ESSAR

27th Chester 'Spring 5'

Wednesday 10th April 2019, 7:00 pm

Pos	Time	Name	Gen	Gen Pos	Prize Over age	Cat	Cat Pos	Team	Entry No	Chip time	Chip pos
1	0:25:47	Hall, Matt	m	1	Top 5	SM	1	Shrewsbury AC	13	0:25:46	1
2	0:25:53	Williams, Chris	m	2	Top 5	SM	2	Vale Royal AC	353	0:25:53	2
3	0:26:10	Martin, Vinnie	m	3	Top 5	SM	3	City Of Stoke Ac	151	0:26:10	3
4	0:26:21	Bennett, Dave	m	4	Top 5	Mv40	1	Ellesmere Port RC	152	0:26:21	4
5	0:26:22	Gidlow, Christopher	m	5	Top 5	Mv40	2		149	0:26:22	5
6	0:26:25	Hayes, Steven	m	6	1st o40	Mv40	3	Deestriders R.C.	28	0:26:24	6
7	0:26:38	McKenna, Richard	m	7	2nd o40	Mv40	4	Shrewsbury AC	93	0:26:38	7
8	0:26:41	Longley, Dean	m	8		SM	4	Prestatyn RC	329	0:26:41	8
9	0:26:45	Williams, Nathan	m	9		SM	5	Vale Royal AC	292	0:26:44	9
10	0:26:49	Skates, Stephen	m	10		Mv40	5	Prestatyn RC	86	0:26:49	10
11	0:26:53	Green, Martin	m	11		Mv40	6	North Wales Road Runners	66	0:26:52	11
12	0:27:04	Stone, John	m	12		SM	6	Ellesmere Port RC	135	0:27:04	12
13	0:27:11	Taylor, Matthew	m	13		SM	7	South Cheshire Harriers	261	0:27:10	13
14	0:27:27	Roberts, Sion	m	14	1st u20	u20M	1	West Cheshire Athletic Club	310	0:27:27	14
15	0:27:34	Deller, Robert	m	15		SM	8	Wirral AC	260	0:27:34	15
16	0:27:37	Heap, John	m	16	1st o45	Mv45	1	Wirral AC	123	0:27:37	16
17	0:27:44	Booth, Thomas	m	17		SM	9	West Cheshire Athletic Club	11	0:27:44	17
18	0:27:48	Bromley, Andrew	m	18		SM	10	Prestatyn Running Club	281	0:27:48	18
19	0:27:52	Kettle, Jonathan	m	19		Mv40	7	North Wales Road Runners	178	0:27:50	19
20	0:27:54	Heap, Aiden	m	20		SM	11		74	0:27:53	20
21	0:27:56	Goodwin, Matt	m	21		SM	12	UTS Running Club	133	0:27:55	21
22	0:27:58	Nixon, Scott	m	22		SM	13	Deestriders R.C.	79	0:27:57	22
23	0:27:58	Bishop, Colin	m	23	1st o50	Mv55	1	Warrington A C	294	0:27:58	23
24	0:27:59	Brown, Jez	m	24		Mv45	2	Buckley RC	67	0:27:58	24
25	0:28:01	Hicks, Billy	m	25		SM	14	Macclesfield Harriers & AC	98	0:28:00	25
26	0:28:03	Fitzpatrick, Chris	m	26		Mv40	8	Helsby Running Club	312	0:28:02	26
27	0:28:12	Cowley, Hannah	f	1	Top 3	SF	1	Helsby Running Club	300	0:28:12	27
28	0:28:20	O'Brien, Simon	m	27		SM	15		340	0:28:19	28
29	0:28:35	Kearney, Arran	m	28		u20M	2	Wirral AC	365	0:28:32	29
30	0:28:45	Spurdens, Bradley	m	29		SM	16	West Cheshire Athletic Club	209	0:28:43	30
31	0:28:54	Wallace, Ian	m	30		SM	17	Wirral AC	55	0:28:52	31
32	0:28:56	Ainsworth, James	m	31		Mv40	9	Vale Royal AC	102	0:28:56	32
33	0:28:59	Davies, Mark	m	32		Mv40	10	West Cheshire Athletic Club	345	0:28:57	33
34	0:29:03	Williams, Gareth	m	33		Mv50	1	Vale Royal AC	293	0:29:00	34
35	0:29:09	Smith, Matthew	m	34		SM	18	Prestatyn RC	335	0:29:07	35
36	0:29:10	Spence, Stephen	m	35		Mv45	3	Wirral AC	70	0:29:07	36
37	0:29:14	Eccles, Lawrence	m	36		SM	19	Penny Lane Striders	21	0:29:10	37
38	0:29:19	Norgrove, Gary	m	37		Mv50	2	Wrexham Ac	302	0:29:17	38
39	0:29:25	Hackett, Nicholas	m	38		Mv40	11	South Cheshire Harriers	141	0:29:21	39
40	0:29:32	Jones, Andrew	m	39		Mv40	12	Wrexham Ac	39	0:29:31	41
41	0:29:34	Barkley, Simon	m	40		Mv45	4	Oswestry Olympians	101	0:29:31	40
42	0:29:35	Gray, Peter	m	41		SM	20	Cadence Tri	343	0:29:33	42
43	0:29:46	Leslie, Steven	m	42		SM	21	Village RR	224	0:29:41	43
44	0:29:53	Sirett, Tom	m	43		SM	22	Ellesmere Port RC	137	0:29:51	45
45	0:29:54	Coney, Euan	m	44		u20M	3	Deeside AAC	387	0:29:49	44
46	0:29:56	Young, Michael	m	45		SM	23	West Cheshire Athletic Club	106	0:29:54	47
47	0:29:58	Gibbons, Russell	m	46		SM	24	South Cheshire Harriers	259	0:29:52	46
48	0:30:05	Kozer, Will	m	47		SM	25	Widnes Running Club	23	0:30:04	49
49	0:30:09	Budworth, Karl	m	48		Mv40	13	Widnes Running Club	122	0:30:06	50
50	0:30:09	Grattan, Justin	m	49		Mv45	5	South Cheshire Harriers	19	0:30:03	48
51	0:30:14	Gibbs, Matthew	m	50		SM	26	Ellesmere Port RC	328	0:30:10	51
52	0:30:17	Fernyhough, Steven	m	51		SM	27	West Cheshire Athletic Club	49	0:30:12	52
53	0:30:18	Bagnall, Amie	f	2	Top 3	SF	2	Prestatyn RC	331	0:30:15	54
54	0:30:19	Kennedy, Colin	m	52		Mv50	3	Warrington Road Runners	258	0:30:15	53
55	0:30:20	Carter, Andrew	m	53		Mv45	6	West Cheshire Athletic Club	1	0:30:18	56
