19/05/2019	Blackburn	NA League Division 1	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
	George Hyde	15.50		14/08/2019	Sportcity	Manchester International	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
	George Hyde	15.71		16/08/2020	Loughborough	August Invitational	<a href="https://thepowerof10.info/results/results.aspx?meetingid=353865">https://thepowerof10.info/results/results.aspx?meetingid=353865</a>
	George Hyde	15.84		22/08/2020	Stretford	Trafford Open Series	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
	George Hyde	16.55		05/09/2020	Sportcity	Muller British Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
##	George Hyde	17.77		12/09/2020	Moulton	England Camp Invitation	<a href="https://thepowerof10.info/results/results.aspx?meetingid=407319">https://thepowerof10.info/results/results.aspx?meetingid=407319</a>
u20 <b>7.26kg</b> Indoor							
#	George Hyde	15.29		01/02/2020	Vienna, AUT	Indoor Classic	<a href="https://thepowerof10.info/results/results.aspx?meetingid=347589">https://thepowerof10.info/results/results.aspx?meetingid=347589</a>
SM <b>7.26kg</b> Shot							
	Steve Bradley	11.82		03/07/1998	Blackburn	Northern ML	newsletter Vol2No2
	Dave McKay	12.19		07/06/2003	Wigan	Northern ML	from CD end Aug'04 (old website@gq.nu)
	Dave McKay	12.50		07/06/2008	Wavertree	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=13443">https://thepowerof10.info/results/results.aspx?meetingid=13443</a>
	Dave McKay	12.56		04/07/2009	Eton	BAs League Nat 1 (for Liv H)	<a href="https://thepowerof10.info/results/results.aspx?meetingid=23303">https://thepowerof10.info/results/results.aspx?meetingid=23303</a>
#	Dave McKay	13.14		01/05/2010	Stanney	NoE 2W	<a href="https://thepowerof10.info/results/results.aspx?meetingid=37056">https://thepowerof10.info/results/results.aspx?meetingid=37056</a>
SM Shot Indoor							
	Carl Van Schie	10.05	i	17/02/2008	EIS Sheffield	UKA Indoor City Challenge Final	<a href="https://thepowerof10.info/results/results.aspx?meetingid=11622">https://thepowerof10.info/results/results.aspx?meetingid=11622</a>
v35 <b>7.26kg</b> Shot							
	Andrew Earl	8.11		09/08/2009	Stretford	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2009.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2009.aspx</a>
	Dave McKay	11.48		07/05/2016	Wakefield	NoE Division 1	<a href="https://www.northernathletics.co.uk/league-results-2016/">https://www.northernathletics.co.uk/league-results-2016/</a>
	Dave McKay	11.65		03/07/2016	Stanney	NoE N 1	<a href="https://thepowerof10.info/results/results.aspx?meetingid=159264">https://thepowerof10.info/results/results.aspx?meetingid=159264</a>
#	Dave McKay	11.86		04/06/2017	Stanney	NA League Division 1	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
v40 <b>7.26kg</b>							
	Dave McKay	10.83		19/06/2021	Blackburn	NoE W Premier	<a href="https://thepowerof10.info/results/results.aspx?meetingid=415487">https://thepowerof10.info/results/results.aspx?meetingid=415487</a>
	Dave McKay	11.57		04/07/2021	Stanney	NA West Premier	<a href="https://www.northernathletics.co.uk/track-field-league/">https://www.northernathletics.co.uk/track-field-league/</a>
#	Dave Mckay	11.70		15/05/2022	Macclesfield	Cheshire Championships	<a href="https://thepowerof10.info/results/results.aspx?meetingid=456996&amp;pagenum=2">https://thepowerof10.info/results/results.aspx?meetingid=456996&amp;pagenum=2</a>



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Event	Record Holder	Time Measure	race/electronic	Date	Venue	Competition	Source of info
v45	<b>7.26kg</b>						
v50	<b>6kg</b>	Shot					
	<b>7.26kg</b>	Neil Carter	5.55	14/07/2013	Colwyn Bay	Cheshire League	<a href="https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2013.aspx">https://www.cheshireaa.com/results/TFL/cheshire_tf_league_2013.aspx</a>
v55	<b>6kg</b>						
v60	<b>5kg</b>	Shot					
	#	Jon Clarke	6.01	14/07/2018	Sheffield	NoE British Masters Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
v65	<b>5kg</b>						
	<b>7.26kg</b>	Senior Weight Jon Clarke	4.49	21/08/2021	Stanney	Cheshire Championships	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
v70	<b>4kg</b>	Shot					
<b>Weight</b>							
V35	<b>15.88kg</b>						
V40	<b>15.88kg</b>						
	#	Dave Mckay	13.09	08/02/2022	Horspath	British Masters throw/pent	<a href="https://thepowerof10.info/results/results.aspx?meetingid=461406&amp;pagenum=2">https://thepowerof10.info/results/results.aspx?meetingid=461406&amp;pagenum=2</a>
V50	<b>11.34kg</b>						
V60	<b>9.08kg</b>						

