29th Chester 'Spring 5'

Wednesday 12th April 2023, 7:00 pm

Pos	Time	Name	Gen	Gen Pos	Prize Over Age	Cat	Cat Pos	Team	Entry	Chip Time	Chip Pos
1	0:25:08	Shepherd, Ed	m	1	top 5	SM	1	Woodford Green AC with Essex Ladies	158	0:25:08	1
2	0:25:40	Williams, Nathan	m	2	top 5	SM	2	Vale Royal AC	122	0:25:40	2
3	0:25:51	Dight, Arun	m	3	top 5	SM	3	Vale Royal AC	118	0:25:50	3
4	0:26:08	Richardson, Jamie	m	4	top 5	u20M	1	West Cheshire Athletic Club	190	0:26:08	4
5	0:26:18	Speake, Peter	m	5	top 5	Mv45	1	Wilmslow Running Club	161	0:26:17	5
6	0:27:20	Lambie, Jamie	m	6		SM	4	Shrewsbury AC	108	0:27:19	6
7	0:27:21	Girvan, Jonathan	m	7		SM	5	Chester Triathlon Club	411	0:27:21	7
8	0:27:24	Nicholls, James	m	8		SM	6	Wrexham AAC	311	0:27:23	8
9	0:27:26	Fryer, Mike	m	9		SM	7	Helsby Running Club	145	0:27:25	9
10	0:27:32	Green, Martin	m	10	1st o40	Mv45	2	North Wales Road Runners	337	0:27:31	10
11	0:27:35	Crabtree, Mark	m	11		Mv40	1	Vale Royal AC	129	0:27:34	11
12	0:27:41	Taylor, Matthew	m	12		Mv40	2	South Cheshire Harriers	287	0:27:38	12
13	0:27:48	Grantham, Rob	m	13	1st o45	Mv50	1	Wirral AC	185	0:27:47	13
14	0:27:54	Hollins, Sammy	m	14	1st u20	u20M	2	West Cheshire Athletic Club	243	0:27:54	14
15	0:28:00	Brookshaw, Andrew	m	15		Mv40	3	Helsby Running Club	201	0:27:58	15
16	0:28:14	Butler, Luke	m	16		SM	8	Shrewsbury AC	256	0:28:13	16
17	0:28:24	Spenceley, Aaron	m	17		SM	9	Run Sandymoor	210	0:28:23	17
18	0:28:28	Stone, John	m	18		SM	10	Ellesmere Port RC	269	0:28:25	18
19	0:28:31	Budworth, Karl	m	19		Mv45	3	Knowsley Harriers	333	0:28:29	19
20	0:28:32	Heap, Jack	m	20		u20M	3	Wirral AC	316	0:28:31	20
21	0:28:42	Morris, David	m	21		Mv40	4	City of Stoke AC	461	0:28:41	21
22	0:28:50	Barnes, Carl	m	22		SM	11	Widnes Running Club	138	0:28:49	22
23	0:28:54	Gannon, Jack	m	23		SM	12	West Cheshire Athletic Club	144	0:28:51	23
24	0:28:57	Myers, John	m	24		Mv45	4	Run Sandymoor	449	0:28:55	24
25	0:29:00	Jackson, Robert	m	25		SM	13	Wilmslow Running Club	170	0:28:57	25
26	0:29:05	Kozer, Will	m	26		SM	14	Widnes Running Club	141	0:29:05	26
27	0:29:09	Schofield, Daniel	m	27		SM	15	Warrington A C	323	0:29:07	27
28	0:29:10	Kirkby, Mark	m	28		Mv40	5	Wilmslow Running Club	464	0:29:09	28