56	0:30:21	Armstrong, Tom	m	54		Mv40	14	Vale Royal AC	53	0:30:18	55
57	0:30:21	Shaw, Chris	m	55		Mv40	15	Buckley RC	282	0:30:19	57

Pos	Time	Name	Gen	Gen Pos	Prize Over age	Cat	Cat Pos	Team	Entry No	Chip time	Chip pos
58	0:30:25	Grady, Mark	m	56		SM	28		190	0:30:23	58
59	0:30:26	Clague, Andrew	m	57		Mv50	4	West Cheshire Athletic Club	330	0:30:26	59
60	0:30:28	Howard, Paul	m	58		SM	29	St Helens Striders	186	0:30:27	60
61	0:30:31	Lomas, Bryan	m	59		Mv45	7	Congleton Harriers	154	0:30:28	61
62	0:30:35	Cahill, Tim	m	60	1st o55	Mv55	2	Abergele Harriers	163	0:30:33	62
63	0:30:37	Hayes, Josef	m	61		Mv45	8	Buckley RC	255	0:30:35	63
64	0:30:42	Pawling, Ralph	m	62		SM	30	Pensby Runners	69	0:30:39	64
65	0:30:45	Marsden, Joanna	f	3	Top 3	Fv35	1	Ellesmere Port RC	378	0:30:42	65
66	0:30:45	Ryan, Zach	m	63		SM	31	Wirral AC	296	0:30:45	66
67	0:30:48	Rodway, Curtis	m	64		u20M	4	West Cheshire Athletic Club	105	0:30:47	67
68	0:30:54	Hough, Robert	m	65		Mv45	9	Spectrum Striders	278	0:30:50	68
69	0:30:59	Hewitt, Ian	m	66		Mv40	16	Liverpool Running Bugs	72	0:30:58	69
70	0:31:16	Brough, Katie	f	4	1st o35	Fv35	2		266	0:31:13	70
71	0:31:20	Woodall, Antony	m	67		Mv45	10	West Cheshire Athletic Club	441	0:31:16	71
72	0:31:21	Peers, Andrew	m	68		SM	32	Buckley RC	140	0:31:18	73
73	0:31:23	Hourigan, Fran	m	69		Mv40	17		10	0:31:16	72
74	0:31:25	Miles, Graham	m	70		Mv50	5	Vale Royal AC	262	0:31:22	74
75	0:31:31	Kearney, Ellen Mary	f	5	1st u20	u20F	1	Wirral AC	180	0:31:27	75
76	0:31:33	Evans, Owen Gethin	m	71		Mv40	18	Prestatyn RC	210	0:31:28	76
77	0:31:37	Ellis, Luke	m	72		SM	33	West Cheshire Athletic Club	252	0:31:32	77
78	0:31:40	Butler, Sean	m	73	1st o60	Mv60	1	Oswestry Olympians	361	0:31:38	78
79	0:31:45	Kearney, Sarah	f	6	1st o40	Fv45	1	Wirral AC	177	0:31:43	79
80	0:31:48	Grant, Nigel	m	74		Mv55	3	Penny Lane Striders	391	0:31:45	80
81	0:31:50	Everitt, Tony	m	75		SM	34	Chorlton Runners	27	0:31:47	81
82	0:31:55	Waring, Michael	m	76		Mv50	6	Chester Triathlon Club	217	0:31:53	82
83	0:32:03	Roberts, Paul	m	77		Mv40	19	Widnes Running Club	291	0:31:57	83
84	0:32:08	Wilson, Nick	m	78		Mv45	11	Wirral AC	425	0:32:07	84
85	0:32:18	Thomas, Andy	m	79		Mv55	4	Sandbach Striders	128	0:32:14	86
86	0:32:28	Ogden, Stanley	m	80		Mv60	2	Spectrum Striders	25	0:32:24	88
87	0:32:29	Hankins, Richard	m	81		Mv45	12	Helsby Running Club	305	0:32:19	87
88	0:32:32	Lee, Christopher	m	82		Mv50	7	Liverpool Running Bugs	286	0:32:29	91
89	0:32:32	Wilkinson, Michael	m	83		SM	35	Wirral AC	48	0:32:31	92
90	0:32:32	Jones, Wells	m	84		Mv45	13		254	0:32:27	90
91	0:32:34	Hall, Kevin	m	85		Mv50	8	Wallasey Athletic Club	270	0:32:26	89
92	0:32:36	Seal, Brian	m	86		SM	36	Village RR	245	0:32:13	85
93	0:32:38	Clough, Matthew	m	87		u20M	5		427	0:32:34	93
94	0:32:39	Fox, Simon	m	88		Mv50	9	Wirral AC	114	0:32:38	95
95	0:32:40	Thwaites, Daniel	m	89		SM	37		144	0:32:34	94
96	0:32:43	Tait, Isaac	m	90		u20M	6	West Cheshire Athletic Club	290	0:32:40	96
97	0:32:47	Atherton, Mark	m	91		Mv40	20	Widnes Running Club	192	0:32:41	97
98	0:32:53	Richards, John	m	92		Mv40	21		402	0:32:49	99
99	0:32:57	Spruce, Anthony	m	93		SM	38	West Cheshire Athletic Club	399	0:32:44	98
100	0:32:58	Beard, Chris	m	94		Mv50	10	Vale Royal AC	32	0:32:51	100
101	0:32:59	Middleton, Brian	m	95	1st 065	Mv65	1	St Helens Striders	75	0:32:56	101
102	0:33:01	Edwards, Rheagan	f	7		u20F	2	Deeside AAC	62	0:32:57	102
103	0:33:05	Taylor, Steven	m	96		Mv60	3	Trafford Athletic Club	388	0:33:02	104
104	0:33:06	Goodall, Gary	m	97		Mv45	14	Village RR	381	0:32:58	103
105	0:33:08	Thomas, Matthew	m	98		SM	39		120	0:33:04	106
106	0:33:09	Bonfield, Simon	m	99		Mv45	15	Abergele Harriers	356	0:33:03	105
107	0:33:12	O'Hara, James	m	100		SM	40	Helsby Running Club	319	0:33:08	110
108	0:33:12	Foy, Joe	m	101		Mv60	4	West Cheshire Athletic Club	208	0:33:07	108
109	0:33:13	Nicholson, Matthew	m	102		SM	41	Ellesmere Port RC	375	0:33:07	109
110	0:33:13	O'Keefe, Ray	m	103		Mv50	11	Macclesfield Harriers & AC	205	0:33:05	107
111	0:33:25	Laird, Ian	m	104		Mv45	16	Chester Triathlon Club	409	0:33:22	113