### Triathlon > Decathlon

u11	Triathlon						
	Anthony Devoy	83pts	5*	13/09/1998	Stockport	County Multi-events	<a href="https://www.cheshireaa.com/results/PDFarchive/JME1998.pdf">https://www.cheshireaa.com/results/PDFarchive/JME1998.pdf</a>
	Lewis Bromilow	120pts	5*	12/09/1999	Macclesfield	County Multi-events	<a href="https://www.cheshireaa.com/results/PDFarchive/JME1999.pdf">https://www.cheshireaa.com/results/PDFarchive/JME1999.pdf</a>
	Benjamin Fowles	188pts	5*	09/09/2001	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/results/PDFarchive/JME2001.pdf">https://www.cheshireaa.com/results/PDFarchive/JME2001.pdf</a>



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Event	Record Holder	Time	race/electronic Measure	Date	Venue	Competition	Source of info
Quadrathlon							
	Jac Goodall	241pts		26/06/2011	Sport City	Dash Quad	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a>
u13	Triathlon 5*						
	Danny Wayman	206pts	5*	13/09/1998	Stockport	County Multi-events	<a href="https://www.cheshireaa.com/results/PDFarchive/JME1998.pdf">https://www.cheshireaa.com/results/PDFarchive/JME1998.pdf</a>
	Lawrence Walker	217pts	5*	15/09/2002	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/results/ME/2002/U11CE2002.jpg">https://www.cheshireaa.com/results/ME/2002/U11CE2002.jpg</a>
#	Gareth Preston	242pts	5*	14/09/2003	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/results/ME/2003/JuniorMEU11results.pdf">https://www.cheshireaa.com/results/ME/2003/JuniorMEU11results.pdf</a>
Quadrathlon							
#	James McMahon	220pts		27/06/2010	Sportcity	Dash YA Quadrathlon	<a href="https://thepowerof10.info/results/results.aspx?meetingid=39403">https://thepowerof10.info/results/results.aspx?meetingid=39403</a>
Pentathlon							
#	James McMahon	1683		14/08/2010	Sportcity	NW Combined Events Open	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 4
u15	Pentathlon						
	Craig France	1991		10/09/2000	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/results/PDFarchive/JME2000.pdf">https://www.cheshireaa.com/results/PDFarchive/JME2000.pdf</a>
	Craig France	383pts	5*	10/09/2000	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/results/PDFarchive/JME2000.pdf">https://www.cheshireaa.com/results/PDFarchive/JME2000.pdf</a>
	Craig France	2342		09/09/2001	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/results/PDFarchive/JME2001.pdf">https://www.cheshireaa.com/results/PDFarchive/JME2001.pdf</a>
	Craig France	2592		29/09/2001	Birmingham	AAA CE Championships	<a href="https://www.cheshireaa.com/results/PDFarchive/JME2001.pdf">https://www.cheshireaa.com/results/PDFarchive/JME2001.pdf</a> from CD end Aug'04 (old website@gq.nu)
	Nathan Brassington	2604		25/06/2022	Blackburn	ESSA NW Regional CE	<a href="https://thepowerof10.info/results/results.aspx?meetingid=468476&amp;pagenum=2">https://thepowerof10.info/results/results.aspx?meetingid=468476&amp;pagenum=2</a>
#	Nathan Brassington	2762		17/09/2022	Bedford	ESAA CE & Race Walking	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=479927&amp;top=5000&amp;pagenum=6">https://www.thepowerof10.info/results/results.aspx?meetingid=479927&amp;top=5000&amp;pagenum=6</a>
u15	Pentathlon <b>Indoor</b>						
	James McMahon	2155	i	03/03/2012	EIS Sheffield	EA u15/u17 CE Champs	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 2
#	Nathan Brassington	2334	i	12-13/03/2022	EIS Sheffield	EA u15/ u17 CE Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=468476&amp;pagenum=2">https://thepowerof10.info/results/results.aspx?meetingid=468476&amp;pagenum=2</a>
u17	Pentathlon						
	Andrew Gore	2101		09/09/2001	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/results/PDFarchive/JME2001.pdf">https://www.cheshireaa.com/results/PDFarchive/JME2001.pdf</a>
	Carl Van Schie	2327		12/09/2004	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
	Carl Van Schie	2697		12-13/03/2005	Cardiff	AAA/AAW CE Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=34066">https://thepowerof10.info/results/results.aspx?meetingid=34066</a>
#	Carl Van Schie	2742		11/09/2005	Macclesfield	Cheshire Multi-events	<a href="https://www.cheshireaa.com/Results/index.aspx">https://www.cheshireaa.com/Results/index.aspx</a>
u17	Pentathlon <b>Indoor</b>						
#	Carl Van Schie	2517	i	15-16/01/2005	EIS Sheffield	N, E, & NE Pentathlon Champs	<a href="#">AW January 26, 2005 - vol.59 no.4</a>
u17	Heptathlon <b>Indoor</b>						
	Tom Booth	3447	i	07-08/03/2009	EIS Sheffield	EA u17/ 15 Indoor Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=21509&amp;pagenum=2">https://thepowerof10.info/results/results.aspx?meetingid=21509&amp;pagenum=2</a>

