30th Chester 'Spring 5'

Wednesday 10th April 2024, 7:00 pm

Pos	Time	Name	Gen	Gen Pos	Prize Over Age	Cat	Cat Pos	Team	Entry	Chip Time	Chip Pos
1	25:21	Howard, Paul	m	1	top 5	SM	1	St Helens Striders	139	25:21	1
2	26:24	Jones, Paul	m	2	top 5	Mv50	1	Shrewsbury AC	402	26:24	2
3	26:27	Young, Michael	m	3	top 5	SM	2	West Cheshire Athletic Club	161	26:27	3
4	26:49	White, David	m	4	top 5	SM	3	Buckley RC	133	26:49	4
5	26:53	Norman, David	m	5	top 5	Mv45	1	Altrincham & District AC Ltd	134	26:52	5
6	26:56	Girvan, Jonathan	m	6		SM	4	Chester Triathlon Club	345	26:56	6
7	27:02	Heap, Jack	m	7	1st u20	u20M	1	Wirral AC	182	27:01	7
8	27:12	Stone, John	m	8		SM	5	Ellesmere Port RC	115	27:11	8
9	27:20	Brown, Liam	m	9		SM	6	Kirkby Milers AC	265	27:19	9
10	27:39	Fryer, Mike	m	10		SM	7	Helsby Running Club	314	27:38	10
11	27:41	Taylor, Matthew	m	11	1st o40	Mv40	1	South Cheshire Harriers	190	27:40	11
12	27:49	Jenson, Matthew	m	12		SM	8	Warrington Running Club	319	27:49	12
13	27:58	McCarrick, Stephen	m	13		Mv40	2	Liverpool Running Bugs	338	27:57	13
14	28:03	Fernyhough, Steven	m	14		Mv40	3	West Cheshire Athletic Club	358	28:02	14
15	28:07	Roberts, Ryan	m	15		SM	9	Cybi Striders	157	28:07	15
16	28:09	Truett, Sean	m	16		SM	10	Buckley RC	479	28:09	16
17	28:15	Walker, Mark	m	17	1st o45	Mv45	2	Macclesfield Harriers & AC	428	28:14	18
18	28:17	Wright, William	m	18		SM	11	Newcastle University AC	413	28:13	17
19	28:19	Crowe, Steve	m	19		SM	12	South Cheshire Harriers	189	28:16	19
20	28:20	Tandy, Lewis M	m	20		SM	13	Long Eaton Running Club	329	28:18	20
21	28:21	Bromley, Andrew	m	21		SM	14	Wallasey Athletic Club	167	28:20	21
22	28:48	Kirkby, Mark	m	22		Mv40	4	Wilmslow Running Club	511	28:43	22
23	28:50	Myers, John	m	23		Mv45	3	Run Sandymoor	383	28:47	23
24	28:53	Sirett, Tom	m	24		SM	15	Ellesmere Port RC	263	28:51	24
25	28:56	Walker, Matthew	m	25		u20M	2	Macclesfield Harriers & AC	153	28:56	25
26	29:03	Edmondson, Ewan	m	26		SM	16	Macclesfield Harriers & AC	268	29:01	26
27	29:03	Hinde, David	m	27		Mv45	4	Chester Triathlon Club	164	29:01	27
28	29:04	Rogers, Tracy	f	1	top 5	SF	1	Buckley RC	280	29:02	29
29	29:05	Hancock, Paul	m	28	1st o50	Mv50	2	South Cheshire Harriers	333	29:01	28
30	29:06	Cowley, Hannah	f	2	top 5	SF	2	Cheshire Dragons	317	29:04	30
31	29:07	Hill, Mark	m	29		Mv40	5	Ellesmere Port RC	403	29:05	31
32	29:11	Brilley, David	m	30		SM	17	Buckley RC	302	29:11	32
33	29:12	Skates, Stephen	m	31		Mv45	5	Meirionnydd Running Club	177	29:12	35
34	29:14	Gordon, Adam	m	32		Mv45	6	Helsby Running Club	233	29:12	36
35	29:14	Woodley, Philip	m	33		SM	18	West Cheshire Athletic Club	143	29:11	34
36	29:15	Speedie, James	m	34		Mv40	6	Wilmslow Running Club	510	29:11	32
37	29:16	Hunter, Sarah	f	3	top 5	SF	3	Ackworth Road Runners	154	29:16	37
38	29:19	Whittingham, Louisa	f	4	top 5	SF	4	Wilmslow Running Club	284	29:19	39
39	29:20	Lynas, Matt	m	35	1st o55	Mv55	1	Macclesfield Harriers & AC	219	29:18	38
40	29:23	Smith, Nigel	m	36		Mv45	7	Chester Triathlon Club	102	29:20	40
41	29:26	Rees, Ben	m	37		SM	19	Sale Harriers Manchester	420	29:25	41
42	29:31	Felton, Woody	m	38		Mv50	3	Spectrum Striders	273	29:31	42
43	29:44	Watkinson, Phil	m	39		SM	20	Liverpool Running Bugs	304	29:42	43
44	29:44	Marsden, Joanna	f	5	top 5	Fv40	1	Cheshire Dragons	350	29:43	44
45	29:45	Brown, Jez	m	40		Mv50	4	Buckley RC	330	29:44	45
46	29:48	Little, Robert	m	41		Mv45	8	West Cheshire Athletic Club	130	29:46	47
47	29:50	Howard, Sarah	f	6		SF	5	Liverpool Harriers & AC	300	29:47	48
48	29:50	Rushton, Tom	m	42		SM	21	South Cheshire Harriers	255	29:45	46
49	29:53	Harrison, Ian	m	43		Mv45	9	Lymm Runners	127	29:49	49
50	29:59	Screawn, Graham	m	44		Mv55	2	Wilmslow Running Club	159	29:55	50
51	30:05	Tumilty, Benjamin	m	45		SM	22	Helsby Running Club	446	30:03	51
52	30:07	Maddock, Marc	m	46		SM	23	Widnes Running Club	256	30:04	52
53	30:18	King, Steven	m	47		Mv50	5	West Cheshire Athletic Club	431	30:14	53
54	30:21	Hall, Lewis	m	48		SM	24		114	30:20	54
55	30:26	Metcalfe, Gareth	m	49		Mv40	7	Helsby Running Club	463	30:22	55
56	30:27	Byrne, Neil Edward	m	50		Mv55	3	Run Sandymoor	148	30:24	56
57	30:32	Thompson, Steven	m	51		Mv40	8	Run Sandymoor	309	30:28	57

