

TWO METRES SOCIAL DISTANCING MUST BE OBSERVED AT ALL TIMES

Risk Assessment: Returning to track and field training at Ellesmere Port Sports Village Athletics Facility during COVID-19 outbreak

Date:	Assessed by:	Location :	Review :
26/11/2020	Dennis Wall/West Cheshire Athletic Club Management Committee	Ellesmere Port Sports Village Athletics Track, Stanney Lane, Ellesmere Port.	31/12/2020

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom	Target date	Complete
Athletes attending training with Covid-19 Symptoms	All athletes, coaches, members of the public, relatives of members	Sharing Government/England Athletics guidance	L	Continue to share the guidance from Government, Public Health Executive & England Athletics	L	All coaches and those with access to club social media	Before first face to face sessions	
Arrival and departure of coaches/athletes	Mixing of athletes and non-adherence to social distancing	All face to face training is still suspended until a safe method of work	L	Regularly remind athletes /parents they are not to attend sessions if they (or anyone in their household) has Covid-19	L	All coaches and those with access to club social media	Before first face to face sessions	

	during the arrival to and from venue	is in place		symptoms				
Drop Off and collection of children	<p>Mixing of parents and carers/children and young people and non-adherence of social distancing measures during the drop & collection times</p> <p>Direct transmission of Covid-19 virus from being in close proximity to people with the virus (ie: person transmission – hand to hand, hand to mouth, hand to body).</p> <p>Indirect transmission of Covid-19 virus from hand and hand contact with contaminated surfaces</p>	<p>All athletes to stagger arrival and departure times.</p> <p>There will be a one-way system in operation before and after training sessions. Everyone will enter the site through the Black gates (adjacent to Ellesmere Port Sports Village main building), and everyone will exit the site by passing the Green Track Containers and walking down the drive to the Blue gates leading to the Car Park.</p>	L	<p>Provide hand sanitizer to be used on arrival and departure</p> <p>Continually monitor and advise athletes to adhere to the social distancing measures and remain 2 metres apart at all times</p> <p>Advise coaches & athletes to form a queue outside of the entrance to the area and remain 2 metres apart.</p> <p>Instruct athletes to wash their hands with sanitizer on arrival and prior to leaving the session.</p> <p>Provide hand sanitizer for athletes/coaches in strategic places due to limited washing facilities being available.</p>	L			

Spread of Covid-19 during sessions.	All athletes, coaches, members of public, and relatives of members.	Training session will cease immediately. Brio staff will be notified who will follow the revised Emergency Action Plan. Contact parent/guardian or next of kin and isolate individual.	L	Covid-19 rules communicated to all members in advance.	L	All coaches	Before, during and after every session.	
Other training groups/members of the public.	All coaches, athletes, and guardians.	Training sessions are being delivered via Zoom/Social Media, and Club Newsletter as there is no physical contact.	L	The coaching team are to coordinate their sessions so that the current guidelines of 12 athletes + 1 coach per group, and no more than 6 groups are at EPSV (off track) at any one time, with a maximum of 6 groups on the track (once it is reopen).	L	All coaches	During every session.	

				<p>Road training groups of 12 will each need to have at least one person with the Leadership in Running and Fitness qualification or Athletics Coach qualification.</p> <p>Coaches should use cones (or other visible notifier) to show what area they are using. In addition to cones used for the session or to ensure athletes are following social distancing.</p>				
Slips, trips and falls	All athletes and coaches	<p>Dynamic risk assessments</p> <p>Instructions and reminders to athletes Having awareness of surroundings</p> <p>Watching where you are going.</p>	M	<p>Coaches should continue as they would normally, assessing if the area is safe, being aware of weather conditions (eg: wet grass or uneven surfaces) and reminding athletes.</p>	L	All coaches and athletes	During every session	
Road /Trail Running	All athletes and coaches partaking in road/trail running	<p>Use of high visibility clothing when visibility is not clear.</p> <p>Coaches being familiar of where they are and knowing the routes they use.</p>	M	<p>Do not use paths that are on roadsides as they do not facilitate for passing without stepping into the road (which is deemed to be a medium risk).</p> <p>Use paths/trails that are at least 3 metres wide so overtaking or others passing in the opposite direction can take place while socially distant.</p> <p>All routes have high risk assessments completed by the coaches who use them and submitted to the committee for approval, prior to the session.</p>	M	Middle distance coaches	During every session	

