

By progression in age bands plus recognition of best over an age

Performances compiled from race results beginning 1st April 1998 when West Cheshire AC was formed.

– By First Claim Members for road running

Early 5k and 10 mile results in 1998 & 1999 yet to be seen! Which ones? Link on page: <http://www.westcheshireac.co.uk/races/road/>

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##	Club Best at Distance	Find	Times and Date in Red at:	http://www.westcheshireac.co.uk/club-records/					
Distance	Age Band	Over an age Men	Best Time Holder	Gun Time	Chip Time	Event	Date	Host	Source
5 Km	u13		Rory Willson	0:22:20	0:22:20	Sport in the Port	16/06/2013	Active Leisure Events	http://www.activeleisureevents.co.uk/sitp-5k-results
5 Km	u13		Henry Robinson	0:20:48	~	Wirral Seaside	30/05/2018	Pensby Runners	http://www.seasideruns.com/results/
5 Km	u13		Henry Robinson	0:20:34	~	Wirral Seaside	27/06/2018	Pensby Runners	http://www.seasideruns.com/results/
5 Km	u15		Jason McGonigle	0:18:18	~	WCAC (Upton)	11/07/2003	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Km	u15		Alex Haswell	0:17:25	~	Capenhurst	22/08/2007	Ellesmere Port RC	www.ellesmereportrunningclub.org.uk
5 Km	u15		James Ellis	0:17:12	~	Christleton	09/05/2008	Tattenhall R	www.ukresults.net/index.html
5 Km	u15	u15	Jamie Richardson	0:17:09	~	N A championship	24/02/2019	Northern Athletics	https://www.race-results.co.uk/results/2019/nau1719.pdf
5 Km	u17		Louis Humphreys	0:17:09	~	Christleton	09/05/2008	Tattenhall R	www.ukresults.net/index.html
5 Km	u17		Cameron Weaver	0:16:33	0:16:32	Capenhurst	19/08/2015	Ellesmere Port RC	www.ellesmereportrunningclub.org.uk
5 Km	u17	u17	Ethan Greenland	0:15:59	0:15:59	Christleton	19/05/2017	Chester Tri	https://chestertri.niftyentries.com/Results/Christleton-5K-2017
5 Km	u20		Peter Benyon	0:16:38	~	WCAC (Upton)	28/08/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Km	u20		Joseph Morrison	0:16:29	0:16:29	Wirral Seaside	27/03/2019	Pensby Runners	http://www.seasideruns.com/results/
5 Km	u20		Joseph Morrison	0:16:20	0:16:20	Wirral Seaside	24/04/2019	Pensby Runners	http://www.seasideruns.com/results/
5 Km	u20		Ethan Ackroyd	0:15:49	0:15:45	Mid Cheshire (Spring)	26/04/2019	Cute Fruit Events	http://www.cutefruitevents.com/
5 Km	u20		Joseph Morrison	0:15:45	0:15:45	Wirral Seaside	31/07/2019	Pensby Runners	http://www.seasideruns.com/results/
5 Km	u20	u20	Joseph Morrison	0:15:39	0:15:37	Mid Cheshire (Summer)	29/08/2019	Cute Fruit Events	http://www.cutefruitevents.com/
5 Km	SM		Chris Mayer	0:16:43	~	Southport TC races	18/08/1998		www.race-results.co.uk/results/
5 Km	SM		David Alexander	0:16:06	~	WCAC (Upton)	28/08/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Km	SM		Robin Sedman-Smith	0:15:56	~	Christleton	09/05/2003	Tattenhall R	www.ukresults.net/index.html
5 Km	SM		Robin Sedman-Smith	0:15:39	~	Park Hall	19/06/2003	Oswestry Olympians	*MJL result sheet