112	0:33:26	Chadwick, Daniel	m	105		Mv40	22	Spectrum Striders	392	0:33:20	111
113	0:33:27	Done, James	m	106		SM	42		397	0:33:25	114
114	0:33:29	Oxborough, David	m	107		Mv40	23		421	0:33:21	112

Pos	Time	Name	Gen	Gen Pos	Prize Over age	Cat	Cat Pos	Team	Entry No	Chip time	Chip pos
115	0:33:31	Bellis, Stephen	m	108		Mv60	5	Buckley RC	437	0:33:29	116
116	0:33:33	Irving, David	m	109		SM	43	West Cheshire Athletic Club	438	0:33:29	115
117	0:33:37	Latham, Katie	f	8		SF	3	South Cheshire Harriers	230	0:33:31	118
118	0:33:40	Davies, Paul	m	110		Mv45	17		130	0:33:32	119
119	0:33:40	Purcell, Alan	m	111		Mv50	12	Weaver Warriors Tri Club	99	0:33:37	123
120	0:33:41	Telfer, Graeme	m	112		Mv40	24		115	0:33:35	121
121	0:33:41	Michell, Davyd	m	113		Mv40	25	Helsby Running Club	50	0:33:35	120
122	0:33:44	Greenwood, Simon	m	114		Mv50	13	Chester Triathlon Club	433	0:33:31	117
123	0:33:47	Witty, Martin	m	115		Mv50	14	Deestriders R.C.	424	0:33:36	122
124	0:33:48	Smith, Morgan	m	116		u20M	7		248	0:33:45	125
125	0:33:53	Berry, Colin	m	117		Mv50	15	Ellesmere Port RC	158	0:33:47	126
126	0:33:54	Rogers, James	m	118		Mv45	18	Prestatyn RC	393	0:33:44	124
127	0:34:09	Sellers, Luke	m	119		u20M	8		418	0:34:05	127
128	0:34:13	Gibbons, Cara	f	9		SF	4	Vale Royal AC	35	0:34:06	128
129	0:34:14	Garnett, Ben	m	120		SM	44	Abergele Harriers	229	0:34:09	129
130	0:34:15	Beck, Sian	f	10		Fv40	1	Prestatyn RC	211	0:34:09	130
131	0:34:18	Mitchell, Alex	m	121		SM	45	Liverpool Running Bugs	104	0:34:16	135
132	0:34:19	Whitehead, June	f	11		SF	5	Helsby Running Club	332	0:34:13	131
133	0:34:24	Adams, Jeff	m	122		Mv60	6	Pensby Runners	76	0:34:16	133
134	0:34:25	Batty, Steven	m	123		Mv55	5	Walney Wind Cheetahs	90	0:34:15	132
135	0:34:28	Foo, Nigel	m	124		Mv50	16	Penny Lane Striders	297	0:34:21	136
136	0:34:30	Kimpton, Dave	m	125		Mv40	26		317	0:34:16	134
137	0:34:34	Navis, David	m	126		SM	46	Liverpool Running Bugs	350	0:34:31	140
138	0:34:35	Champion, Richard	m	127		Mv45	19		419	0:34:29	139
139	0:34:36	Weedman, Stephen	m	128		Mv50	17	Prestatyn RC	200	0:34:26	137
140	0:34:37	Kettle, Troy	m	129		u20M	9		364	0:34:28	138
141	0:34:45	Shipley, Traci	f	12	1st o45	Fv55	1	Chester Triathlon Club	59	0:34:42	144
142	0:34:46	Challinor, Kevin	m	130		Mv55	6	Buckley RC	385	0:34:35	141
143	0:34:48	Cox-Cooper, Alice	f	13		Fv35	3	Pensby Runners	288	0:34:43	146
144	0:34:51	Green, Carla	f	14		Fv45	2	North Wales Road Runners	65	0:34:43	145
145	0:34:51	Whitfield, Liz	f	15		Fv40	2	Spectrum Striders	30	0:34:41	143
146	0:34:55	Tutton, Ross	m	131		Mv40	27		371	0:34:40	142
147	0:35:04	O'Neil, David	m	132		Mv40	28		256	0:34:57	148
148	0:35:04	Simister, Mat	m	133		Mv45	20	Northwich Running Club	212	0:34:58	149
149	0:35:05	Parsons, Anna	f	16		Fv45	3	Northwich Running Club	405	0:35:00	150
150	0:35:05	Landucci, Ian	m	134		Mv55	7	Helsby Running Club	267	0:34:55	147
151	0:35:11	Knight, Lucy	f	17		SF	6	Vale Royal AC	161	0:35:04	151
152	0:35:14	Hall, Adam	m	135		SM	47	Liverpool Running Bugs	337	0:35:13	155
153	0:35:15	Halliwell, Daniel	m	136		SM	48		243	0:35:10	152
154	0:35:24	Ward, Russell	m	137		Mv50	18	Shropshire Shufflers	54	0:35:12	153
155	0:35:33	Lewtey, Paul	m	138		Mv40	29	Deestriders R.C.	443	0:35:13	154
156	0:35:34	Riley, Kerry	f	18		SF	7	West Cheshire Athletic Club	446	0:35:34	160
157	0:35:34	Anderson, Charlie	m	139		Mv45	21	Village RR	31	0:35:27	156
158	0:35:38	Williams, Alison	f	19		SF	8	Buckley RC	121	0:35:27	158
159	0:35:42	Roberts, Stephen	m	140		Mv65	2		18	0:35:34	159
160	0:35:47	Scott-Heale, Phil	m	141		SM	49		417	0:35:40	161
161	0:35:49	Aird, Paul	m	142		Mv60	7	Deestriders R.C.	7	0:35:27	157
162	0:35:55	Sutcliffe, Claire	f	20		Fv45	4	Chester Triathlon Club	231	0:35:46	162
163	0:35:59	Carr, Kieron	m	143		Mv45	22	Liverpool Running Bugs	147	0:35:55	165
164	0:36:03	Clarke, John	m	144		Mv65	3	Vale Royal AC	157	0:35:55	164
165	0:36:09	Thorn, Penny	f	21		Fv40	3	Wirral AC	194	0:36:00	167
166	0:36:12	Glen, Andrew	m	145		Mv55	8	Liverpool Running Bugs	142	0:36:11	170
167	0:36:14	Brown, Keith	m	146		Mv55	9	Warrington Road Runners	311	0:36:09	169
