West Cheshire AC Records

Have you beaten one of these records, or set a new one? If so, please send us details via "Webmaster" at: *http://www.westcheshireac.co.uk/contact/*

For more detail, see: *http://www.westcheshireac.co.uk/club-records/*

Sorry, wind-assisted performances are not considered for record purposes

		FEMALE Age Group				
Event	Overall	FO20	FU20	FU17	FU15	FU13
Indoor						
60m	7.85 Laura Turley 07/01/18	7.85 Laura Turley 07/01/18	7.91 Sian Kelman 17/01/09	7.91 Sian Kelman 07/01/06	7.88 Mia Johnson 10/02/24	8.43 Amy Williams 10/01/10
60m Hurdles (Standard Heights)	8.72 Olivia Montez-Brown 17/01/15	25.30 Alice McMahon 05/05/13	8.72 Olivia Montez-Brown 17/01/15	8.92 Olivia Montez-Brown 01/12/12	8.85 Abigail Pawlett 26/02/17	10.02 Amy Williams 07/02/10
60m Hurdles Senior Height						
150m	19.43 Alice McMahon 21/11/09			19.43 Alice McMahon 21/11/09	19.75 Sam Galley 09/12/06	
200m	24.38 Emma Holmes 18/02/24	25.08 Laura Turley 04/02/18	24.38 Emma Holmes 18/02/24	25.98 Emma Holmes 16/01/22	25.78 Mia Johnson 11/02/24	28.65 Ruby Wisbey 04/02/18
300m	39.56 Laura Turley 07/01/18	39.56 Laura Turley 07/01/18	40.49 Emma Holmes 10/12/23	40.10 Emma Holmes 13/02/22	41.75 Imogen Pughe 23/02/19	44.15 Emily Misantoni 06/12/15
400m	54.67 Laura Turley 09/02/19	54.67 Laura Turley 09/02/19	55.13 Emma Holmes 11/02/24	64.21 Emily Done 07/01/06	60.00 Imogen Pughe 27/01/19	
600m	01:36.23 Jessica Lark 29/01/23			01:36.23 Jessica Lark 29/01/23	01:40.15 Ruby Phillips 04/12/22	01:41.58 Emily Misantoni 06/12/15
800m	02:10.99 Jessica Lark 14/01/24	02:23.02 Olivia Montez-Brown 10/03/17	02:10.99 Jessica Lark 14/01/24	02:12.40 Jessica Lark 11/02/23	02:16.62 Ruby Phillips 11/02/23	02:24.80 Emily Misantoni 22/11/15
1000m	03:10.49 Cosette Wearden 20/11/22			03:10.49 Cosette Wearden 20/11/22	03:22.68 Cosette Wearden 20/11/21	03:26.61 Tamsin O'Keefe 15/02/14
1500m	04:26.34 Jessica Lark 21/01/24		04:26.34 Jessica Lark 21/01/24	05:18.20 Eve Duret 13/01/18		
1 Mile						
3000m	10:11.35 Laura Bestow 27/02/05	10:11.35 Laura Bestow 27/02/05	10:32.52 Katie Clarke 15/01/17	10:45.51 Cosette Wearden 14/01/24		
High Jump	1.69 Victoria Anderson 07/03/10			1.69 Victoria Anderson 07/03/10	1.62 Alice Jennings 14/02/09	1.45 Emily Misantoni 06/12/15
Pole Vault	0.00 00:00.00 00/01/00					
Long Jump	5.85 Olivia Montez-Brown 07/01/17	5.85 Olivia Montez-Brown 07/01/17	5.80 Olivia Montez-Brown 28/02/15	5.49 Olivia Montez-Brown 01/12/12	5.30 Abigail Pawlett 29/01/17 05/02/17	5.01 Amy Williams 16/01/10 21/02/10
Triple Jump	11.36 Favour Akpan 23/02/24	11.36 Favour Akpan 23/02/24		10.22 Olivia Montez-Brown 20/11/10	10.01 Mae Grant 11/02/24	
Shot 3.25kg	11.29 Nicola Gore 09/04/00			11.11 Emily Ball 16/02/13	11.29 Nicola Gore 09/04/00	10.48 Stephanie Owens 18/04/04
Shot 4kg	13.08 Emily Ball 19/02/17	13.08 Emily Ball 19/02/17	11.96 Emily Ball 07/02/15	11.72 Kelly Baker 15/01/12	10.38 Emily Ball 17/11/12	
Shot 5kg	0.00 00:00.00 00/01/00					
Shot 6kg	0.00 00:00.00 00/01/00					
Shot 7.2 6kg	0.00 00:00.00 00/01/00					
Pentathlon	3863 Olivia Montez-Brown 10/03/17	3863 Olivia Montez-Brown 10/03/17	3485 Olivia Montez-Brown 10/01/15	3345 Olivia Montez-Brown 01/12/12	3341 Abigail Pawlett 12/03/17	
Heptathlon	0 00:00.00 00/01/00					