5 Km	M35		Paul Spencer	0:15:46	~	WCAC (Upton)	28/08/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Km	M35	SM	Paul Spencer	0:15:28	~	Christleton	12/05/2000	Tattenhall R	FB Group 'Old Running Results and Pictures'
5 Km	M40		Alan Morris	0:16:11	~	WCAC (Upton)	28/08/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Km	M40	o40	Alan Morris	0:15:51	~	Christleton	12/05/2000	Tattenhall R	FB Group 'Old Running Results and Pictures'
5 Km	M45		Howard Winzar	0:18:40	~	WCAC (Upton)	28/08/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Km	M45		Bob Benson	0:17:24	~	Christleton	14/05/1999	Tattenhall R	*MJL result sheet
5 Km	M45		Paul Frodsham	0:16:25	~	Christleton	09/05/2003	Tattenhall R	www.ukresults.net/index.html
5 Km	M45		Robert Tudor	0:16:10	~	Christleton	07/05/2010	Tattenhall R	www.ukresults.net/index.html
5 Km	M45		Robert Tudor	0:16:04	~	Christleton	06/05/2011	Tattenhall R	www.ukresults.net/index.html
5 Km	M45	o45	Robert Tudor	0:15:59	~	Capenhurst	24/08/2011	Ellesmere Port RC	www.ellesmereportrunningclub.org.uk
5 Km	M50		Dave Hough	0:18:33	~	Christleton	14/05/1999	Tattenhall R	*ARM provisional best performances 24/07/00
5 Km	M50	o50	John Fidler	0:17:01	~	WCAC (Upton)	27/08/1999	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Km	M55		Brian Beattie	0:19:54	~	WCAC (Upton)	27/08/1999	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Km	M55		Jack Thomas	0:19:11	~	Christleton	12/05/2000	Tattenhall R	FB Group 'Old Running Results and Pictures'
5 Km	M55		John McGill	0:19:03	~	Capenhurst	25/08/2004	Ellesmere Port RC	www.ellesmereportrunningclub.org.uk
5 Km	M55		John McGill	0:18:44	~	Christleton	13/05/2005	Tattenhall R	www.ukresults.net/index.html
5 Km	M55		Neil Hershaw	0:18:11	0:17:51	Mid Cheshire	26/04/2019	Cute Fruit Events	http://www.cutefruitevents.com/
5 Km	M55	o55	Neil Hershaw	0:17:46	0:17:41	Christleton	17/05/2019	Chester Tri	https://www.niftyentries.com/Results
5 Km	M60		Sam R Fletcher	0:19:44	~	WCAC (Upton)	28/08/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Km	M60	o60	Joe Foy	0:19:15	0:19:11	Mid Cheshire	28/04/2016	Cute Fruit Events	http://www.cutefruitevents.com/
5 Km	M65		Mike Lamb	0:26:45	~	Park Hall	14/06/2006	Oswestry Olympians	http://www.oswestryolympians.com/
5 Km	M65		Mike Lamb	0:26:22	~	Chariots of Fire	16/08/2006	Oswestry Olympians	http://www.oswestryolympians.com/
5 Km	M65		Brian Beattie	0:23:35	~	Christleton	08/05/2009	Tattenhall R	www.ukresults.net/index.html
5 Km	M65		Brian Beattie	0:23:14	~	Christleton	07/05/2010	Tattenhall R	www.ukresults.net/index.html
5 Km	M65	o65	Dave Hough	0:21:32	0:21:20	Christleton**	23/05/2014	Chester Tri	https://www.niftyentries.com/Results
5 Km	M70	o70	David Bish	0:23:23	~	Capenhurst	21/08/2013	Ellesmere Port RC	www.ellesmereportrunningclub.org.uk
5 Km	M75	o75	David Bish	0:25:51	0:25:30	Christleton	17/05/2001	Chester Tri	https://www.niftyentries.com/Results