Results & Timing | nifty entries.com | http://www.niftyentries.com/

30th Chester 'Spring 5'

Wednesday 10th April 2024, 7:00 pm

Pos	Time	Name	Gen	Gen Pos	Prize Over Age	Cat	Cat Pos	Team	Entry	Chip Time	Chip Pos
58	30:41	Roche, Edward	m	52		Mv45	10	Pensby Runners	467	30:38	58
59	30:46	Murphy, Joe	m	53		SM	25	Chester Triathlon Club	456	30:41	59
60	30:47	Hourigan, Francis	m	54		Mv45	11	Widnes Running Club	136	30:45	61
61	30:48	Jones, Lewis	m	55		Mv40	9	Wilmslow Running Club	215	30:43	60
62	30:50	Harrington, Michael	m	56		Mv50	6	Cheshire Dragons	469	30:47	62
63	30:55	Jones, Andrew	m	57		Mv45	12	Wrexham AAC	262	30:53	63
64	30:58	Scowcroft, Michael	m	58		Mv45	13	Run Sandymoor	165	30:54	64
65	31:01	Newall, Ben	m	59		u20M	3	West Cheshire Athletic Club	316	30:54	65
66	31:10	Grattan, Justin	m	60		Mv50	7	South Cheshire Harriers	275	31:06	66
67	31:11	Leslie, Andrew	m	61		SM	26	Widnes Running Club	155	31:09	67
68	31:13	Darlington, Lucas	m	62		u20M	4	South Cheshire Harriers	169	31:10	68
69	31:15	Price, Simon	m	63		SM	27		170	31:14	70
70	31:24	Williams, James	m	64		Mv45	14	Lymm Runners	519	31:11	69
71	31:25	Kozer, Will	m	65		Mv40	10	Widnes Running Club	433	31:24	71
72	31:30	Gibbs, Matthew	m	66		Mv40	11	Ellesmere Port RC	122	31:24	72
73	31:32	Shields, Bradley	m	67		u20M	5	Newcastle Staffs AC	276	31:29	74
74	31:33	Davies, Eddie	m	68		Mv55	4	Buckley RC	289	31:30	76
75	31:36	Dunning, Dave	m	69		Mv40	12		514	31:24	73
76	31:36	Paddock, Danny	m	70		SM	28	West Cheshire Athletic Club	315	31:32	77
77	31:37	Birch-Jones, Oliver	m	71		u20M	6	Prestatyn RC	399	31:30	75
78	31:40	Sharpley, Faye	f	7		SF	6	Macclesfield Harriers & AC	504	31:35	78
79	31:40	Norman, David	m	72	1st o60	Mv60	1	Warrington A C	279	31:37	79
80	31:40	Truett, Lucie	f	8		SF	7	Deeside AAC	478	31:38	80
81	31:41	Robinson, James	m	73		SM	29		421	31:40	81
82	31:43	Whittingham, Andrew	m	74		Mv50	8	Wilmslow Running Club	410	31:42	82
83	31:52	Hyland, Tony	m	75		Mv55	5	Ellesmere Port RC	124	31:47	83
84	32:00	Taylor, Tony	m	76		Mv60	2	Sandbach Striders	129	31:58	85
84	32:00	Williams, Gareth	m	76		Mv55	6	Vale Royal AC	325	31:51	84
86	32:04	Mayhew, Ian	m	78		Mv40	13	Helsby Running Club	516	32:00	86
87	32:08	Avery, Sara	f	9	1st o40	Fv55	1	Cheshire Dragons	199	32:06	88
88	32:09	Clarke, George	m	79		SM	30	Cheshire Dragons	245	32:04	87
89	32:10	Farmer, Nancy	f	10	1st u20	u20F	1	West Cheshire Athletic Club	270	32:08	89
90	32:15	Carson, Callum	m	80		SM	31	Ellesmere Port RC	123	32:08	90
91	32:20	Alexander, David	m	81		Mv55	7	West Cheshire Athletic Club	320	32:16	91
92	32:27	Brown, Andrew	m	82		SM	32		390	32:20	92
93	32:32	Garner, Daniel	m	83		Mv40	14	Widnes Running Club	386	32:26	93
94	32:35	Jackson, Rebecca	f	11		SF	8	Wilmslow Running Club	357	32:33	94
95	32:46	Kenney, Frances	f	12		Fv40	2	Wilmslow Running Club	266	32:41	96
96	32:48	Humes, Darren	m	84		SM	33	Helsby Running Club	299	32:37	95
97	32:48	Fernyhough, Rob	m	85		Mv40	15	Helsby Running Club	253	32:44	97
98	32:50	Waring, Michael	m	86		Mv55	8	Chester Triathlon Club	194	32:48	99
99	32:53	Bowers, Paul	m	87		Mv50	9	Ellesmere Port RC	274	32:49	100
100	32:55	Mayell, Adam	m	88		u20M	7	Crewe and Nantwich AC	282	32:47	98
101	32:59	Bennett, Giles	m	89		Mv55	9	Bury Athletic Club	405	32:57	103
102	33:05	Parry, Andrew	m	90		Mv40	16	Prestatyn RC	339	32:58	104
103	33:05	Homer, Jarrod	m	91		Mv55	10	Wilmslow Running Club	232	32:56	102
104	33:07	Campbell, Eric	m	92		Mv60	3	Buckley RC	312	32:56	101
105	33:10	Williams, Simon	m	93		SM	34	Ellesmere Port RC	464	33:04	105
106	33:13	Duncalfe, Peter	m	94		SM	35	South Cheshire Harriers	507	33:07	106
107	33:16	McCormack, Cameron	m	95		u20M	8	Liverpool Running Bugs	230	33:10	107
108	33:19	Levick, Chris	m	96		Mv40	17	Helsby Running Club	264	33:12	109
109	33:21	Cartwright, Nichola	f	13		SF	9		379	33:10	108
110	33:25	Cushing, Reece	m	97		SM	36		285	33:13	110
111	33:26	Eddie, Graeme	m	98		Mv45	15	Macclesfield Harriers & AC	448	33:21	111
112	33:27	Sheppard, Jack	m	99		Mv40	18	West Cheshire Athletic Club	408	33:23	113
113	33:29	Austin, Eddie	m	100		Mv60	4	Chester Triathlon Club	244	33:24	114
114	33:30	Clague, Andrew	m	101		Mv55	11	West Cheshire Athletic Club	201	33:30	116

