

West Cheshire AC Records

Have you beaten one of these records, or set a new one? If so, please send us details via "Webmaster" at:

<http://www.westcheshireac.co.uk/contact/>

For more up-to-date records, see:

<http://www.westcheshireac.co.uk/club-records/>

Sorry, wind-assisted performances are not considered for record purposes

		MALE Age Group					
Event	Overall	MO20	MU20	MU17	MU15	MU13	
Road Running/ Walking							
5km	15:26 Paul Spencer 05/12/00	15:28 Paul Spencer 05/12/00	15:37 Joseph Morrison 29/09/19	15:59 Ethan Greenland 19/05/17	17:09 Jamie Richardson 24/03/19	No event run	
5 Miles	25:21 Michael Young 14/11/21	25:21 Michael Young 14/11/21	26:33 Joseph Morrison 03/11/19	25:44 Jamie Richardson 14/11/21	No event run	No event run	
10km	32:30 Michael Young 25/07/21	32:30 Michael Young 25/07/21	33:33 Joseph Morrison 13/10/19	33:12 Sion Roberts 23/03/19	No event run	No event run	
10 Miles	53:53 Michael Young 06/09/21	53:53 Michael Young 06/09/21		No event run	No event run	No event run	
1/2 Marathon	01:11:22 Michael Young 19/09/21	01:11:22 Michael Young 19/09/21	01:22:05 Adam Parr 22/01/12	No event run	No event run	No event run	
Marathon	02:27:31 Michael Young 03/10/21	02:27:31 Michael Young 03/10/21	03:37:52 Michael Lyness 06/11/11	No event run	No event run	No event run	
5km Walk	00:00:00 00:00:00						
Indoor							
60m	7.14 Victor Oyesola 13/01/18	7.14 Victor Oyesola 13/01/18	7.15 Tom Price 25/11/05	7.24 James McMahon 21/12/14	7.37 Zac Barnesley 17/11/12		
60m Hurdles (Standard Heights)	8.18 Craig France 21/01/06	9.08 Carl Van Schie 13/01/08	8.18 Craig France 21/01/06	8.80 Ewan Bradley 11/03/18	9.49 Nathan Brassington 19/12/21		
60m Hurdles Senior Height	9.37 Carl Van Schie 09/12/07		9.37 Carl Van Schie 09/12/07				
200m	22.83 Victor Oyesola 14/01/18	22.83 Victor Oyesola 14/01/18	24.89 Chris Goodwin 06/01/13	23.08 Matthew Pagan 02/02/14	24.80 Gareth Preston 27/11/04		
300m	35.13 Matthew Pagan 23/03/14	39.99 Liam Davoren 02/12/18		35.13 Matthew Pagan 23/03/14	37.25 Aidan Stokley 13/12/08		
400m	50.68 Joseph Morrison 27/11/19	50.68 Joseph Morrison 27/11/19	53.38 Robbie Dagnall 15/01/11		55.87 Zac Barnesley 16/12/12		
600m	01:20.29 Joseph Morrison 15/12/19	01:20.29 Joseph Morrison 15/12/19	01:22.03 Joseph Morrison 04/02/18	01:27.26 Alex Haswell 13/01/08	01:44.42 Daniel Walker 19/12/21		
800m	01:50.67 Joseph Morrison 16/02/20	01:50.67 Joseph Morrison 16/02/20	02:05.51 Chris Goodwin 13/01/13	02:05.82 Alex Haswell 27/01/08			
1000m	02:29.14 Joseph Morrison 13/05/06	02:29.14 Joseph Morrison 13/05/06	02:47.36 Carl Van Schie 12/02/06	02:48.97 Alex Haswell 19/12/07			
1500m	04:16.05 Richard Farley 19/01/18	04:16.05 Richard Farley 19/01/18		04:17.40 Chris Goodwin 16/01/10			
3000m	09:51.36 Jean-Claude Randon 16/02/19	09:51.36 Jean-Claude Randon 16/02/19					
High Jump	1.90 Ethan Milligan 18/12/16	1.75 Alan Littler 02/02/14	1.90 Ethan Milligan 18/12/16	1.80 Ethan Milligan 31/01/16	1.57 James McMahon 04/02/12		
Pole Vault	3.25 James McMahon 17/06/12	3.75 Carl Van Schie 11/01/09	4.59 Ewan Bradley 29/02/20	3.66 Ewan Bradley 11/03/18	3.25 James McMahon 17/06/12		
Long Jump	6.67 Carl Van Schie 17/02/08	6.67 Carl Van Schie 17/02/08	6.34 James McMahon 01/03/15	6.25 Gareth Preston 20/01/07	5.97 Gareth Preston 21/01/06		
Triple Jump	13.79 Jonathan Naylor 02/02/01	13.79 Jonathan Naylor 02/02/01	12.79 Andrew Whitton 25/11/06	13.13 Andrew Whitton 21/01/07			
Shot 3.25kg	7.52 James McMahon 22/11/09					7.52 James McMahon 22/11/09	
Shot 4kg	11.26 James McMahon 07/04/13			11.26 James McMahon 07/04/13			
Shot 5kg	15.85 George Hyde 18/12/16			15.85 George Hyde 18/12/16			
Shot 6kg	18.23 George Hyde 11/01/20		18.23 George Hyde 11/01/20				
Shot 7.2 6kg	15.29 George Hyde 01/02/20	10.05 Carl Van Schie 17/02/08	15.29 George Hyde 01/02/20				
Pentathlon	2517 Carl Van Schie 13/03/05			2517 Carl Van Schie 13/03/05	2155 James McMahon 03/03/12		
Heptathlon	4409 Carl Van Schie 11/01/09	4409 Carl Van Schie 11/01/09	4346 James McMahon 11/01/15	3783 Ewan Bradley 11/03/18			
		SM	JM	MU17	MU15	MU13	
MALE Age Group							