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– By First Claim Members for road running

Early 5k and 10 mile results in 1998 & 1999 yet to be seen! Which ones? Link on page: <http://www.westcheshireac.co.uk/races/road/>The operative date for determining membership of age groups for all athletes under the age of 17 shall be for Road Running, the 31st August prior to the commencement of the Competition Year [1st September each year to the following 31st August].

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Distance	Age Band	Over an age Men	Best Time Holder	Gun Time	Chip Time	Event	Date	Host	Source
5 Miles	u17		Neil Roberts	0:38:43	~	BL Mold (Alun Finish)	05/03/2000	BL Wrecsam Tri	*MJL result sheet
5 Miles	u17		Alec Beaney	0:32:33	~	Spring 5	05/04/2006	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles	u17		Alec Beaney	0:28:39	~	Spring 5	02/04/2007	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles	u17		Louis Humphreys	0:28:08	~	BL Mold (Alun Finish)	09/03/2008	BL Wrecsam Tri	http://www.bordersleague.org.uk/results-archive/
5 Miles	u17		Cameron Weaver	0:27:57	0:27:54	Spring 5	15/04/2015	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles	u17	u17	Siôn Roberts	0:27:24	~	BL Spring 5	11/11/2018	West Cheshire AC	http://www.bordersleague.org.uk/results/
5 Miles	u20		Peter Benyon	0:27:39	~	Spring 5	07/04/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles	u20		Ethan Greenland	0:27:19	0:27:18	Spring 5	12/04/2017	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles	u20	u20	Joseph Morrison	0:26:34	0:26:33	Abergele 5	03/11/2019	Abergele H	https://www.niftyentries.com/Results
5 Miles	SM		Mike Stroud	0:27:13	~	Spring 5	07/04/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles	SM		Robin Sedman-Smith	0:26:48	~	Spring 5	08/04/2003	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles	SM		Robin Sedman-Smith	0:26:08	~	Buckley Charity	08/06/2003	Buckley RC	*MJL result sheet
5 Miles	M35		Gary Withers	0:26:42	~	Spring 5	07/04/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles	M35	M35	SM Andy Starkey	0:26:02	~	Hale	20/12/1998	Halton BC	result sheet from *GH
5 Miles	M40		Bob Benson	0:27:14	~	Spring 5	07/04/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles	M40		Alan Morris	0:26:24	~	Spring 5	06/04/1999	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles	M45		John Fidler	0:26:20	~	Spring 5	07/04/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles	M45	o40	John Fidler	0:26:13	~	Birkenhead Park	03/06/1998	Wirral AC	www.wirralac.co.uk/competitionsbirkenhead-park-road-races/
5 Miles	M50	o50	John Fidler	0:27:49	~	Abergele 5	08/11/1998	Abergele H	Paper Copy
5 Miles	M55		Mike Lamb	0:35:42	~	Spring 5	07/04/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles	M55		Jack Thomas	0:31:34	~	Spring 5	06/04/1999	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles	M55		Bob Benson	0:31:25	~	BL Mold (Bus. Pk. Finish)	14/12/2008	BL Buckley RC	http://www.bordersleague.org.uk/results-archive/
5 Miles	M55	o55	Neil Hershaw	0:29:39	0:29:36	Birkenhead Park	05/06/2019	Wirral AC	https://www.niftyentries.com/Results
5 Miles	M60		Peter Povey	0:41:13	~	Hale	20/12/1998	Halton BC	result sheet from *GH
5 Miles	M60		Sam R Fletcher	0:35:17	~	Hale	17/12/2000	Speke10k& Merseyside Yass	*BWB result sheet
5 Miles	M60		Brian Beattie	0:34:19	~	Hale	12/12/2004	Halton BC	www.runhalton.co.uk/ and BWB result sheet
5 Miles	M60	o60	Robert Freeman	0:32:27	~	BL Capenhurst	11/10/2015	BL Ellesmere Port RC	http://www.bordersleague.org.uk/
5 Miles	M65		Peter Povey	0:47:15	~	Hale	11/12/2005	Hale Village	*BWB result sheet
5 Miles	M65		Brian Beattie	0:42:05	~	Abergele 5	01/11/2009	Abergele H	www.abergeleharriers.co.uk/ASH.htm
5 Miles	M65		Brian Beattie	0:39:37	~	Abergele 5	07/11/2010	Abergele H	www.abergeleharriers.co.uk/ASH.htm
5 Miles	M65	o65	Dave Hough	0:35:38	0:35:33	Run the Bridge	20/04/2014	Halton BC	www.runhalton.co.uk/
5 Miles	M70		Peter Povey	0:46:19	~	Run the Bridge	08/04/2007	Halton BC	www.runhalton.co.uk/
5 Miles	M70		David Bish	0:43:02	~	Burtonwood	20/07/2013	Burtonwood Bridge ARLFC	www.spectrumstriders.org.uk/main.htm
5 Miles	M70		Brian Beattie	0:43:23	0:43:02	Spring 5	13/04/2016	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles	M70	o70	David Bish	0:41:00	~	BL Mold (Bus. Pk. Finish)	17/04/2016	BL Buckley	http://www.bordersleague.org.uk/results-archive/
5 Miles	M75	o75	Peter Povey	0:54:55	~	Run the Bridge	24/04/2011	Halton BC	www.runhalton.co.uk/