30th Chester 'Spring 5'

Wednesday 10th April 2024, 7:00 pm

Pos	Time	Name	Gen	Gen Pos	Prize Over Age	Cat	Cat Pos	Team	Entry	Chip Time	Chip Pos
115	33:33	Cuthbert, Philip	m	102		Mv50	10	Manx Fell Runners	430	33:24	115
116	33:37	Dash, Leslie	m	103		SM	37	Helsby Running Club	365	33:21	112
117	33:40	Hewitt, Ian	m	104		Mv45	16	Liverpool Running Bugs	500	33:36	118
118	33:43	Miles, Graham	m	105		Mv55	12	Vale Royal AC	412	33:34	117
119	33:45	Lomas, Steve	m	106		Mv55	13	Macclesfield Harriers & AC	111	33:42	120
120	33:48	Jones, Wayne	m	107		Mv40	19	Ellesmere Port RC	301	33:40	119
121	33:54	Blizzard, Louise	f	14	1st o45	Fv45	1	Warrington A C	404	33:45	121
122	34:01	Taylor, Matthew	m	108		Mv50	11	Wilmslow Running Club	394	33:51	122
123	34:06	Stuffin, Mark	m	109		Mv45	17		486	34:00	123
124	34:06	Bailey, Martin	m	110		Mv45	18	Newcastle Staffs AC	125	34:01	124
125	34:07	Sperring, Luke	m	111		SM	38		292	34:02	125
126	34:13	Woolgar, Anna	f	15	1st o50	Fv50	1	Chester Triathlon Club	522	34:02	126
127	34:27	Demore, Paul	m	112		Mv55	14	St Helens Striders	149	34:25	129
128	34:27	Smith, Amie	f	16		SF	10	Cheshire Dragons	180	34:25	130
129	34:31	Ferguson, John	m	113		Mv55	15	South Cheshire Harriers	311	34:24	127
130	34:31	Doughton, Jane	f	17		Fv45	2	Buckley RC	437	34:24	128
131	34:38	Baynham-Hughes, Laura	f	18		Fv45	3	Helsby Running Club	482	34:28	131
132	34:46	Barton, Charles	m	114		SM	39	Buckley RC	203	34:39	133
133	34:47	Jones, Marc	m	115		Mv60	5	Prestatyn RC	450	34:38	132
134	34:48	Bailey, Amanda	f	19		Fv50	2		429	34:42	134
135	34:53	Morris, Owain	m	116		SM	40	Macclesfield Harriers & AC	470	34:48	139
136	34:54	Lea, Alan	m	117		Mv55	16	Helsby Running Club	227	34:43	135
137	34:54	Grant, Nigel	m	118		Mv60	6	Penny Lane Striders	204	34:45	136
138	34:55	Westwood, Richard	m	119		Mv45	19	Wrexham AAC	271	34:46	137
139	34:58	Davies, Chris	m	120		Mv50	12	Pensby Runners	247	34:48	138
140	35:00	O'Keefe, Ray	m	121		Mv55	17	Macclesfield Harriers & AC	209	34:52	140
141	35:02	Cain, Christopher	m	122		Mv55	18	Lonely Goat RC	411	34:58	143
142	35:04	Norris, Paul	m	123	1st o65	Mv65	1	Wilmslow Running Club	332	34:54	141
143	35:06	Field, Neil	m	124		Mv50	13	West Cheshire Athletic Club	181	34:58	142
144	35:14	Caisley, Colin	m	125		Mv50	14	Wilmslow Running Club	363	35:03	145
145	35:15	Walker, Georgina	f	20		Fv45	4	Lymm Runners	168	35:04	146
146	35:19	Busow, Paul	m	126		Mv50	15	Widnes Running Club	352	35:02	144
147	35:19	Greenwood, Simon	m	127		Mv55	19	Chester Triathlon Club	229	35:09	147
148	35:22	Mayell, Tom	m	128		Mv45	20	Sandbach Striders	283	35:12	148
149	35:24	Roberts, Dominic	m	129		Mv45	21	Pensby Runners	442	35:19	150
150	35:28	Macpherson, Stacy	f	21		SF	11	Wilmslow Running Club	371	35:15	149
151	35:31	Lloyd, Matthew	m	130		SM	41	Ellesmere Port RC	422	35:22	151
152	35:33	Kennedy, Colin	m	131		Mv55	20	Widnes Running Club	254	35:25	153
153	35:34	Morrison, Gary	m	132		Mv55	21	Wilmslow Running Club	208	35:25	152
154	35:35	Samuels, Mark	m	133		Mv65	2	Pensby Runners	443	35:27	154
155	35:45	Robertson, Paul	m	134		Mv60	7	Pensby Runners	211	35:30	155
156	35:57	Crewe, Graham	m	135		Mv65	3	Wilmslow Running Club	424	35:44	156
157	35:58	Morris, Bernie	m	136		Mv50	16	Buckley RC	362	35:46	158
158	36:02	Harrison, Susan	f	22		Fv50	3	Wilmslow Running Club	372	35:48	159
159	36:02	Hankins, Richard	m	137		Mv50	17	Helsby Running Club	287	35:46	157
160	36:03	Robinson, Mark	m	138		Mv40	20	Tattenhall Runners	400	35:50	160
161	36:03	Stockdale, Sue	f	23		Fv50	4	Macclesfield Harriers & AC	432	35:55	161
162	36:07	Fraser, Emma	f	24		Fv45	5	Run Sandymoor	494	35:56	162
163	36:09	Trimnell, Georgia	f	25		u20F	2	Liverpool Running Bugs	337	36:03	163
164	36:14	Earlam, Graham	m	139		Mv65	4	Ellesmere Port RC	117	36:08	165
165	36:17	Duffey, Georgina	f	26		u20F	3	West Cheshire Athletic Club	457	36:07	164
166	36:25	Whitehead, John	m	140		SM	42	Helsby Running Club	347	36:10	166
167	36:26	Opara, Elaine	f	27		Fv40	3	Wallasey Athletic Club	126	36:11	167
168	36:27	Ainscough, Ian	m	141		Mv65	5	Chester Triathlon Club	193	36:22	170
169	36:39	Casey, Louise	f	28		Fv40	4	Widnes Running Club	141	36:35	174
170	36:39	Lewtey, Paul	m	142		Mv45	22	Deestriders B S RC	512	36:17	168
171	36:43	Carey, Thomas	m	143		Mv40	21	Helsby Running Club	458	36:20	169