Bushes, nettles, etc.	All athletes & coaches working close to bushes.	Keep athletes away from bushes. When running on trails advise athletes to be aware of bushes which may contain nettles.	L	Coaches should continue to follow the current process.	L	All coaches	During every session	
Use of shared equipment and resources	Higher risk of contamination if athlete/coach use shared equipment and resources.	Direct transmission of Covid-19 virus from being in close proximity to people with the virus (ie: person to person transmission, hand to hand, hand to mouth, hand to body). Indirect transmission of Covid-19 virus from hand and hands contact with contaminated surfaces.	H	Limit the amount of shared resources in use. Prevent the sharing of starting blocks, hurdle(s), javelin(s), medicine ball(s) etc, and other equipment. Clean shared materials more frequently.	H	All coaches	During every session	
Use of outdoor spaces and equipment	Higher risk of contamination if service users and staff use shared outdoor spaces and equipment.	Direct transmission of Covid-19 virus from being in close proximity to people with the virus (ie: person to person transmission, hand to hand, hand to mouth, hand to body). Indirect transmission of Covid-19 virus from	H	Limit the amount of shared resources in use. Clean shared materials more frequently. Spitting will not be permitted. Ensure that sessions can only go ahead if equipment has been cleaned thoroughly between cohorts using it.	H	All coaches	During every session.	

		hand and hands contact with contaminated surfaces.						
Members of the public	All coaches and athletes	Indirect transmission of Covid-19 virus from hand and hands contact with contaminated surfaces	H	Coaches should ensure no members of the public are present when they are coaching.	H	All Coaches	During every session	
First Aid	Any athlete or coach who sustain injury.	Improper first aid treatment – potential infection from wounds not being cleaned properly.	H	As no parents will be present, the athlete will be expected to administer their own treatment. The Club will provide basic first aid provisions. If a parent can't be contacted and the coach has concerns they should contact NHS 111.	H	All coaches	During every session.	
Test and Trace	Direct transmission of Covid-19 virus from being in close proximity to people with the virus (ie: person transmission – hand to hand, hand to mouth, hand to body).	An attendance register will be completed by all Club Coaches in charge of a group of athletes which will be securely kept in the Container Track Office for 21 days with copies available to Brio on request.	H	Information on the attendance register will also be transferred to a Computer Tablet which will be securely kept in the Container Track Office.	H	All coaches	During every session.	
Covid-19 Liaison Officers	All athletes and coaches	Karl Fenney, Jane Palmer, Mark Duffey, Adrian Gledhill, Dave	M	Karl Fenney, Jane Palmer, Mark Duffey, Adrian Gledhill, Dave McKay, Darren Shillington, and	M	Karl Fenney, Jane Palmer, Mark Duffey,	During every session.	

		McKay, Darren Shillington, and Leanne Wheeler have been appointed Covid-19 Liaison Officers.		Leanne Wheeler will be present before, during and after club training sessions to ensure everyone on the site remains safe.		Adrian Gledhill, Dave McKay, Darren Shillington and Leanne Wheeler		
Arrangements and guidance for members travelling to the training session (ie: advice on car sharing etc).	All athletes, coaches and parents/guardians	<p>Recommend that nobody uses public transport.</p> <p>Car sharing with people from other household bubbles is not recommended.</p>	M	<p>https://www.gov.uk/guidance/coronavirus-covid-19-safer-travel-guidance-for-passengers</p> <p>If you have to travel with others</p> <ul style="list-style-type: none"> ● Share with the same people each time ● Keep to small groups ● Open windows for ventilation ● Face away from each other ● Maximise distance between people in the vehicle ● Clean car between journeys especially door handles and touch surfaces <p>Ask the driver and passengers to wear a face mask.</p>	M	All Coaches, Athletes and Parents/guardians	Before, during and after every session.	
Arrangements for changing, showering and toilets.	All athletes and coaches.	Athletes have been told to come ready to train as there will be no changing rooms or showers available, whilst the Trackside toilet facilities can be accessed in a one way system.	M	Advise everyone to visit the toilet before they leave home.	M	All Coaches, Athletes and Parents/guardians	Before, during and after every session.	