168	0:36:16	Tumilty, Benjamin	m	147		SM	50	Helsby Running Club	401	0:35:51	163
169	0:36:19	Rees, James	m	148		SM	51	Deestriders R.C.	404	0:35:59	166
170	0:36:20	Westwood, Richard	m	149		Mv40	30	Wrexham Ac	96	0:36:08	168
171	0:36:38	Cammillare, Christine	f	22		Fv35	4	Deestriders R.C.	444	0:36:16	173

Pos	Time	Name	Gen	Gen Pos	Prize Over age	Cat	Cat Pos	Team	Entry No	Chip time	Chip pos
172	0:36:39	Povey, Paul	m	150		Mv40	31	Penyffordd Run Club	24	0:36:11	171
173	0:36:42	Jones, Andrew	m	151		SM	52	Penyffordd Run Club	368	0:36:14	172
174	0:36:47	Salt, Neil	m	152		Mv50	19		431	0:36:43	174
175	0:36:57	Ball, Stephen	m	153		Mv40	32	West Cheshire Athletic Club	358	0:36:50	175
176	0:37:01	Cody, Andrea	f	23		SF	9	GOG Triathlon Club	127	0:36:52	177
177	0:37:01	Garnett, Andy	m	154		Mv65	4	Spectrum Striders	29	0:36:51	176
178	0:37:06	Tavener, Mary	f	24	1st o50	Fv55	2	Vale Royal AC	265	0:36:54	179
179	0:37:07	Griffiths, Dave	m	155		Mv50	20		220	0:36:52	178
180	0:37:11	McGowan, Paul	m	156		Mv40	33		232	0:37:02	180
181	0:37:20	Sanderson-Rigby, Charlotte	f	25		SF	10		85	0:37:13	183
182	0:37:24	McAlister, David	m	157		Mv60	8	Wallasey Athletic Club	298	0:37:14	184
183	0:37:28	Owens, Helen	f	26		Fv40	4	Helsby Running Club	299	0:37:04	181
184	0:37:31	Holden, Rachael	f	27		Fv35	5	Helsby Running Club	218	0:37:06	182
185	0:37:40	Whitmore, Andrew	m	158		Mv40	34		445	0:37:30	190
186	0:37:40	Wootton, David	m	159		Mv55	10	Buckley RC	138	0:37:28	187
187	0:37:43	Jenkins, Neil	m	160		Mv50	21	Chester Triathlon Club	216	0:37:22	185
188	0:37:43	Walster, Dominic	m	161		SM	53	West Cheshire Athletic Club	2	0:37:30	189
189	0:37:47	Rothwell, Katie	f	28		Fv35	6		124	0:37:26	186
190	0:37:47	Poole, Susan	f	29		Fv50	1	South Cheshire Harriers	420	0:37:32	192
191	0:37:48	Gallagher, Mark	m	162		SM	54	West Cheshire Athletic Club	400	0:37:32	191
192	0:37:54	Cartwright, Nichola	f	30		SF	11		234	0:37:28	187
193	0:37:54	Critchley, Mark	m	163		Mv45	23	Village RR	233	0:37:37	193
194	0:37:55	Cole, Melvyn	m	164		Mv65	5	South Cheshire Harriers	58	0:37:48	196
195	0:37:57	MacGugan, Hayley	f	31		Fv35	7	Widnes Running Club	411	0:37:46	195
195	0:37:57	Roberts, Mark	m	165		Mv65	6	Pensby Runners	323	0:37:49	197
197	0:38:00	Alexander, Paul	m	166		Mv60	9	Pensby Runners	426	0:37:52	200
198	0:38:02	O'Connor, Gary	m	167		Mv50	22	Helsby Running Club	301	0:37:37	194
199	0:38:05	Bradley, David	m	168		Mv40	35		116	0:37:50	198
200	0:38:06	Heathcock, Clive	m	169		Mv60	10	South Cheshire Harriers	196	0:37:50	199
201	0:38:08	Rathbone, Colin	m	170	1st o70	Mv75	1	Vale Royal AC	61	0:37:56	202
202	0:38:11	Hinds, Gary	m	171		SM	55	Liverpool Running Bugs	326	0:37:57	203
203	0:38:12	Gaskill, Roy	m	172		Mv50	23	Helsby Running Club	77	0:38:04	204
204	0:38:15	Donoghue, Paul	m	173		Mv45	24	Buckley RC	303	0:37:55	201
205	0:38:16	Gow, Andie	m	174		Mv65	7	Pensby Runners	118	0:38:04	205
206	0:38:17	Moorhouse, Lily	f	32		u20F	3	West Cheshire Athletic Club	379	0:38:06	207
207	0:38:19	Hankinson, Andrew	m	175		SM	56	Widnes Running Club	396	0:38:10	210
208	0:38:20	Moorhouse, Jon	m	176		Mv50	24	West Cheshire Athletic Club	377	0:38:07	208
209	0:38:21	Grady, Mervyn	m	177		Mv60	11	Widnes Running Club	188	0:38:06	206
210	0:38:21	Chaddock, Robert	m	178		Mv50	25		40	0:38:11	211
211	0:38:23	Cassidy, Ian	m	179		SM	57		176	0:38:18	213
212	0:38:25	Campbell, James	m	180		SM	58		117	0:38:09	209
213	0:38:27	Owen, Chris	m	181		SM	59	Liverpool Running Bugs	370	0:38:16	212
214	0:38:28	Shone, Grahame	m	182		Mv65	8	Abergele Harriers	165	0:38:23	215
215	0:38:33	Houghton, John	m	183		Mv55	11		34	0:38:26	217
216	0:38:34	Gibbons, Gill	f	33	1st o55	Fv60	1	South Cheshire Harriers	272	0:38:19	214
217	0:38:35	Hewitt, Ruth	f	34		Fv40	5	Liverpool Running Bugs	287	0:38:24	216
218	0:38:38	Davies, Helen	f	35		Fv50	2	Widnes Wasps Ladies R C	440	0:38:27	218
219	0:38:40	Robertson, Janet	f	36		Fv50	3	Helsby Running Club	395	0:38:30	219
220	0:38:40	Pennington, Tracy	f	37		Fv50	4	Pensby Runners	321	0:38:34	222
221	0:38:47	Bycina, Agnieszka	f	38		Fv35	8	Buckley RC	68	0:38:35	223
222	0:38:48	Woolgar, Anna	f	39		Fv45	5	Chester Triathlon Club	239	0:38:32	220
