Best times have been extracted from Race Results seen

From April 1998	Dist	Month	Yet to see	Seen	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Christleton	5k	May	1998>2000				2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Port Sunlight	5k	Apr																					2016
Dunham Massey Park 1	5k	Apr/May		all			>		2002		2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Bowden	5k	May		all	>	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Birchwood Brook	5k	May		all																>	2015	2016
Hollins Green	5k	June		all		>		2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Park Hall, Oswestry	5k	June	1998>2000					2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Dunham Massey Park 2	5k	June		all									>	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Lymm	5k	June		all						2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	<	2015	2016
Ladies Forest Park	5k	July		all	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
WCAC	5k	Aug		all	1998	1999	2000	2001	2002	2003	2004	<											
Capenhurst	5k	Aug		all					>	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Chariots of Fire	5k	Aug	?		?	?	?	2001	2002	2003	2004	2005	2006	2007										
Alsager	5m	Feb		all	>	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Spring	5m	Apr		all	1998	1999	2000	F&M	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Croxteth	5m	Easter	?						2002														
Halton/ Run the Bridge	5m	Easter	2001			>	2000		2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	see Hale	
Walton Park	5m	May	1998 page 2 >		1998	page 1 only		2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Birkenhead Park	5m	June		all	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Firefighters	5m	June	1998 page 2 etc		page 1 only	1999	2000	2001	2002		?												
Buckley	5m	June	pre 2001? 2004					2001	2002	2003	2004	2005											
Whittington Dawdle	5m	June	1998, 2000			1999		2001	2002	<													
Packwood	5m	July						>	??		2004	2005	2006	2007										
Sefton Park	5m	July		all	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Burtonwood	5m	July	?		2008** short					? >	2005	2006	2007	2008**	2009	2010	2011	2012	2013	2014>	TM problem		
Dolgellau	5m	July		all			>		2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Gobowen	5m	Aug	1998			1999	2000	< 4m 2001 > 2007								>	2008	2009	2010	2011				
Abergele	5m	Nov	1998			1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011					
Hale	5m	Dec	>2006?		1998	1999	2000	2001	2002	2003	2004	2005	?							Easter	2015	2016
Twin Piers	10k	Jan	1999>2009			>											2010	2011	2012	2013	2014	2015	2016
Nick Beer	10k	Feb		all	>	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Farndon	10k	Mar	?			>	2000		2002	2003	2004	2005	2006	2007	2008	2009	2010	2011> TM problem	Oct	>			
Trafford	10k	Mar		all	>	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Helena Tipping	10k	Mar	1998,1999, 2002		May'98	May'99	2000	2001	Dec'02	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	< Dec	2014	2015	2016
Port Sunlight	10k	Apr																			2015	2016
Cheshire (Arley Hall)	10k	Apr																		>	2014	2015	2016
Port Sunlight	10k	Apr																					2016
Whitley	10k	Apr	98,99,'01>03,'05>07				2000		2002		2004				2008	2009		2011	2012	2013	2014	2015	2016
Good Friday (Southport)	10k	Easter	1998			1999	2000	2001	2002	<	2002> - 4 mile				TM problem								
Salford	10k	Easter		all	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Air Products	10k	Easter	1999, 2001		1998		2000		2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Crewe	10k	May		all	1998	1999	2000	<															
Liverpool Womens	10k	May	1998? 2004>2008			1999	2000	2001	2002	2003	2004	2005				2009	2010	2011	2012	?			
Tunnel	10k	June													2008	2009	2010						
Warrington	10k	June	1998>2000					2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
PLS	10k	Jul/Jun	2009		>	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008		2010	2011	2012	2013	2014	2015	2016
Birchwood	10k	Aug		all	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Ellesmere	10k	Jun/Aug	?					2001	2002	2003	2004	2005	2006	2007	<	>	2010	2011	2012	2013	2014	2015	2016
Trafford	10k	Sept	2000		1998	1999	?	2001	2002	2003	2004	2005	2006	2007	2008	2009							
Hoylake	10k	Sept	?					2001	2002														
Antrobus 'Cabbage Canter'	10k	Sept	1998>2007		Website gone!!!										2008	2009	2010	<	2011> TM problem			
Sutton 6	10k	Sept		all	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Cheshire (Arley Hall)	10k	Sept																		2013	2014	2015	2016
Flintshire (Mold)	10k	Sept	1999&00, 03>2005		1998			2001	2002				2006	2007	2008	2009	2010	2011	2012		2014	2015	2016
Liverpool/ Wirral	10k	Oct	1998			1999	2000	2001	2002	2003	2004	19 of 49 pages			2008	2009		?	2012	2013	2014	2015	2016
Zoo, Chester	10k	Oct		all	1998	1999	2000	2001	2002	2003	2004	<								last 2004			
David Lloyd (EP)	10k	Oct	2006									>	2005	<						2005 2006 only			
Capenhurst	10k	Oct	2007, 2008											>		2009	2010	<	2007/2010 only			
Farndon	10k	Oct																		>	2014	2015	2016
Helena Tipping	10k	Dec	See March															>>>				
Telford (Christmas)	10k	Dec	1998			1999	2000	2001	2002	2003	2004	2005	2006	2007	2008			2011	2012				
Rhyl	10m	Feb	First 2014																	>	2014	2015	2016
Rivacre	10m	April	1998>'00: 2002>?					2001	> ?														
North Wales (Wrexham)	10m	April	1998>2004									2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Sale	10m	Aug	1998>2000					2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011					
Flint	10m	Oct	2000> ?>		1998	1999	> ?																
Llandudno	10m	Nov		all	1998	1999	2000	2001	2002	2003	2004	2005	<				>	2011	2012	<			
Preston	10m	Nov												2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Helsby	½M	Jan		all	>	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	Snow	2014	s&ice	2016
Village Bakery	½M	Feb	2000, 2003,		>	1999		2001	2002		2004	2005	2006	2007	2008	2009	Snow	2011	2012	2013	2014	2015	2016
Liverpool	½M	Mar	1999>02, 2005>06		>	1999				2003	2004			2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Wilmslow	½M	Mar		all	>	1999	2000	F&M	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Chester	½M	May		all	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Ellesmere Port	½M						2000																
Wirral	½M	Sept																	>	2013	2014	2015	2016
Vyrnwy	½M	Sept		all	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	< - >	2010	2011	2012	2013	2014	2015	2016
London	M	Apr	1998>2000, 2004		1998			2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Chester	M	Oct		all	1998 Newsletter,						'04 no club names							>	2010	2011	2012	2013	2014	2015	2016
Manchester	M	Oct/Apr		all	1998	1999	2000	2001	2002	<						Apr	>	2012	2013	Short	Short	2016

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