

West Cheshire Endurance Competition 2023

Female PointsTable - at end of December

		PARTICIPATION POINTS							BONUS POINTS										Points 2023								
		(1 point per race)							Cross Country			Track	Multi Terrain	Road Leagues/series	Team points		Distance Pts (any surface; one race at each distance)										
		Cross Country	Fell, Hill	Multi-terrain , Trail parkruns (subject to performance)	Road	Track (3000m and longer)	Total Races	L&D ()	Manch. Lge (Jan, Feb, Oct)	North Wales (Feb, Mar, Oct 1, 2, Nov)	North Staffs ()	Champs (Ches, NA, Eng Net, I/Country)	Ultra 24 hr champ. NA Lge Ap Track	Wirral (Sept - 4 races)	Borders L (Feb, Mar, Apr, May, Oct, Dec)	24hr Ultra	Relays (Cheshire, Northern Athletics)	Cross Country (Ches, Mic Lge, N Wales)		Road (BL Feb, Mar, Apr, May) Chesh/M, RRChes, NA; UK team Ultra	Track (NA Lge; Ches Lge)	25K(15 mi) to 20ml (32K) inc	>20ml to Marathon inc	>Marathon	Road & Track Performance Pts	"Helpers" Points	
At end of 2022	At end of						1 point per event										1	2	3pts								
Females																											
Debra	BEMAND	8		10	1	19		2	3	3			4			6	5								2		44
Joy	HICKMAN	4			11	4	19			3	1		5			3	5							2	2		40
Fiona	COOK	1	3		14		18						3						8	3	4			2		39	
Emma	NUTT	5	1		6	2	14	1	2		2		3			4	4		2		1	1		1		34	
Keely	SMITH			1	13		14						3						6	3	3	1				33	
Traci	SHIPLEY	6			8		14	2	2		2		3			4	4									31	
Angela	TEGG	6	5		4		15	3			3		1			3	1		2		1	1				30	
Sarah	HIBBERT				11		11						1				2		2		4	7				27	
Clare	MALLON	1	4		9		14				1		1				3		2		3	2				26	
Anest	MULLER	5			2		7		4		1					4	1		4			3				24	
Claire	HARRIS	4			5		9	1			3		1			2	2				2	1				21	
Amy	MILLS				9		9						5				5				1	1				21	
Lindsay	FISHER				12		12						1				1			2	4					20	
Elie	ROBINSON	3			1		4		2		1		1			2	1					4			4	15	
Kimberley	MORRIS				8		8												4		2					14	
Alex	DUFFEY	4	2				6	1	3							3										13	
Kerry	RILEY	3					3		2		1					3										9	
Agnieszka	SHAW				3		3						2				1					3				9	
Eloise	ECCLES				1		1										1		2	3						7	
Ellen	McMAHON	1			2		3		1							1	2									7	
Rosemary	ROGERS				5		5						1				1									7	
Cathryn	WHALLEY				5		5														1					6	
Tracy	ROGERS	2			1		3				1					1										6	
Amanda	NEWELL	1			1		2		1				1			1	1									6	
Isabel	ROBERTSON			1		3	4										1									5	
Anna	WOOLGAR	2					2		1	1						1										5	
Claire	WILLIAMS			1		1	2										1									3	
Katie	CLARKE				1		1												2							3	
Lisa	DAVIES						0																			2	
Lucy	TRUETT	1					1			1																2	
Zara	GAUTIER-PRICE				1		1																			1	
Kay	HAYES			1			1																			1	
Su	BAIRD				1		1																			1	
Lisa	OATS				1		1																			1	
Totals: Perfs		57	0	19	0	149	7	232					0	0	36	0	0	38	48	0	0	36	9	28	30	513	
Totals: Athletes		17	0	9	0	28	3	34					0	0	16	0	0	14	21	0	0	11	3	12	13	34	