

# West Cheshire AC Records

Have you beaten one of these records, or set a new one? If so, please send us details via "Webmaster" at:

<http://www.westcheshireac.co.uk/contact/>

For more detail, see:

<http://www.westcheshireac.co.uk/club-records/>

*Sorry, wind-assisted performances are not considered for record purposes*

Event	FEMALE Age Group					
	FO20		FU20		FU17	FU15
<b>Road Running/ Walking</b>						
5km	17:50 Joanne Bailey 24/08/01	18:19 Katie Clarke 28/04/17	18:59 Issy Clarke 28/04/17	19:17 Sophie Grainger 24/04/19	Event not run	
5 Miles	30:51 Julie Fletcher 06/04/99	30:41 Katie Clarke 12/04/17	32:20 Issy Clarke 11/04/18	Event not run		Event not run
10km	37:57 Joanne Bailey 28/10/01	40:53 Katie Clarke 09/10/16	41:57 Issy Clarke 09/10/16	Event not run		Event not run
10 Miles	01:02:38 Julie Fletcher 01/11/98		Event not run		Event not run	
1/2 Marathon	01:23:17 Julie Fletcher 24/01/99	01:51:37 Megan McEveley 12/10/14	Event not run		Event not run	
Marathon	03:12:46 Keely Smith 08/10/17	Event not run		Event not run		Event not run
5km Walk	00:33:07 Cath McGrath 02/12/06					
<b>Indoor</b>						
60m	7.85 Laura Turley 07/01/18	7.91 Sian Kelman 17/01/09	7.91 Sian Kelman 07/01/06	8.00 Alice McMahon 14/02/09	8.43 Amy Williams 10/01/10	
60m Hurdles (Standard Heights)	8.62 Olivia Montez-Brown 12/02/17	8.72 Olivia Montez-Brown 17/01/15	8.92 Olivia Montez-Brown 01/12/12	8.85 Abigail Pawlett 26/02/17	10.02 Amy Williams 07/02/10	
200m	25.08 Laura Turley 04/02/18	26.67 Georgia Barlow 17/01/16	26.08 Sian Kelman 21/01/07	26.09 Abigail Pawlett 19/02/17	28.65 Ruby Wisbey 04/02/18	
300m	39.56 Laura Turley 07/01/18	42.31 Laura Turley 18/12/16	42.34 Alice McMahon 12/12/09	41.75 Imogen Pughe 23/02/19	44.15 Emily Misantoni 06/12/15	
400m	54.67 Laura Turley 09/02/19		64.21 Emily Done 07/07/06	60.00 Imogen Pughe 27/01/19		
600m				01:40.38 Emily Misantoni 31/01/16	01:41.58 Emily Misantoni 06/12/15	
800m			02:27.08 Eve Duret 14/01/18	02:24.01 Emily Misantoni 07/02/16	02:24.80 Emily Misantoni 22/11/15	
1000m				03:38.65 Jodi Bemand 18/11/17	03:26.61 Tamsin O'Keefe 15/02/14	
1500m			05:18.20 Eve Duret 13/01/18			
3000m	10:11.35 Laura Bestow 27/02/05	10:32.52 Katie Clarke 15/01/17				
High Jump			1.69 Victoria Anderson 07/03/10	1.62 Alice Jennings 14/02/09	1.45 Emily Misantoni 06/12/15	
Long Jump	5.85 Olivia Montez-Brown 07/01/17	5.80 Olivia Montez-Brown 28/02/15	5.49 Olivia Montez-Brown 01/12/12	5.30 Abigail Pawlett 06/11/16	5.01 Amy Williams 16/01/10	
Shot 2.72kg					7.45 Abigail Pawlett 22/11/14	
Shot 3kg				10.14 Abigail Pawlett 06/11/16	7.01 Emily Misantoni 22/11/15	
Shot 3.25kg			11.11 Emily Ball 16/02/13	11.29 Nicola Gore 09/04/00	10.48 Stephanie Owens 18/04/04	
Shot 4kg	13.08 Emily Ball 19/02/17	11.96 Emily Ball 07/02/15	11.72 Kelly Baker 15/01/12	10.38 Emily Ball 17/11/12		
Quadrathlon				321 Abigail Pawlett 06/11/16	257 Abigail Pawlett 22/11/14	
Pentathlon	3863 Olivia Montez-Brown 10/03/17	3485 Olivia Montez-Brown 10/01/15	3345 Olivia Montez-Brown 01/12/12	3341 Abigail Pawlett 12/03/17		
	SW	JW	FU17	FU15	FU13	
FEMALE Age Group						