

West Cheshire Endurance Competition 2023

Men's Points Table - at end of December

		PARTICIPATION POINTS					BONUS POINTS										Points 2023										
		(1 point per race)					Cross Country		Track	Multi Terrain	Road Leagues/series	Team points		Distance Points													
		Cross Country	Fell, Hill	Multi-terrain, Trail parkruns (subject to performance)	Road	Track (5000m and longer)	Liverpool & Dist	Manchester (Jan, Feb, Oct, Nov)	North Wales (Feb, Mar, Oct 1,2, Nov)	North Staffs (Sep)	Champs (Ches, NA, Eng Nat, I/County, I/C Fc); Champs	NA Lge (Apr,Jul, Aug)	Wirral (September - 4 races)	Borders L (Feb,Mar, Apr, May, Oct,Nov,Dec)	Relays (Cheshire, Northern Athletics)	Cross Country (Ches/ M/c Lge/N Wales Lge.)		Road (BL Feb,Mar, Apr, May) Chesh/MI, RRChes; RR NA Track	25K (15ml) to 20ml (32K) Inc	>20ml to Marathon Inc	>Marathon	Road & Track Performance Pts	"Helpers" Points				
At end of 2022	At end of				1 point per event										1	2	3pts										
<b>Males</b>																											
Andrew	CARTER	5	5	19	29		2	3					3		2	8			2	3			52				
Andrew	CLAGUE	8	5	9	22	1	3	3					3		5	6			2	2			47				
Michael	YOUNG	1	5	19	25			1					2		1	3		2	4	3			41				
Jon	PARK	1	2	18	21								2		3			12		1			39				
Graham	WELLS	2	4	15	21			2					3		2	5		2					37				
Paul	MORRISON	7	7	7	14	3	2	2					3		4	5			3				36				
Mark	DAVIES	3	2	14	19	1	1	1							2	2		4		2	3		35				
Richard	HAYES	5	3	9	17	2	1	2					1		3	3		1	1	1	2		33				
Wullie	McGARRELL		1	13	14								3		5		1	4		2	1		30				
Neil	HERSHAW	4	1	10	15		3	1					2		2	4				2	2		29				
Danny	PADDOCK		2	11	13								1		3		1	4		3			25				
Steve	FERNYHOUGH	1	1	10	12		1						2		1	2		2	3		2		25				
Brian	CREMIN			12	12								1		3		2	4		2	2		24				
Neil	FIELD	1	2	9	12			1					3		5					2	1		24				
Richard	HUNT		4	12	16										1		1	1	4		4		23				
Steve	HILLIER		1	5	6								2		5		1			4			18				
Isaac	MCKENNA		5	5	10								2		4								16				
Brian	WRIGHT			7	7								1		2							6	16				
Phil	GENT		3	6	9										4					2			15				
Julian	TEGG	1	4	4	9		1						1		1	1		1		1			15				
Dave	ALEXANDER	2	3	5	5	2									2						6		15				
Phil	WOODLEY	1	6	2	9										1		2		1				13				
Steve	DUFFY		1	5	6								1		1		3		2				13				
Tony	KENNEDY	2	2	2	6			2							1	2							13				
David	SHEARER		1	4	5								2		2		1	2		1			13				
Dave	TIERNAN			4	4								4		4								12				
Steve	ROBERTS			5	5										1		2		1	1			10				
David	MORRIS			7	7														2	1			10				
Jeff	GIFFORD	1		2	3		1						3		3								10				
Robert	LITTLE			5	5								2		3								10				
Iain	WOOD	2		2	4			2							1	1			1				9				
Ian	GLOYNE-PHILLIPS		1	2	3										1	1			1	4			9				
Stephen	BALL			6	6								1		1				1				9				
Steven	KING		2	5	7														1				8				
Ian	PRITCHARD		4	2	6										2								8				
Darren	SHILLINGTON		4	1	5								1		1				1				8				
Paul	CAIN			4	4								2		2								8				
Mark	DUFFEY			4	4										1				1	1			7				
Neil	FINEGAN	2		1	3			2							1								6				
Dave	SUTTON			2	2										1			3					6				
Jack	GANNON	1		2	3		1								1	1							6				
Dave	GOUGH			2	2																	4	6				
John	PARLEVLIIET				0																6		6				
Phil	HOWE				0																4		4				
John	BLAKE			3	3													1					4				
Chris	SHAW			2	2								1		1								4				
Dan	THWAITES	1			1		1								1								3				
Jeff	LAMBERT		1		1		1																3				
Adam	MCCREADIE	1			1		1								1								3				
Andrew	MANSON		2	1	3																		3				
Tom	BOOTH			1	1								1		1								3				
James	ROBINSON			1	1										1					1			3				
Mark	POVEY		1	2	3																		3				
Elwyn	SHARPS	1			1		1																2				
Ian-Paul	FLANDERS			1	1											1							2				
Dave	BARRATT			2	2																		2				
Bradley	SPURDENS	1			1		1																2				
Joe	MASSEY	1			1		1																2				
Tony	SANGHA			2	2																		2				
Jack	SHEPHERD			2	2																		2				
Luke	ELLIS			1	1																		1				
Bob	BENSON				0																1		1				
Manu	MANAMAL			1	1																		1				
Jacob	OWEN			1	1																		1				
Kyran	ILICH			1	1																		1				
Brian	BEATTIE		1		1																		1				
Dave	CRAWFORD		1		1																		1				
Gareth	COYNE			1	1																		1				
David	IRVING		1		1																		1				
Stuart	THOMAS		1		1																		1				
Neil	ATKINSON		1		1																		1				
Stuart	HAGUE			1	1																		1				
Adam	HOWE			1	1																		1				
See Kim	SIOW			1	1																		1				
<b>Totals: performances</b>		56	0	79	0	312	0	446	1	14	16	0	22	0	0	55	0	0	31	106	0	13	45	9	44	53	856
<b>athletes</b>		25	0	32	0	61	0	73	1	10	10	0	12	0	0	28	0	0	17	41	0	10	13	3	24	21	74

\*NOTE : Handicap number requires minimum of 3 races within previous 18 months; [xx] = only 1 or 2 races

Handicap is updated after each road race, if necessary.