

# West Cheshire AC Records

Have you beaten one of these records, or set a new one? If so, please send us details via "Webmaster" at:

<http://www.westcheshireac.co.uk/contact/>

For more up-to-date records, see:

<http://www.westcheshireac.co.uk/club-records/>

*Sorry, wind-assisted performances are not considered for record purposes*

		FEMALE Age Group						
Event	Overall	FO20	FU20	FU17	FU15	FU13		
<b>Outdoor, Walks (Track)</b>								
1000m Walk	06:24 Cath McGrath 08/07/06	06:24 Cath McGrath 08/07/06						
2000m Walk	13:19 Cath McGrath 13/06/07	13:19 Cath McGrath 13/06/07						
3000m Walk	19:29 Cath McGrath 10/09/06	19:29 Cath McGrath 10/09/06						
5000m Walk	33:07 Cath McGrath 02/12/06	33:07 Cath McGrath 02/12/06						
<b>Outdoor, Relays</b>								
4x100m	49.30 Alice McMahon (O20), Shona Valentine (O20), Georgia Barlow (U20), Danielle Erskine (O20) No names in results 03/07/16	49.30 Alice McMahon (O20), Shona Valentine (O20), Georgia Barlow (U20), Danielle Erskine (O20) No names in results 04/07/09	49.30 Bryony Potter (U20), Sian Keiman (U20), Shona Valentine (U20), Emily Done (U20) 04/07/09	50.30 No names in results 03/07/11	50.00 Stephanie Jones, Lara Battersby, Fatoumatta Bojang and Imogen Pughe 02/06/19	53.40 Jess Brown, Sara Pearson, Emily Owen, Madeline Mercer 20/07/19		
4x400m	04:03.50 Imogen Pughe (U17), Beth McMahon, Carys Roberts (U17), Emma Holmes (U17) 01/08/21	04:03.50 Imogen Pughe (U17), Beth McMahon, Carys Roberts (U17), Emma Holmes (U17) 01/08/21	04:07.80 Emily Done (U20), Danielle Erskine (U17), Bryony Potter (U20), Leah Ferrie (U17) 05/07/09			Event not run		
4x300m	02:50.54 Lara Battersby, Fatoumatta Bojang, Martha Willelts, Imogen Pughe 20/07/19			02:50.90 Emma Holmes, Lauren Williams, Carys Roberts, Imogen Pughe 25/07/21	02:50.54 Lara Battersby, Fatoumatta Bojang, Martha Willelts, Imogen Pughe 20/07/19	Event not run		
3x800m	07:17.60 Sophie Granger, Carys Roberts, Imogen Pughe 02/06/19	07:32.30 No names in results 14/07/02		07:51.50 No names in results 13/07/99	07:17.60 Sophie Granger, Carys Roberts, Imogen Pughe 02/06/19	08:03.20 Martha Willelts, Carys Roberts, Megan White/ No names in results 13/07/03	10/06/18	
<b>Outdoor, Field: Non-standard weights</b>								
Shot 2.72kg	6.56 Olivia Montez-Brown 14/09/08				6.56 Olivia Montez-Brown 14/09/08			
Shot 3.25kg	12.24 Kelly Baker 20/06/10			11.79 Emily Ball 29/09/12	12.24 Kelly Baker 20/06/10			
Shot 4kg	11.72 Emily Ball 13/07/14			11.72 Emily Ball 13/07/14				
Discus 0.75 or 1kg?	19.90 Stephanie Owens 13/09/03					19.90 Stephanie Owens 13/09/03		
Discus 1kg	0.00 00:00.00 00/01/00					17.31 (1kg) Emily Ball 19/07/10		
Hammer 4kg	48.69 Stephanie Owens 31/03/07			48.69 Stephanie Owens 31/03/07				
Javelin 500g	51.87 Emma Howe 13/05/18		51.87 Emma Howe 13/05/18					
Javelin 600g	41.11 Emma Howe 06/08/16			41.11 Emma Howe 06/08/16	30.71 Emily Fisher 30/07/06			
<b>Outdoor, Multi-events</b>								
Quadrathlon	260 Sara Pearson 29/06/19					260 Sara Pearson 29/06/19		
Pentathlon	2993 Olivia Montez-Brown 29/06/10			2828 Victoria Anderson 13/09/09	2993 Olivia Montez-Brown 29/06/10	2641 Amy Williams 08/09/10		
Heptathlon	5254 Olivia Montez-Brown 27/05/16	5254 Olivia Montez-Brown 27/05/16	4790 Olivia Montez-Brown 21/09/14	4337 Olivia Montez-Brown 01/07/12				
		SW	JW	FU17	FU15	FU13		
FEMALE Age Group								