223	0:38:49	Hill, Yvonne	f	40		Fv55	3	Oswestry Olympians	20	0:38:42	227
224	0:38:52	Hershaw, Callum	m	184		SM	60		95	0:38:39	226
225	0:38:52	Brown, Steven	m	185		Mv45	25	Prestatyn RC	199	0:38:36	224
226	0:38:54	Hand, Geoff	m	186		Mv60	12	Spectrum Striders	63	0:38:32	221
227	0:38:59	Barnard, Mike	m	187		Mv45	26	Helsby Running Club	17	0:38:48	229
228	0:38:59	Clark, Steve	m	188		SM	61		215	0:38:45	228

Pos	Time	Name	Gen	Gen Pos	Prize Over age	Cat	Cat Pos	Team	Entry No	Chip time	Chip pos
229	0:39:01	Jones, Peter	m	189		Mv60	13	Sunlight Runners	195	0:38:38	225
230	0:39:06	Scholefield, Gordon	m	190		Mv65	9	Pensby Runners	325	0:38:59	231
231	0:39:07	McDonnell, Barry	m	191		SM	62		126	0:38:59	233
232	0:39:11	Hughes, Gareth	m	192		Mv70	1	Prestatyn RC	22	0:38:59	232
233	0:39:15	Mills, Sarah	f	41		SF	12	Chester Road Runners	384	0:39:05	235
234	0:39:18	Shaw, Carol	f	42		Fv55	4	Helsby Running Club	91	0:39:09	238
235	0:39:18	Clarke, Paul	m	193		Mv45	27		94	0:38:57	230
236	0:39:23	Teeder, Caroline	f	43		SF	13		148	0:39:07	236
237	0:39:23	Atherton, Cathy	f	44		Fv40	6	South Cheshire Harriers	273	0:39:07	237
238	0:39:24	Lamprey, Colin	m	194		Mv55	12	Pensby Runners	320	0:39:13	240
239	0:39:27	Burroughes, Gareth	m	195		Mv40	36		184	0:39:12	239
240	0:39:27	Scoots, Claire	f	45		Fv35	9	GOG Triathlon Club	125	0:39:18	243
241	0:39:29	Collins, Geoff	m	196		Mv60	14	Helsby Running Club	167	0:39:18	242
242	0:39:29	Horsley, Kai	m	197		u20M	10	Helsby Running Club	47	0:39:00	234
243	0:39:30	Turley, Linda	f	46		Fv45	6		71	0:39:17	241
244	0:39:30	Read, Debbie	f	47	1st o60	Fv60	2	Helsby Running Club	89	0:39:21	245
245	0:39:33	Matthews, Sarah	f	48		Fv35	10	Widnes Running Club	263	0:39:21	244
246	0:39:34	Cliff, Richard	m	198		Mv45	28		131	0:39:28	253
247	0:39:36	Norgrove, Kim	f	49		Fv50	5	Wrecsam Tri	304	0:39:27	252
248	0:39:38	Price-Jones, Hayley	f	50		Fv40	7	GOG Triathlon Club	362	0:39:25	247
249	0:39:40	Newland, Mark	m	199		SM	63		306	0:39:27	251
250	0:39:42	Stanford, Sam	m	200		SM	64	Ellesmere Port RC	57	0:39:30	254
251	0:39:44	McMahon, Ellen	f	51		SF	14	West Cheshire Athletic Club	251	0:39:25	248
252	0:39:45	Trecarichi, Robbie	m	201		Mv40	37		264	0:39:36	255
253	0:39:47	Connor, Joseph	m	202		SM	65	Bramhall Runners	42	0:39:26	250
254	0:39:55	Clarke, Paul	m	203		Mv45	29		314	0:39:25	246
255	0:39:55	Wood, Steve	m	204		Mv50	26		313	0:39:25	249
256	0:39:56	Maddock, Stephen	m	205		Mv50	27	Liverpool Running Bugs	145	0:39:46	258
257	0:40:00	Kivlin, Claire	f	52		Fv40	8	South Cheshire Harriers	289	0:39:44	257
258	0:40:05	McCaffery, Mike	m	206		Mv45	30	Village RR	56	0:39:47	259
259	0:40:06	Williams, Phillip	m	207		Mv40	38		88	0:39:51	261
260	0:40:06	Chalmers, Robert	m	208		Mv40	39	Pensby Runners	415	0:39:37	256
261	0:40:11	Kuypers, Rachel	f	53		Fv40	9	Widnes Wasps Ladies R C	439	0:40:00	262
262	0:40:16	Roegiest, Leon	m	209		Mv55	13	Defiance RC - Wallaceburg- Ontario	139	0:39:48	260
263	0:40:17	Bancroft, Rebecca	f	54		Fv40	10	Liverpool Running Bugs	132	0:40:08	265
264	0:40:21	Pritchard Jones, Simon	m	210		Mv45	31	Northwich Running Club	318	0:40:15	269
265	0:40:22	Cockburn, Mark	m	211		Mv45	32		14	0:40:10	266
266	0:40:24	Carter, Roger	m	212		Mv55	14	Tattenhall Runners	414	0:40:05	264
267	0:40:27	Whiteside, Michael	m	213		Mv70	2	Tattenhall Runners	202	0:40:21	271
268	0:40:30	Cartwright, Steve	m	214		Mv55	15		434	0:40:02	263
269	0:40:30	Williams, Owain	m	215		Mv50	28		8	0:40:12	268
270	0:40:32	Bradley, Michael	m	216		Mv60	15	Spectrum Striders	277	0:40:11	267
271	0:40:35	Simpson, Cathy	f	55		Fv40	11	Chester Road Runners	430	0:40:27	272
272	0:40:36	Exon, Sue	f	56		Fv65	1	Trafford Athletic Club	268	0:40:28	274
273	0:40:38	Bonfield, Katie	f	57		Fv35	11	Abergele Harriers	170	0:40:28	273
274	0:40:42	Edwards, Joanne	f	58		Fv55	5	Vale Royal AC	257	0:40:30	275
275	0:40:45	Hughes, Karl	m	217		Mv45	33		307	0:40:20	270
276	0:40:47	Philip, Patricia	f	59		Fv45	7		129	0:40:41	277
277	0:40:50	Waring, Sue	f	60		Fv50	6	Stockport Harriers & AC	51	0:40:36	276
278	0:40:59	Clarkson, Andrew	m	218		Mv40	40		92	0:40:46	278
