

West Cheshire AC Records

Have you beaten one of these records, or set a new one? If so, please send us details via "Webmaster" at:

<http://www.westcheshireac.co.uk/contact>

<http://www.westcheshireac.co.uk/club-records/>

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For more detail, see:

Sorry, wind-assisted performances are not considered for record purposes

Event	MALE Age Group							
	Overall	MO20	MU20	MU17	MU15	MU13		
Road Running/ Walking								
5km	15:28 Paul Spencer 05/12/00	15:28 Paul Spencer 05/12/00	15:37 Joseph Morrison 28/08/19	15:59 Ethan Greenland 19/03/17	17:09 Jamie Richardson 24/03/19	20:45 Henry Robinson 15/04/17		
5 Miles	25:21 Michael Young / Jamie Richardson 14/11/21 12/04/22	25:21 Michael Young 14/11/21	26:33 Joseph Morrison 03/11/19	25:21 Jamie Richardson 12/04/22	No event run	No event run		
10km	32:30 Michael Young 26/07/21	32:30 Michael Young 26/07/21	33:33 Joseph Morrison 13/10/19	33:12 Ston Roberts 25/03/19	No event run	No event run		
10 Miles	53:53 Michael Young	53:53 Michael Young		No event run	No event run	No event run		
1/2 Marathon	01:09:04 Michael Young 20/03/22	01:09:04 Michael Young 20/03/22	01:22:05 Adam Parr	No event run	No event run	No event run		
Marathon	02:27:31 Michael Young 03/10/21	02:27:31 Michael Young 03/10/21	03:37:52 Michael Lyness 06/11/11	No event run	No event run	No event run		
5km Walk	00:00:00 00:00:00							
Indoor								
60m	7.14 Victor Oyesola 13/01/16	7.14 Victor Oyesola 13/01/16	7.15 Tom Price 26/11/06	7.24 James McMahon 21/12/14	7.37 Zac Barnsley 17/11/12			
60m Hurdles (Standard Heights)	8.18 Craig France 21/01/06	9.08 Carl Van Schie 13/01/08	8.18 Craig France 21/01/06	8.80 Ewan Bradley 11/03/18	9.43 Nathan Brassington 13/03/22			
60m Hurdles Senior Height	9.37 Carl Van Schie 09/12/07		9.37 Carl Van Schie 09/12/07					
200m	22.83 Victor Oyesola 14/01/18	22.83 Victor Oyesola 14/01/18	24.89 Chris Goodwin 06/01/13	23.08 Matthew Pagan 02/02/14	24.80 Gareth Preston 27/11/04			
300m	35.13 Matthew Pagan 23/03/14	39.99 Liam Davoren 02/12/18	35.61 Matthew Pagan 21/12/14	35.13 Matthew Pagan 23/03/14	37.25 Aidan Stoakley 13/12/06			
400m	50.68 Joseph Morrison 27/11/19	50.68 Joseph Morrison 27/11/19	53.38 Robbie Dagnall 15/01/11		55.87 Zac Barnsley 16/12/12			
600m	01:20:29 Joseph Morrison 15/12/19	01:20:29 Joseph Morrison 15/12/19	01:22:03 Joseph Morrison 04/02/18	01:27:26 Alex Haswell 13/01/08	01:44:42 Daniel Walker 19/12/21			
800m	01:50:02 Joseph Morrison 28/02/22	01:50:02 Joseph Morrison 28/02/22	02:05:51 Chris Goodwin 13/01/13	02:05:62 Alex Haswell 27/01/06				
1000m	02:29:14 Joseph Morrison 13/05/06	02:29:14 Joseph Morrison 13/05/06	02:47:36 Carl Van Schie 12/02/06	02:48:97 Alex Haswell 19/12/07				
1500m	04:16:05 Richard Farley 13/01/18	04:16:05 Richard Farley 13/01/18		04:17:40 Chris Goodwin 16/01/10				
1 Mile	04:05:92 Joseph Morrison 11/02/22	04:05:92 Joseph Morrison 11/02/22						
3000m	09:51:36 Jean-Claude Randon 16/02/19	09:51:36 Jean-Claude Randon 16/02/19						
High Jump	1.90 Ethan Milligan 18/12/16	1.75 Alan Litter 02/02/14	1.90 Ethan Milligan 18/12/16	1.80 Ethan Milligan 31/07/16	1.75 Nathan Brassington 06/01/22			
Pole Vault	3.25 James McMahon 17/06/12	3.75 Carl Van Schie 11/01/09	4.59 Ewan Bradley 29/02/20	3.66 Ewan Bradley 11/03/18	3.25 James McMahon 17/06/12			
Long Jump	6.67 Carl Van Schie 17/02/08	6.67 Carl Van Schie 17/02/08	6.34 James McMahon	6.25 Gareth Preston 20/01/07	5.97 Gareth Preston 21/01/06			
Triple Jump	13.79 Jonathan Naylor 02/02/01	13.79 Jonathan Naylor 02/02/01	12.79 Andrew Whitton 25/11/06	13.13 Andrew Whitton 21/01/07				
Shot 3.25kg	7.52 James McMahon 22/11/09					7.52 James McMahon 22/11/09		
Shot 4kg	12.97 James Callaghan 23/01/05			11.26 James McMahon 07/04/13	12.97 James Callaghan 23/01/05			
Shot 5kg	15.85 George Hyde 18/12/16			15.85 George Hyde 18/12/16				
Shot 6kg	18.23 George Hyde 11/01/20		18.23 George Hyde 11/01/20					
Shot 7.2 6kg	15.29 George Hyde 01/02/20	10.05 Carl Van Schie 17/02/08	15.29 George Hyde 01/02/20					
Pentathlon	2517 Carl Van Schie 13/03/05			2517 Carl Van Schie 13/03/05	2334 Nathan Brassington 13/03/22			
Heptathlon	4409 Carl Van Schie 11/01/09	4409 Carl Van Schie 11/01/09	4346 James McMahon 11/01/15	3783 Ewan Bradley 11/03/18				
		SM	JM	MU17	MU15	MU13		
MALE Age Group								