West Cheshire Endurance Competition 2019

Male Points Table at end of July

*Handicap profiles are available from John Driscoll (jld@sunnyfield.co.uk). (3 recent road races required before profile compiled)

		*Handicap for Road Running			PARICIPATION POINTS Number of Races (1pt/race)							BONUS POINTS														
												Cross Country					Track	Multi Terrain	Road Leagues/series		Team points				Road & Track Performance Pts	"Helpers" Points	Total Points
		At end of 2018	Now -end of July 19	Handicap Profile (Road Races)	Cross Country	Fell, Hill	Multi-terrain, Trail	parkruns (subject to performance)	Road	Track	Total Races	L&D (Feb)	Manchester (Jan)	North Wales (Jan,Feb)	North Staffs ()	Championships (Ches, Northern, NMAC, ECCA)	Cheshire League	Wirral (September - 4 races)	Borders L (Jan, Mar x2, Apr)	Ches GP (not in 2019)	Relays (NA 12 stage)	Cross Country (Ches, N Wales Jan, Feb)	Road (BL Jan, Mar x2,Apr; NA RR, Welsh Castles R)	Track			
												1 point per event											25K (15ml) to 20ml (32K) inc	>20ml to Marathon inc	>Marathon			Points/event
																							1	2	3pts			
Males																												
Steven	FERNYHOUGH	13.8	11.1	*	2	1	2	6	18		29			2					3	1	2	5		2		11		55	
Andrew	CARTER	12.2	10.7	*	4	6	4		17	1	32			1		3			4	1	2	6				6		55	
Andrew	CLAGUE	13.0	13.7	*	5		1	10	9	1	26			2		3			4	1	3	6				6		51	
Antony	WOODALL	14.6	14.4	*	3	4	4	1	10	1	23	1		2			1		2		2	3				5		39	
Mark A	DAVIES (M40)	10.3	10.2	*	1	4	3	2	10	1	21					1			4	1	1	5	1			3		37	
Richard	HAYES	13.9	12.6	*	3	3	2	1	7		16			2		1			1		3	2		2		3		30	
Tom	BOOTH	10.3	7.4	*		3	5		5	1	14								1	1		3	1	2	3	5		30	
Dave	ALEXANDER	11.3	11.3	*	5	4	1		4		14			2		3			2		3	2				1	1	28	
Mark	GALLAGHER	20.8	25.1	*	1		3	1	10		15			1					3		1	4		2				26	
Ian	ACKROYD	23.3	22.4	*			1	7	8		16								1			2				6		25	
Ian	GLOYNE-PHILLIPS	14.1	13.1	*	1				6	1	8			1					2	1	1	3				3	2	21	
Mark	DUFFEY		36.2	*		3	2		5		10								3			3				3	1	20	
Neil	HERSHAW	11.4	10.7	*	2				7	1	10			1		1				1	2	1				3		19	
John	PARLEVLIET	13.3	13.1	*	1				4		5					1			4		1	4				1	3	19	
David	IRVING	18.1	17.0	*				5	5		10								2			2				4		18	
David	BISH	30.5	31.6	*				3	5		8													2		3	3	16	
Bradley	SPURDENS	9.8	7.7	*	1				5		6			1					2	1	1	3				2		16	
Graham	WELLS	10.1	10.6	*			1		5	2	8								3			3				1		15	
Antony	SPRUCE	[16.6]	18.3	*	1	1	2		5		9			1							1			2		2		15	
Joe	FOY	16.6	17.7	*			2		6		8								2			3						13	
Chris	PALMER	12.8	11.5	*		3			4		7								1			1		2		2		13	
Dave	TIERNAN	22.1	23.0	*					4		4								4			4						12	
Tom	CABLE	12.7	13.7	*					6	1	7								1			1		2				11	
Darren	SHILLINGTON	25.2	25.2	*		1	1	1	3		6								2			2				1		11	
Danny	PADDOCK	12.9	13.0	*		1	1		5		7											1		2		1		11	
Brian	BEATTIE	34.1	36.0	*				2	5		7								2			2						11	
Adam	POOLE	23.8	22.1	*	1				2		3			1					2		1	2				2		11	
Michael	YOUNG		13.9	*			1		4	1	6														3	1		10	
Jon	PARK		8.7	*		1	2		3	1	7													2		1		10	
Robert	BOGGILD	22.2	19.2	*					4		4															3	1	8	
Phil	WOODLEY	15.1	15.0	*	1				2		3					1					1			2		1		8	
Mark	POVEY	30.2	32.6	*			2		6		8																	8	
Tony	KENNEDY	27.1	28.1	*			1		2		3								2			2						7	
Steve	HILLIER	18.3	18.8	*				1	4		5															2		7	
Stephen	BALL	24.2	24.7	*					4		4								1			1				1		7	
John	MERCER	40.6	37.3	*					4		4															3		7	
Dan	THWAITES		18.1	*		3	1		1		5											1				1		7	
Alex	STANIFORTH	10.4	12.5	*					3		3								1			1		2				7	
Nick	DUFFY	[19.8]	17.6	*					4		4															2		6	
Michael	DENNIS		32.6	*				2	1		3															3		6	
Dave	BRIERLEY	42.5	43.0	*					4		4								1			1						6	
Bob	BENSON	21.7	21.7	*	1						1			1							1					3	6	
Richard	HUNT	24.7	25.6	*				1	2		3													2				5	
Peter	SMITH	26.1	26.1	*		1	1				2															3	5	
Julian	TEGG	20.5	21.9	*			2		2		4											1						5	
Brian	WRIGHT		24.7	*					3		3															2		5	
Barry	THOMAS	[34.1]	33.5	*	1			1			2					1					1					1		5	
Wullie	McGARRELL	16.6	17.1	*					2		2													2				4	
Trevor	HOLMES	16.9	17.3	*					2		2													2				4	
Rob	LITTLE	9.2	9.8	*					4		4																	4	
Phil	HOWE	26.3	27.9	*					2		2								1			1						4	
Luke	ELLIS	14.6	15.0	*		1			3		4																	4	
Dominic	WALSTER		21.9	*				1	2		3															1		4	
Paul	WOOD	[28.1]	28.2	*					2		2															1		3	
Matthew	STANLEY		29.7	*					1		1								1			1						3	
Ian	WETHERALL				1						1			1							1						3	
Daniel	WATLING	[24.9]	25.1	*					2		2															1		3	
Richard	SMITH		[25.0]						1		1																1	2	
Jon	MOORHOUSE	[28.8]	27.6	*					1		1															1		2	
Tony	SANGHA						1				1																	1	
Stuart	HAGUE		[21.6]						1		1																	1	
Jack	GANNON	14.7	15.2	*					1		1																	1	
Bernard	LONGMAN						1				1																	1	
	Totals:	*performances*			*35*	*40*	*47*	*45*	*257*	*12*	*436*																		
		athletes			*18*	*16*	*25*	*16*	*57*	*11*	*63*																		

*NOTE : Handicap number requires minimum of 3 races within previous 18 months; [xx] = only 1 or 2 races

Handicap is updated after each road race, if necessary.