29	0:29:16	Roche, Eddie	m	29		Mv45	5	Pensby Runners	353	0:29:14	29
30	0:29:19	Johnson, Louis	m	30		SM	16	Mersey Tri	335	0:29:19	31
31	0:29:20	Farrell, Ashley	m	31		SM	17	Wilmslow Running Club	410	0:29:18	30
32	0:29:23	Hinde, David	m	32		Mv40	6	Chester Triathlon Club	275	0:29:22	32
33	0:29:33	Roberts, Simon	m	33	1st o50	Mv50	2	Buckley RC	328	0:29:32	33
34	0:29:43	Sirett, Tom	m	34		SM	18	Ellesmere Port RC	120	0:29:38	34
35	0:29:45	Speedie, James	m	35		Mv40	7	Wilmslow Running Club	360	0:29:43	35
36	0:29:47	Brook, Nicholas	m	36		Mv45	6	Eryri Harriers	281	0:29:46	37
37	0:29:48	Hancock, Paul	m	37		Mv50	3	South Cheshire Harriers	433	0:29:45	36
38	0:29:56	Robinson, Henry	m	38		u20M	4	West Cheshire Athletic Club	173	0:29:52	38
39	0:29:57	Fernyhough, Steven	m	39		Mv40	8	West Cheshire Athletic Club	215	0:29:52	39
40	0:29:57	Bentley, Christopher	m	40		Mv40	9	Macclesfield Harriers & AC	457	0:29:54	40
41	0:30:03	Rogers, Tracy	f	1	top 5	SF	1	Buckley RC	146	0:30:02	42
42	0:30:07	Jones, James	m	41		SM	19	Chester Triathlon Club	233	0:30:01	41
43	0:30:09	Hall, Alex	m	42		SM	20		260	0:30:07	43
44	0:30:12	Bagnall, Amie	f	2	top 5	SF	2	Cheshire Dragons	306	0:30:11	44
45	0:30:15	Melling, Chris	m	43		SM	21	Liverpool Pembroke & Sefton H AC	308	0:30:12	45
46	0:30:16	Spence, Thomas	m	44		SM	22	Wrexham AAC	240	0:30:13	46
47	0:30:25	Tumilty, Benjamin	m	45		SM	23	Helsby Running Club	166	0:30:22	47
48	0:30:29	Hershaw, Neil	m	46	1st o55	Mv55	1	West Cheshire Athletic Club	205	0:30:26	48
49	0:30:37	Brown, Jez	m	47		Mv50	4	Buckley RC	352	0:30:35	49
50	0:30:41	Edmondson, Ewan	m	48		SM	24	Macclesfield Harriers & AC	295	0:30:39	50
51	0:30:43	Jones, Andrew	m	49		Mv45	7	Wrexham AAC	319	0:30:41	51
52	0:30:46	Byrne, Neil	m	50		Mv50	5	Run Sandymoor	369	0:30:44	52
53	0:30:48	Mayers, Andrew	m	51		Mv50	6	South Cheshire Harriers	280	0:30:45	54
54	0:30:48	Hill, Mark	m	52		Mv40	10	Ellesmere Port RC	296	0:30:45	53
55	0:30:50	Reece, Nicola	f	3	top 5	Fv40	1	Wilmslow Running Club	321	0:30:49	55
56	0:30:52	Morrison, Paul	m	53		SM	25	West Cheshire Athletic Club	367	0:30:48	55
57	0:30:53	Coleman, Gerard	m	54		SM	26	Buckley RC	126	0:30:50	57