30th Chester 'Spring 5'

Wednesday 10th April 2024, 7:00 pm

Pos	Time	Name	Gen	Gen Pos	Prize Over Age	Cat	Cat Pos	Team	Entry	Chip Time	Chip Pos
172	36:47	Atkinson, Mike	m	144		Mv65	6	Cheshire Dragons	132	36:33	171
173	36:51	Verschueren, Kerry	f	29		SF	12	Ellesmere Port RC	138	36:42	177
174	36:53	Henstock, Gwennan	f	30		Fv45	6	Buckley RC	501	36:45	179
174	36:53	Watts, Andy	m	145	1st o70	Mv70	1	Wilmslow Running Club	327	36:34	172
176	36:54	Sutcliffe, Bree	f	31		Fv45	7	Wirral AC	515	36:41	176
177	36:55	Jackson, Frances	f	32		SF	13	Wilmslow Running Club	359	36:41	175
178	36:57	Mulholland, Keith	m	146		Mv55	22	Macclesfield Harriers & AC	234	36:52	180
179	36:59	Laxton, David	m	147		Mv60	8	Unaffiliated	290	36:45	178
180	37:02	Maddox, Pab	m	148		Mv55	23	Newcastle Staffs AC	495	36:54	182
181	37:03	Morgan, Andy	m	149		SM	43		249	36:34	173
182	37:07	Whitfield, Matthew	m	150		Mv65	7	Ellesmere Port RC	401	36:53	181
183	37:10	Hickman, Joy	f	33	1st o55	Fv55	2	West Cheshire Athletic Club	146	36:58	183
184	37:16	Hunter, Joy	f	34		Fv40	5	Buckley RC	288	37:01	184
185	37:21	Hinds, Owen	m	151		u20M	9	Liverpool Running Bugs	349	37:08	186
186	37:25	Carr, Kieron	m	152		Mv50	18	Liverpool Running Bugs	335	37:18	190
187	37:29	MacGugan, Hayley	f	35		Fv40	6	Widnes Running Club	506	37:02	185
188	37:35	Whittingham, Philippa	f	36		Fv55	3	Wilmslow Striders	409	37:28	193
189	37:37	Reynolds, Spencer	m	153		Mv45	23	Wirral Vikings Racing Team	116	37:17	189
190	37:40	Bown, Nic	m	154		Mv60	9	Wilmslow Running Club	474	37:19	191
191	37:42	Plester, Steven	m	155		Mv40	22	Helsby Running Club	502	37:32	194
192	37:43	Serra, Giuseppe	m	156		Mv55	24	Ellesmere Port RC	112	37:37	196
193	37:44	Bowes, Michelle	f	37		SF	14	Deestriders B S RC	213	37:14	187
194	37:49	Barron, Jamie	m	157		Mv45	24	Penyffordd Run Club	382	37:16	188
195	37:49	Grantham, Lisa	f	38		Fv45	8	Pensby Runners	246	37:34	195
196	37:52	Scott, Will	m	158		Mv55	25		216	37:26	192
197	37:53	Richardson, Kate	f	39		Fv40	7	Pensby Runners	351	37:38	197
198	37:59	Kendrick, Cora	f	40		Fv40	8	Helsby Running Club	308	37:39	198
199	38:02	Parker, Stephen	m	159		Mv60	10	Chester Triathlon Club	488	37:59	200
200	38:06	Hayes, Libby	f	41		SF	15		101	37:46	199
200	38:06	Nixon, Simon	m	160		Mv65	8	Denbigh Harriers	451	38:00	201
202	38:12	Skea, Claire	f	42		SF	16	Liverpool Running Bugs	303	38:04	205
203	38:13	Ludden, Margaret	f	43	1st o60	Fv60	1	Buckley RC	196	38:08	208
204	38:14	Marr, Stephen	m	161		SM	44		119	38:02	202
205	38:16	Ryan, Hannah	f	44		SF	17	Helsby Running Club	376	38:02	203
206	38:18	Beech, Jody	f	45		SF	18	Ellesmere Port RC	278	38:03	204
207	38:18	Weedman, Stephen	m	162		Mv55	26	Prestatyn RC	144	38:10	210
208	38:21	Landucci, Ian	m	163		Mv60	11	Helsby Running Club	293	38:16	214
209	38:21	Carman, Richie	m	164		Mv45	25	Vegan Runners UK	480	38:09	209
210	38:23	Bellis, Steve	m	165		Mv65	9	Buckley RC	395	38:13	211
211	38:25	Stainthorpe, Ian	m	166		Mv60	12	Rochdale Harriers & AC	110	38:13	212
212	38:27	Geoghan, Shaun	m	167		Mv55	27	Liverpool Running Bugs	398	38:20	217
213	38:27	Stanley, James	m	168		Mv45	26	Liverpool Running Bugs	231	38:19	216
214	38:29	Rothwell, Katie	f	46		Fv40	9		509	38:06	207
215	38:31	Barnard, Mike	m	169		Mv50	19	Helsby Running Club	449	38:05	206
216	38:39	Walton, Colin	m	170		Mv60	13	Wilmslow Running Club	477	38:25	218
217	38:41	Gent, Phil	m	171		Mv50	20	West Cheshire Athletic Club	186	38:32	220
218	38:44	Harvey, Charlotte	f	47		SF	19	Buckley RC	160	38:17	215
219	38:44	Bemand, Debra	f	48		Fv50	5	West Cheshire Athletic Club	460	38:31	219
220	38:49	Mills, Joe	m	172		Mv40	23	Chester Road Runners	503	38:33	221
221	38:50	Webster, Amy	f	49		Fv45	9		220	38:39	222
222	38:56	Morgan-Williams, Fletcher	m	173		u20M	10	Pensby Runners	481	38:13	213
223	39:00	Plested, Paul	m	174		Mv60	14	Ellesmere Port RC	272	38:43	223
224	39:15	Donoghue, Paul	m	175		Mv50	21	Buckley RC	331	39:06	226
225	39:16	Clarke, John	m	176		Mv70	2	Vale Royal AC	259	38:59	224
226	39:19	Stephens, Greg	m	177		Mv45	27	Widnes Running Club	497	39:10	229
227	39:25	Fairclough, Keith	m	178		Mv50	22		521	39:06	227
228	39:28	Hughes, Aidan	m	179		SM	45		419	39:05	225