WCAC Road Best Performances

Note: Must have been a member when the time was set

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Age	Over Best Time Holder	Date	Host	Source
Distance	Band an age Men	Gun Time	Chip Time	Event
10 Km				
10 Km	u17	James Roberts	0:37:06	~ Telford Christmas
10 Km	u17	Chris Goodwin	0:36:08	~ Farnon
10 Km	u17	Cameron Weaver	0:34:46	~ Caernarfon BL
10 Km	u17	u20 Siôn Roberts	0:33:12	0:33:12 Arley Hall, Cheshire**
10 Km	u20	Alec Beaney	0:34:34	~ Sutton 6
10 Km	u20	Alec Beaney	~	0:34:34 Gt Manchester Run
10 Km	u20	Joseph Morrison	0:33:33	~ Caernarfon BL
10 Km	SM	Mark Orford	0:43:20	~ Air Products
10 Km	SM	Mark Orford	0:40:59	~ Croxteth Park
10 Km	SM	Mark Orford	0:40:36	~ Helena Tipping
10 Km	SM	Mike Stroud	0:36:22	~ Flintshire (Mold)
10 Km	SM	Andrew Clague	0:34:46	~ Sutton 6
10 Km	SM	Mark J Davies	0:34:34	~ Zoo, Chester
10 Km	SM	Robin Sedman-Smith	0:34:12	~ Zoo, Chester
10 Km	SM	Robin Sedman-Smith	0:33:53	~ Caernarfon BL
10 Km	SM	Darragh Staunton	0:33:45	~ Caernarfon BL
10 Km	M35	Andy Starkey	0:35:37	~ Croxteth Park
10 Km	M35	Graham Jenkins	0:35:25	~ Birchwood
10 Km	M35	Paul Spencer	0:33:14	~ Sutton 6
##	M35 SM Andy Starkey	0:32:43	Zoo, Chester	25/10/1998 Capenhurst AC
10 Km	M40	Dave Crawford	0:38:31	~ Air Products
10 Km	M40	Dave Crawford	0:36:58	~ Crewe 10k
10 Km	M40	Gary Withers	0:34:23	~ Sutton 6
10 Km	M40	Graham MacNeil	0:33:32	~ NVAC monthly run
10 Km	M45	John Fidler	0:33:51	~ Air Products
10 Km	M45	John Fidler	0:33:34	~ Eddie Faure Memorial
10 Km	M45	o40 John Fidler	0:33:24	~ Sutton 6
10 Km	M50	o50 John Fidler	0:33:58	~ Zoo, Chester
10 Km	M55	Mike Lamb	0:46:41	~ Flintshire (Mold)
10 Km	M55	Jack Thomas	0:39:50	~ Sutton 6
10 Km	M55	John McGill	0:39:35	~ Caernarfon BL
10 Km	M55	Robert Freeman	0:39:01	0:38:58 Mersey Tunnel
