

# West Cheshire AC Records

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<http://www.westcheshireac.co.uk/contact/>

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*Sorry, wind-assisted performances are not considered for record purposes*

| Event                                       | MALE Age Group   |  |   |   |   |
|---|--|--|---|---|---|
|   | MO20   | MU20   | MU17  | MU15  | MU13  |
| <b>Outdoor, Walks (Track)</b>               |  |  |   |   |   |
| 3000m Walk                                  | 26:44<br>Jon Clarke<br>25/08/18  |  |   |   |   |
| <b>Outdoor, Relays</b>                      |  |  |   |   |   |
| 4x100m                                      | 44.80<br>Matthew Pagan (u20),<br>Alex Kearns (u17), Alan<br>Littler, Mark Hearn<br>(u20)<br>08/06/15 | 42.80<br>No names in results<br>23/06/99   | 45.30<br>Dave Donkin, Tom<br>Booth, Aidan Stoakley,<br>Robbie Dagnall/ No<br>names in results<br>04/07/09 | 03/07/05<br>46.40<br>Chris Harrop, Matthew<br>Pagan, James<br>McMahon, Zac<br>Barnsley<br>21/07/12        | 53.50<br>James McMahon, Matthew Pagan,<br>Chris Harrop, Daniel Vickers/ Lewis<br>Parsons, Robert Austin, William<br>Saunders, Alex Rutherford<br>03/07/10<br>01/09/19 |
| 4x400m                                      | 03:32.50<br>Joseph Morrison, Alan<br>Littler, Matthew Webb<br>(U17), Bradley<br>Spurdens<br>19/05/19 | 03:41.90<br>Alex Kearns (U17),<br>Matthew Pagan (U20),<br>James McMahon (U20),<br>Zac Barnsley (U20)<br>24/07/16 | 03:37.20<br>Mark Hearn, Zac<br>Barnsley, Zack<br>Holland, Matthew<br>Pagan<br>30/06/13                    | 04:04.70<br>No names in results<br>19/06/11   | Event not run   |
| 4x300m                                      |  |  |   | 02:46.40<br>Fergus Garland,<br>Sammy Hollins,<br>Gabriel Mikoletzki, and<br>Nathan Broomfield<br>22/06/19 | Event not run   |
| 3x800m                                      |  |  | 06:48.40<br>No names in results<br>01/07/06   | 06:44.80<br>No names in results<br>16/07/14   | 07:23.30<br>No names in results<br>23/07/14   |
| 4x800m                                      | 08:48.70<br>No names in results<br>13/07/99  |  |   | 10:02.50<br>No names in results<br>13/07/03   | 10:53.40<br>No names in results<br>14/07/02   |
| <b>Outdoor, Field: Non-standard weights</b> |  |  |   |   |   |
| Shot<br>4kg                                 |  |  | 15.23<br>George Hyde<br>15/06/16  |   |   |
| Shot<br>5kg                                 |  | 18.89<br>George Hyde<br>17/06/18   |   |   |   |
| Shot<br>6kg                                 |  |  | 12.56<br>James Callaghan<br>11/06/06  |   |   |
| Shot<br>6.25kg                              |  | 11.80<br>Dave McKay<br>22/08/99  |   |   |   |
| Shot<br>7.26kg                              |  | 16.55<br>George Hyde<br>05/09/20   | 13.47<br>James Callaghan<br>25/06/06  |   |   |
| Discus<br>2kg                               |  | 37.35<br>George Hyde<br>19/05/19   |   |   |   |
| Hammer<br>6.25kg                            |  | 33.37<br>Dave McKay<br>25/07/99  |   |   |   |
| Hammer<br>7.26kg                            |  | 28.85<br>George Hyde<br>19/05/19   |   |   |   |
| Javelin<br>800g                             |  |  | 40.64<br>Louis Humphries<br>29/07/07  |   |   |
| <b>Outdoor, Multi-events</b>                |  |  |   |   |   |
| Quadrathlon                                 |  |  |   |   | 220<br>James McMahon<br>27/06/10  |
| Pentathlon                                  |  |  | 2742<br>Carl Van Schie<br>11/09/05  | 2592<br>Craig France<br>29/09/01  | 1683<br>James McMahon<br>14/08/10   |
| Octathlon                                   |  |  | 4592<br>Michael Lyness<br>21/09/08  |   |   |
| Decathlon                                   | 6352<br>Carl Van Schie<br>17/05/09<br>14/06/09   | 6017<br>Carl Van Schie<br>10/06/07   | 5284<br>Carl Van Schie<br>21/08/05  |   |   |
|   | SM   | JM   | MU17  | MU15  | MU13  |
| MALE Age Group                              |  |  |   |   |   |