

# West Cheshire AC Records

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<http://www.westcheshireac.co.uk/contact/>

For more detail, see:

<http://www.westcheshireac.co.uk/club-records/>

*Sorry, wind-assisted performances are not considered for record purposes*

| Event                                       | FEMALE Age Group   |          |  |          |  |          |   |          |   |          |  |          |
|---|--|----------|--|----------|--|----------|---|----------|---|----------|--|----------|
|   | Overall  |          | FO20   |          | FU20   |          | FU17  |          | FU15  |          | FU13   |          |
| <b>Outdoor, Walks (Track)</b>               |  |          |  |          |  |          |   |          |   |          |  |          |
| 1000m Walk                                  | 06:24  | 19/05/02 | 06:24  | 06/07/06 |  |          |   |          |   |          |  |          |
|   | Cath McGrath   |          | Cath McGrath   |          |  |          |   |          |   |          |  |          |
| 2000m Walk                                  | 13:19  | 13/06/07 | 13:19  | 13/06/07 |  |          |   |          |   |          |  |          |
|   | Cath McGrath   |          | Cath McGrath   |          |  |          |   |          |   |          |  |          |
| 3000m Walk                                  | 19:29  | 10/09/06 | 19:29  | 10/09/06 |  |          |   |          |   |          |  |          |
|   | Cath McGrath   |          | Cath McGrath   |          |  |          |   |          |   |          |  |          |
| 5000m Walk                                  | 33:07  | 02/12/06 | 33:07  | 02/12/06 |  |          |   |          |   |          |  |          |
|   | Cath McGrath   |          | Cath McGrath   |          |  |          |   |          |   |          |  |          |
| <b>Outdoor, Relays</b>                      |  |          |  |          |  |          |   |          |   |          |  |          |
| 4x100m                                      | 49.30  | 03/07/16 | 49.30  | 03/07/16 | 49.30  | 04/07/09 | 50.30   | 03/07/11 | 50.00   | 02/06/19 | 53.40  | 20/07/19 |
|   | Alice McMahon (O20), Shona Valentine (O20), Georgia Barlow (U20), Danielle Erskine (O20) |          | Alice McMahon (O20), Shona Valentine (O20), Georgia Barlow (U20), Danielle Erskine (O20) |          | Bryony Potter (U20), Sian Kelman (U20), Shona Valentine (U20), Emily Done (U20)  |          | No names in results                                       |          | Stephanie Jones, Lara Battersby, Fatoumatta Bojang and Imogen Pughe |          | Jess Brown, Sara Pearson, Emily Owen, Madeline Mercer            |          |
| 4x400m                                      | 04:00.00   | 10/07/22 | 04:00.00   | 10/07/22 | 04:07.80   | 05/07/09 |   |          |   |          | Event not run  |          |
|   | Aimee Phillips (U17), Laura Turley, Beth McMahon, and Imogen Pughe (U20)                 |          | Aimee Phillips (U17), Laura Turley, Beth McMahon, and Imogen Pughe (U20)                 |          | Emily Done (U20), Danielle Erskine (U17), Bryony Potter (U20), Leah Ferrie (U17) |          |   |          |   |          |  |          |
| 4x300m                                      | 02:50.54   | 20/07/19 |  |          |  |          | 02:50.90  | 25/07/21 | 02:50.54  | 20/07/19 | Event not run  |          |
|   | Lara Battersby, Fatoumatta Bojang, Martha Willelts, Imogen Pughe                         |          |  |          |  |          | Emma Holmes, Lauren Williams, Carys Roberts, Imogen Pughe |          | Lara Battersby, Fatoumatta Bojang, Martha Willelts, Imogen Pughe    |          |  |          |
| 3x800m                                      | 07:17.60   | 02/06/19 | 07:32.30   | 14/07/02 |  |          | 07:51.50  | 13/07/09 | 07:17.60  | 02/06/19 | 08:03.20   | 10/06/18 |
|   | Sophie Granger, Carys Roberts, Imogen Pughe  |          | No names in results  |          |  |          | No names in results                                       |          | Sophie Granger, Carys Roberts, Imogen Pughe                         |          | Martha Willelts, Carys Roberts, Megan White/ No names in results | 13/07/03 |
| <b>Outdoor, Field: Non-standard weights</b> |  |          |  |          |  |          |   |          |   |          |  |          |
| Shot  | 6.56   | 14/09/08 |  |          |  |          |   |          | 6.56  | 14/09/08 |  |          |
| 2.72kg                                      | Olivia Montez-Brown  |          |  |          |  |          |   |          | Olivia Montez-Brown   |          |  |          |
| Shot  | 12.24  | 20/06/10 |  |          |  |          | 11.79   | 25/09/12 | 12.24   | 20/06/10 |  |          |
| 3.25kg                                      | Kelly Baker  |          |  |          |  |          | Emily Ball  |          | Kelly Baker   |          |  |          |
| Shot  | 11.72  | 13/07/14 |  |          |  |          | 11.72   | 13/07/14 |   |          |  |          |
| 4kg   | Emily Ball   |          |  |          |  |          | Emily Ball  |          |   |          |  |          |
| Discus                                      | 19.90  | 13/09/03 |  |          |  |          |   |          |   |          | 19.90  | 13/09/03 |
| 0.75 or 1kg?                                | Stephanie Owens  |          |  |          |  |          |   |          |   |          | Stephanie Owens  |          |
| Discus                                      | 17.33  | 13/06/22 |  |          |  |          |   |          |   |          | 17.33  | 13/06/22 |
| 1kg   | Satine Wearden   |          |  |          |  |          |   |          |   |          | Satine Wearden   |          |
| Hammer                                      | 48.69  | 31/03/07 |  |          |  |          | 48.69   | 31/03/07 |   |          |  |          |
| 4kg   | Stephanie Owens  |          |  |          |  |          | Stephanie Owens   |          |   |          |  |          |
| Javelin                                     | 51.87  | 13/05/18 |  |          | 51.87  | 13/05/18 |   |          |   |          |  |          |
| 500g  | Emma Howe  |          |  |          | Emma Howe  |          |   |          |   |          |  |          |
| Javelin                                     | 41.11  | 06/09/16 |  |          |  |          | 41.11   | 06/09/16 | 30.71   | 30/07/06 |  |          |
| 600g  | Emma Howe  |          |  |          |  |          | Emma Howe   |          | Emily Fisher  |          |  |          |
| <b>Outdoor, Multi-events</b>                |  |          |  |          |  |          |   |          |   |          |  |          |
| Quadathlon                                  | 260  | 29/06/19 |  |          |  |          |   |          |   |          | 260  | 29/06/19 |
|   | Sara Pearson   |          |  |          |  |          |   |          |   |          | Sara Pearson   |          |
| Pentathlon                                  | 2993   | 28/06/10 |  |          |  |          | 2828  | 13/09/09 | 2993  | 28/06/10 | 2641   | 09/09/10 |
|   | Olivia Montez-Brown  |          |  |          |  |          | Victoria Anderson   |          | Olivia Montez-Brown   |          | Amy Williams   |          |
| Heptathlon                                  | 5254   | 27/05/16 | 5254   | 27/05/16 | 4790   | 21/09/14 | 4337  | 01/07/12 |   |          |  |          |
|   | Olivia Montez-Brown  |          | Olivia Montez-Brown  |          | Olivia Montez-Brown  |          | Olivia Montez-Brown                                       |          |   |          |  |          |
|   |  |          | SW   |          | JW   |          | FU17  |          | FU15  |          | FU13   |          |
| <b>FEMALE Age Group</b>                     |  |          |  |          |  |          |   |          |   |          |  |          |