CHESHIRE AA ROAD RUNNING 2021

Age Group Best Performers *(separate sheets for Men and Women)*

NOTE : Some athletes appear in two age groups; performances are listed in age group applying at time of performance

Also - not all "senior" athletes can be allocated to a 5 year age band. M indicates may be faster than one or more listed in the 3 5-year age bands from 20 to 34

***Qualification** : first claim member of a Cheshire club at time of performance.*

***Fastest Time** overall highlighted;*

"CR" in final column indicates a Cheshire Age Group record.

MEN

					Chip Time			
5 K								
11 - 14	MU15	Rhys Bowden	Vale Royal	16:58	c	Mid-Cheshire (Summer)	27-Aug	
15 - 19	MU20	Jordan Jones	Warrington AC	15:07	c	Mid-Cheshire	30-Apr	
20 - 24	M20	Dan Bundred	Wilmslow	15:35	c	Mid-Cheshire (Summer)	27-Aug	
25 - 29	M25	Andrew Miles	Vale Royal	14:58	c	Mid-Cheshire (Summer)	27-Aug	
30 - 34	**M30**	**Chris Perry**	**Vale Royal**	**14:11**	**c**	**Mid-Cheshire (Summer)**	**27-Aug**	
35 - 39	M35	David Morris	South Cheshire	15:48	c	Mid-Cheshire	30-Apr	
40 - 44	M40	Chris Stanford	Warrington AC	15:19	c	Podium, Barrowford	07-Nov	CR
45 - 49	M45	Peter Speake	Wilmslow	15:01	c	Mid-Cheshire (Summer)	27-Aug	CR
50 - 54	M50	Stuart Doyle	Vale Royal	16:40	c	Neil Cliffe Sizzler, M/c	11-Aug	
55 - 59	M55	Stephen Watmough	Warrington AC	16:34	c	Mid-Cheshire	30-Apr	
60 - 64	M60	Colin Bishop	Warrington AC	17:23	c	Capenhurst, Ell Port	18-Aug	CR
65 - 69	M65	Ivor Twiss	Nantwich	20:36	c	Mid-Cheshire (Summer)	27-Aug	
70 - 75	M70	Michael Fairs	Wilmslow	21:06	c	Neil Cliffe Sizzler, M/c	11-Aug	
75 - 79	M75	Ian Ashcroft	Wilmslow	25:52	c	Neil Cliffe Sizzler, M/c	11-Aug	
80 - 84								
5 miles								
15 - 19	MU20	Jamie Richardson	West Cheshire	25:44		Capenhurst (Borders Lge)	14-Nov	
20 - 24	M20	Charlie Weaver	Tattenhall	28:50		Capenhurst (Borders Lge)	14-Nov	
25 - 29	M25	Tom Booth	West Cheshire	27:43		Capenhurst (Borders Lge)	14-Nov	
30 - 34	**M30**	**Michael Young**	**West Cheshire**	**25:21**		**Capenhurst (Borders Lge)**	**14-Nov**	
35 - 39	M35	David Shearer	West Cheshire	26:24		Capenhurst (Borders Lge)	14-Nov	
40 - 44	M40	Chris Fitzpatrick	Helsby	28:29		Capenhurst (Borders Lge)	14-Nov	
45 - 49	M45	Neil Finegan	West Cheshire	27:20		Capenhurst (Borders Lge)	14-Nov	
50 - 54	M50	Andrew Carter	West Cheshire	30:12		Capenhurst (Borders Lge)	14-Nov	
55 - 59	M55	Neil Hershaw	West Cheshire	31:14		Capenhurst (Borders Lge)	14-Nov	
60 - 64	M60	Colin Bishop	Warrington AC	30:03	c	Birkenhead Pk	21-Jul	CR
65 - 69	M65	Brian Wright	West Cheshire	36:06		Capenhurst (Borders Lge)	14-Nov	
70 - 75	M70	Norman Hindle	South Cheshire	43:51	c	Stone	25-Aug	
75 - 79	M75							
80 - 84	M80							
10 K								
15 - 19	MU20	Raif Serif	Vale Royal	31:14	c	Ribble Valley	27-Dec	
20 - 24	M20	Daniel Lloyd	Crewe/Nantwich	32:46	c	Wilmslow Festive	28-Nov	
25 - 29	M25	Andrew Miles	Vale Royal	31:20	c	Telford	12-Dec	
30 - 34	**M30**	**Chris Perry**	**Vale Royal**	**30:10**	**c**	**Telford**	**12-Dec**	
35 - 39	M35	Chris Williams	Vale Royal	32:21	c	Helena Tipping, Wrexham	25-Jul	
40 - 44	M40	Richard Coen	Wilmslow	32:23	c	Wilmslow Festive	28-Nov	
45 - 49	M45	Peter Speake	Wilmslow	32:12	c	Wilmslow Summer	11-Jul	CR
50 - 54	M50	Stuart Doyle	Vale Royal	34:20	c	Alderley Edge By-pass	22-Aug	
55 - 59	M55	Stephen Watmough	Warrington AC	34:10	c	Trafford	19-Sep	
60 - 64	M60	Colin Bishop	Warrington AC	36:05	c	Wilmslow Festival	12-Sep	CR
65 - 69	M65	Brian Wright	West Cheshire	44:02	c	Run GP, Goodwood	25-Apr	
70 - 75	M70	Michael Fairs	Wilmslow	42:34	c	Wilmslow Festive	28-Nov	
75 - 79	M75	Ian Ashcroft	Wilmslow	51:43	c	Wilmslow Festival	12-Sep	
80 - 84	M80	Peter Watson	Wilmslow	1:00:06	c	Run Knutsford	17-Oct	
10 miles								
15 - 19								
20 - 24	M20	Callan Rowland?	Warrington AC	0:55:51	c	Myerscough, Preston	05-Dec	
25 - 29								
30 - 34	**M30**	**Michael Young**	**West Cheshire**	**53:53**	**c**	**City of Preston**	**08-Aug**	
35 - 39	M35	David Morris	South Cheshire	55:33	c	3 Villages, Wetherall	11-Apr	
40 - 44	M40	Carl Moulton	Boalloy	56:29	c	Flying Fox, Standon	07-Nov	
45 - 49	M45	Peter Williams	Wilmslow Striders	1:02:06	c	Stockport	12-Dec	
50 - 54	M50	Andy Mayers	South Cheshire	1:05:30	c	Flying Fox, Standon	07-Nov	

