

# West Cheshire AC Records

Have you beaten one of these records, or set a new one? If so, please send us details via "Webmaster" at:

<http://www.westcheshireac.co.uk/contact/>

For more up-to-date records, see:

<http://www.westcheshireac.co.uk/club-records/>

*Sorry, wind-assisted performances are not considered for record purposes*

FEMALE Age Group						
Event	FO20	FU20	FU17	FU15	FU13	
<b>Outdoor, Track</b>						
75m	Event not run				9.98	20/07/19
					Madeline Mercer	
80m	Event not run				10.80	10/05/08
					Laura Rigby	
100m	12.16 Alice McMahon 25/06/17	12.30 Bryony Potter/ Alice McMahon 05/06/10	12.40 Sian Kelman 08/07/05	12.40 Alice McMahon/ Imogen Pughe 24/05/09 08/06/19	13.05	29/06/19
					Madeline Mercer	
150m	Event not run				19.70	16/05/10
					Amy Williams	
200m	24.40 Laura Turley 21/07/19	25.35 Alice McMahon 15/06/14	25.62 Georgia Barlow 16/08/15	25.60 Alice McMahon 20/06/09	27.10	05/09/10 06/07/19
					Amy Williams/ Madeline Mercer	
300m	Event not run		40.69 Georgia Barlow 11/07/14	40.25 Imogen Pughe 27/05/19	Event not run	
400m	54.66 Laura Turley 01/06/19	59.80 Bryony Potter 05/07/09	60.10 Bryony Potter 03/08/08	Event not run		
800m	02:22.77 Olivia Montez-Brown 27/05/16	02:16.80 Charlotte Roach 17/06/06	02:17.90 Charlotte Roach 01/05/05	02:18.40 Carys Roberts 22/06/19	02:23.70	27/06/15
					Emily Misantoni	
1200m	Event not run				03:51.73	20/07/19
					Jessica Lark	
1500m	04:43.84 Nicola Whitfield-Bird 03/08/04	04:46.30 Laura Bestow 06/07/03	04:53.00 Issy Clarke 01/04/17	04:49.40 Carys Roberts 12/05/19	05:06.20	03/07/17 11/08/19
					Imogen Pughe/ Jessica Lark	
1 Mile	06:12.80 Ellie Robinson 06/05/14	05:39.10 Katie Clarke 03/05/16	05:57.00 Issy Clarke 03/05/16	05:44.88 Imogen Pughe 15/04/18	05:52.28	07/04/19
					Jessica Lark	
3000m	10:11.79 Nicola Whitfield-Bird 22/06/04	10:23.00 Laura Bestow 03/06/03	10:50.10 Emma Monteith 15/05/99	Event not run		
5000m	17:34.75 Katie Clarke 25/05/19	Event not run				
1500mSC	Event not run		05:38.60 Katie Clarke 28/05/17	05:53.70 Issy Clarke 28/05/17	Event not run	
Sprint Hurdles (Standard Distance/ Height)	14.13 (100m) Olivia Montez-Brown 12/05/17	14.3 (100m) Olivia Montez-Brown 09/08/14	11.6 (80m) Olivia Montez-Brown 30/06/12	11.37 (75m) Olivia Montez-Brown 07/10/10	11.2 (70m) Amy Williams 06/06/10	
100m Hurdles	See above		16.30 Gemma Hale 01/05/10	Event not run		
300m Hurdles	Event not run		45.90 Alice Jennings 16/05/10	Event not run		
400m Hurdles	63.50 Heather McLintock (née Lowry) 06/07/99	65.88 Samantha Appleby 29/05/04	69.20 Samantha Appleby 22/06/03	Event not run		
<b>Outdoor, Field</b>						
High Jump	1.66 Olivia Montez-Brown 12/05/17	1.69 Victoria Anderson 25/06/11 12/08/12	1.68 Victoria Anderson 09/09/10	1.60 Alice Jennings/ Abigail Pawlett 24/05/08 01/04/17	1.53	22/08/99
					Sarah Devoy	
Pole Vault	2.00 Nicola Gore/ Nola Harrison 05/05/12 07/05/11	2.50 Lauren Dimbylow 09/07/18	2.00 Lauren Jones/ Chelsea Butler 12/05/18 04/06/11	2.10 Lauren Jones 17/06/17	Event not run	
Long Jump	5.91 Olivia Montez-Brown 10/04/16	5.82 Olivia Montez-Brown 12/07/14	5.55 Sian Kelman 26/05/07	5.39 Sian Kelman 20/08/05	5.40	23/06/10
					Amy Williams	
Triple Jump	11.29 Olivia Montez-Brown 13/05/17	10.97 Emily Clark 03/07/11	11.35 Olivia Montez-Brown 21/04/12	10.44 Olivia Montez-Brown 05/08/10	Event not run	
Shot (Standard Weights)	12.6 (4kg) Emily Ball 01/05/17	12.56 (4kg) Emily Ball 20/06/15	14 (3kg) Emily Ball 30/08/14	10.42 (3kg) Abigail Pawlett 16/04/17	9.86 (2.72kg)	20/07/19
					Sara Pearson	
Discus (Standard Weights)	41.17 (2kg) Nicola Gore 01/09/07	41.32 (1kg) Isobel Griffin Morris 13/05/17	46.48 (1kg) Isobel Griffin Morris 04/09/16	38.63 (1kg) Isobel Griffin Morris 31/08/14	26.34 (0.75kg)	23/09/17
					Isla Shillington	
Hammer (Standard Weights)	47.16 (4kg) Stephanie Owens 06/05/17	50.12 (4kg) Stephanie Owens 12/08/08	52.12 (3kg) Evie Tipping 29/04/18	49.89 (3kg) Evie Tipping 09/09/17	21.98 (3kg)	28/09/19
					Kara Stoll	
Javelin (Standard Weights)	45.03 (600g) Sophie Percival 17/06/18	44.87 (600g) Emma Howe 13/07/19	50.34 (500g) Emma Howe 01/09/17	43.07 (500g) Emma Howe 13/06/15	31.04 (400g)	29/09/13
					Emma Howe	
	SW	JW	FU17	FU15	FU13	
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