

West Cheshire AC - fixtures - 2019

Colour Code							Club Promotions_Marshals_Officials_!!!!						
Sportshall	Indoor	Leagues	Cross Country	Cross Country	Championships	Road/	Borders League	Bonus points	NVAC				
T & F	T&F Championships		Multi-Terrain/Fell		Schools Indoor	School	Age Groups						
Date	Day	Time	Event		Venue	Entry	Close/date	u11	u13	u15	u17	Jun	Sen
>>>>>	August	2019	<<<<<<										
1st	Thursday	7.30pm	Deestridders Offroad 3 of 4		former Tata Sports & SC	£7/5.00 -	£20/15 series				m+f	m+f	m+f
3rd	Saturday	2.30pm	Teggs Nose (see Fell R Assc)		Sutton, Macclesfield	£3 + £5.00 to Sheep Dog field!!!						18+	m+f
3/4th	Sat/Sun	10.45am	England (+NA) Combined Events		Manchester	on-line!	12th Jul				m+f	m+f	
4th	Sunday	12 noon	Cheshire League Rd3		Trafford	Club					m+f	m+f	m+f
7th	Wednesday	7.30pm	Pie & Peas 5M		Moulton, nrWinsford	£15/13.00	waiting list!				o15	m+f	m+f
.	Wednesday	7.45pm	Wirral Endurance Series Track 5K,		Oval, Bebington	£2.00	on night					m+f	m+f
10th	Saturday	11.30am	Northern T&F Division 1 Rd4		Wakefield	Club						m+f	m+f
11th													
17th	Saturday	2.05pm	Race the Train (35th) 14mile		Tywyn, Mid-Wales	£32/30.00	2nd Aug + £5 after					o17	m+f
17/18th	Sat/Sun	10.30am	NoAth T&F Championships		Wavertree	£12/8.00	other 7th Jul				m+f	m+f	m+f
18th	Sunday	10.00am	Birchwood 10K		Birchwood	£19./17.00	16th Aug	1300limit			15+	m+f	m+f
TBC	Sunday	11.30am	Northern T&F Promotion Match		Trafford	League	Qualify in L					m+f	m+f
21st	Wednesday	7.15pm	Capenhurst 5K (EPRC)		Capenhurst CH1 6EH	£12/10.00		300 limit	13+		m+f	m+f	m+f
22nd	Thursday	6.30pm	British Mile Relays		Birkenhead Park	£30/ team	Nifty entries				m+f	m+f	m+f
24th													
24/25th	Sat/Sun		Müller British Athletics Championships		Alexander Stadium								
25th	Sunday	11.15am	Ellesmere 10K (OsOly)		Ellesmere, SY12 0EA.	£18/16.00	23rd online	500limit	15+		m+f	m+f	m+f
26th	Monday	noon	Trafford open Medal meeting		Longford Park M21 9TA	£6+£2forthe spectator	£2				m+f	m+f	m+f
.	Monday	1.00pm	Cilcain Show (see Fell R Assc)		Cilcain	£5.00	On day				16	m+f	m+f
28th	Wednesday	7.00pm	Wirral Seaside Run - 5K		Moreton CH46 4TA	£7/ 5.00	Limit 500		11+		m+f	m+f	m+f
29th	Thursday	7.15pm	(Cute) Mid-Cheshire 5K (2016 2nd)		Kingsley cricket club	£13/11.00	£2 ex onday				13+	m+f	m+f
31st													
31/ 1st	Sat/Sun		England Athletics u17/ u15 outdoor		Bedford	on-line!	9th Aug					m+f	m+f
>>>>>	September	2019	<<<<<<										
1st	Sunday	9.30am	South Cheshire 20		Shavington, Crewe	£17/15.00	NO on day	250 limit				18+	m+f
.	Sunday	9.30am	Cheshire Half Marathon Arley Hall		Arley Hall	£26.00	to July 31st					m+f	m+f
.	Sunday	11.30am	Cheshire League Rd4		Stanney	Club					m+f	m+f	m+f
.	Tuesday	7.00pm	Multi-Ter League 2/4mile CH61 0NH		RoydenPark, Frankby	£1.00	1 st Members		12		m+f	m+f	m+f
4th	Wednesday	7.45pm	Wirral Endurance Series Track 3K,		Oval, Bebington	£2.00	on night					m+f	m+f
6th	Friday	7.00pm	Deestridders Offroad 4 of 4		former Tata Sports & SC	£7/5.00 -	£20/15 series					m+f	m+f
7th													
8th	Sunday	9.30am	BTR - Wirral Half Marathon		B'head Pk to New Brighton	£30/28.00	+1.5 cheque	2500limit				17+	m+f
