

West Cheshire AC Records

Have you beaten one of these records, or set a new one? If so, please send us details via "Webmaster" at:

<http://www.westcheshireac.co.uk/contact/>

For more up-to-date records, see:

<http://www.westcheshireac.co.uk/club-records/>

Sorry, wind-assisted performances are not considered for record purposes

Event	MALE Age Group									
	MO20		MU20		MU17		MU15		MU13	
Road Running/ Walking										
5km	15:28 Paul Spencer 05/12/00	15:37 Joseph Morrison 29/09/19	15:59 Ethan Greenland 19/05/17	17:09 Jamie Richardson 24/03/19	No event run					
5 Miles	26:02 Andy Starkey 20/12/98	26:33 Joseph Morrison 03/11/19	27:24 Slon Roberts 11/11/18	No event run		No event run				
10km	32:30 Michael Young 25/07/21	33:33 Joseph Morrison 13/10/19	33:12 Slon Roberts 23/03/19	No event run		No event run				
10 Miles	53:53 Michael Young 06/08/21	No event run		No event run		No event run				
1/2 Marathon	01:11:22 Michael Young 19/09/21	01:22:05 Adam Parr 22/01/12	No event run		No event run		No event run			
Marathon	02:27:31 Michael Young 03/10/21	03:37:52 Michael Lyness 06/11/11	No event run		No event run		No event run			
Indoor										
60m	7.14 Victor Oyesola 13/01/18	7.15 Tom Price 25/11/06	7.24 James McMahon 21/12/14	7.37 Zac Barnsley 17/11/12						
60m Hurdles (Standard Heights)	9.08 Carl Van Schie 13/01/06	8.18 Craig France 21/01/06	8.60 Ewan Bradley 11/03/16	9.73 Ewan Bradley 06/03/16						
60m Hurdles Senior Height	9.37 Carl Van Schie 09/12/07									
200m	22.83 Victor Oyesola 14/01/18	25.22 Jake Gibson 06/01/19	23.08 Matthew Pagan 02/02/14	25.01 Zac Barnsley 26/02/12						
300m	39.99 Laura Turley 18/12/16			35.13 Matthew Pagan 23/03/14	37.25 Aidan Stokley 13/12/08					
400m	50.68 Joseph Morrison 27/11/19					55.87 Zac Barnsley 16/12/12				
600m	01:20.29 Joseph Morrison 15/12/19	01:22.03 Joseph Morrison 04/02/18								
800m	01:50.67 Joseph Morrison 16/02/20									
1000m	02:29.14 Joseph Morrison 13/05/06	02:47.36 Carl Van Schie 12/02/06	02:48.97 Alex Haswell 19/12/07							
1500m	04:16.05 Richard Farley 13/01/18									
3000m	09:51.36 Jean-Claude Randon 16/02/19									
High Jump	1.75 Alan Litter 02/02/14	1.88 Ewan Bradley 01/03/20	1.90 Ethan Milligan 18/12/16	1.57 James McMahon 04/03/12						
Pole Vault	3.75 Carl Van Schie 11/01/09	4.59 Ewan Bradley 29/02/20	3.66 Ewan Bradley 11/03/18							
Long Jump	6.67 Carl Van Schie 17/02/08	6.34 James McMahon 01/03/15	6.25 Gareth Preston 20/01/07	5.38 James McMahon 04/03/12						
Triple Jump	13.79 Jonathan Naylor 02/02/01									
Shot 3.25kg							7.52 James McMahon 22/11/09			
Shot 4kg			11.26 James McMahon 07/04/13							
Shot 5kg			15.85 George Hyde 18/12/16							
Shot 6kg	16.23 George Hyde 11/01/20									
Shot 7.2 6kg	10.05 Carl Van Schie 17/02/08	15.29 George Hyde 01/02/20								
Pentathlon					2155 James McMahon 02/03/12					
Heptathlon	4409 Carl Van Schie 11/01/09	4346 James McMahon 11/01/15	3783 Ewan Bradley 11/03/18							
	SM		JM		MU17		MU15		MU13	
MALE Age Group										