55 - 59	M55	Steve Watmough	Warrington AC	0:57:17		Lancaster	01-Aug	**CR**
60 - 64	M60	Peter Lloyd	Lymm R	1:08:12	c	Heaton Pk, Chase the Sun	12-May	
65 - 69	M65	Mervyn Ward	Warrington AC	1:11:42		Lytchett Minster (BMAF Ch)	22-Aug	
70 - 75	M70	Dave Taylor	Chester Tri	1:31:42	c	Stockport	12-Dec	
75 - 79								
80 - 84								

Half-marathon

15 - 19	MU20	Aaron Doyle	Vale Royal	1:14:24	c	Lancaster	05-Dec	
20 - 24	M20	Patrick Stradling	Vale Royal	1:17:17		Great North Run	12-Sep	
25 - 29	M25	James Nicholls	South Cheshire	1:14:06	c	Loughborough	18-Apr	
30 - 34	M30	Michael Young	West Cheshire	1:11:22	c	Chester	19-Sep	
35 - 39	M35	David Morris	South Cheshire	1:11:56	c	Cheshire Elite, Pulford	25-Apr	
40 - 44	M40	David Bennett	Ellesmere Port	1:12:01	c	Village Bakery, Wrexham	05-Sep	
45 - 49	**M45**	**Peter Speake**	**Wilmslow**	**1:10:46**	**c**	**Manchester**	**10-Oct**	
50 - 54	M50	Stuart Doyle	Vale Royal	1:18:08	c	Congleton	03-Oct	
55 - 59	M55	Stephen Watmough	Warrington AC	1:14:57	c	Cheshire Elite, Pulford	25-Apr	CR
60 - 64	M60	Mike Hatton	South Cheshire	1:28:21	c	Manchester	10-Oct	
65 - 69	M65	Mervyn Ward	Warrington AC	1:31:49		Riverside, Lancaster	15-Aug	
70 - 75	M70	Mick Fairs	Wilmslow	1:32:13	c	Wilmslow Festival	12-Sep	
75 - 79	M75							
80 - 84	M80	Harry Newton	Macclesfield	2:13:02	c	Wilmslow Festival	12-Sep	

Marathon

15 - 19	MU20	Aaron Doyle	Vale Royal	2:40:42	c	Blackpool Festival	12-Sep	
	M	Joshua Barrow	Macclesfield	2:33:12	c	Manchester	10-Oct	
20 - 24	M20	Charlie Weaver?	Tattenhall	3:45:09	c	Manchester	10-Oct	
25 - 29	M25	Sean Dyer	South Cheshire	2:43:15	c	London	03-Oct	
30 - 34	M30	Michael Young	West Cheshire	2:27:31	c	Chester	03-Oct	
35 - 39	**M35**	**Chris Williams**	**Vale Royal**	**2:27:25**	**c**	**Cheshire Elite, Pulford**	**25-Apr**	CR
40 - 44	M40	Matthew Nicholson	Ellesmere Port	2:50:29	c	Chester	03-Oct	
45 - 49	M45	Justin Grattan	South Cheshire	2:48:08	c	Boston (Lincs)	31-May	
50 - 54	M50	Chris Millington	Warrington RC	2:43:53	c	London	03-Oct	
55 - 59	M55	Wullie McGarrell	West Cheshire	2:58:05	c	Cheshire Elite, Pulford	25-Apr	
60 - 64	M60	Richard Matthews	Lymm R	3:32:33	c	Manchester	10-Oct	
65 - 69	M65	Robert Boon	Boalloy	4:11:24	c	Chester	03-Oct	
70 - 75	M70	Andy Watts	Wilmslow	3:38:12	c	London	03-Oct	
75 - 79	M75							
80 - 84	M80	Harry Newton	Macclesfield	5:19:23	c	London	03-Oct	