

List of events (with numbers taking part) in 2020

NOTE : parkruns are only included if they meet the performance criterium (must be faster than "form")

04-Jan	Cheshire CC Champs (12M, 7F)	Partial resumption
11-Jan	N Wales CC Lge, Shrewsbury (3M, 5F)	
12-Jan	Borders League 8K approx, Pensarn (21M, 4F)	Wave starts, time trial starts included BUT not virtual events
18-Jan	Coed-y-Brenin Trail HM (2M, 3F)	
19-Jan	4 Villages HM, Helsby (16M, 4F)	Jun? Romania Lockdown Ultra 70km (1M)
19-Jan	Halloween Hellraiser MT (1M, 1F)	
25-Jan	Northern CC Champs, Bedale (3M, 3F)	09-Aug City of Preston 10 mile (3M, 1F)
25-Jan	Park Run (1M)	09-Aug City of Preston 5 mile (1F)
26-Jan	Park & Ride 10K, Preston (1F)	28-Aug Mid-Cheshire 5km (2M)
		31-Aug Cilcain Mountain Race (1M, 1F)
01-Feb	N Wales CC Lge, (10M, 7F)	
01-Feb	Park Run (1M)	13-Sep Sherwood Forest 100 mile Trail race (1F)
02-Feb	Alsager 5 ml (1M)	20-Sep Capesthorpe HM, Cheshire (3M, 2F)
08-Feb	Manchester CC Lge (1M, 3F)	
08-Feb	Park Run (1M)	04-Oct Flat Runway Marathon, York (2M)
09-Feb	Liverpool South 10K (1M, 1F)	18-Oct Cheshire 10K, Arley Hall (1M, 1F)
15-Feb	Parbold Hill Race (1M)	30 Oct? Gloucester 100 mile (track), (1F)
15-Feb	Park Run (1F)	
16-Feb	Austin Marathon, Texas (1M)	05-Dec Run Tatton Pk 10K (1M)
16-Feb	Chilly Castle Coombe 10K (1M, 1F)	06-Dec Run Oulton Pk GP Marathon (1M, 1F)
16-Feb	Great North West HM, Blackpool (1M)	06-Dec Run Oulton Pk GP HM (1M)
20-Feb	Indoor 5000m track, New York (1F)	06-Dec Run Oulton Pk GP 20 mile (1M)
22-Feb	National CC Champs, Nottingham (4M)	06-Dec Run Oulton Pk GP 10K (3M)
22-Feb	Park Run (1M)	13-Dec Run Aintree 10K (1M)
22-Feb	Rhyl 10 mile (1M, 2F)	13-Dec Run Aintree HM (1F)
23-Feb	Huddersfield 10K (1M< 1F)	
29-Feb	Chester Ultra 50 mile Trail (1M)	
01-Mar	Anglesey Costal HM (1F)	
01-Mar	Cloud 9 mile Fell, Congleton (1M, 1F)	
01-Mar	Run GP Oulton Park HM (1F)	
01-Mar	Trafford 10K (1M)	
07-Mar	Loggerheads 5K MT (2F)	
08-Mar	Chester 10K (19M, 16F)	
08-Mar	Freedom 10 mile, Wrexham (1M)	
08-Mar	Freedom 20 mile, Wrexham (1M)	
14-Mar	BMAF CC Champs, Corwen (4M, 2F)	
14-Mar	Park Run (1M)	
15-Mar	Borders League 9.4 km, Wrexham (14M, 8F)	
15-Mar	Knowsley Safari 10K (1M)	
15-Mar	Liverpool HM (1M, 1F)	

Competition suspended