279	0:41:08	Gittins, Clive	m	219		Mv55	16		352	0:41:03	283
280	0:41:19	Murdoch, Peter	m	220		Mv60	16		341	0:40:56	280
281	0:41:22	Allison, Phil	m	221		Mv65	10	Village RR	235	0:40:56	281
282	0:41:22	Mittell, Dave	m	222		SM	66	Penyffordd Run Club	369	0:40:57	282
283	0:41:25	Biagini, Rachel	f	61		Fv40	12		240	0:41:07	284
284	0:41:26	Garnett, Hannah	f	62		SF	15	Prestatyn RC	394	0:40:56	279
285	0:41:29	Clixby, Tony	m	223		Mv65	11	Village RR	150	0:41:13	285

Pos	Time	Name	Gen	Gen Pos	Prize Over age	Cat	Cat Pos	Team	Entry No	Chip time	Chip pos
286	0:41:33	Hayes, Kay	f	63		Fv35	12	West Cheshire Athletic Club	280	0:41:20	288
287	0:41:35	Lloyd, Katie	f	64		SF	16	Liverpool Running Bugs	338	0:41:20	287
288	0:41:39	Barrow, Jim	m	224		Mv55	17	Mersey Tri	315	0:41:18	286
289	0:41:49	Jones, Alun	m	225		SM	67	Penyffordd Run Club	185	0:41:21	289
290	0:42:04	Thom, Andrea	f	65		Fv45	8		183	0:41:49	292
291	0:42:12	Oldfield, Melinda	f	66		Fv45	9		73	0:42:00	295
292	0:42:14	McLeod, Gordon	m	226		Mv60	17	Sunlight Runners	407	0:41:52	293
293	0:42:19	Eaton, Sharon	f	67		Fv45	10	Tattenhall Runners	238	0:41:45	290
294	0:42:20	Dar, Asif	m	227		Mv40	41		241	0:41:47	291
295	0:42:26	Powell, Joanne	f	68		Fv35	13	Tattenhall Runners	4	0:41:55	294
296	0:42:31	Basford, Sharon	f	69		Fv45	11	Tattenhall Runners	113	0:42:13	298
297	0:42:35	James, Hilary	f	70		Fv40	13		226	0:42:14	299
298	0:42:35	Ikpatt, Uyai	f	71		Fv40	14	Wirral AC	213	0:42:11	297
299	0:42:39	Wiggins, Stephen	m	228		SM	68	Helsby Running Club	333	0:42:10	296
300	0:42:43	Boynton, Carol	f	72		Fv45	12		351	0:42:38	302
301	0:42:48	Hourigan, Hayley	f	73		Fv40	15	Widnes Running Club	9	0:42:37	301
302	0:42:58	Burchell, Jane	f	74		Fv50	7	South Cheshire Harriers	363	0:42:37	300
303	0:43:04	Bool, Lesley	f	75		Fv50	8		172	0:42:46	304
304	0:43:09	Morrison, Carole	f	76		Fv55	6	Pensby Runners	408	0:42:48	305
305	0:43:10	Lord, Emma	f	77		Fv45	13	Macclesfield Harriers & AC	78	0:42:58	306
306	0:43:11	Walker, Philip	m	229		Mv65	12	Wrexham Ac	207	0:43:02	309
307	0:43:14	Shaw, Geoff	m	230		Mv65	13	Helsby Running Club	412	0:43:02	308
308	0:43:17	Staff, Matthew	m	231		Mv40	42		327	0:42:41	303
309	0:43:18	Duffey, Alex	f	78		Fv40	16	West Cheshire Athletic Club	279	0:43:05	311
310	0:43:25	Thompson, Dave	m	232		Mv60	18	Spectrum Striders	43	0:43:04	310
311	0:43:27	Trett, Lee	m	233		SM	69		339	0:42:58	307
312	0:43:31	Harvey, Charlotte	f	79		SF	17	Penyffordd Run Club	354	0:43:16	313
313	0:43:35	Hargreaves, Billy	m	234		Mv70	3	Southport Waterloo AC	344	0:43:31	317
314	0:43:38	Evans, Andrew	m	235		Mv50	29	Widnes Running Club	153	0:43:27	315
315	0:43:42	Greenwood, Izzie	f	80		SF	18		432	0:43:28	316
316	0:43:45	Igoe, Christopher	m	236		Mv55	18	Helsby Running Club	334	0:43:15	312
317	0:43:48	Chaddock, Louise	f	81		Fv50	9		38	0:43:38	319
318	0:43:49	Griffiths, Andy	m	237		Mv45	34		222	0:43:19	314
319	0:43:55	Hampson, Onnor	f	82		Fv45	14	Liverpool Running Bugs	134	0:43:38	318
320	0:44:06	Royle, Alison	f	83		Fv40	17		308	0:43:39	320
321	0:44:06	Coventry, Cara	f	84		Fv35	14	Penyffordd Run Club	171	0:43:42	321
322	0:44:12	Dodd, Alex	m	238		SM	70		360	0:43:45	322
323	0:44:20	Atkin, James	m	239		Mv60	19	Wirral AC	12	0:44:09	326
324	0:44:21	Phillipson, Sue	f	85		Fv50	10		359	0:44:02	324
325	0:44:31	Pullen, Robert	m	240		Mv50	30	Wrecsam Tri	428	0:43:59	323
326	0:44:31	Ehlen, Brad	m	241		Mv45	35	Northwich Running Club	246	0:44:09	325
327	0:44:37	Henderson, Caitlin	f	86		u20F	4	Spectrum Striders	44	0:44:15	327
328	0:44:40	Henderson, Alec	m	242		Mv50	31	Spectrum Striders	45	0:44:18	329
329	0:44:42	Stirna, Martin	m	243		Mv65	14	South Cheshire Harriers	97	0:44:30	331
330	0:44:45	Francis, Sue	f	87		Fv55	7		283	0:44:15	328
331	0:44:45	Harrison-Jones, Roger	m	244		Mv80	1	Prestatyn RC	16	0:44:33	332
332	0:44:49	Preston, Liz	f	88		Fv40	18	South Cheshire Harriers	175	0:44:27	330
333	0:45:01	Dutton, Ian	m	245		Mv45	36	Liverpool Running Bugs	253	0:44:46	335
334	0:45:06	Brown, Becks	f	89		Fv40	19	Buckley RC	80	0:44:35	333
335	0:45:10	Prys-Owen, Robert	m	246		Mv65	15		316	0:44:57	337