10 Km	M55	Robert Freeman	0:38:52	0:38:44 Arley Hall, Cheshire**
10 Km	M55	o55 Neil Hershaw	0:36:59	0:36:55 Liverpool Spring
10 Km	M60	Sam R Fletcher	0:42:08	~ Birchwood
10 Km	M60	Sam R Fletcher	0:41:59	~ Flintshire (Mold)
10 Km	M60	Robert Freeman	0:40:42	0:40:38 Birchwood
10 Km	M60	Robert Freeman	0:40:37	0:40:34 Sutton 6
10 Km	M60	o60 Joe Foy	0:39:24	0:39:18 Arley Hall, Cheshire**
10 Km	M65	Peter Povey	1:03:50	~ Birchwood
10 Km	M65	Brian Beattie	0:47:17	~ Capenhurst
10 Km	M65	o65 Dave Hough	0:45:00	~ Helena Tipping
10 Km	M70	Peter Povey	0:56:48	~ Liverpool
10 Km	M70	David Bish	0:51:09	0:50:36 Ellesmere
10 Km	M70	o70 David Bish	0:49:36	0:49:04 Baxters River Ness
10 Km	M75	Peter Povey	1:14:13	1:12:19 Mersey Tunnel
10 Km	M75	Peter Povey	1:13:19	1:12:45 Birchwood
10 Km	M75	Peter Povey	1:10:20	1:07:46 Mersey Tunnel
10 Km	M75	o75 David Bish	0:55:06	OT 54:40 Evasion Benicassim
10 Miles				
10 Miles	u20	<i>nobody yet</i>		
10 Miles	SM	Andrew Clague	0:57:57	~ Flint Lifeboat '10'
10 Miles	SM	James Docherty	0:57:33	~ Preston
##	M35 SM Andy Starkey	0:54:30	Rivacre	11/04/1999 RRJ (now EPRC)
10 Miles	M40	o40 Gary Withers	0:55:18	~ Sale
10 Miles	M45	o45 John Fidler	0:55:30	~ Rivacre
10 Miles	M50	Brian Beattie	1:07:37	~ Penny Lane Striders
10 Miles	M50	Brian Beattie	1:06:54	~ Llandudno
10 Miles	M50	o50 John Fidler	0:58:54	~ Rivacre
10 Miles	M55	Jack Thomas	1:06:12	~ Flint Lifeboat '10'
10 Miles	M55	o55 Jack Thomas	1:03:01	~ Llandudno
10 Miles	M60	Brian Beattie	1:11:56	~ Llandudno
10 Miles	M60	Brian Beattie	1:10:47	~ Sale
10 Miles	M60	o60 Brian Beattie	1:09:46	~ Llandudno
10 Miles	M65	Brian Beattie	1:17:50	~ Sale
10 Miles	M65	o65 Brian Wright	1:16:29	1:16:27 City of Preston 5/ 10m
10 Miles	M70	o70 David Bish	1:24:31	1:23:35 Plusnet Yorkshire
10 Miles	M75	o75 David Bish	1:35:01	1:32:57 Asda Found Yorkshire

