

West Cheshire Endurance Competition 2024

Female PointsTable - at end of June

	PARTICIPATION POINTS						BONUS POINTS											Total Points							
	(1 point per race)						Cross Country			Track	Multi Terrain	Road Leagues/series		Team points			Distance Pts (any surface; one race at each distance)		"Helpers" Points						
	Cross Country	Fell, Hill	Multi-terrain, Trail	Road	Track (3000m and longer)	Total Races	L&D ()	Manch. Lge (Jan, Feb, Oct)	North Wales (Feb, Mar, Oct 1, 2, Nov)	North Staffs ()	Champs (Ches, NA, Eng Nat, //County)	Ultra 24 hr champ, NA Lge A	Witral (Sept - 4 races)	Borders L (Feb, Mar, Apr, May, Oct, Dec)	24hr Ultra	Relays (Cheshire, Northern Athletics)	Cross Country (Ches, M/c Lge, N Wales)			Road (BL Feb, Mar, Apr, May) Ches HM, RR Ches, NA; UK team Ultra	Track (NA Lge; Ches Lge)	25K (15 ml) to 20ml (32K) inc	>20ml to Marathon inc	>Marathon	Road & Track Performance Pts
Females							1 point per event											1	2	3pts					
Emma NUTT	4	1	2	7	14		2	1	1				4			3	3					1	1	30	
Clare MALLON	1		2	8	11				1				3			1	3			2	2		1		24
Anest MULLER	5			3	8		1	2	2				3			3	2								21
Joy HICKMAN	3		1	3	7			2	1				4			2	3								19
Keely SMITH			1	8	9								3				3		1	2		1			19
Debra BEMAND	2		1	7	10			1	1				3				3								18
Lindsay FISHER			1	6	7								2				2			2		2			15
Amanda NEWELL	2		1	2	5		2						2			1	2			2			1		15
Fiona COOK			1	5	6															4	3				13
Angela TEGG	2	1		2	5		1		1							2				2			1		12
Rebecca ROSALSKI			1	4	5								1				1			2	3				12
Alex DUFFEY	2			2	4		1	2								2									9
Amy MILLS			1	3	4								2				2								8
Sarah HIBBERT			1	3	4															2			1		7
Tracy ROGERS	2				2		2									1									5
Traci SHIPLEY			1		1								2				1								4
Kimberley MORRIS				4	4																				4
Anna WOOLGAR	1				1		1									1									3
Lucie TRUETT	1				1		1									1									3
Claire HARRIS	1				1		1																		2
Ellie ROBINSON					0								1										1		2
Ellen McMAHON				1	1																				1
Laura TURLEY				1	1																				1
<i>Totals:</i>	26	2	14	69	0	111	0	12	8	0	7	0	0	30	0	0	17	25	0	3	18	6	5	5	247
	12	2	12	17	0	23	0	9	5	0	6	0	0	12	0	0	10	11	0	2	8	2	4	5	23