

# West Cheshire AC Records

Have you beaten one of these records, or set a new one? If so, please send us details via "Webmaster" at:

<http://www.westcheshireac.co.uk/contact/>

For more detail, see:

<http://www.westcheshireac.co.uk/club-records/>

*Sorry, wind-assisted performances are not considered for record purposes*

Event	Overall	MALE Age Group						
		MO20	MU20	MU17	MU15	MU13		
<b>Outdoor, Track</b>								
100m	10.60 Mark Lloyd 03/07/99	10.60 Mark Lloyd 03/07/99	11.00 Aidan Stoakley 15/08/10	11.10 Zac Barnsley/ Stephen Jones 07/07/13 05/09/10	11.50 Zac Barnsley/ Matthew Pagan/ Lewis Parsons 16/06/12 17/07/21	12.30 Gareth Preston 20/06/03	20/06/03	
150m	19.87 Theo Shepherd 31/05/21	Event not run					19.87 Theo Shepherd 31/05/21	31/05/21
200m	21.60 Mark Lloyd 01/05/98	21.60 Mark Lloyd 01/05/98	22.30 Sam Pierre-Louis 01/06/14	22.50 Matthew Pagan 08/08/14	23.10 Carl Van Schie 01/06/03	25.66 Lewis Parsons 20/07/19	20/07/19	
300m	35.74 Matthew Pagan 19/08/12	40.10 Liam Davoren 14/04/19	Event not run		35.74 Matthew Pagan 19/08/12	Event not run		
400m	47.93 Matthew Pagan 11/07/15	50.29 Carl Van Schie 24/08/08	47.93 Matthew Pagan 11/07/15	48.85 Matthew Pagan 12/07/14	50.61 Matthew Pagan 07/07/12	Event not run		
600m	01:56.50 Elijah Montez-Brown 11/04/10	Event not run		Event not run		Event not run		
800m	01:49.21 Joseph Morrison 24/07/21	01:49.21 Joseph Morrison 24/07/21	01:55.10 Chris Goodwin 12/06/12	01:55.70 Jelle Verwer 02/06/07	02:05.90 Chris Goodwin 14/06/08	02:18.60 Christy Mageean 17/06/12	17/06/12	
1200m	04:07.40 Dylan Gledhill 22/07/23	Event not run			04:25.30 Evan Miller 09/04/22	04:07.40 Dylan Gledhill 22/07/23	22/07/23	
1500m	03:47.18 Joseph Morrison 24/03/22	03:47.18 Joseph Morrison 24/03/22	04:05.00 Jamie Richardson 29/05/22	04:03.60 Jamie Richardson 04/07/21	04:18.31 Jamie Richardson 20/07/19	04:50.10 Luke Parker 06/07/19	06/07/19	
1 Mile	04:24.70 Joseph Morrison 11/08/19	04:24.70 Joseph Morrison 11/08/19	04:27.90 Jamie Richardson 26/03/23	05:34.20 Christy Mageean 03/06/16	05:20.20 Edward Woodhead 09/04/17	05:40.90 Harvey Tegg 06/06/14	06/06/14	
3000m	08:31.89 Jamie Richardson 25/07/23	08:46.89 Ian Wetherall 25/05/02	08:31.89 Jamie Richardson 25/07/23	09:19.77 David Moorcroft 25/05/89	10:16.90 Chris Goodwin 25/05/08	Event not run		
5000m	14:49.60 Jamie Richardson 10/07/22	15:42.60 Michael Young 21/08/21	14:49.60 Jamie Richardson 10/07/22	19:33.60 Mark Hearn 26/05/12	Event not run			
10,000m	33:54.50 John Fidler 11/07/98	33:54.50 John Fidler 11/07/98	Event not run					
1500mSC	04:55.40 Jamie Richardson 27/08/21	Event not run		04:55.40 Jamie Richardson 27/08/21	Event not run			
