

# West Cheshire AC Records

Have you beaten one of these records, or set a new one? If so, please send us details via "Webmaster" at:

<http://www.westcheshireac.co.uk/contact/>

For more detail, see:

<http://www.westcheshireac.co.uk/club-records/>

*Sorry, wind-assisted performances are not considered for record purposes*

Event	FEMALE Age Group				
	FO20	FU20	FU17	FU15	FU13
<b>Outdoor, Walks (Track)</b>					
1000m Walk	06:24 Cath McGrath 08/07/06				
2000m Walk	19:29 Cath McGrath 10/09/06				
3000m Walk	13:19 Cath McGrath 13/06/07				
5000m Walk	33:07 Cath McGrath 02/12/06				
<b>Outdoor, Relays</b>					
4x100m	49.30 Alice McMahon (O20), Shona Valentine (O20), Georgia Barlow (U20), Danielle Erskine (O20) 03/07/16	49.30 Bryony Potter (U20), Siân Kellman (U20), Shona Valentine (U20), Emily Done (U20) 04/07/09	50.50 Daisy Flynn-Piercy, Shona Valentine, Rachel Stoakley, Emily Done 01/07/06	50.00 Stephanie Jones, Lara Battersby, Fatoumata Bojang and Imogen Pughe 02/06/19	53.40 Jess Brown, Sara Pearson, Emily Owen, Madeline Mercer 20/07/19
4x400m	04:08.80 Laura Turley (O20), Alice Jennings (O20), Issy Clarke (U20), Beth McMahon (U20) 03/06/18	04:07.80 Emily Done (U20), Danielle Erskine (U17), Bryony Potter (U20), Leah Ferrie (U17) 05/07/09			Event not run
4x300m			02:59.70 No names in results 18/07/10	02:50.54 Lara Battersby, Fatoumata Bojang, Martha Willetts, Imogen Pughe 20/07/19	Event not run
3x800m	07:32.30 No names in results 14/07/02			07:17.60 Sophie Granger, Carys Roberts, Imogen Pughe 02/06/19	08:03.00 Martha Willetts, Carys Roberts, Megan White 09/06/18
<b>Outdoor, Field: Non-standard weights</b>					
Shot 2.72kg				6.56 Olivia Montez-Brown 14/09/08	
Shot 3.25kg			11.79 Emily Ball 29/09/12	12.24 Kelly Baker 20/06/10	
Shot 4kg			11.72 Emily Ball 13/07/14		
Discus 0.75 or 1kg?					19.90 Stephanie Owens 13/09/03
Discus 0.75kg					26.34 (0.75kg) Isla Shillington 23/09/17
Discus 1kg					17.31 (1kg) Emily Ball 19/07/10
Hammer 4kg			48.69 Stephanie Owens 31/03/07		
Javelin 400g					31.04 Emma Howe 29/09/13
Javelin 500g		51.87 Emma Howe 13/05/18			
Javelin 600g			41.11 Emma Howe 06/08/16	30.71 Emily Fisher 30/07/06	
Javelin ?g					31.42 Sarah Devey 04/09/93
<b>Outdoor, Multi-events</b>					
Quadrathlon					260 Sara Pearson 29/06/19
Pentathlon			2652 Alice Jennings 12/09/10	2993 Olivia Montez-Brown 28/06/10	2641 Amy Williams 09/09/10
Heptathlon	5254 Olivia Montez-Brown 27/05/16	4790 Olivia Montez-Brown 21/09/14	4337 Olivia Montez-Brown 01/07/12		
	SW	JW	FU17	FU15	FU13
FEMALE Age Group					