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30th Chester 'Spring 5'

Wednesday 10th April 2024, 7:00 pm

Pos	Time	Name	Gen	Gen Pos	Prize Over Age	Cat	Cat Pos	Team	Entry	Chip Time	Chip Pos
229	39:30	Whitby, Jonathan	m	180		SM	46	Helsby Running Club	435	39:14	230
230	39:33	Salusbury, Mike	m	181		Mv45	28	Deestriders B S RC	261	39:08	228
231	39:37	Dean, Katie	f	50		SF	20	Widnes Running Club	415	39:20	233
232	39:38	Smallwood, Ian	m	182		Mv60	15	Wilmslow Running Club	444	39:23	234
233	39:47	Taylor, Lewis	m	183		SM	47	Spectrum Striders	251	39:19	232
234	39:47	Dunn, Michael	m	184		SM	48	Liverpool Running Bugs	242	39:39	237
235	39:48	Cowley, Gary	m	185		SM	49	Penyffordd Run Club	381	39:16	231
236	39:50	Ward, Betsy-Ann	f	51		SF	21	Chester Triathlon Club	389	39:43	238
237	39:58	Kelly, Joseph	m	186		SM	50	Helsby Running Club	354	39:32	235
238	40:03	Russell, Matthew	m	187		SM	51		243	39:32	236
239	40:04	Litherland, Kate	f	52		Fv45	10	Chester Triathlon Club	108	39:51	239
240	40:06	Fitzpatrick, Chloe	f	53		SF	22	Wilmslow Running Club	173	39:52	240
241	40:12	Lucas, Holly	f	54		SF	23	Wilmslow Running Club	218	39:55	241
242	40:22	Moreton, Debbie	f	55		Fv50	6	Vale Royal AC	306	40:05	243
243	40:24	Schofield, Kathryn	f	56		SF	24	Helsby Running Club	147	40:10	246
244	40:27	MacPherson, Elisabeth	f	57		Fv40	10	Buckley RC	436	39:59	242
245	40:28	Lathaen, Phil	m	188		Mv50	23	Lonely Goat RC	441	40:09	245
246	40:29	Williams, Sandy	f	58		Fv45	11	Helsby Running Club	107	40:06	244
247	40:31	Wyles, Janet	f	59		Fv55	4	Wilmslow Running Club	491	40:17	247
248	40:37	Dunne, Raphael	m	189		Mv45	29	Pensby Runners	489	40:27	249
249	40:45	Duffey, Henrietta	f	60		u20F	4		346	40:35	253
250	40:50	Pullen, Robert	m	190		Mv55	28	Wrecsam Tri	322	40:25	248
251	40:51	Rowlands, Claire	f	61		Fv45	12	Chester Triathlon Club	150	40:37	254
252	40:51	Ehlen, Brad	m	191		Mv50	24	Northwich Running Club	490	40:32	251
253	40:55	Rae, John	m	192		Mv40	24	Northwich Running Club	310	40:48	258
254	40:57	Alexander, Paul	m	193		Mv65	10	Pensby Runners	324	40:31	250
255	40:58	Crawshaw, Bill	m	194		Mv60	16	Wrecsam Tri	440	40:32	252
256	41:03	Cooke, Lauren	f	62		SF	25	Helsby Running Club	447	40:42	257
257	41:04	Shaw, Carol	f	63		Fv60	2	Helsby Running Club	396	40:39	255
258	41:08	Rosbottom, Anne	f	64		Fv50	7	Wirral AC	197	40:55	260
259	41:09	Yarwood, Dennis	m	195		Mv55	29	Spectrum Striders	476	40:40	256
260	41:17	Connor, Ken	m	196		Mv55	30	Widnes Running Club	426	40:59	263
261	41:19	Martin, Bruce	m	197		Mv50	25	Liverpool Running Bugs	391	41:12	269
262	41:22	Jones, Laura	f	65		Fv40	11	Ellesmere Port RC	423	41:12	271
263	41:23	Poole, Susan	f	66		Fv55	5	South Cheshire Harriers	465	40:54	259
264	41:26	Higham, Robert	m	198		u20M	11	Liverpool Running Bugs	384	41:20	273
265	41:26	Humphries, Thomas	m	199		SM	52	Widnes Running Club	185	41:08	266
266	41:27	Hunter, Craig	m	200		Mv45	30	Buckley RC	145	40:59	262
267	41:28	Houghton, John	m	201		Mv60	17	Run Sandymoor	222	41:12	270
268	41:28	Parry, Kevin	m	202		Mv45	31		163	40:57	261
269	41:32	Whitmore, Andrew	m	203		Mv45	32		241	41:05	265
270	41:33	Salusbury, Steph	f	67		Fv45	13	Deestriders B S RC	260	41:03	264
271	41:34	Thompson, Andrew	m	204		Mv60	18		105	41:11	268
272	41:36	Greaves, Stephen	m	205		Mv50	26	Wilmslow Running Club	487	41:23	275
272	41:36	Harrison, Richard	m	205		Mv50	26	Wilmslow Running Club	373	41:23	274
274	41:37	Griffiths, David	m	207		Mv55	31	Penny Lane Striders	250	41:08	267
275	41:42	Nellist, Graham	m	208		Mv60	19	Chester Triathlon Club	459	41:35	279
276	41:43	McConville, Stephen	m	209		Mv55	32	Pensby Runners	166	41:15	272
277	41:47	Carr, Tracey	f	68		Fv55	6	Liverpool Running Bugs	334	41:32	277
278	41:56	Hewitt, Ruth	f	69		Fv45	14	Liverpool Running Bugs	392	41:29	276
279	41:59	Wiggins, Stephen	m	210		SM	53	Helsby Running Club	217	41:33	278
280	42:03	Abbinante, Claire	f	70		Fv45	15		361	41:44	281
281	42:06	Fido, Rob	m	211		Mv50	28	Meols Milers	238	41:40	280
282	42:12	Davies, Helen	f	71		Fv55	7	Widnes Wasps Ladies R C	369	41:45	282
283	42:12	Harris, Fergus	m	212		u20M	12		367	41:57	287
284	42:14	Evans, Andrew	m	213		Mv55	33	Widnes Running Club	407	42:01	290
285	42:14	Mills, Sarah	f	72		SF	26	Chester Road Runners	183	42:02	291

