

If you want to run for West Cheshire AC in any of these great events, involving runners of all abilities....

Cheshire County AA Cross-country Championships at Reaseheath College, Nantwich, Saturday January 6th 2024.
Age groups from under 11s to veterans.

Northern Athletics Cross-country Championships at East Park, Sedgefield, Saturday January 27th 2024.
Age groups from under 13s to veterans.

English National Cross-country Championships at Weston Park near Telford, Saturday February 24th 2024.
Age groups from under 13s to **veterans**.



....please read this:

All abilities represented. No charge – the club will pay if:
You are a FIRST-CLAIM member of West Cheshire AC, and:
You commit to turning up on the day!

For the Cheshire Championships only, you also must either have been born in Cheshire or have been living there for at least nine months before the race, and must not have competed in another county's championships since October 1st 2022.

....then do this:

Please email westcheshireac.xc@gmail.com (please **don't** just reply via Facebook or tell a coach!) with your name, date of birth and the name of the championships you want to run in, **by the following dates:**

Cheshire: December 21st 2023

Northern and National: January 7th 2024