Results & Timing | nifty entries.com | http://www.niftyentries.com/

29th Chester 'Spring 5'

Wednesday 12th April 2023, 7:00 pm

Pos	Time	Name	Gen	Gen Pos	Prize Over Age	Cat	Cat Pos	Team	Entry	Chip Time	Chip Pos
58	0:30:59	Robinson, James	m	55		SM	27	West Cheshire Athletic Club	184	0:30:55	58
59	0:31:02	Booth, Adam	m	56		SM	28	Blackburn Road Runners	261	0:31:00	59
60	0:31:14	Screawn, Graham	m	57		Mv55	2	Wilmslow Running Club	409	0:31:12	60
61	0:31:22	Grady, Mark	m	58		Mv40	11	Widnes Running Club	206	0:31:17	61
62	0:31:31	Pendrill, Jim	m	59		Mv50	7	Wilmslow Running Club	156	0:31:30	62
63	0:31:41	Eccles, Richard	m	60		Mv55	3	North Wales Road Runners	327	0:31:39	63
64	0:31:47	Hampson, Adam	m	61		SM	29	Widnes Running Club	136	0:31:41	64
65	0:31:48	Morris, Derek	m	62		Mv45	8		431	0:31:43	65
66	0:31:49	Clutterbuck, Paul	m	63		Mv55	4		426	0:31:45	66
67	0:31:49	Clague, Andrew	m	64		Mv50	8	West Cheshire Athletic Club	442	0:31:48	67
68	0:31:53	Scowcroft, Michael	m	65		Mv40	12	Run Sandymoor	368	0:31:49	68
69	0:31:54	Harrison, Richard	m	66		Mv50	9	Wilmslow Running Club	199	0:31:51	70
70	0:31:55	Callaghan, Lynne	f	4	top 5	Fv45	1	Trentham RC	168	0:31:50	69
71	0:32:05	Hewitt, Ian	m	67		Mv45	9	Liverpool Running Bugs	456	0:32:01	71
72	0:32:06	Simpson, James	m	68		Mv50	10	South Cheshire Harriers	183	0:32:03	73
73	0:32:07	Olliver, Robert	m	69		Mv45	10	Vale Royal AC	413	0:32:02	72
74	0:32:10	Gill, David	m	70	1st o60	Mv65	1	Warrington A C	254	0:32:07	75
75	0:32:11	Williams, James	m	71		Mv45	11	Lymm Runners	223	0:32:04	74
76	0:32:14	Gray, Peter	m	72		Mv40	13	Cadence Tri	159	0:32:09	76
77	0:32:15	Smith, Oliver	m	73		SM	30		324	0:32:11	77
78	0:32:15	Bemand, Jodi	f	5	top 5	u20F	1	West Cheshire Athletic Club	312	0:32:11	79
79	0:32:18	Grattan, Justin	m	74		Mv50	11	South Cheshire Harriers	128	0:32:15	81
80	0:32:19	Miles, Robert	m	75		Mv45	12	Wrexham AAC	169	0:32:11	78
81	0:32:24	Roe, Robert	m	76		Mv40	14	Vale Royal AC	373	0:32:13	80
82	0:32:29	Roberts, Paul	m	77		Mv45	13	Widnes Running Club	297	0:32:24	82
83	0:32:30	Grand, Roger	m	78		Mv50	12	Trentham RC	101	0:32:27	84
84	0:32:33	Price, Colin	m	79		Mv55	5	Vale Royal AC	272	0:32:25	83
85	0:32:33	Levick, Chris	m	80		SM	31	Helsby Running Club	293	0:32:29	85
86	0:32:34	Hart, Luke	m	81		SM	32	Liverpool Running Bugs	193	0:32:30	86
87	0:32:38	Chaloner, Gareth	m	82		Mv40	15	Wrexham AAC	318	0:32:31	87
88	0:32:42	Roberts, Neisha	f	6	1st u20	u20F	2	Deeside AAC	257	0:32:41	89
89	0:32:45	Williams, Jamie	m	83		Mv50	13	Deeside AAC	412	0:32:37	88
90	0:32:55	McKeown, Allan	m	84		Mv45	14	Deestriders R.C.	105	0:32:42	90
91	0:32:57	Doughton, Jane	f	7	1st o40	Fv45	2	Buckley RC	117	0:32:54	92
92	0:32:58	Waring, Michael	m	85		Mv55	6	Chester Triathlon Club	450	0:32:53	91
93	0:33:12	Parry, Stephen	m	86		Mv45	15	Deeside AAC	362	0:33:06	93
94	0:33:14	(LARK Running UK), Adam	m	87		SM	33	LARK Running UK Run Club	300	0:33:07	94
95	0:33:14	Kennedy, Sean	m	88		SM	34	Chester Triathlon Club	472	0:33:08	95
96	0:33:18	Fernyhough, Rob	m	89		Mv40	16	Helsby Running Club	255	0:33:10	96
97	0:33:20	Woodall, Antony	m	90		Mv50	14	Deestriders R.C.	432	0:33:16	97
98	0:33:21	Harrison, Louisa	f	8	1st o45	Fv45	3	Wilmslow Running Club	309	0:33:17	99
99	0:33:23	Brown, Stuart	m	91		Mv50	15	Deeside AAC	361	0:33:16	98
100	0:33:26	Champion, Richard	m	92		Mv50	16	Royal Navy Athletics Club	259	0:33:19	100
101	0:33:42	Lomas, Steve	m	93		Mv55	7	Macclesfield Harriers & AC	131	0:33:39	103
102	0:33:44	Lea, Alan	m	94		Mv55	8	Helsby Running Club	157	0:33:27	101
103	0:33:52	Blizzard, Louise	f	9		Fv45	4	Warrington A C	301	0:33:47	105
104	0:33:53	Archer-Clowes, Jessica	f	10		Fv35	1		446	0:33:44	104
105	0:33:53	Platts, Will	m	95		SM	35	Pensby Runners	379	0:33:37	102
106	0:33:56	Smith, Helen	f	11	1st o50	Fv50	1	Vale Royal AC	289	0:33:52	106
107	0:34:09	Newton, Dave	m	96		Mv55	9	Oswestry Olympians	264	0:34:04	107
108	0:34:17	Thomas, Andy	m	97		Mv55	10	Sandbach Striders	401	0:34:12	108
109	0:34:23	Maddox, Pab	m	98		Mv55	11	Newcastle Staffs AC	340	0:34:13	109
110	0:34:25	Fishburn, Rona	f	12		SF	3	Cardiff University Athletics Club	153	0:34:20	111
111	0:34:27	Austin, Eddie	m	99		Mv55	12	Chester Triathlon Club	262	0:34:17	110
112	0:34:37	Morris, Owain	m	100		SM	36	Macclesfield Harriers & AC	213	0:34:33	113
113	0:34:38	Handley, David	m	101		Mv45	16	Widnes Running Club	290	0:34:33	112
114	0:34:43	Sherwin, Mike	m	102		Mv50	17	Run Sandymoor	187	0:34:40	114

