

# West Cheshire AC Veterans' Records

Have you beaten one of these records, or set a new one? If so, please send us details via "Webmaster" at:

<http://www.westcheshireac.co.uk/contact/>

For more detail, see:

<http://www.westcheshireac.co.uk/club-records/>

*Sorry, wind-assisted performances are not considered for record purposes*

VETERANS' FEMALE Age Group													
Event	Overall Vets		F35	F40	F45	F50	F55	F60	F65	F70	F75		
Road													
5km	18:14 Keely Smith 25.08.22	18:14 Keely Smith 25.08.22	20:29 Louise Diggle 07.07.99	20:15 Ellie Robinson 19.05.17	21:27 Ellie Robinson 13.05.22	21:44 Joy Hickman 16.08.23	22:47 Rosemary Rogers 19.06.14	24:01 Rosemary Rogers 13.06.15	28:02 Rosemary Rogers 12.06.22				
5 Miles	28:14 Liz Renondeau 14.11.21	30:52 Keely Smith 14.11.21	28:14 Liz Renondeau 14.11.21	33:46 Jan Moffett 06.02.00	36:58 Debra Bemand 12.04.22	36:23 Joy Hickman 14.11.21	37:51 Rosemary Rogers 20.10.14	38:30 Rosemary Rogers 05.04.15	44:54 Rosemary Rogers 17.04.22				
10km	35:43 Lindsay Fisher 23.07.23	35:43 Lindsay Fisher 23.07.23	37:14 Keely Smith 26.11.23	43:07 Ellie Robinson 15.04.18	44:35 Debra Bemand 06.03.22	45:15 Joy Hickman 24.09.23	47:02 Rosemary Rogers 30.03.14	48:15 Rosemary Rogers 01.03.15	57:16 Rosemary Rogers 03.07.22				
10 Miles	01:05:21 Keely Smith 08.08.21	01:05:21 Keely Smith 08.08.21	01:08:47 Louise Diggle 11.04.99	01:08:54 Louise Diggle 11.11.01	01:15:23 Clare Mellon 22.10.23	01:18:06 Sarah Hibbert 26.03.23	01:20:15 Rosemary Rogers 26.04.14	01:23:03 Rosemary Rogers 26.04.15					
1/2 Marathon	01:18:52 Lindsay Fisher 24.03.24	01:18:52 Lindsay Fisher 24.03.24	01:20:50 Keely Smith 18.02.24	01:32:06 Jan Moffett 20.01.02	01:41:48 Ellie Robinson 27.03.22	01:47:00 Sarah Hibbert 13.02.23	01:44:38 Rosemary Rogers 18.01.14	01:46:23 Rosemary Rogers 17.05.15					
Marathon	02:50:22 Keely Smith 23.04.23	02:52:10 Keely Smith 03.04.22	02:50:22 Keely Smith 23.04.23	03:38:59 Clare Mellon 23.04.23	04:07:37 Sarah Hibbert 26.04.21	03:54:45 Sarah Hibbert 23.04.23	04:23:02 Kathleen Osbourne 09.10.11	04:07:53 Rosemary Rogers 04.10.15					
	Overall Vets		F35	F40	F45	F50	F55	F60	F65	F70	F75		
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