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30th Chester 'Spring 5'

Wednesday 10th April 2024, 7:00 pm

Pos	Time	Name	Gen	Gen Pos	Prize Over Age	Cat	Cat Pos	Team	Entry	Chip Time	Chip Pos
286	42:15	Walker, Louise	f	73		Fv40	12	Vale Royal AC	425	41:58	288
287	42:17	Maw, Simon	m	214		Mv60	20		471	41:55	286
288	42:19	Nixon, George	m	215		Mv70	3	Prestatyn RC	286	42:13	297
289	42:19	Green, Chris	m	216		SM	54	Helsby Running Club	202	41:52	284
290	42:19	King, Charlotte	f	74		SF	27	Helsby Running Club	212	41:54	285
291	42:20	Cucksey, Cameron	m	217		SM	55		187	42:03	293
292	42:22	Low, Darren	m	218		Mv55	34	Deestriders B S RC	210	41:51	283
293	42:26	Dodd, Alex	m	219		SM	56		162	42:03	292
294	42:30	Cairns, Kim	f	75		Fv40	13		151	42:04	294
295	42:31	Safarova, Polly	f	76		SF	28	Pensby Runners	223	41:58	289
296	42:34	Howes, Glyn	m	220		Mv60	21	Chester Triathlon Club	171	42:12	295
297	42:37	Savage, Stephanie	f	77		Fv40	14	Widnes Running Club	466	42:19	298
298	42:41	Gorst, Grace	f	78		SF	29	Widnes Running Club	291	42:23	301
299	42:41	Caffery, Caroline	f	79		Fv45	16	Buckley RC	296	42:13	296
300	42:42	Screawn, Janet	f	80		Fv55	8	Wilmslow Running Club	318	42:28	302
301	42:44	Williams, Alison	f	81		Fv50	8	Helsby Running Club	226	42:22	300
302	42:48	Raffel, Alistair	m	221		Mv70	4	Spectrum Striders	252	42:20	299
303	42:53	Collins, Geoff	m	222		Mv65	11	Helsby Running Club	106	42:30	303
304	42:55	Mills, Lucy	f	82		SF	30	Helsby Running Club	355	42:33	304
305	43:00	Aindow, Evelyn	f	83		Fv55	9	Buckley RC	461	42:45	306
306	43:07	Bailey, Natalie	f	84		Fv40	15	South Cheshire Harriers	294	42:38	305
307	43:13	Case, Sharon	f	85		Fv50	9	Helsby Running Club	178	42:50	307
308	43:15	Graham, Andy	m	223		Mv40	25	Ellesmere Port RC	417	43:05	310
309	43:30	Morris, Andrew	m	224		Mv40	26		472	43:04	309
310	43:33	Whitley, Owen	m	225		SM	57	Buckley RC	172	43:04	308
311	43:36	Fergusson, Neil	m	226		Mv70	5	Helsby Running Club	192	43:15	312
312	43:36	Read, Debbie	f	86	1st o65	Fv65	1	Helsby Running Club	468	43:15	313
313	43:43	Duffey, Alex	f	87		Fv45	17	West Cheshire Athletic Club	191	43:30	317
314	43:44	Jones, Peter	m	227		Mv65	12	Sunlight Runners	455	43:12	311
315	43:46	Hobson, Iain	m	228		Mv45	33	Buckley RC	406	43:18	315
316	43:47	Wickens, Zoey	f	88		SF	31	Pensby Runners	295	43:24	316
317	43:48	Garrs, Alex	m	229		Mv45	34		445	43:16	314
318	43:50	Meredith, Carly	f	89		Fv40	16		364	43:33	318
319	43:56	McAlister, David	m	230		Mv65	13	Wallasey Athletic Club	454	43:40	320
320	43:59	Plested, Sharon	f	90		Fv55	10	Ellesmere Port RC	121	43:49	321
321	44:01	Moore, Helen	f	91		Fv55	11	Widnes Wasps Ladies R C	484	43:35	319
322	44:25	Fedigan, Jim	m	231		Mv65	14	Pensby Runners	414	44:14	323
323	44:40	Gamble, Philippa	f	92		Fv60	3		505	44:15	324
324	44:43	Lambert, Jeff	m	232		Mv40	27	West Cheshire Athletic Club	313	44:10	322
325	44:46	Longmore, Jon	m	233		SM	58	Helsby Running Club	109	44:34	326
326	44:54	Rawlinson, Lyn	f	93		Fv50	10	Liverpool Running Bugs	342	44:18	325
327	45:02	Reynolds, Laura	f	94		Fv45	18	Wilmslow Running Club	326	44:42	329
328	45:04	Riley, Sarah	f	95		SF	32	Liverpool Running Bugs	343	44:42	328
329	45:06	Symms, Rosemary	f	96		Fv65	2	Chester Triathlon Club	156	44:46	330
330	45:07	Garner, Stephanie	f	97		SF	33	Helsby Running Club	368	44:42	327
331	45:18	Burns, Kevin	m	234		Mv65	15	Deestriders B S RC	176	44:51	331
332	45:22	Davies, Richard	m	235		Mv45	35		248	44:54	332
333	45:23	Trimnell, Kerry	f	98		Fv45	19	Liverpool Running Bugs	336	44:55	333
334	45:32	Walker, Elizabeth	f	99		SF	34	Kirkstall Harriers	508	45:03	334
335	45:35	Keasley, Jackie	f	100		Fv65	3	Helsby Running Club	483	45:09	336
336	45:47	Lowe, Kevin	m	236		Mv50	29	Pensby Runners	366	45:05	335
337	45:56	Purchon, Richard	m	237		Mv55	35	Wirral Vikings Racing Team	517	45:34	337
338	45:59	Prys-Owen, Robert	m	238		Mv70	6		485	45:44	339
339	46:04	Pritchard Jones, Simon	m	239		Mv50	30	Northwich Running Club	344	45:40	338
340	46:11	Eaton, Sharon	f	101		Fv50	11	Tattenhall Runners	200	45:49	341
341	46:20	Hughes, Gareth	m	240	1st o75	Mv75	1	Prestatyn RC	131	45:53	343
342	46:22	Wibberley, Linda	f	102		SF	35	Liverpool Running Bugs	237	45:47	340

