

West Cheshire AC Records

Have you beaten one of these records, or set a new one? If so, please send us details via "Webmaster" at:

<http://www.westcheshireac.co.uk/contact/>

For more up-to-date records, see:

<http://www.westcheshireac.co.uk/club-records/>

Sorry, wind-assisted performances are not considered for record purposes

Event	Overall		MALE Age Group									
			MO20		MU20		MU17		MU15		MU13	
Road Running/ Walking Running/ Walking												
5km	15:28	Paul Spencer 05/12/00	15:28	Paul Spencer 05/12/00	15:37	Joseph Morrison 29/08/19	15:59	Ethan Greenland 19/05/17	17:09	Jamie Richardson 24/03/19	No event run	
5 Miles	25:21	Michael Young 14/11/21	25:21	Michael Young 14/11/21	26:33	Joseph Morrison 03/11/19	25:44	Jamie Richardson 14/11/21	No event run		No event run	
10km	32:30	Michael Young 25/07/21	32:30	Michael Young 25/07/21	33:33	Joseph Morrison 13/10/19	33:12	Ston Roberts 23/03/19	No event run		No event run	
10 Miles	53:53	Michael Young 08/06/21	53:53	Michael Young 08/06/21			No event run		No event run		No event run	
1/2 Marathon	01:11:22	Michael Young 19/09/21	01:11:22	Michael Young 19/09/21	01:22:05	Adam Parr 22/01/12	No event run		No event run		No event run	
Marathon	02:27:31	Michael Young 03/10/21	02:27:31	Michael Young 03/10/21	03:37:52	Michael Lyness 06/11/11	No event run		No event run		No event run	
Indoor												
60m	7.14	Victor Oyesola 13/10/18	7.14	Victor Oyesola 13/10/18	7.15	Tom Price 25/11/06	7.24	James McMahon 21/12/14	7.37	Zac Barnsley 17/11/12		
60m Hurdles (Standard Heights)	8.18	Craig France 21/01/06	9.08	Carl Van Schie 13/01/08	8.18	Craig France 21/01/06	8.80	Ewan Bradley 11/03/18	9.73	Ewan Bradley 06/03/16		
60m Hurdles Senior Height	9.37	Carl Van Schie 09/12/07			9.37	Carl Van Schie 09/12/07						
200m	22.83	Victor Oyesola 14/01/18	22.83	Victor Oyesola 14/01/18	24.89	Chris Goodwin 06/01/13	23.06	Matthew Pagan 02/02/14	24.80	Gareth Preston 27/11/04		
300m	35.13	Matthew Pagan 23/03/14	39.99	Liam Davoren 02/12/18			35.13	Matthew Pagan 23/03/14	37.25	Aidan Stokley 13/12/08		
400m	50.68	Joseph Morrison 27/11/19	50.68	Joseph Morrison 27/11/19	53.38	Robbie Dagnall 15/01/11			55.87	Zac Barnsley 16/12/12		
600m	01:20.29	Joseph Morrison 15/12/19	01:20.29	Joseph Morrison 15/12/19	01:22.03	Joseph Morrison 04/02/18	01:27.26	Alex Haswell 13/01/03				
800m	01:50.67	Joseph Morrison 16/02/20	01:50.67	Joseph Morrison 16/02/20	02:05.51	Chris Goodwin 13/01/13	02:05.82	Alex Haswell 27/01/03				
1000m	02:29.14	Joseph Morrison 13/05/06	02:29.14	Joseph Morrison 13/05/06	02:47.36	Carl Van Schie 12/02/06	02:48.97	Alex Haswell 19/12/07				
1500m	04:16.05	Richard Farley 13/01/18	04:16.05	Richard Farley 13/01/18			04:17.40	Chris Goodwin 16/01/10				
3000m	09:51.36	Jean-Claude Randon 16/02/19	09:51.36	Jean-Claude Randon 16/02/19								
High Jump	1.90	Ethan Milligan 18/12/16	1.75	Alan Litter 02/02/14	1.90	Ethan Milligan 18/12/16	1.80	Ethan Milligan 31/01/16	1.57	James McMahon 04/03/12		
Pole Vault	3.25	James McMahon 17/06/12	3.75	Carl Van Schie 11/01/09	4.59	Ewan Bradley 29/02/20	3.66	Ewan Bradley 11/03/18	3.25	James McMahon 17/06/12		
Long Jump	6.67	Carl Van Schie 17/02/08	6.67	Carl Van Schie 17/02/08	6.34	James McMahon 01/03/15	6.25	Gareth Preston 20/01/07	5.97	Gareth Preston 21/01/06		
Triple Jump	13.79	Jonathan Naylor 02/02/01	13.79	Jonathan Naylor 02/02/01	12.79	Andrew Whitton 25/11/06	13.13	Andrew Whitton 21/01/07				
Shot 3.25kg	7.52	James McMahon 22/11/09									7.52	James McMahon 22/11/09
Shot 4kg	11.26	James McMahon 07/04/13					11.26	James McMahon 07/04/13				
Shot 5kg	15.85	George Hyde 18/12/16					15.85	George Hyde 18/12/16				
Shot 6kg	18.23	George Hyde 11/01/20			18.23	George Hyde 11/01/20						
Shot 7.2 6kg	15.29	George Hyde 01/02/20	10.05	Carl Van Schie 17/02/08	15.29	George Hyde 01/02/20						
Pentathlon	2517	Carl Van Schie 13/05/05					2517	Carl Van Schie 13/05/05	2155	James McMahon 02/02/12		
Heptathlon	4409	Carl Van Schie 11/01/09	4409	Carl Van Schie 11/01/09	4346	James McMahon 11/01/15	3783	Ewan Bradley 11/03/18				
			SM	JM	MU17	MU15	MU13					
MALE Age Group												