.	Sunday	9.30am	BTR - Wirral 10K		B'head Pk to New Brighton	£25/23.00	+1.5 cheque	2500limit				16+	m+f
.	Sunday	10.30am	NWCounties(Cheshire)RoadRelays		Edge Hill College	Club-online	2nd Sept		m+f	m+f	m+f	m+f	m+f
.	Sunday	11.00am	Sandbach 10K		Sandbach CW11 1RG	£16/14.00	Fri 6th Sep	Limit 300	16+		m+f	m+f	m+f
.	Sunday	1.00pm	Vyrnwy Half Marathon		Abertridwr	bookit zone	1st Aug or 1800		May 1st Oper			m+f	m+f
.	Tuesday	7.00pm	Multi-Ter League 2/4mile CH48 1NP		Wirral CP, Thurstaston	£1.00	1 st Members		12		m+f	m+f	m+f
15th	Sunday	9.00am	English Half Marathon		Victoria Pk, Warrington	£35.99/33.99	by 31st Aug					o17	m+f
.	Sunday	9.00am	EHM 10k		Victoria Pk, Warrington	£30.99/28.99	by 31st Aug					m+f	m+f
.	Sunday	11.00am	Sutton 6 10K		Guilden Sutton	£11/9.00	15th Sept					m+f	m+f
.	Sunday	11.30am	NoAthletics YoungAthletesRelays		Sport City	Club-online	6th Sep				m+f	m+f	m+f
.	Sunday	2.00pm	NoA (M6&W4stage)RoadRelays		Sport City	Club-online	6th Sep						m+f
.	Tuesday	6.30pm	Multi-Ter League 2/4mile CH45 3QS		Beach, Harrison Drive	£1.00	1 st Members		12		m+f	m+f	m+f
21/22nd	Sat/Sun	9.30/9am	ESAA CombinedEvents/Walks		Exeter, Devonshire	Qualify from Regional						m+f	m+f
22nd	Sunday	10.00am	Macclesfield ½ Mar		Macclesfield	£25/ 23.00	20th Sep 800limit		+£4 onday??			m+f	m+f
.	Sunday	10.00am	Macclesfield 10k		Macclesfield	£20/18.00	21st Sep 200limit		+£4 onday??				
.	Sunday	10.am	Macclesfield 5k		Macclesfield	£12/10.00	22nd Sep 400limit		+£4 onday??				
.	Tuesday	6.30pm	Multi-Ter League 2/4mile CH49 5LW		Arroe Park	£1.00	1 st Members		12		m+f	m+f	m+f
28th	Saturday	09.30am	Final Fling (Throws Meet)		Wrexham LL13 8UH	£10+5 /extra	Mon 9th				m+f	m+f	m+f
.	Saturday	12.00pm	North Staffs League 1 CW7 2PT		KnightsGrange,Winsford	Club	1 st Members				m+f	m+f	m+f
29th	Sunday	09.30am	Final Fling (Throws Meet)		Wrexham LL13 8UH	£10+5 /extra	Mon 9th					m+f	m+f
.	Sunday	10.00am	(Cute) Sandstone Trail Race		Duckington>Delamere	£16.00A&B	56 Waiting	600Limit				m+f	m+f
>>>>>	October	2019	<<<<<<										
1st>12th	Mon - Fri		ESAA Cross Country Cup		Preliminary Rounds	School	15th Jun					Jun Int	
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5th	Saturday	2.00pm	North Wales CC League 1		Wrexham LL13 9NG	Club	1 st Members					m	m+f
6th	Sunday	9.00am	MBNA Chester Marathon		Roodee, CH1 2LY	£49.5/47.50	to July 31st						m+f
.	Sunday	9.30am	Congleton ½Mar		Congleton HS CW12 4NS	£22.0/19.60	£16.50 no T/medal						m+f
.	Sunday	10.15am	MBNA Chester Metric Marathon		Roodee, CH1 2LY	£49/47.00	to July 31st						m+f

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Date	Day	Time	Event	Venue	Entry	Close/date	u11	u13	u15	u17	Jun	Sen
.	Sunday	10.30am	NationalYoungAthletes RoadRelays	Sutton Park	Club	o-line		m+f	m+f	m+f		
.	Saturday	12/1.30p	ERRA National 4/6 Stage Relays	Sutton Park	Men (Area Qualification)		(o-Line 29th Sep)				m+f	m+f
12th	Saturday	11.00am	Liverpool & Dist CC League I	Beacon Park WN8 7RU	Club						m+f	m+f
.	Saturday	12.15pm	Manchester Area CC League Rd1	Wythenshawe	Club		XXX	m+f	m+f	m+f	m+f	m+f
13th	Sunday	10.00am	(Cute) Farndon 10k	Farndon	£18/16.00					o16	m+f	m+f