336	0:45:15	Culff, Donna	f	90		Fv40	20	Buckley RC	81	0:44:44	334
337	0:45:19	Thomas, James	m	247		Mv75	2	Buckley RC	269	0:45:05	339
338	0:45:21	Blain, Nigel	m	248		SM	71	Penyffordd Run Club	372	0:44:53	336
339	0:45:23	Blacklock, Saul	m	249		SM	72		191	0:44:59	338
340	0:45:26	Dutton, Mark	m	250		Mv45	37	Northwich Running Club	247	0:45:08	340
341	0:45:51	Bailey, Matthew	m	251		u20M	11		242	0:45:37	343
342	0:45:53	Williams, Carole	f	91		Fv65	2	Vale Royal AC	275	0:45:39	344

Pos	Time	Name	Gen	Gen Pos	Prize Over age	Cat	Cat Pos	Team	Entry No	Chip time	Chip pos
343	0:45:58	Cliffe, Natalie	f	92		Fv35	15		6	0:45:27	341
344	0:46:04	McKeown, Donna	f	93		Fv45	15	Village RR	410	0:45:35	342
345	0:46:10	Chalmers, Ian	m	252		Mv70	4	Pensby Runners	227	0:45:47	345
346	0:46:19	Marshall, Dawn	f	94		Fv40	21	Denbigh Harriers	416	0:45:58	346
347	0:46:26	Keasley, Jackie	f	95		Fv60	3	Helsby Running Club	221	0:46:04	349
348	0:46:28	Beattie, Brian	m	253		Mv75	3	West Cheshire Athletic Club	103	0:46:15	351
349	0:46:31	Philpotts, Paul	m	254		Mv55	19		383	0:46:02	348
350	0:46:33	Brown, Jo	f	96		Fv35	16		5	0:46:01	347
351	0:46:40	Swinnerton, Shelagh	f	97		Fv65	3	South Cheshire Harriers	342	0:46:20	352
352	0:46:43	Daniels, Mark	m	255		Mv55	20	Village Runners	162	0:46:08	350
353	0:46:50	Loftus, Sian	f	98		SF	19	Liverpool Running Bugs	110	0:46:34	355
354	0:46:52	Green, Jan	f	99		Fv60	4		309	0:46:32	353
355	0:46:55	Cottrell, Kay	f	100		Fv60	5	Run Free Fell Runners	374	0:46:46	356
356	0:47:04	Weedman, Debbie	f	101		Fv45	16	Prestatyn RC	201	0:46:34	354
357	0:47:08	Thorp, Phil	m	256		Mv60	20	Liverpool Running Bugs	228	0:46:50	357
358	0:47:12	Burns, Ged	m	257		Mv40	43	Widnes Running Club	422	0:46:53	358
359	0:47:20	Carr, Tracey	f	102		Fv50	11	Liverpool Running Bugs	143	0:47:05	359
360	0:47:31	Thomas, Helen	f	103		Fv35	17	Warrington Road Runners	26	0:47:08	362
361	0:47:33	Hamling, Nikki	f	104		Fv35	18	Widnes Running Club	219	0:47:14	363
362	0:47:35	Kiley, Jack	m	258		SM	73		348	0:47:06	361
363	0:47:36	Wiggins, David	m	259		Mv60	21	Helsby Running Club	160	0:47:05	360
364	0:47:37	Griffith, Darren	m	260		Mv45	38		64	0:47:28	364
365	0:47:48	Griffin, Paula	f	105		Fv50	12		33	0:47:37	367
366	0:47:53	Swadkins, Mollie	f	106		SF	20	Liverpool Running Bugs	109	0:47:38	368
367	0:47:57	Jones, Jenny	f	107		Fv45	17	Penyffordd Run Club	366	0:47:31	365
368	0:48:04	Purchon, Richard	m	261		Mv50	32		206	0:47:31	366
369	0:48:04	Kenrick, Rachel	f	108		SF	21	Pensby Runners	322	0:47:56	373
370	0:48:07	Hand, Aimee	f	109		SF	22		168	0:47:43	370
371	0:48:08	Hand, Liam	m	262		SM	74		169	0:47:44	371
372	0:48:12	Mercer, John	m	263		Mv50	33	West Cheshire Athletic Club	442	0:47:39	369
373	0:48:20	Kapoor, Eve	f	110		Fv45	18	Widnes Running Club	423	0:48:01	374
374	0:48:21	Wood, Stacey	f	111		SF	23		182	0:47:53	372
375	0:48:46	McIndoe, Sue	f	112		Fv50	13	Deestriders R.C.	187	0:48:23	375
375	0:48:46	Owen, Linda Powell	f	112		Fv60	6	Spectrum Striders	276	0:48:23	376
377	0:48:51	Hilton, John	m	264		Mv45	39		60	0:48:30	377
378	0:48:55	Evans, Colette	f	114		Fv45	19	Widnes Running Club	155	0:48:40	380
379	0:48:58	Brown, John	m	265		Mv55	21	Village RR	249	0:48:31	378
380	0:49:07	Alker, Charlotte	f	115		SF	24	Penyffordd Run Club	119	0:48:41	381
381	0:49:12	DUTTON, Jo	f	116		Fv55	8		223	0:48:37	379
381	0:49:12	Murdoch, Hilary	f	116		Fv60	7		156	0:48:49	383
383	0:49:17	Sheehy, Riann	f	118		Fv35	19	Chester Road Runners	284	0:48:47	382
384	0:49:18	Griffin, Tom	m	266		Mv45	40		36	0:49:08	388
385	0:49:25	Dalton, Michaela	f	119		SF	25	Penyffordd Run Club	181	0:49:01	384
386	0:49:32	Morris, Rachel	f	120		Fv35	20		390	0:49:01	385
387	0:49:34	Marshall, Sharon	f	121		Fv35	21		164	0:49:05	386
387	0:49:34	Gainey, Simon	m	267		Mv40	44		174	0:49:07	387
389	0:49:36	Brandish, Felicity	f	122		Fv40	22	Penyffordd Run Club	83	0:49:11	389
390	0:49:40	Holmes, Christine	f	123		Fv40	23		193	0:49:22	392
391	0:49:41	Powell, Sally	f	124		Fv50	14		386	0:49:23	393
392	0:49:41	Philpotts, Rachel	f	125		Fv35	22		382	0:49:13	390
393	0:49:43	Millington, Clare	f	126		Fv40	24	Penyffordd Run Club	166	0:49:17	391