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30th Chester 'Spring 5'

Wednesday 10th April 2024, 7:00 pm

Pos	Time	Name	Gen	Gen Pos	Prize Over Age	Cat	Cat Pos	Team	Entry	Chip Time	Chip Pos
343	46:25	Grimoldby, Kate	f	103		SF	36	Spectrum Striders	498	45:57	344
344	46:27	Gent, Sarah	f	104		Fv50	12		340	46:01	345
345	46:28	O'Neill, Sophie	f	105		SF	37	Liverpool Running Bugs	240	45:51	342
346	46:29	Exon, Sue	f	106		Fv70	1	Trafford Athletic Club	269	46:15	347
347	46:41	Hughes, Sarah	f	107		Fv50	13		434	46:18	348
348	46:46	McLeod, Gordon	m	241		Mv65	16		214	46:14	346
349	46:49	Jenkinson, Alan	m	242		Mv75	2	Styal Running Club	257	46:39	350
350	47:01	Hourigan, Hayley	f	108		Fv45	20	Widnes Running Club	137	46:43	351
351	47:01	Ellis, Chris	m	243		SM	59	Ellesmere Port RC	118	46:53	353
352	47:05	Bannister, Linda	f	109		Fv60	4	Liverpool Running Bugs	397	46:31	349
353	47:18	Aird, Paul	m	244		Mv65	17	Deestriders B S RC	258	46:46	352
354	47:53	Griffiths, Andrew	m	245		Mv50	31		523	47:22	354
355	48:14	Janvier, Philip	m	246		Mv65	18	Widnes Running Club	453	47:55	355
356	48:17	Osborne, Kath	f	110		Fv75	1		103	48:14	357
357	48:32	Phillipps, Stephanie	f	111		SF	38	Pensby Runners	207	48:00	356
358	48:37	Ridings, Susan	f	112		Fv60	5	Buckley RC	277	48:17	359
359	48:38	Williams, Victoria	f	113		Fv40	17	Wilmslow Running Club	353	48:18	362
360	48:40	Rathbone, Colin	m	247		Mv80	1	Vale Royal AC	281	48:17	360
361	48:41	Leader, Amy	f	114		Fv45	21		393	48:16	358
362	48:50	Kapoor, Eve	f	115		Fv50	14	Widnes Running Club	184	48:31	366
363	48:52	Green, Jonathan	m	248		Mv40	28	South Cheshire Harriers	113	48:28	365
364	48:52	Darlington, Jo	f	116		Fv50	15	South Cheshire Harriers	328	48:23	363
365	48:55	Dunn, Louise	f	117		SF	39	Liverpool Running Bugs	513	48:18	361
366	48:58	Thorp, Phil	m	249		Mv65	19	Liverpool Running Bugs	341	48:25	364
367	49:00	Jackson, Victoria	f	118		Fv50	16	Ellesmere Port RC	267	48:50	368
368	49:10	Morrison, Carole	f	119		Fv60	6	Pensby Runners	370	48:38	367
369	49:34	Morris, John	m	250		Mv80	2		140	49:21	370
370	49:48	Yuille, Nick	m	251		Mv50	32		321	49:18	369
371	50:03	Partington, Siobhan	f	120		Fv45	22	Spectrum Striders	152	49:30	374
372	50:06	McNamee, Laura	f	121		SF	40	Liverpool Running Bugs	305	49:28	371
373	50:06	Reardon, Denise	f	122		Fv45	23	Liverpool Running Bugs	225	49:29	372
374	50:06	Young, Jenny	f	123		Fv45	24	Liverpool Running Bugs	380	49:29	373
375	50:15	Anderson, Chris	m	252		Mv50	33	Penny Lane Striders	356	49:42	375
376	50:21	Hughes, Sarah	f	124		Fv40	18	Penyffordd Run Club	475	49:48	376
377	50:29	Hirons, Carolyn	f	125		Fv55	12	Wilmslow Running Club	378	50:05	378
378	50:33	Pover, Hayley	f	126		Fv40	19	Ellesmere Port RC	416	50:17	380
379	50:44	Witty, Martin	m	253		Mv55	36	Deestriders B S RC	348	50:19	381
380	50:45	Driscoll, Laura	f	127		SF	41	Liverpool Running Bugs	525	49:54	377
381	50:48	Skinner, Billy	m	254		Mv60	22	Liverpool Running Bugs	235	50:12	379
382	50:58	Lucas, Julie	f	128		Fv60	7	Wilmslow Running Club	377	50:38	382
383	51:06	Burns, Glenys	f	129		Fv65	4		175	50:39	383
384	51:24	Lysons, Alison	f	130		Fv60	8	Widnes Running Club	142	51:03	387
385	51:24	Murphy, Katie	f	131		SF	42	Liverpool Running Bugs	236	50:48	384
386	51:27	Haugh, Laura	f	132		SF	43	Liverpool Running Bugs	387	50:51	385
387	51:29	Williams, Marie	f	133		Fv50	17	Penyffordd Run Club	360	50:55	386
388	51:30	Mann, Zoe	f	134		Fv45	25	Widnes Running Club	452	51:10	388
389	51:35	Hargreaves, Gail	f	135		Fv60	9		158	51:12	389
390	51:54	Machin, Catherine	f	136		Fv40	20	Wilmslow Running Club	492	51:40	391
391	52:04	Astbury, Jules	f	137		Fv55	13	Penyffordd Run Club	206	51:31	390
392	52:19	Hughes, Stephanie	f	138		SF	44		418	51:55	392
393	52:23	McGreavy, Sandra Carol	f	139		Fv60	10	Widnes Running Club	297	52:03	395
394	52:34	Curran, Janine	f	140		Fv45	26	Liverpool Running Bugs	493	51:57	393
395	52:36	Mills, Emma	f	141		SF	45		499	52:06	397
396	52:38	McGowan, Jean	f	142		Fv55	14	Spectrum Striders	427	52:05	396
397	52:42	Wilde, Joe	m	255		Mv45	36	Run Sandymoor	323	52:21	398
398	52:53	Dumbell, Kler	f	143		Fv45	27	Liverpool Running Bugs	524	52:00	394
399	53:08	Barber, Sheila	f	144		Fv50	18	Penyffordd Run Club	221	52:35	399