*ARM Alan Morris *BWB Brian Beattie *MJL Mike Lamb
*JLD John Driscoll *DC Dave Crawford *GH Graham Howell (LivH)

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Distance	Band an age Men	Gun Time	Chip Time	Event	
½ Mar					
½ Mar	u20 u20 Adam Parr	1:22:06	1:22:05	Four Villages 22/01/2012 Helsby RC	www.helsbyrunningclub.org.uk/halfmarathon/index.htm
½ Mar	SM Gary Dean	1:21:20	~	Chester 24/05/1998 West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
½ Mar	SM Mark J Davies	1:20:13	~	Four Villages 24/01/1999 Helsby RC	*MJL result sheet
½ Mar	SM Chris Mayer	1:18:18	~	Wilmslow 23/03/1999 Wilmslow RC	www.wilmslowhalfmarathon.org.uk/results-and-photos/
½ Mar	SM Ian Brown	1:16:40	~	Chester 21/05/2000 West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
½ Mar	SM Andrew Clague	1:15:54	~	Chester 26/05/2002 West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
½ Mar	SM Robin Sedman-Smith	1:14:15	~	Chester 18/05/2003 West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
½ Mar	SM Michael Young	1:13:29	1:13:28	Four Villages 19/01/2020 Helsby RC	https://www.niftyentries.com/Results
½ Mar	M35 Ian Wade	1:30:41	~	Chester 24/05/1998 West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
½ Mar	M35 Paul Spencer	1:25:28	~	Four Villages 24/01/1999 Helsby RC	*MJL result sheet
½ Mar	M35 Kenny Begley	1:16:20	~	Chester 23/05/1999 West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
½ Mar	M35 Kenny Begley	1:15:27	~	Chester 21/05/2000 West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
½ Mar	# M35 SM Kenny Begley	1:12:13	~	Chester 20/05/2001 West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
½ Mar	M40 Chris Rhodes	1:27:42	~	Chester 24/05/1998 West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
½ Mar	M40 Graham Earlam	1:23:37	~	Village Bakery 21/02/1999 Wrexham AAC	https://www.race-results.co.uk/results/1999/wrexham.htm
½ Mar	M40 Graham Earlam	1:19:43	~	Four Villages 23/01/2000 Helsby RC	*MJL result sheet
½ Mar	M40 Graham Earlam	1:17:48	~	Wilmslow** 26/03/2000 Wilmslow RC	http://www.joelee.co.uk/resindex.html
½ Mar	M40 Andy Starkey	1:16:19	~	Four Villages 20/01/2002 Helsby RC	*MJL result sheet
½ Mar	M40 Graham MacNeil	1:15:27	1:15:24	Four Villages 23/01/2005 Helsby RC	www.helsbyrunningclub.org.uk/halfmarathon/index.htm
½ Mar	M45 Bob Benson	1:24:40	~	Vyrnwy 27/09/1998 Oswestry Olympians	*BWB result sheet
½ Mar	M45 Richard Batterham	1:23:02	~	Four Villages 24/01/1999 Helsby RC	*MJL result sheet
½ Mar	M45 Bob Benson	1:21:34	~	Wilmslow 28/03/1999 Wilmslow RC	www.wilmslowhalfmarathon.org.uk/results-and-photos/
½ Mar	M45 Paul Frodsham	1:15:56	~	Chester 18/05/2003 West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
½ Mar	M50 Brian Beattie	1:27:56	~	Chester 24/05/1998 West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
½ Mar	M50 o40 John Fidler	1:13:10	~	Four Villages 24/01/1999 Helsby RC	*MJL result sheet
½ Mar	M55 o55 Jack Thomas	1:24:41	~	Vyrnwy 27/09/1998 Oswestry Olympians	*BWB result sheet
½ Mar	M60 Mike Lamb	1:47:10	~	Four Villages 20/01/2002 Helsby RC	*MJL result sheet
½ Mar	M60 Brian Beattie	1:33:13	~	Four Villages 18/01/2004 Helsby RC	www.helsbyrunningclub.org.uk/halfmarathon/index.htm
½ Mar	M60 Brian Beattie	1:31:58	~	Village Bakery 22/02/2004 Wrexham AAC	www.wrexhamroadrunners.org.uk/
½ Mar	M60 Joe Foy	1:26:28	1:26:22	Village Bakery 15/02/2015 Cute Fruit Events	http://www.niftyentries.com/Results
½ Mar	M60 o60 Joe Foy	~	1:26:02	Semi Marathon de Paris 08/03/2015 Amaury Sport Organisation	http://www.semideparis.com/fr/resultats.html
½ Mar	M65 Brian Beattie	1:41:30	~	Village Bakery 15/02/2009 Wrexham AAC	http://www.ukresults.net/2009/bakeryhalf.html
½ Mar	M65 Dave Hough	1:41:38	1:41:26	Vyrnwy 14/09/2014 Lake Vyrnwy Half Marathon	https://www.sportsystems.co.uk/ss/results