29th Chester 'Spring 5'

Wednesday 12th April 2023, 7:00 pm

Pos	Time	Name	Gen	Gen Pos	Prize Over Age	Cat	Cat Pos	Team	Entry	Chip Time	Chip Pos
115	0:34:55	Mallison, Peter	m	103		Mv50	18	South Cheshire Harriers	147	0:34:52	116
116	0:35:02	Westwood, Richard	m	104		Mv45	17	Wrexham AAC	320	0:34:48	115
117	0:35:07	Greaves, Stephen	m	105		Mv50	19	Wilmslow Running Club	403	0:35:01	118
118	0:35:09	Norris, Paul	m	106	1st o65	Mv65	2	Wilmslow Running Club	119	0:35:04	120
119	0:35:10	Hughes, Steve	m	107		Mv40	17	Run Sandymoor	383	0:35:01	117
120	0:35:11	Cartwright, Nichola	f	13		Fv35	2		250	0:35:03	119
121	0:35:12	Beckett, Mark	m	108		Mv45	18	Nantwich Running Club	222	0:35:07	121
122	0:35:16	Hinds, Owen	m	109		u20M	5	Liverpool Running Bugs	195	0:35:10	123
123	0:35:19	Mayell, Adam	m	110		u20M	6	Crewe and Nantwich AC	355	0:35:14	124
124	0:35:21	Henstock, Gwennan	f	14		Fv45	5	Buckley RC	381	0:35:15	125
124	0:35:21	Hill, Stuart	m	111		Mv45	19	Chester Road Runners	127	0:35:08	122
126	0:35:29	Lucas, Fred	m	112		Mv40	18	Ellesmere Port RC	404	0:35:21	128
127	0:35:30	Lewtey, Paul	m	113		Mv45	20	Deestriders R.C.	469	0:35:16	126
128	0:35:34	Thorley, Michael	m	114		Mv55	13	Macclesfield Harriers & AC	389	0:35:20	127
129	0:35:35	Preece, Mal	m	115		Mv60	1	North Wales Road Runners	292	0:35:30	130
130	0:35:38	Greenwood, Simon	m	116		Mv55	14	Chester Triathlon Club	420	0:35:26	129
131	0:35:44	Frodsham, Paul	m	117		Mv65	3	Helsby Running Club	163	0:35:41	132
132	0:35:46	Morris, Karl	m	118		Mv40	19	North Wales Road Runners	440	0:35:35	131
133	0:35:54	Stockdale, Sue	f	15		Fv45	6	Macclesfield Harriers & AC	277	0:35:44	133
134	0:35:59	Pratt, Carl	m	119		SM	37	Run Sandymoor	473	0:35:48	134
135	0:36:05	McGaff, Tom	m	120		Mv65	4	Wilmslow Running Club	313	0:36:00	138
136	0:36:06	Harrison, Susan	f	16		Fv50	2	Wilmslow Running Club	198	0:35:55	136
137	0:36:06	Maskell, Rachel	f	17		Fv40	2	Wilmslow Running Club	132	0:35:55	137
138	0:36:07	Mahoney, Rob	m	121		Mv40	20	Buckley RC	371	0:35:54	135
139	0:36:28	Hankins, Richard	m	122		Mv50	20	Helsby Running Club	124	0:36:25	140
140	0:36:30	Fraser, Emma	f	18		Fv45	7	Run Sandymoor	232	0:36:20	139
141	0:36:41	Ellis, Janine	f	19		Fv50	3	Wilmslow Running Club	304	0:36:37	147
142	0:36:42	Roberts, Ian	m	123		Mv55	15	Wilmslow Running Club	133	0:36:33	142
143	0:36:43	Clarke, John	m	124		Mv65	5	Vale Royal AC	258	0:36:32	141
144	0:36:45	Williams, Tim	m	125		Mv50	21	Chester Triathlon Club	171	0:36:34	144
145	0:36:47	Rushton, Anne	f	20	1st o55	Fv55	1		245	0:36:36	146
146	0:36:50	Worrall, Matthew	m	126		SM	38		462	0:36:35	145
147	0:36:54	Thompson, Darren	m	127		Mv55	16	Prestatyn RC	172	0:36:42	149
148	0:36:54	Donnelly, Rob	m	128		Mv40	21		370	0:36:34	143
149	0:37:01	Williams, Adam	m	129		Mv45	21	Buckley RC	408	0:36:40	148
150	0:37:02	Grantham, Lisa	f	21		Fv45	8	Pensby Runners	347	0:36:57	153
151	0:37:05	Barton, Charles	m	130		SM	39	Buckley RC	110	0:36:52	150
152	0:37:08	Whitfield, Matt	m	131		Mv65	6	Ellesmere Port RC	434	0:36:54	151
153	0:37:08	Weedman, Stephen	m	132		Mv55	17	Prestatyn RC	220	0:36:57	152
154	0:37:10	Humphries, Thomas	m	133		SM	40	Widnes Running Club	152	0:37:03	155
155	0:37:14	Cuthbert, Phil	m	134		Mv50	22	Wallasey Athletic Club	180	0:37:01	154
156	0:37:20	Warburton, Kevin	m	135		Mv50	23		388	0:37:03	156
157	0:37:28	Witty, Martin	m	136		Mv55	18	Deestriders R.C.	424	0:37:17	157
158	0:37:30	Bown, Tracy	f	22		Fv55	2	Wilmslow Running Club	334	0:37:19	158
159	0:37:35	Szczepaniak Sloane, Jennifer	f	23		Fv35	3		241	0:37:21	159
160	0:37:35	Bellis, Steve	m	137		Mv65	7	Buckley RC	402	0:37:29	160
161	0:37:42	Mulholland, Keith	m	138		Mv55	19	Macclesfield Harriers & AC	229	0:37:33	162
162	0:37:45	Richardson, Kate	f	24		Fv40	3	Pensby Runners	178	0:37:30	161
163	0:37:49	O'Neil, David	m	139		Mv45	22		455	0:37:40	163
164	0:37:50	Lindesay, Esther	f	25		SF	4	UTS Running Club	216	0:37:42	165
165	0:37:52	Webster, Amy	f	26		Fv45	9		474	0:37:44	166
166	0:37:57	Rothwell, Katie	f	27		Fv40	4		394	0:37:41	164
167	0:38:04	Spurr, Robin	f	28		SF	5	Mersey Tri	380	0:38:01	169
168	0:38:05	Tomkins, Deanne	f	29		SF	6	Macclesfield Harriers & AC	438	0:37:54	167
169	0:38:07	Harper, Jennifer	f	30		Fv35	4	Liverpool Running Bugs	350	0:38:01	170
170	0:38:12	Carr, Kieron	m	140		Mv50	24	Liverpool Running Bugs	346	0:38:06	174
171	0:38:19	MacGugan, Hayley	f	31		Fv40	5	Widnes Running Club	236	0:38:04	172

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29th Chester 'Spring 5'