2000mSC	06:39.00 Ethan Greenland 29/04/18	Event not run		06:39.00 Ethan Greenland 29/04/18	06:57.20 Alex Haswell 29/07/07	Event not run		
3000mSC	10:01.80 Gary Withers 11/06/98	10:01.80 Gary Withers 11/06/98	10:52.22 Jac Goodall 03/06/18	10:52.22 Jac Goodall 03/06/18	Event not run			
Sprint Hurdles (Standard Distance/ Height)	N/A	15.9 (110m) Carl Van Schie 05/07/09	14.7 (110m) Craig France 13/05/06	13.82 (100m) Craig France 13/07/02	11.8 (80m) Rosa McCormick 19/06/11	12.3 (75m) Ewan Bradley 19/07/14	19/07/14	
80m Hurdles	12.70 George Hyde 15/06/16	Event not run		12.70 George Hyde 15/06/16	See Standard Distance/ Height above			
110m Hurdles Senior Height	15.30 Ewan Bradley 21/07/19	See Standard Distance/ Height above	15.30 Ewan Bradley 21/07/19	Event not run				
400m Hurdles	56.77 Tom Booth 15/05/11	60.10 Matt Thompson 06/06/96	56.77 Tom Booth 15/05/11	59.30 Tom Booth 16/05/99	Event not run			
<b>Outdoor, Field</b>								
High Jump	1.97 Michael Bailiff 26/05/12	1.92 John Manning 07/08/05	1.97 Michael Bailiff 26/05/12	1.92 Ethan Milligan 14/05/16	1.75 Michael Lyness 30/07/06	1.51 Michael Bailiff 08/09/07	08/09/07	
Pole Vault	4.31 Ewan Bradley 30/06/19	3.90 Carl Van Schie 06/09/99	4.31 Ewan Bradley 30/06/19	4.00 Ewan Bradley 27/05/18	3.35 James McMahon 06/07/12	2.10 James McMahon 18/09/10	18/09/10	
Long Jump	6.63 Jonathan Naylor 01/07/00	6.63 Jonathan Naylor 01/07/00	6.60 James McMahon 24/07/16	6.20 Gareth Preston 29/04/07	6.11 Gareth Preston 14/08/05	5.24 Gareth Preston 20/07/03	20/07/03	
Triple Jump	14.24 Jonathan Naylor 03/09/00	14.24 Jonathan Naylor 03/09/00	13.11 Andrew Whilton 27/04/08	13.27 Brian Beattie 09/06/07	12.21 Andrew Whilton 29/05/05	Event not run		
Shot (Standard Weights)	N/A	13.14 (7.26kg) Dave McKay 01/05/10	17.97 (6kg) George Hyde 23/04/23	17.42 (5kg) George Hyde 26/08/17	15.93 (4kg) George Hyde 06/09/15	10.04 (3.25kg) Matthew Spencer 22/06/07	22/06/07	
Discus (Standard Weights)	N/A	38.88 (2kg) Richard Stocker 05/05/13	39.47 (1.75kg) Richard Stocker 30/04/01	40.24 (1.5kg) Dun Xue 06/04/24	37.39 (1.25kg) James Callaghan 18/07/04	26.35 (1kg) Will Scott 27/09/14	27/09/14	
Hammer (Standard Weights)	N/A	49.41 (7.26kg) Dave McKay 16/06/09	(6kg)	49.77 (5kg) Daniel Berg 28/05/17	44.97 (4kg) Daniel Berg 23/03/15	21.36 (4kg) Will Scott 27/09/14	27/09/14	
Javelin (Standard Weights)	N/A	70.43 (800g) Dave McKay 15/06/06	59.98 (800g) Dave McKay 25/07/89	48.69 (700g) Cameron Clark 23/06/12	43.13 (600g) Cameron Clark 06/07/10	33.14 (400g) Will Rawson 11/08/22	11/08/22	
<b>Overall</b>		<b>MO20</b>	<b>MU20</b>	<b>MU17</b>	<b>MU15</b>	<b>MU13</b>		
<b>MALE Age Group</b>								