

West Cheshire AC Records

Have you beaten one of these records, or set a new one? If so, please send us details via "Webmaster" at:

<http://www.westcheshireac.co.uk/contact/>

<https://www.westcheshireac.co.uk/wp-content/>

For more detail, see:

<http://www.westcheshireac.co.uk/club-records/>

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Sorry, wind-assisted performances are not considered for record purposes

| | | FEMALE Age Group | | | | | | | | | |
|---------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|----------------------------------|------|--|------|--|
| Event | Overall | FO20 | | FU20 | | FU17 | | FU15 | | FU13 | |
| Outdoor, Walks (Track) | | | | | | | | | | | |
| 1000m Walk | 06:24 Cath McGrath 19/05/02 | 06:24 Cath McGrath 08/07/06 | | | | | | | | | |
| 2000m Walk | 13:19 Cath McGrath 13/06/07 | 13:19 Cath McGrath 13/06/07 | | | | | | | | | |
| 3000m Walk | 19:29 Cath McGrath 10/09/06 | 19:29 Cath McGrath 10/09/06 | | | | | | | | | |
| 5000m Walk | 33:07 Cath McGrath 02/12/06 | 33:07 Cath McGrath 02/12/06 | | | | | | | | | |
| Outdoor, Relays | | | | | | | | | | | |
| 4x100m | 49.30 Alice McMahon (O20), Shona Valentine (O20), Georgia Barlow (U20), Danielle Erskine (O20) No names in results 03/07/16 | 49.30 Alice McMahon (O20), Shona Valentine (O20), Georgia Barlow (U20), Danielle Erskine (O20) No names in results 04/07/09 | 49.30 Bryony Potter (U20), Siân Kelman (U20), Shona Valentine (U20), Emily Done (U20) 04/07/09 | 50.30 No names in results 03/07/11 | 50.00 Stephanie Jones, Lara Battersby, Fatoumatta Bojang and Imogen Pughe 02/06/19 | 53.40 Jess Brown, Sara Pearson, Emily Owen, Madeline Mercer 20/07/19 | | | | | |
| 4x400m | 04:00.00 Aimee Phillips (U17), Laura Turley, Beth McMahon, and Imogen Pughe (U20) 10/07/22 | 04:00.00 Aimee Phillips (U17), Laura Turley, Beth McMahon, and Imogen Pughe (U20) 10/07/22 | 04:07.80 Emily Done (U20), Danielle Erskine (U17), Bryony Potter (U20), Leah Ferrie (U17) 05/07/09 | | | Event not run | | | | | |
| 4x300m | 02:50.54 Lara Battersby, Fatoumatta Bojang, Martha Willetts, Imogen Pughe 20/07/19 | | | 02:50.90 Emma Holmes, Lauren Williams, Carys Roberts, Imogen Pughe 25/07/21 | 02:50.54 Lara Battersby, Fatoumatta Bojang, Martha Willetts, Imogen Pughe 20/07/19 | Event not run | | | | | |
| 3x800m | 07:17.60 Sophie Granger, Carys Roberts, Imogen Pughe 02/06/19 | 07:32.30 No names in results 14/07/02 | | 07:51.50 No names in results 13/07/99 | 07:17.60 Sophie Granger, Carys Roberts, Imogen Pughe 02/06/19 | 08:03.20 Martha Willetts, Carys Roberts, Megan White/ No names in results 13/07/03 | | | | | |
| Outdoor, Field: Non-standard weights | | | | | | | | | | | |
| Shot 2.72kg | 6.56 Olivia Montez-Brown 14/09/08 | | | | 6.56 Olivia Montez-Brown 14/09/08 | | | | | | |
| Shot 3.25kg | 12.24 Kelly Baker 20/06/10 | | | 11.79 Emily Ball 29/09/12 | 12.24 Kelly Baker 20/06/10 | | | | | | |
| Shot 4kg | 11.72 Emily Ball 13/07/14 | | | 11.72 Emily Ball 13/07/14 | | | | | | | |
| Discus 0.75 or 1kg? | 19.90 Stephanie Owens 13/09/03 | | | | | 19.90 Stephanie Owens 13/09/03 | | | | | |
| Discus 1kg | 00:00.00 00:00.00 00/01/00 | | | | | 17.31 (1kg) Emily Ball 19/07/10 | | | | | |
| Hammer 4kg | 48.69 Stephanie Owens 31/03/07 | | | 48.69 Stephanie Owens 31/03/07 | | | | | | | |
| Javelin 500g | 51.87 Emma Howe 13/05/16 | | 51.87 Emma Howe 13/05/16 | | | | | | | | |
| Javelin 600g | 41.11 Emma Howe 06/08/16 | | | 41.11 Emma Howe 06/08/16 | 30.71 Emily Fisher 30/07/06 | | | | | | |
| Outdoor, Multi-events | | | | | | | | | | | |
| Quadrathlon | 260 Sara Pearson 29/06/19 | | | | | 260 Sara Pearson 29/06/19 | | | | | |
| Pentathlon | 2993 Olivia Montez-Brown 28/06/10 | | | | 2828 Victoria Anderson 13/09/09 | 2993 Olivia Montez-Brown 28/06/10 | 2641 Amy Williams 09/09/10 | | | | |
| Heptathlon | 5254 Olivia Montez-Brown 27/05/16 | 5254 Olivia Montez-Brown 27/05/16 | 4790 Olivia Montez-Brown 21/09/14 | 4337 Olivia Montez-Brown 01/07/12 | | | | | | | |
| Octathlon | 0 00:00.00 00/01/00 | | | | | | | | | | |
| Decathlon | 0 00:00.00 00/01/00 | | | | | | | | | | |
| | | SW | JW | FU17 | FU15 | FU13 | | | | | |
| FEMALE Age Group | | | | | | | | | | | |