

West Cheshire AC Records

Have you beaten one of these records, or set a new one? If so, please send us details via "Webmaster" at:

<http://www.westcheshireac.co.uk/contact/>

For more up-to-date records, see:

<http://www.westcheshireac.co.uk/club-records/>

Sorry, wind-assisted performances are not considered for record purposes

Event	MALE Age Group									
	MO20		MU20		MU17		MU15		MU13	
Road Running/ Walking										
5km	15:28	05/12/00 Paul Spencer	15:37	29/08/19 Joseph Morrison	15:59	19/05/17 Ethan Greenland	17:09	24/03/19 Jamie Richardson	No event run	
5 Miles	26:02	20/12/98 Andy Starkey	26:33	03/11/19 Joseph Morrison	27:24	11/11/18 Sion Roberts	No event run		No event run	
10km	32:43	25/10/98 Andy Starkey	33:33	13/10/19 Joseph Morrison	33:12	23/03/19 Sion Roberts	No event run		No event run	
10 Miles	54:30	04/11/99 Andy Starkey	No event run		No event run		No event run		No event run	
1/2 Marathon	01:11:28	20/09/20 Michael Young	01:22:05	22/01/12 Adam Parr	No event run		No event run		No event run	
Marathon	02:34:54	04/10/20 Michael Young	03:37:52	06/11/11 Michael Lyness	No event run		No event run		No event run	
Indoor										
60m	7.14	13/01/18 Victor Oyesola	7.15	25/11/06 Tom Price	7.24	21/12/14 James McMahon	7.37	17/11/12 Zac Barnsley		
60m Hurdles (Standard Heights)	9.08	13/01/08 Carl Van Schie	8.18	21/01/06 Craig France	8.80	11/03/18 Ewan Bradley	9.73	06/03/16 Ewan Bradley		
60m Hurdles Senior Height			9.37	09/12/07 Carl Van Schie						
200m	22.83	14/01/18 Victor Oyesola	25.22	06/01/18 Jake Gibson	23.08	02/02/14 Matthew Pagan	25.01	26/02/12 Zac Barnsley		
300m	39.99	02/12/18 Liam Davoren			35.13	23/03/14 Matthew Pagan	37.25	13/12/08 Aidan Stoakley		
400m	50.68	27/11/19 Joseph Morrison					55.87	16/12/12 Zac Barnsley		
600m	01:20.29	15/12/19 Joseph Morrison	01:22.03	04/02/18 Joseph Morrison						
800m	01:50.67	16/02/20 Joseph Morrison								
1000m	02:29.14	16/11/19 Joseph Morrison	02:47.36	12/02/06 Carl Van Schie	02:48.97	19/12/07 Alex Haaswell				
1500m	04:16.05	13/01/18 Richard Farley								
High Jump	1.75	02/02/14 Alan Littler	1.88	01/03/20 Ewan Bradley	1.90	18/12/16 Ethan Milligan	1.57	04/03/12 James McMahon		
Pole Vault			4.59	29/02/20 Ewan Bradley	3.66	11/03/13 Ewan Bradley				
Long Jump	6.67	17/02/08 Carl Van Schie	6.34	01/03/15 James McMahon	6.25	20/01/07 Gareth Preston	5.38	04/03/12 James McMahon		
Triple Jump	13.79	02/02/01 Jonathan Naylor								
Shot 4kg					11.26	07/04/13 James McMahon				
Shot 5kg					15.85	18/12/16 George Hyde				
Shot 6kg			18.23	11/01/20 George Hyde						
Shot 7.2 6kg			15.29	01/02/20 George Hyde						
Pentathlon							2155	03/03/12 James McMahon		
Heptathlon	4409	11/01/09 Carl Van Schie	4346	11/01/15 James McMahon	3783	11/03/18 Ewan Bradley				
		SM	JM	MU17		MU15		MU13		
MALE Age Group										