

West Cheshire AC Records

Have you beaten one of these records, or set a new one? If so, please send us details via "Webmaster" at:

<http://www.westcheshireac.co.uk/contact/>

For more detail, see:

<http://www.westcheshireac.co.uk/club-records/>

Sorry, wind-assisted performances are not considered for record purposes

Event	MALE Age Group				
	MO20	MU20	MU17	MU15	MU13
Road Running/ Walking					
5km	15:28 Paul Spencer 05/12/00	15:37 Joseph Morrison 29/08/19	15:59 Ethan Greenland 19/05/17	17:09 Jamie Richardson 24/03/19	No event run
5 Miles	26:02 Andy Starkey 20/12/08	27:19 Ethan Greenland 12/04/17	27:24 Sion Roberts 11/11/18	No event run	No event run
10km	32:43 Andy Starkey 25/10/08	34:34 Alec Beaney 20/09/08	33:12 Sion Roberts 23/03/19	No event run	No event run
10 Miles	54:30 Andy Starkey 04/11/09		No event run	No event run	No event run
1/2 Marathon	01:12:13 Kenny Begley 20/05/01	01:22:05 Adam Parr 22/01/12	No event run	No event run	No event run
Marathon	02:39:48 Kenny Begley 18/04/04	03:37:52 Michael Lyness 06/11/11	No event run	No event run	No event run
Indoor					
60m	7.14 Victor Oyesola 13/01/18	7.15 Tom Price 25/11/06	7.24 James McMahon 21/12/14	7.37 Zac Barnsley 17/11/12	
60m Hurdles (Standard Heights)	9.08 Carl Van Schie 13/01/08	8.18 Craig France 21/01/06	8.80 Ewan Bradley 11/03/18	9.73 Ewan Bradley 06/03/16	
60m Hurdles Senior Height		9.37 Carl Van Schie 09/12/07			
200m	22.83 Victor Oyesola 14/01/18	25.22 Jake Gibson 06/01/19	23.08 Matthew Pagan 02/02/14	25.01 Zac Barnsley 26/02/12	
300m	39.99 Liam Davoren 02/12/18		35.13 Matthew Pagan 23/03/14	37.25 Aidan Stoakley 13/12/08	
400m	52.80 Andrew Parker 10/03/18			55.87 Zac Barnsley 16/12/12	
600m	01:23.59 Joseph Morrison 06/01/13	01:22.03 Joseph Morrison 04/02/18			
800m	01:59.10 Joseph Morrison 15/02/19				
1000m	02:50.60 Carl Van Schie 13/01/08	02:47.36 Carl Van Schie 12/02/06	02:48.97 Alex Haswell 19/12/07		
1500m	04:16.05 Richard Farley 13/01/18				
High Jump	1.75 Alan Littler 02/02/14	1.85 Ethan Milligan 19/03/17	1.90 Ethan Milligan 18/12/16	1.57 James McMahon 04/03/12	
Pole Vault		4.03 James McMahon 01/12/15	3.66 Ewan Bradley 11/03/18		
Long Jump	6.67 Carl Van Schie 17/02/06	6.34 James McMahon 01/03/15	6.25 Gareth Preston 20/01/07	5.38 James McMahon 04/03/12	
Triple Jump	13.79 Jonathan Naylor 02/02/01				
Shot 4kg			11.26 James McMahon 07/04/13		
Shot 5kg			15.85 George Hyde 18/12/16		
Shot 6kg		14.61 George Hyde 25/02/18			
Pentathlon				2155 James McMahon 03/03/12	
Heptathlon	4409 Carl Van Schie 11/01/09	4346 James McMahon 11/01/15	3783 Ewan Bradley 11/03/18		
	SM	JM	MU17	MU15	MU13
MALE Age Group					