

West Cheshire Endurance Competition 2020

Female PointsTable - at end of February

				PARICIPATION POINTS Number of Races (1pt/race)					BONUS POINTS																				
				Cross Country	Fell, Hill	Multi-terrain parkruns (subject to performance)	Road	Track (3000m and longer)	Total Races	Cross Country			Track	Multi Terrain	Road Leagues/series		Team points		Distance Pts (any surface; one race at each distance)			Road & Track Performance Pts	"Helpers" Points	Total Points	Points/event				
		At end of 2019	Now - at end of Feb 20	Handicap Profile (Road Races)						L&D ()	Manchester (Feb)	North Wales (Jan, Feb)	North Staffs ()	Championships (Ches, Northern,)	Cheshire League	Wirral (Sept - 4 races)	Borders L (Jan)	Relays ()	Cross Country (Ches, N Wales-Jan, Feb; M/c (Feb))	Road (BL Jan)	Track ()	25K(15 ml) to 20ml (32K) inc	>20ml to Marathon inc	>Marathon					
									1 point per event																				
									1	2	3pts																		
Females																													
Eleanor	ROBINSON	12.6	12.6	4	1			5			2		2						3									12	
Ellen	McMAHON	21.3	20.3	3			1	4			1		2				1		2	1					1			12	
Alex	DUFFEY	24.6	24.6	4				4		1	2		1						4									12	
Clare	MALLON	17.0	16.8	2			2	4			1		1				1		2	1					1			11	
Anest	MULLER	11.2	11.2	3	1			4		1	2								3									10	
Debra	BEMAND	15.1	15.0	2		1	1	4		1	1						1		2	1								10	
Claire	HARRIS	10.8	10.8	3				3			1		2						2									8	
Angela	TEGG	18.6	18.6	2	1			3			1		1						2									7	
Hannah	MOORHOUSE	27.4	28.2	1			1	2					1						1									4	
Rachael	PATTERSON	17.3	16.7				1	1									1			1					1			4	
Kerry	RILEY	12.1	12.1	1	1			2			1								1									4	
Sarah	HIBBERT	23.9	24.4				3	3																				3	
Eloise	ECCLES	15.3	14.1				1	1																	1			2	
Rhiannon	ROBSON	[17.4]2	16.2				1	1																	1			2	
Isabel	ROBERTSON	29.0	28.4				1	1																	1			2	
Cathryn	WHALLEY	20.9	21.2				1	1																				1	
Katie	CLARKE						1	1																				1	
Claire	BENNETTE	27.3	27.5				1	1																				1	
Totals:		<i>performances</i>		25	0	4	1	14	1	45	0	3	12	0	10	0	0	4	0	0	22	4	0	0	0	0	6	0	
		<i>athletes</i>		10	0	4	1	11	1	18	0	3	9	0	7	0	0	4	0	0	10	4	0	0	0	0	6	0	

*NOTE : Handicap number requires minimum of 3 races within previous 18 months; [xx] = only 1 or 2 races
Handicap is updated after each road race, if necessary.