Wednesday 12th April 2023, 7:00 pm

Pos	Time	Name	Gen	Gen Pos	Prize Over Age	Cat	Cat Pos	Team	Entry	Chip Time	Chip Pos
172	0:38:21	Higgins, Fenella	f	32		Fv50	4	Buckley RC	134	0:38:15	176
173	0:38:21	Povey, Paul	m	141		Mv45	23		181	0:37:56	168
174	0:38:23	Ivens, Keith	m	142		Mv45	24	Chester Road Runners	288	0:38:10	175
175	0:38:24	Garnett, Andy	m	143		Mv65	8	Spectrum Striders	174	0:38:18	179
176	0:38:29	Kerry, Paul	m	144		Mv60	2	FFE runners	397	0:38:04	171
177	0:38:30	Skyner, John	m	145		Mv55	20	Widnes Running Club	282	0:38:24	183
178	0:38:34	Wylie, Nicola	f	33		Fv55	3	North Wales Road Runners	400	0:38:30	185
179	0:38:35	Trimnell, Andrew	m	146		Mv45	25	Liverpool Running Bugs	349	0:38:19	180
180	0:38:35	Barnard, Mike	m	147		Mv50	25	Helsby Running Club	148	0:38:16	177
181	0:38:36	Cairns, Sinead	f	34		SF	7	Liverpool Running Bugs	246	0:38:17	178
182	0:38:37	Geoghan, Shaun	m	148		Mv55	21	Liverpool Running Bugs	466	0:38:05	173
183	0:38:38	Marr, Stephen	m	149		SM	41		113	0:38:22	181
184	0:38:44	Fishburn, Struan	m	150		SM	42		154	0:38:34	187
185	0:38:46	O'Keefe, Ray	m	151		Mv55	22	Macclesfield Harriers & AC	165	0:38:33	186
186	0:38:47	Booth, Pam	f	35		Fv45	10		251	0:38:24	182
187	0:38:47	Parker, Jane	f	36		Fv50	5		228	0:38:29	184
188	0:38:52	Bown, Nic	m	152		Mv55	23	Wilmslow Running Club	182	0:38:39	188
189	0:38:53	Longmore, Jon	m	153		SM	43	Helsby Running Club	271	0:38:43	189
190	0:38:54	Roberts, Faith	f	37		SF	8	Warrington A C	322	0:38:45	190
191	0:38:56	Schofield, Kathryn	f	38		SF	9	Helsby Running Club	189	0:38:53	195
192	0:38:58	Forster, Karon	f	39	1st o60	Fv60	1	Spectrum Striders	142	0:38:56	197
193	0:39:02	Symms, Anna	f	40		Fv35	5	Clapham Chasers	230	0:38:47	192
194	0:39:04	Robson, Dan	m	154		Mv55	24		274	0:38:47	193
195	0:39:04	Sephton, Craig	m	155		Mv50	26	Cheshire Dragons	125	0:38:46	191
196	0:39:06	Bemand, Debra	f	41		Fv50	6	West Cheshire Athletic Club	164	0:38:54	196
197	0:39:12	Pridgeon, Adrian	m	156		Mv40	22	Liverpool Running Bugs	465	0:39:01	198
198	0:39:13	Large, Stephen	m	157		Mv50	27	Penyffordd Run Club	357	0:38:47	194
199	0:39:18	Ainscough, Ian	m	158		Mv65	9	Chester Triathlon Club	102	0:39:07	203
200	0:39:19	Mills, Joe	m	159		SM	44		445	0:39:06	202
201	0:39:23	Raynor, Emma	f	42		SF	10	Liverpool Running Bugs	197	0:39:03	199
202	0:39:23	Raynor, Tim	m	160		Mv60	3	Liverpool Running Bugs	351	0:39:04	201
203	0:39:24	Lucas, Holly	f	43		SF	11	Wilmslow Running Club	399	0:39:13	205
204	0:39:27	Reynolds, Spencer	m	161		Mv45	26	Wirral Vikings Racing Team	266	0:39:04	200
205	0:39:27	Trimnell, Georgia	f	44		u20F	3	Liverpool Running Bugs	196	0:39:09	204
206	0:39:32	Wyles, Janet	f	45		Fv55	4	Wilmslow Running Club	458	0:39:22	207
207	0:39:40	Williams, Phillip	m	162		Mv40	23		279	0:39:29	208
208	0:39:41	Hindle, Norman	m	163	1st o70	Mv70	1	South Cheshire Harriers	107	0:39:29	209
209	0:39:42	Barron, Jamie	m	164		Mv45	27	Penyffordd Run Club	406	0:39:14	206
210	0:39:50	Colebourn, Chris	m	165		Mv55	25	North Staffs RR Association	253	0:39:39	210
210	0:39:50	Eastup, James	m	165		SM	45	Widnes Running Club	115	0:39:42	211
212	0:39:53	Jenkins, Leigh	f	46		SF	12	Chester Triathlon Club	364	0:39:42	212
213	0:40:10	Barrow, Caroline	f	47		Fv45	11	Widnes Running Club	135	0:40:01	217
214	0:40:13	Littler, Janet	f	48	1st o65	Fv65	1	Helsby Running Club	305	0:39:59	216
215	0:40:15	Alexander, Paul	m	167		Mv60	4	Pensby Runners	310	0:39:59	215
216	0:40:17	McAlister, David	m	168		Mv60	5	Wallasey Athletic Club	227	0:40:03	218
217	0:40:18	Harvey, Charlotte	f	49		Fv35	6	Penyffordd Run Club	179	0:39:53	214
218	0:40:19	Prime, Ian	m	169		Mv55	26	Congleton Harriers	211	0:39:52	213
219	0:40:21	Walker, Louise	f	50		Fv40	6	Vale Royal AC	415	0:40:07	219
220	0:40:22	Fletcher, Angharad	f	51		Fv45	12	Chester Triathlon Club	454	0:40:13	220
221	0:40:27	Litherland, Kate	f	52		Fv45	13	Chester Triathlon Club	103	0:40:16	221
222	0:40:29	Mills, Sarah	f	53		SF	13	Chester Road Runners	202	0:40:19	224
223	0:40:31	Amos, Gareth	m	170		Mv40	24	Wilmslow Running Club	112	0:40:18	223
224	0:40:33	Heathcock, Clive	m	171		Mv65	10	South Cheshire Harriers	356	0:40:17	222
225	0:40:42	Bunce, Andrew	m	172		Mv65	11	Macclesfield Harriers & AC	177	0:40:28	227
226	0:40:43	Roberts, Bethan Wyn	f	54		Fv50	7		114	0:40:29	228
227	0:40:45	Hewitt, Ruth	f	55		Fv45	14	Liverpool Running Bugs	244	0:40:23	225
228	0:40:47	Cooke, Lauren	f	56		SF	14	Helsby Running Club	315	0:40:28	226

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29th Chester 'Spring 5'