½ Mar	M65 o65 Richard Batterham	1:36:01	1:35:48	Village Bakery 15/02/2015 Cute Fruit Events	http://www.cutefruitevents.com/
½ Mar	M70 Dave Bish	1:52:20	1:52:13	Congleton** 06/10/2013 Congleton H	http://sportsystems.co.uk/ss/results
½ Mar	M70 o70 Dave Bish	1:54:46	1:50:59	Chester 15/05/2016 Active Leisure Events	http://www.niftyentries.com/Results
½ Mar	M75 o75 Dave Bish	2:05:06	2:03:24	Benidorm 02/03/2019 Media Marathon MM vueling	https://www.chiplevante.net/2019benidormhalf
Marathon					
Marathon	u20 u20 Michael Lyness	~	3:37:52	New York 06/11/2011 New York RR	www.marathonguide.com/
Marathon	SM Kenny Begley	2:59:09	~	London 26/04/1998 London Marathon	West Cheshire News No2
Marathon	SM Iain Wedge	2:58:52	~	London 13/04/2003 London Marathon	www.marathonguide.com/
Marathon	SM Iain Wedge	2:51:36	~	London 18/04/2004 London Marathon	www.marathonguide.com/
Marathon	SM Jon Park	2:46:34	2:44:53	London 28/04/2019 London Marathon	https://results.virginmoneylondonmarathon.com/2019/?pid=search
Marathon	SM Michael Young	2:43:20	2:43:18	Austin (USA) 16/02/2020 Austin Marathon	http://www.marathonguide.com/
Marathon	M35 Terry Ryan	2:59:54	~	London 26/04/1998 London Marathon	West Cheshire News No2
Marathon	M35 Kenny Begley	2:50:47	~	London 16/04/2000 London Marathon	WCAC Newsletter May 2000
Marathon	M35 Kenny Begley	2:44:24	~	London 22/04/2001 London Marathon	www.marathonguide.com/
Marathon	# M35 SM Jon Park	2:38:31	2:38:21	Valencia 01/12/2019 Valencia Marathon	https://www.runbritainrankings.com/results/results.aspx?meetingid=317792
Marathon	M40 Mark Worrall	2:58:33	~	London 26/04/1998 London Marathon	West Cheshire News No2
Marathon	M40 o40 Kenny Begley	2:39:48	~	London 18/04/2004 London Marathon	www.marathonguide.com/ - No club names!
Marathon	M45 Richard Batterham	2:55:24	~	London 26/04/1998 London Marathon	West Cheshire News No2
Marathon	M45 o45 Bob Benson	2:52:01	~	London 18/04/1999 London Marathon	*ARM provisional best performances 24/07/00
Marathon	M50 Brian Beattie	3:12:32	~	London 26/04/1998 London Marathon	West Cheshire News No2
Marathon	M50 Richard Batterham	2:53:42	~	London 16/04/2000 London Marathon	*ARM provisional best performances 24/07/00
Marathon	M50 o50 Richard Batterham	2:53:41	~	London 14/04/2002 London Marathon	www.marathonguide.com/
Marathon	M55 o55 Jack Thomas	3:04:21	~	London 26/04/1998 London Marathon	West Cheshire News No2
Marathon	M60 Brian Beattie	3:35:27	~	London 18/04/2004 London Marathon	http://www.ukresults.net/index.html
Marathon	M60 Brian Beattie	~	3:25:47	London 17/04/2005 London Marathon	www.marathonguide.com/
Marathon	M65 Brian Beattie	~	3:46:44	London 26/04/2009 London Marathon	http://results-2009.london-marathon.co.uk/
Marathon	M65 Brian Beattie	3:44:39	3:44:32	Chester 31/05/2010 Active Leisure Events	www.activeleisureevents.co.uk/full-marathon
Marathon	M65 o60 Richard Batterham	~	3:23:22	London 26/04/2015 London Marathon	https://results-2015.virginmoneylondonmarathon.com/2015/?pid=search
Marathon	M70 David Bish	~	4:27:23	London 13/04/2014 London Marathon	http://results-2014.virginmoneylondonmarathon.com/2014/
Marathon	M70 o70 Brian Beattie	4:20:54	4:19:08	Chester 05/10/2014 Active Leisure Events	http://www.tdl.ltd.uk/
Marathon	M75 o75 David Bish	~	4:46:55	London 28/04/2019 London Marathon	https://results.virginmoneylondonmarathon.com/2019/?pid=search
*** Hilly!	SM Mike Stroud	3:16:10	~	Snowdonia 31/10/1999 Snowdonia	http://www.ukresults.net/1999/snowdonia.html
SM	Stephen Skates	2:56:15	~	Snowdonia 29/10/2011 Marathon Eryri Cyf	http://www.tdl.ltd.uk/index.php

*ARM Alan Morris *BWB Brian Beattie *MJL Mike Lamb
*JLD John Driscoll *DC Dave Crawford *GH Graham Howell (LivH)