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Event	Record Holder	Time	race/electronic	Date	Venue	Competition	Source of info
		Measure					
	Ewan Bradley	3783	i	10-11/03/2018	EIS Sheffield	EA U15 / U17 CE Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=221515&amp;pagenum=4">https://thepowerof10.info/results/results.aspx?meetingid=221515&amp;pagenum=4</a>
#	Nathan Brassington	4262	l	09-10/03/2024	EIS Sheffield	EA U15 / U17 CE Champs	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=579120&amp;pagenum=4">https://www.thepowerof10.info/results/results.aspx?meetingid=579120&amp;pagenum=4</a>
u17	Octathlon						
	Phil Riley	3344		27/06/1998	Wrexham	Schools CE	<a href="#">newsletter Vol2No2</a>
	Carl Van Schie	4269		25-26/6/2005	Macclesfield	NW Schools CE	<a href="#">AW July 6, 2005 - vol.59 no.17</a>   <a href="https://thepowerof10.info/results/results.aspx?meetingid=400085">https://thepowerof10.info/results/results.aspx?meetingid=400085</a>
#	Michael Lyness	4592		20-21/09/2008	Birmingham	ESSA CE Championships	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=15230&amp;top=5000&amp;pagenum=6">https://www.thepowerof10.info/results/results.aspx?meetingid=15230&amp;top=5000&amp;pagenum=6</a>
u17	Decathlon						
#	Carl Van Schie	5284		21/08/2005	Birmingham	AAA/NoEAA CE Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=401625">https://thepowerof10.info/results/results.aspx?meetingid=401625</a>
u20	Heptathlon						
	Carl Van Schie	4067	i	14-15/01/2006	EIS Sheffield	AAA/NoEAA u20 CEs	<a href="https://www.northernathletics.co.uk/download/na-Indoor-results-2006/">https://www.northernathletics.co.uk/download/na-Indoor-results-2006/</a>
	Carl Van Schie	4189	i	14/01/2007	Sheffield	AAA/NoEAA u20 CEs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=4148">https://thepowerof10.info/results/results.aspx?meetingid=4148</a>
#	James McMahon	4346	i	11/01/2015	Sheffield	E & Wales U20/Senior CE	<a href="https://thepowerof10.info/results/results.aspx?meetingid=123884&amp;pagenum=4">https://thepowerof10.info/results/results.aspx?meetingid=123884&amp;pagenum=4</a>
u20	Decathlon						
	John Manning	4382		27-28/06/1998	Wrexham	English Schools Multi-events - regional Final	<a href="#">newsletter Vol1No4 - Aw July 22, 1998 - vol.52 no.30</a>
	John Manning	4553		19-20/09/1998	Hull	English Schools Multi-events	<a href="#">newsletter Vol2No2</a>
	Carl Van Schie	5511		10-11/06/2006	Northwood	AAA/ Mid/ North CE	
	Carl Van Schie	5736		12-13/08/2006	Bedford	SoE CE Championships	<a href="https://thepowerof10.info/results/results.aspx?meetingid=2874&amp;pagenum=2#DecU20M">https://thepowerof10.info/results/results.aspx?meetingid=2874&amp;pagenum=2#DecU20M</a>
#	Carl Van Schie	6017		9-10/06/2007	Stoke	England/NoEAA CE Champs	<a href="#">AW June 14, 2007 _ vol.62 (61) no.24</a>
SM	Heptathlon						
	Carl Van Schie	4362	i	12-13/01/2008	EIS Sheffield	EA SM & u20 Champs	<a href="#">AW January 17, 2008 - vol.63 (62) no.03</a>   <a href="https://thepowerof10.info/results/results.aspx?meetingid=10518">https://thepowerof10.info/results/results.aspx?meetingid=10518</a>
#	Carl Van Schie	4409	i	10-11/01/2009	EIS Sheffield	EA SM & u20 Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=20455">https://thepowerof10.info/results/results.aspx?meetingid=20455</a>
	Decathlon						
	Carl Van Schie	6002		31-01/5-6/2008	Birmingham	EA CE Championships	<a href="https://thepowerof10.info/results/results.aspx?meetingid=13277&amp;pagenum=4">https://thepowerof10.info/results/results.aspx?meetingid=13277&amp;pagenum=4</a>
	Carl Van Schie	6082.00		12-13/07/2008	Hexham	International CE	<a href="https://thepowerof10.info/results/results.aspx?meetingid=14441&amp;pagenum=2">https://thepowerof10.info/results/results.aspx?meetingid=14441&amp;pagenum=2</a>
	Carl Van Schie	6114		23-24/08/2008	Sportcity	NW CE Open	<a href="https://thepowerof10.info/results/results.aspx?meetingid=14815&amp;pagenum=2">https://thepowerof10.info/results/results.aspx?meetingid=14815&amp;pagenum=2</a>
##	Carl Van Schie	6352		17/05/2009	Woodford	Open Meeting	<a href="https://thepowerof10.info/results/results.aspx?meetingid=23486">https://thepowerof10.info/results/results.aspx?meetingid=23486</a>
	Carl Van Schie	6352		13-14/06/2009	Stoke	EA S & u20 CE Champs	<a href="https://thepowerof10.info/results/results.aspx?meetingid=23706&amp;pagenum=3">https://thepowerof10.info/results/results.aspx?meetingid=23706&amp;pagenum=3</a>
v35	Decathlon						