Wednesday 12th April 2023, 7:00 pm

Pos	Time	Name	Gen	Gen Pos	Prize Over Age	Cat	Cat Pos	Team	Entry	Chip Time	Chip Pos
229	0:40:52	Lomax, Jayne	f	57		Fv55	5	Vale Royal AC	416	0:40:38	231
230	0:40:53	Aird, Paul	m	173		Mv60	6	Deestriders R.C.	162	0:40:37	230
231	0:40:54	Rosbottom, Anne	f	58		Fv50	8	Wirral AC	167	0:40:30	229
232	0:40:59	Gent, Phil	m	174		Mv50	28	West Cheshire Athletic Club	467	0:40:54	233
233	0:41:01	Sutton, Kate	f	59		Fv60	2	Wilmslow Running Club	278	0:40:48	232
234	0:41:04	Hankinson, Andrew	m	175		SM	46	Widnes Running Club	149	0:40:54	234
235	0:41:04	Clark, Stacey	f	60		SF	15	Widnes Wasps Ladies R C	285	0:40:56	235
236	0:41:09	Ladanowski, Robert	m	176		Mv60	7	Widnes Running Club	276	0:41:00	239
237	0:41:14	Measures, Helen	f	61		Fv40	7	Pensby Runners	329	0:40:56	236
238	0:41:14	Symms, Rosemary	f	62		Fv65	2	Chester Triathlon Club	390	0:41:00	238
239	0:41:21	Heap, Ella	f	63		u20F	4	Wirral AC	317	0:40:58	237
240	0:41:25	Royden, Alexandra	f	64		SF	16	Pensby Runners	452	0:41:05	240
241	0:41:36	Kelly, Joseph	m	177		SM	47	Helsby Running Club	238	0:41:18	243
242	0:41:37	Macpherson, Elisabeth	f	65		Fv35	7	Buckley RC	208	0:41:16	241
243	0:41:39	Booth, John	m	178	1st o70	Mv70	2	South Cheshire Harriers	378	0:41:23	245
244	0:41:40	Cuthbert, Isabella	f	66		u20F	5	Wallasey Athletic Club	332	0:41:27	247
245	0:41:41	Moult, Jack	m	179		SM	48		160	0:41:22	244
246	0:41:42	Jones, Peter	m	180		Mv65	12	Sunlight Runners	441	0:41:16	242
247	0:41:45	Lingard, Malcolm	m	181		Mv55	27	Spectrum Striders	104	0:41:38	252
247	0:41:45	Fergusson, Neil	m	181		Mv70	3	Helsby Running Club	239	0:41:27	246
249	0:41:46	Whitmore, Andrew	m	183		Mv45	28		468	0:41:34	250
250	0:41:46	Edwards, Amanda	f	67		Fv40	8		307	0:41:35	251
251	0:41:48	Driscoll, James	m	184		SM	49	Liverpool Running Bugs	430	0:41:29	248
252	0:41:52	Astley, Emily	f	68		Fv45	15	Pensby Runners	444	0:41:33	249
253	0:41:56	Serra, Giuseppe	m	185		Mv55	28	Ellesmere Port RC	405	0:41:48	255
254	0:42:00	Mitchell, James	m	186		SM	50		212	0:41:38	253
255	0:42:04	Turley, Linda	f	69		Fv45	16	Deestriders R.C.	363	0:41:51	257
256	0:42:05	Wootton, Dave	m	187		Mv55	29	Buckley RC	336	0:41:50	256
257	0:42:12	Ehlen, Brad	m	188		Mv50	29	Northwich Running Club	325	0:41:44	254
258	0:42:17	Webb, Lisa	f	70		Fv45	17	Widnes Running Club	130	0:42:07	260
259	0:42:17	Miller, John	m	189		Mv45	29		294	0:41:59	259
260	0:42:21	Cowley, Gary	m	190		SM	51	Penyffordd Run Club	200	0:41:53	258
261	0:42:30	Kaine, Martin	m	191		Mv55	30		203	0:42:17	262
262	0:42:40	Read, Debbie	f	71		Fv65	3	Helsby Running Club	341	0:42:22	263
263	0:42:41	Lathaen, Phil	m	192		Mv50	30		226	0:42:23	264
264	0:42:42	Lloyd, Dan	m	193		Mv45	30	Penyffordd Run Club	407	0:42:16	261
265	0:42:44	Seymour, Peter	m	194		SM	52	Liverpool Running Bugs	231	0:42:29	265
266	0:42:48	Seymour, Cassie	f	72		SF	17	Liverpool Running Bugs	391	0:42:33	266
267	0:42:48	Hannam, Helen	f	73		Fv45	18	North Wales Road Runners	460	0:42:36	267
268	0:42:56	Meirion, Sian	f	74		Fv50	9	Buckley RC	302	0:42:41	271
269	0:42:59	Davis, Paul	m	195		Mv45	31	Buckley RC	286	0:42:37	268
270	0:43:03	Skea, Claire	f	75		SF	18	Liverpool Running Bugs	385	0:42:45	272
271	0:43:05	Porteous, John	m	196		Mv70	4	Wilmslow Running Club	192	0:42:58	276
272	0:43:07	Clixby, Tony	m	197		Mv70	5		372	0:42:51	274
273	0:43:07	Harley, Pippa	f	76		SF	19		365	0:42:38	269
274	0:43:08	Pearson, Luke	m	198		SM	53		417	0:42:39	270
275	0:43:10	Moore, Helen	f	77		Fv55	6	Widnes Wasps Ladies R C	427	0:42:48	273
276	0:43:15	Bannon, Karen	f	78		Fv40	9	Run Sandymoor	207	0:43:00	277
277	0:43:17	Morris, Andrew	m	199		SM	54		398	0:42:56	275
278	0:43:19	Shaw, Agnieszka	f	79		Fv40	10	West Cheshire Athletic Club	471	0:43:05	279
279	0:43:30	Johnson, Melanie	f	80		Fv40	11	Cheshire Dragons	204	0:43:03	278
280	0:43:32	Kuypers, Rachel	f	81		Fv45	19	Widnes Wasps Ladies R C	194	0:43:21	282
281	0:43:34	Robinson, Rebecca	f	82		Fv35	8	Tattenhall Runners	475	0:43:08	280
282	0:43:43	Rawlinson, Lyn	f	83		Fv50	10	Liverpool Running Bugs	342	0:43:19	281
283	0:43:48	Fletcher, Helen	f	84		Fv40	12		331	0:43:23	283
284	0:43:56	Beattie, Geoffrey	m	200		Mv70	6	Sale Harriers Manchester	268	0:43:51	284
285	0:43:58	Quigley, Paul	m	201		Mv60	8	Run Sandymoor	435	0:43:54	285

