

West Cheshire AC Records

Have you beaten one of these records, or set a new one? If so, please send us details via "Webmaster" at:

<http://www.westcheshireac.co.uk/contact/>

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For more detail, see:

<http://www.westcheshireac.co.uk/club-records/>

<https://www.westcheshireac.co.uk/wp-content/>

Sorry, wind-assisted performances are not considered for record purposes

| Event | FEMALE Age Group | | | | | | | | | | | |
|--------------------------------|---------------------|----------|---------------------|----------|---------------------|----------|---------------------|----------|-----------------|----------|-----------------|----------|
| | Overall | | FO20 | | FU20 | | FU17 | | FU15 | | FU13 | |
| Indoor | | | | | | | | | | | | |
| 60m | 7.85 | 07/01/18 | 7.85 | 07/01/18 | 7.91 | 17/01/09 | 7.91 | 07/01/06 | 7.92 | 12/02/22 | 8.43 | 10/01/10 |
| | Laura Turley | | Laura Turley | | Sian Kelman | | Sian Kelman | | Emily Owen | | Amy Williams | |
| 60m Hurdles (Standard Heights) | 8.72 | 17/01/15 | 25.30 | 05/05/13 | 8.72 | 17/01/15 | 8.92 | 01/12/12 | 8.85 | 26/02/17 | 10.02 | 07/02/10 |
| | Olivia Montez-Brown | | Alice McMahon | | Olivia Montez-Brown | | Olivia Montez-Brown | | Abigail Pawlett | | Amy Williams | |
| 150m | 19.43 | 21/11/09 | | | | | 19.43 | 21/11/09 | 19.75 | 09/12/06 | | |
| | Alice McMahon | | | | | | Alice McMahon | | Sam Galley | | | |
| 200m | 25.08 | 04/02/18 | 25.08 | 04/02/18 | 26.53 | 05/03/22 | 25.98 | 16/01/22 | 26.09 | 19/02/17 | 28.65 | 04/02/18 |
| | Laura Turley | | Laura Turley | | Imogen Pughe | | Emma Holmes | | Abigail Pawlett | | Ruby Wisbey | |
| 300m | 39.56 | 07/01/18 | 39.56 | 07/01/18 | 41.66 | 13/03/22 | 40.10 | 13/02/22 | 41.75 | 23/02/19 | 44.15 | 06/12/15 |
| | Laura Turley | | Laura Turley | | Imogen Pughe | | Emma Holmes | | Imogen Pughe | | Emily Misantoni | |
| 400m | 54.67 | 09/02/18 | 54.67 | 09/02/18 | | | 64.21 | 07/01/06 | 60.00 | 27/01/19 | | |
| | Laura Turley | | Laura Turley | | | | Emily Done | | Imogen Pughe | | | |
| 600m | 01:37.91 | 13/03/22 | | | | | 01:37.91 | 13/03/22 | 01:40.38 | 31/01/16 | 01:41.58 | 06/12/15 |
| | Jessica Lark | | | | | | Jessica Lark | | Emily Misantoni | | Emily Misantoni | |
| 800m | 02:14.26 | 16/01/22 | 02:23.02 | 10/03/17 | 02:30.41 | 10/01/15 | 02:14.26 | 16/01/22 | 02:24.01 | 07/02/16 | 02:24.80 | 22/11/15 |
| | Jessica Lark | | Olivia Montez-Brown | | Olivia Montez-Brown | | Jessica Lark | | Emily Misantoni | | Emily Misantoni | |
| 1000m | 03:22.68 | 20/11/21 | | | | | | | 03:22.68 | 20/11/21 | 03:26.61 | 15/02/14 |
| | Cosette Wearden | | | | | | | | Cosette Wearden | | Tamsin O'Keefe | |
| 1500m | 05:18.20 | 13/01/18 | | | | | 05:18.20 | 13/01/18 | | | | |
| | Eve Duret | | | | | | Eve Duret | | | | | |
| 3000m | 10:11.35 | 27/02/05 | 10:11.35 | 27/02/05 | 10:32.52 | 15/01/17 | | | | | | |
| | Laura Bestow | | Laura Bestow | | Katie Clarke | | | | | | | |
| 5000m | 18:29.85 | 20/02/20 | 18:29.85 | 20/02/20 | | | | | | | | |
| | Katie Clarke | | Katie Clarke | | | | | | | | | |
| High Jump | 1.69 | 07/03/10 | | | | | 1.69 | 07/03/10 | 1.62 | 14/02/09 | 1.45 | 06/12/15 |
| | Victoria Anderson | | | | | | Victoria Anderson | | Alice Jennings | | Emily Misantoni | |
| Long Jump | 5.85 | 07/01/17 | 5.85 | 07/01/17 | 5.80 | 28/02/15 | 5.49 | 01/12/12 | 5.30 | 29/01/17 | 5.01 | 16/01/10 |
| | Olivia Montez-Brown | | Olivia Montez-Brown | | Olivia Montez-Brown | | Olivia Montez-Brown | | Abigail Pawlett | | Amy Williams | |
| Triple Jump | 10.22 | 20/11/10 | | | | | 10.22 | 20/11/10 | | | | |
| | Olivia Montez-Brown | | | | | | Olivia Montez-Brown | | | | | |
| Shot | 7.45 | 22/11/14 | | | | | | | | | 7.45 | 22/11/14 |
| 2.72kg | Abigail Pawlett | | | | | | | | | | Abigail Pawlett | |
| Shot | 10.14 | 06/11/16 | | | | | | | 10.14 | 06/11/16 | 7.01 | 22/11/15 |
| 3kg | Abigail Pawlett | | | | | | | | Abigail Pawlett | | Emily Misantoni | |
| Shot | 11.29 | 09/04/00 | | | | | 11.11 | 16/02/13 | 11.29 | 09/04/00 | 10.48 | 18/04/04 |
| 3.25kg | Nicola Gore | | | | | | Emily Ball | | Nicola Gore | | Stephanie Owens | |
| Shot | 13.08 | 19/02/17 | 13.08 | 19/02/17 | 11.96 | 07/02/15 | 11.72 | 15/01/12 | 10.38 | 17/11/12 | | |
| 4kg | Emily Ball | | Emily Ball | | Emily Ball | | Kelly Baker | | Emily Ball | | | |
| Quadrathlon | 321 | 06/11/16 | | | | | | | 321 | 06/11/16 | 257 | 22/11/14 |
| | Abigail Pawlett | | | | | | | | Abigail Pawlett | | Abigail Pawlett | |
| Pentathlon | 3863 | 10/03/17 | 3863 | 10/03/17 | 3485 | 10/01/15 | 3345 | 01/12/12 | 3341 | 12/03/17 | | |
| | Olivia Montez-Brown | | Olivia Montez-Brown | | Olivia Montez-Brown | | Olivia Montez-Brown | | Abigail Pawlett | | | |
| | | SW | | JW | | FU17 | | FU15 | | FU13 | | |
| FEMALE Age Group | | | | | | | | | | | | |