

# West Cheshire AC Records

Have you beaten one of these records, or set a new one? If so, please send us details via "Webmaster" at:

<http://www.westcheshireac.co.uk/contact/>  
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For more detail, see:

*Sorry, wind-assisted performances are not considered for record purposes*

Event	Overall	MALE Age Group					
		MO20	MU20	MU17	MU15	MU13	
<b>Outdoor, Track</b>							
100m	10.60 Mark Lloyd 03/07/99	10.60 Mark Lloyd 03/07/99	11.00 Aidan Stoakley 15/08/10	11.10 Zac Barnsley/ Stephen Jones 07/07/13 05/09/10	11.50 Zac Barnsley/ Matthew Pagan/ Lewis Parsons 16/06/12 17/07/21	12.30 Gareth Preston 20/06/03	
150m	19.87 Theo Shepherd 31/05/21	Event not run				19.87 Theo Shepherd 31/05/21	
200m	21.60 Mark Lloyd 01/05/98	21.60 Mark Lloyd 01/05/98	22.30 Sam Pierre-Louis 01/06/14	22.50 Matthew Pagan 09/08/14	23.10 Carl Van Schie 01/06/03	25.66 Lewis Parsons 20/07/19	
300m	35.74 Matthew Pagan 19/08/12	40.10 Liam Davoren 14/04/19			35.74 Matthew Pagan 19/08/12	Event not run	
400m	47.93 Matthew Pagan 11/07/15	50.29 Carl Van Schie 24/08/08	47.93 Matthew Pagan 11/07/15	48.85 Matthew Pagan 12/07/14	50.61 Matthew Pagan 07/07/12	Event not run	
600m	01:56.50 Elijah Montes-Brown 11/04/10	Event not run		Event not run	Event not run	01:56.50 Elijah Montes-Brown 11/04/10	
800m	01:49.21 Joseph Morrison 24/07/21	01:49.21 Joseph Morrison 24/07/21	01:55.10 Chris Goodwin 12/06/12	01:55.70 Jelle Verwer 02/06/07	02:05.90 Chris Goodwin 14/06/08	02:18.60 Christy Mageean 17/06/12	
1200m	04:25.30 Evan Miller 09/04/22				04:25.30 Evan Miller 09/04/22	04:36.30 Dylan Gledhill 28/03/22	
1500m	03:47.18 Joseph Morrison 24/03/22	03:47.18 Joseph Morrison 24/03/22	04:05.00 Jamie Richardson 29/05/22	04:03.60 Jamie Richardson 04/07/21	04:18.31 Jamie Richardson 20/07/19	04:50.10 Luke Parker 06/07/19	
1 Mile	04:24.70 Joseph Morrison 11/08/19	04:24.70 Joseph Morrison 11/08/19	04:52.90 Paul Morrison 11/08/19	05:34.20 Christy Mageean 03/05/16	05:20.20 Edward Woodhead 05/04/17	05:40.90 Harvey Tegg 06/05/14	
3000m	08:32.54 Jamie Richardson 28/06/22	08:46.89 Ian Wetherall 28/05/02	08:32.54 Jamie Richardson 28/06/22	09:19.77 David Moorcroft 29/05/99	10:16.90 Chris Goodwin 25/05/08	Event not run	
5000m	14:49.60 Jamie Richardson 10/07/22	15:42.60 Michael Young 21/08/21	14:49.60 Jamie Richardson 10/07/22	19:33.60 Mark Hearn 26/05/12	Event not run		
10,000m	33:54.50 John Fidler 11/07/98	33:54.50 John Fidler 11/07/98	Event not run				
1500mSC	04:55.40 Jamie Richardson 27/06/21	Event not run		04:55.40 Jamie Richardson 27/06/21	Event not run		
2000mSC	06:39.00 Ethan Greenland 29/04/18	Event not run		06:39.00 Ethan Greenland 29/04/18	06:57.20 Alex Haswell 29/07/07	Event not run	
3000mSC	10:01.80 Gary Withers 11/06/98	10:01.80 Gary Withers 11/06/98	10:52.22 Jac Goodall 03/06/18	10:52.22 Jac Goodall 03/06/18	Event not run		
Sprint Hurdles (Standard Distance/ Height)	N/A	15.9 (110m) Carl Van Schie 05/07/09	14.7 (110m) Craig France 13/05/06	13.82 (100m) Craig France 13/07/02	11.8 (80m) Ross McCormick 19/06/11	12.3 (75m) Ewan Bradley 19/07/14	
80m Hurdles	12.70 George Hyde 15/06/16	Event not run		12.70 George Hyde 15/06/16	See Standard Distance/ Height above		
110m Hurdles Senior Height	15.30 Ewan Bradley 21/07/19	See Standard Distance/ Height above	15.30 Ewan Bradley 21/07/19	Event not run			
400m Hurdles	56.77 Tom Booth 13/05/11	60.10 Matt Thompson 08/06/98	56.77 Tom Booth 13/05/11	59.30 Tom Booth 10/05/09 20/06/09	Event not run		
<b>Outdoor, Field</b>							
High Jump	1.97 Michael Bailiff 26/05/12	1.92 John Manning 07/08/05	1.97 Michael Bailiff 26/05/12	1.92 Ethan Milligan 14/05/16	1.75 Michael Lyness/ Nathan Brassington 30/07/06 16/06/22	1.51 Michael Bailiff 09/09/07	
Pole Vault	4.31 Ewan Bradley 30/06/19	3.90 Carl Van Schie 06/09/09	4.31 Ewan Bradley 30/06/19	4.00 Ewan Bradley 27/05/18	3.35 James McMahon 06/07/12	2.10 James McMahon 18/09/10	
Long Jump	6.63 Jonathan Naylor 01/07/00	6.63 Jonathan Naylor 01/07/00	6.60 James McMahon 24/07/16	6.20 Gareth Preston 29/04/07	6.11 Gareth Preston 14/08/05	5.24 Gareth Preston 30/07/03	
Triple Jump	14.24 Jonathan Naylor 03/09/00	14.24 Jonathan Naylor 03/09/00	13.11 Andrew Whitton 27/04/03	13.27 Brian Beattie 09/06/07	12.21 Andrew Whitton 28/05/05	Event not run	
Shot (Standard Weights)	N/A	13.14 (7.26kg) Dave McKay 01/05/10	17.97 (6kg) George Hyde 03/04/22	17.42 (5kg) George Hyde 26/08/17	15.93 (4kg) George Hyde 06/09/15	10.04 (3.25kg) Matthew Spencer 22/06/07	
Discus (Standard Weights)	N/A	38.88 (2kg) Richard Stocker 05/05/13	39.47 (1.75kg) Richard Stocker 30/04/01	40.09 (1.5kg) Michael Lyness 25/05/08	37.39 (1.25kg) James Callaghan 18/07/04	26.35 (1kg) Will Scott 27/09/14	
Hammer (Standard Weights)	N/A	49.41 (7.26kg) Dave McKay 18/08/08	(6kg)	49.77 (5kg) Daniel Berg 28/08/17	44.97 (4kg) Daniel Berg 23/08/15	21.36 (4kg) Will Scott 27/09/14	
Javelin (Standard Weights)	N/A	70.43 (800g) Dave McKay 15/06/08	59.98 (800g) Dave McKay 25/07/99	48.69 (700g) Cameron Clark 23/09/12	43.13 (600g) Cameron Clark 06/07/10	31.49 (400g) James Callaghan 15/09/02	
		SM	JM	MU17	MU15	MU13	
<b>MALE Age Group</b>							