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29th Chester 'Spring 5'

Wednesday 12th April 2023, 7:00 pm

Pos	Time	Name	Gen	Gen Pos	Prize Over Age	Cat	Cat Pos	Team	Entry	Chip Time	Chip Pos
286	0:44:06	Mason, Mark	m	202		Mv70	7	North Wales Road Runners	252	0:44:00	286
287	0:44:15	Owen, John	m	203		Mv55	31	Deestriders R.C.	414	0:44:01	287
288	0:44:18	Joynson, Kate	f	85		Fv50	11	Run Sandymoor	143	0:44:03	288
289	0:44:39	Hoyle, Emilia	f	86		SF	20		422	0:44:17	289
290	0:44:48	Owen, Hannah	f	87		SF	21	Chester Triathlon Club	249	0:44:27	290
291	0:44:49	Screawn, Janet	f	88		Fv55	7		359	0:44:31	292
292	0:44:52	Frier, Maseo	m	204		SM	55	Liverpool Running Bugs	436	0:44:33	293
293	0:44:53	Hankey, Katie	f	89		Fv65	4	Run Sandymoor	375	0:44:30	291
294	0:44:54	Gordon, Keiko	f	90		Fv45	20		121	0:44:38	294
295	0:45:04	Forshaw, Dave	m	205		Mv40	25	Run Sandymoor	418	0:44:50	295
296	0:45:08	Meharg, Tracy	f	91		Fv50	12		284	0:45:01	299
297	0:45:14	Cucksey, Cameron	m	206		SM	56		387	0:44:58	296
298	0:45:17	Higgins, Kevin	m	207		Mv60	9	North Wales Road Runners	382	0:45:10	300
299	0:45:21	Exon, Sue	f	92		Fv65	5	Trafford Athletic Club	263	0:45:00	298
300	0:45:23	McLeod, Gordon	m	208		Mv60	10	Sunlight Runners	392	0:44:59	297
301	0:45:34	Jackson, Catherine	f	93		Fv35	9	Liverpool Running Bugs	386	0:45:17	301
302	0:45:38	Bannister, Linda	f	94		Fv55	8	Liverpool Running Bugs	186	0:45:20	302
303	0:45:57	Jones, Alan	m	209		Mv50	31	Prestatyn RC	106	0:45:44	303
304	0:46:01	Ashcroft, Ian	m	210		Mv75	1	Wilmslow Running Club	267	0:45:54	307
305	0:46:05	Blundell, James	m	211		SM	57	Spectrum Striders	265	0:45:46	305
306	0:46:08	Morris, Peter	m	212		Mv55	32		303	0:45:46	304
307	0:46:17	Lamprey, Colin	m	213		Mv60	11	Pensby Runners	155	0:45:52	306
308	0:46:18	Bentley, Sandra	f	95		Fv50	13	Widnes Running Club	116	0:46:01	308
309	0:46:26	Hunter, Paul	m	214		SM	58		470	0:46:07	309
310	0:46:27	Waring, Sue	f	96		Fv55	9	Chorlton Runners	209	0:46:09	311
311	0:46:29	Aindow, Evelyn	f	97		Fv50	14	Buckley RC	298	0:46:08	310
312	0:46:41	Hughes, Emma	f	98		Fv40	13	Run Sandymoor	437	0:46:22	312
313	0:46:47	Glen, Andrew	m	215		Mv60	12	Liverpool Running Bugs	419	0:46:42	316
314	0:46:49	Blackburn, Amanda	f	99		Fv50	15	Liverpool Running Bugs	429	0:46:24	313
315	0:46:53	Sweeney, Jacqueline	f	100		Fv55	10	Liverpool Running Bugs	139	0:46:28	314
316	0:46:57	Hughes, Sarah	f	101		Fv45	21		314	0:46:40	315
317	0:47:15	Trimnell, Kerry	f	102		Fv40	14	Liverpool Running Bugs	348	0:46:52	317
318	0:47:17	Cucksey, Lesley-Anne	f	103		Fv60	3	Wallasey Athletic Club	443	0:47:02	320
319	0:47:20	Edge, Julie	f	104		Fv50	16	Run Sandymoor	421	0:46:58	318
320	0:47:25	Morrison, Carole	f	105		Fv60	4	Pensby Runners	447	0:47:01	319
321	0:47:33	Chandler, Laurie	f	106		Fv35	10	Run Sandymoor	214	0:47:10	321
322	0:47:35	Norton, Tony	m	216		Mv50	32	Run Sandymoor	448	0:47:22	322
323	0:47:55	Lucas, Julie	f	107		Fv55	11	Wilmslow Running Club	459	0:47:42	323
324	0:47:57	Weedman, Debbie	f	108		Fv50	17	Prestatyn RC	221	0:47:45	324
325	0:48:12	McIndoe, Sue	f	109		Fv50	18	Deestriders R.C.	425	0:47:50	325
326	0:48:20	McAdam, Louise	f	110		Fv55	12	Run Sandymoor	175	0:47:57	326
326	0:48:20	Gannon-Jones, Louise	f	110		SF	22	Run Sandymoor	366	0:47:58	327
328	0:48:37	Thorp, Phil	m	217		Mv60	13	Liverpool Running Bugs	191	0:48:05	328
329	0:48:40	Williams, Victoria	f	112		Fv40	15	Wilmslow Running Club	111	0:48:22	331
330	0:48:41	Worrall, Ben	m	218		SM	59		463	0:48:26	332
331	0:48:43	Morton, Alison	f	113		Fv40	16		109	0:48:20	329
332	0:48:44	Wibberley, Linda	f	114		Fv35	11	Liverpool Running Bugs	338	0:48:21	330
333	0:48:48	Blackwell, Jane	f	115		Fv50	19	Deestriders R.C.	395	0:48:27	333
334	0:48:52	Bondaruk, Daria	f	116		SF	23	Chester Road Runners	374	0:48:37	334
335	0:48:54	Higham, Robert	m	219		u20M	7	Liverpool Running Bugs	237	0:48:44	336
336	0:48:58	Carter, Laura	f	117		Fv40	17	Widnes Running Club	299	0:48:49	337
337	0:49:09	Henderson-Owen, Alison	f	118		Fv55	13	Betsi Runaways	476	0:48:39	335
338	0:49:15	Purchon, Richard	m	220		Mv55	33	Wirral Vikings Racing Team	451	0:48:51	338
339	0:49:29	Flanagan, Sarah	f	119		Fv45	22	Widnes Running Club	151	0:49:20	341
340	0:49:39	Hall, Olive	f	120		Fv55	14	Run Sandymoor	234	0:49:16	339
341	0:49:40	Hurst, Clair	f	121		Fv35	12	Liverpool Running Bugs	377	0:49:17	340
342	0:49:41	Haugh, Laura	f	122		SF	24	Liverpool Running Bugs	339	0:49:20	342