394	0:49:50	Maddock, Nicola	f	127		Fv40	25	Liverpool Running Bugs	136	0:49:34	394
395	0:50:05	Astbury, Jules	f	128		Fv50	15	Penyffordd Run Club	367	0:49:39	395
395	0:50:05	Lysons, Alison	f	128		Fv55	9	Widnes Running Club	41	0:49:46	398
397	0:50:10	Voyzey, Angela	f	130		Fv40	26	Penyffordd Run Club	295	0:49:45	397
398	0:50:10	Fisher, Sue	f	131		Fv35	23		82	0:49:45	396
399	0:50:26	Davison, Jan	f	132		Fv50	16		214	0:50:13	400

ESSAR

27th Chester 'Spring 5'

Wednesday 10th April 2019, 7:00 pm

Pos	Time	Name	Gen	Gen Pos	Prize Over age	Cat	Cat Pos	Team	Entry No	Chip time	Chip pos
400	0:50:33	Smallwood, Leah	f	133		SF	26		225	0:49:54	399
401	0:50:34	Clay, Rachel	f	134		SF	27	South Cheshire Harriers	37	0:50:14	401
402	0:50:40	Singleton, Laura	f	135		Fv35	24		380	0:50:25	405
403	0:50:45	Lewis, Mo	f	136		Fv35	25		198	0:50:15	402
404	0:50:46	Greenwood, Harry	m	268		Mv70	5		87	0:50:24	404
405	0:50:55	Truman, Philip	m	269		Mv50	34	Sandbach Striders	236	0:50:21	403
406	0:51:07	Shaw, Janet	f	137		Fv65	4	Helsby Running Club	413	0:50:55	408
407	0:51:07	Jardine, Roy	m	270		Mv70	6	Eryri Harriers	52	0:50:50	407
408	0:51:14	Horsley, Karen	f	138		Fv45	20	Helsby Running Club	46	0:50:39	406
409	0:51:29	Wilkinson, Jackie	f	139		Fv40	27		100	0:51:03	409
410	0:51:35	Peate, Treena	f	140		Fv45	21	Liverpool Running Bugs	398	0:51:18	410
411	0:51:39	Wrench, Angela	f	141		Fv50	17		173	0:51:19	411
412	0:51:43	Cole, Lesley	f	142		Fv60	8	South Cheshire Harriers	274	0:51:22	412
413	0:51:47	Hewitt, Phillip	m	271		Mv40	45	Liverpool Running Bugs	146	0:51:28	414
414	0:51:47	Elston, Michelle	f	143		Fv45	22	Liverpool Running Bugs	84	0:51:29	415
415	0:51:58	Dubussy-Durgan, Cindy	f	144		Fv40	28		250	0:51:24	413
416	0:52:08	Shone, Joanne	f	145		Fv50	18	Penyffordd Run Club	179	0:51:42	417
417	0:52:10	Webster, Emmajane	f	146		SF	28	Liverpool Running Bugs	203	0:51:51	418
418	0:52:15	Jones, Heidi	f	147		Fv50	19		436	0:51:41	416
419	0:52:17	Fielding, Katie	f	148		SF	29	Liverpool Running Bugs	204	0:51:59	420
420	0:52:17	Loftus, Thomas	m	272		SM	75	Liverpool Running Bugs	111	0:52:02	421
421	0:52:26	Blount, Irene	f	149		Fv60	9	Buckley RC	15	0:51:54	419
422	0:52:58	Twigg, Hannah	f	150		SF	30	Liverpool Running Bugs	324	0:52:41	423
423	0:53:01	Mitchell, Helen	f	151		Fv40	29		3	0:52:28	422
424	0:53:11	Sanna, Diane	f	152		Fv60	10	Penyffordd Run Club	159	0:52:46	425
425	0:53:11	Winder, Linda	f	153		Fv65	5	Penyffordd Run Club	349	0:52:45	424
426	0:53:22	Williams, Marie	f	154		Fv45	23	Penyffordd Run Club	347	0:52:56	426
427	0:53:46	Bentley, Esther	f	155		Fv45	24	Penyffordd Run Club	197	0:53:20	427
428	0:54:00	Brierley, David	m	273		Mv60	22	West Cheshire Athletic Club	285	0:53:40	428
429	0:54:17	Williams, Sara	f	156		Fv45	25		107	0:53:50	429
430	0:54:21	Patel, Piyush	m	274		Mv40	46		237	0:53:52	430
431	0:54:36	O'Callaghan, Dave	m	275		Mv60	23	Penyffordd Run Club	271	0:54:09	431
432	0:54:58	Rate, Sarah	f	157		Fv35	26	Penyffordd Run Club	108	0:54:30	432
433	0:55:12	Kemp, Katie	f	158		Fv35	27		406	0:54:40	433
434	0:55:12	Adams, Jen	f	159		Fv35	28	Buckley RC	403	0:54:40	434
435	0:55:35	Suddaby, Nicola	f	160		Fv35	29	Penyffordd Run Club	355	0:55:10	435
436	0:55:49	Dooley, Tony	m	276		Mv60	24	Chester Triathlon Club	112	0:55:28	437
437	0:55:58	De Casson, Severine	f	161		Fv40	30	Chester Road Runners	435	0:55:23	436
438	0:56:07	Jones, Paul	m	277		Mv40	47		244	0:55:53	438
439	0:57:49	Weir, Cameron	m	278		SM	76		357	0:57:22	439
440	0:58:08	Hill, Colette	f	162		Fv40	31	Buckley RC	346	0:57:42	440
441	0:58:18	Colson, Amanda	f	163		Fv40	32	Penyffordd Run Club	389	0:57:53	441
442	0:59:36	Allison, Jackie	f	164		Fv65	6	Village RR	429	0:59:05	442
443	0:59:55	Winn, Alyson	f	165		Fv60	11	Wrexham Ac	376	0:59:31	443
444	1:00:33	Peers, Gemma	f	166		SF	31	Buckley Runners	336	1:00:02	444
445	1:01:32	Jones, Sandra	f	167		Fv50	20	Lonely Goat RC	189	1:00:59	445
446	1:04:35	Piercy, Sharon	f	168		Fv45	26	Buckley RC	373	1:04:03	446

If you think we can't count see 'no race' in Spring 5 column at https://www.westcheshireac.co.uk/races/races-results-archive/ for explanation.