## Club Outdoor best The operative date for determining membership of age groups for all athletes under the age of 17 shall be for Track and Field and Race Walking, the 31<sup>st</sup> August at the end of the Competition Year, [1st October each year to the following 30th September.]

Event	Record Holder	Time Measure	race/electronic	Date	Venue	Competition	Source of info
V40 Throws Pentathlon #	Dave Mckay	3176		08/02/2022	Horspath	British Masters throw/pent	<a href="https://thepowerof10.info/results/results.aspx?meetingid=461406&amp;pagenum=2">https://thepowerof10.info/results/results.aspx?meetingid=461406&amp;pagenum=2</a>

## Walks

u11 600m #	Luke M Gardner	4:15.8		06/04/2024	EPSV	WCAC Open	<a href="https://meets.rosterathletics.com/public/competitions/details/about?id=24857">https://meets.rosterathletics.com/public/competitions/details/about?id=24857</a>
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u13

u15 1,000m #	John Velasquez	7:04.5	track	06/04/2024	EPSV	WCAC Open	<a href="https://www.thepowerof10.info/results/results.aspx?meetingid=600224">https://www.thepowerof10.info/results/results.aspx?meetingid=600224</a>
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u17

u20

SM

v35

v40

v55

v60 3000m Walk #	Jon Clarke	26:43.65	e	25/08/2018	Birmingham	British Masters Championships	<a href="https://www.thepowerof10.info/results/resultslookup.aspx">https://www.thepowerof10.info/results/resultslookup.aspx</a> Page 3
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v65

Cheshire <http://www.cheshireaa.com/Results/index.aspx>  
 Po10 <https://www.thepowerof10.info/results/resultslookup.aspx>  
 Northern T&F League <https://www.northernathletics.co.uk/track-field-league/>  
 No T&F Champs + Indoor <https://www.northernathletics.co.uk/results-index/>  
 ESSA pre-2013 <http://www.esaa.net/oldindex.shtml>