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29th Chester 'Spring 5'

Wednesday 12th April 2023, 7:00 pm

Pos	Time	Name	Gen	Gen Pos	Prize Over Age	Cat	Cat Pos	Team	Entry	Chip Time	Chip Pos
343	0:49:48	Rizzotti, Jayne	f	123		Fv50	20	Run Sandymoor	396	0:49:26	343
344	0:50:03	Wilde, Joseph	m	221		Mv45	32	Run Sandymoor	291	0:49:47	345
345	0:50:06	Wilson, Emma	f	124		Fv35	13	Widnes Running Club	137	0:49:58	347
346	0:50:08	Taylor, Emma	f	125		Fv40	18	Chester Road Runners	247	0:49:43	344
347	0:50:13	Hukin, Laura	f	126		Fv45	23	Chester Road Runners	248	0:49:47	346
348	0:50:41	Gifford, Sasha	f	127		SF	25		423	0:50:19	348
349	0:50:50	Carr, Tracey	f	128		Fv55	15	Liverpool Running Bugs	345	0:50:26	349
350	0:50:57	Howson-Reed, Charlotte	f	129		Fv50	21		273	0:50:31	350
351	0:51:26	Hankinson, Gillian	f	130		Fv55	16	Widnes Running Club	150	0:51:18	351
352	0:51:46	Nolan, John	m	222		Mv60	14	Pensby Runners	330	0:51:24	352
353	0:52:27	Shannon, Kate	f	131		Fv35	14	Run Sandymoor	393	0:52:09	353
354	0:52:47	Morris, Rachel	f	132		Fv40	19	North Wales Road Runners	439	0:52:31	354
355	0:53:04	Gibbs-Monaghan, Allan	m	223		Mv45	33	Liverpool Running Club	270	0:52:34	355
356	0:53:29	Reardon, Denise	f	133		Fv45	24	Liverpool Running Bugs	343	0:53:04	356
357	0:53:29	Dumbell, Claire	f	134		Fv40	20	Liverpool Running Bugs	344	0:53:06	357
358	0:54:18	McAdam, Les	m	224		Mv65	13	Run Sandymoor	176	0:53:55	358
359	0:54:56	Mayell, Amy	f	135		Fv45	25	Sandbach Striders	354	0:54:39	359
360	0:55:08	Onyia, If	f	136		Fv50	22	Run Sandymoor	384	0:54:48	360
361	0:55:45	Twite, Gaynor	f	137		Fv40	21	Run Sandymoor	326	0:55:23	361
362	0:55:54	Chalmers, Ian	m	225		Mv75	2	Pensby Runners	428	0:55:28	362
363	0:56:00	Harper, Cherylnn	f	138		Fv35	15	Liverpool Running Bugs	376	0:55:39	364
364	0:56:05	Webb, Adam	m	226		SM	60	Pensby Runners	453	0:55:38	363
365	0:56:18	O'Gorman, Elaine	f	139		Fv45	26	Liverpool Running Bugs	219	0:55:57	365
366	0:57:00	Hogg, Jennifer	f	140		SF	26	Liverpool Running Bugs	188	0:56:39	366
367	0:58:41	Shaw, Janet	f	141		Fv70	1	Helsby Running Club	235	0:58:25	368
368	0:58:47	Craige, Lynsey	f	142		Fv45	27	Liverpool Running Bugs	218	0:58:22	367
369	0:59:38	Farrelly-Treanor, Cheyenne	m	227		Mv55	34	Liverpool Running Bugs	140	0:59:13	369
369	0:59:38	Sweeney, Damian	f	143		SF	27	Liverpool Running Bugs	242	0:59:14	370
371	0:59:44	Sheerin, Elise	f	144		Fv45	28		123	0:59:14	371
372	1:00:28	Faulkner, Trevor	m	228		Mv80	1	Wilmslow Running Club	283	0:59:57	372
373	1:02:36	Edwards, Kerry	f	145		Fv40	22	Run Sandymoor	225	1:02:15	373
374	1:07:21	Rodriguez, Johanna	f	146		Fv40	23	Run Sandymoor	224	1:07:00	374

If you think we can't count, see 'no race' in Spring 5 column at https://www.westcheshireac.co.uk/races/races-results-archive/ for explanation.

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