30th Chester 'Spring 5'

Wednesday 10th April 2024, 7:00 pm

Pos	Time	Name	Gen	Gen Pos	Prize Over Age	Cat	Cat Pos	Team	Entry	Chip Time	Chip Pos
400	53:13	Yuille, Wendy	f	145		Fv45	28		439	52:42	400
401	53:31	Ikpatt, Uyai	f	146		Fv45	29	Wirral AC	195	52:59	401
402	53:42	Mohan, Shaun	m	256		Mv50	34		520	53:31	402
403	54:13	McIndoe, Sue	f	147		Fv55	15	Deestriders B S RC	198	53:44	404
404	54:14	Robinson, Fiona	f	148		Fv55	16	Deestriders B S RC	462	53:43	403
405	54:16	Perchard, Mike	m	257		Mv70	7	Northwich Running Club	375	53:55	405
406	54:59	Barrett, Sandra	f	149		Fv60	11	Chester Road Runners	307	54:25	406
407	55:23	Morris, Rachel	f	150		Fv40	21	North Wales Road Runners	174	55:06	409
407	55:23	Scott, Joanne	f	150		Fv50	19	Penyffordd Run Club	205	54:50	408
409	55:41	Storey, Katie	f	152		Fv40	22	Liverpool Running Bugs	526	54:45	407
410	56:23	Chalmers, Ian	m	258		Mv75	3	Pensby Runners	298	55:44	410
411	56:38	Harper, Cherylnn	f	153		SF	46	Liverpool Running Bugs	224	56:00	411
412	57:31	Williams, Carole	f	154		Fv70	2	Vale Royal AC	128	57:07	412
413	58:08	Roxburgh, Elizabeth	f	155		Fv55	17	Pensby Runners	374	57:29	413
414	59:22	Eddie, Helen	f	156		Fv45	30	Macclesfield Harriers & AC	179	58:58	415
415	59:26	Beattie, Julia	f	157		Fv50	20	Penyffordd Run Club	188	58:51	414
416	60:08	Hogg, Jennifer	f	158		SF	47	Liverpool Running Bugs	388	59:32	417
417	60:08	Farrelly-Treanor, Cheyenne	f	159		SF	48	Liverpool Running Bugs	385	59:31	416
418	62:37	Thomas, James	m	259		Mv80	3	Buckley RC	104	62:00	418
419	62:37	Fido, Tracey	f	160		Fv50	21	Meols Milers	239	62:11	420
420	62:42	Leonard-Stephens, Poppy	f	161		SF	49	Liverpool Running Bugs	228	62:07	419
421	63:08	Ryan, Jeannette	f	162		Fv55	18	Liverpool Running Bugs	518	62:31	421
422	64:04	Faulkner, Trevor	m	260		Mv80	4	Wilmslow Running Club	135	63:22	422
423	71:37	Fielding, Katie	f	163		SF	50	Liverpool Running Bugs	496	70:59	423

If you think we can't count, see 'no race' in Spring 5 column at https://www.westcheshireac.co.uk/races/races-results-archive/ for explanation. So, the 30th running of the 'Spring 5' will be next year, 2025.

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