.	Sunday	11.00am	Borders League - 1 - Eryri	Caernarfon	Club						m+f	m+f m+f
19th	Saturday	10.30am	NoA Cross Country Relays	Graves Pk, Sheffield	£21 £24 £32	15thOct o-l o	m+f	m+f	m+f	m+f	m+f	m+f
.	Saturday	2.00pm	North Wales CC League 2	Foxhills, ColBay LL297SP	Club	1 st Members					m+f	m+f m+f
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20th	Sunday	10.30am	Flintshire 10K [Run Wales]	Mold	£22./ 20.00	+ £1.95	Limit 500			o16	m+f	m+f
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26th	Saturday	10.30am	Snowdonia Marathon	Nant Peris/Llanberis	exchange?	>Sept 30th	Entries Closed 48hrs!					m+f
.	Saturday	12.00pm	North Staffs League 2 ST16 1JY	Stafford Common	Club	1 st Members	m+f	m+f	m+f	m+f	m+f	m+f
.	Saturday	10.30am	Not Langley Not 7 CP @ SK11 0DG	Macclesfield	£15/ 13.00	on-line - car share	250limit				m+f	m+f
27th	Sunday	10.00am	Halloween Hellraiser, ca 7M	Nantwich CW5 7EP	£15/13.00	250 limit	+£2 onday			17+	m+f	m+f
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>>>>>	November	2019	<<<<<<									
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2nd	Saturday		International Combined Events	Emirates, Glasgow	Country		u16	u18				
.	Saturday	11.00am	ECCA Cross Country Relays	TBA	tba	tba			m+f	m+f	m+f	m+f m+f
TBC	Sunday	12.noon	"32nd" Abergele 5M	Abergele LL22 7PP	£15/ 13.00?	o-line only	open 1st Aug			o15	m+f	m+f
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9th	Saturday		ESAA CC Cup, Regional Round	Various	School	qualify	Jun Int					
.	Saturday	09.30am	Cheshire10k	Arley Hall CW9 6NA	£20/18.00	1500 limit					m+f	m+f m+f
.	Saturday	12.00pm	Manchester Area CC League Rd2	Kenworthy Woods	Club				m+f	m+f	m+f	m+f m+f m+f
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16th	Sunday	09.30am	Borders League - 2 - Deeside	Deeside	Club						m+f	m+f m+f
.	Saturday	12.00pm	North Staffs League 3	Park Hall	Club	1 st Members	m+f	m+f	m+f	m+f	m+f	m+f
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17th	Sunday	10.00am	Preston 10 mile	Preston	£19/ 17.00	o-line +£1.60	Mon 11th	o17			m+f	m+f
23rd	Saturday	11.00am	BA Cross Challenge (Euro trial)	Sefton Park	tba	tba			m+f	m+f	m+f	m+f
.	Saturday	2.00pm	Liv. & Dist CCU Leag II (with Euro trial)	Sefton Park	£2.00	SM 2.00pm					m+f	m+f
.	Saturday	2.00pm	North Wales CC League 3	Dolgellau	Club	1 st Members					m+f	m+f m+f
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>>>>>	December	2019	<<<<<<									
1st	Sunday	11.00am	Borders League - 3 - Wallasey	B'head Pk?	Club						m+f	m+f m+f
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7th	Saturday		ESAA CC Cup Final	Mount St Mary's Chesterfield	School	qualify	Jun Int					
.	Saturday	11.00am	Liverpool & Dist CC League III	Arrowe Park	Club						m+f	m+f
.	Saturday	12.00pm	Manchester Area CC League Rd3	Woodbank Park	Club				m+f	m+f	m+f	m+f m+f m+f
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14th	Saturday	12.00pm	North Staffs League 4	Penkridge ST19 5PH	Club	1 st Members	m+f	m+f	m+f	m+f	m+f	m+f
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25th	Wednesday	All Day!	Merry Christmas									
26th	Thursday	10.30am	ESSAR Round the Walls	Chester Roodee	tba	open soon					m+f	m+f m+f