

West Cheshire Endurance Competition 2019
Male Points Table at end of March

		*Handicap for Road Running		Number of Races (1pt/race)					Bonus Points										Total Points												
									Cross Country					Track	Multi Terrain	Road Leagues/series		Team points			Road & Track Performance Pts	"Helpers" Points									
		At end of 2018	Now-end of Mar 19	Handicap Profile (Road Races)	Cross Country	Fell, Hill	Multi-terrain, Trail parkruns (subject to performance)	Road	Track	Total Races	L&D (Feb)	Manchester (Jan)	North Wales (Jan, Feb)	North Staffs ()	Championships (Ches, Northern, NMAC, ECCA)	Cheshire League	Wirral (September - 4 races)	Borders L (Jan, Mar x2)	Ches GP ()	Relays (NA 12 stage)	Cross Country (Ches, Nwales Jan, Feb)	Road (BLJan,Mar x2; NA RR)	Track	25K (15mi) to 20mi (32K) inc	>20mi to Marathon inc	>Marathon			Points/event		
												1 point per event										1 2 3pts									
Males																															
Steven	FERNYHOUGH	13.8	9.9	*	2		6	8		16								2	1		2	3						9		35	
Andrew	CLAGUE	13.0	13.7	*	5		1	5		11				3				3	1		3	4					1		28		
Andrew	CARTER	12.2	13.7	*	4			6	1	11				3				3	1		2	4				1		26			
Ian	GLOYNE-PHILLIPS	14.1	13.9	*	1			5	1	7				1				2	1		1	3				2		17			
Dave	ALEXANDER	11.3	11.5	*	5	1		1		7				3				1			3	1							17		
Mark A	DAVIES (M40)	10.3	12.1	*	1			5		6				1				3	1		1	4		1					17		
Richard	HAYES	13.9	13.4	*	3		1	3		7				1				1			3	1				1			16		
David	IRVING	18.1	16.9	*			4	4		8								2				2				4			16		
Mark	GALLAGHER	20.8	23.9	*	1			7		8				1				3			1	3							16		
Antony	WOODALL	14.6	14.8	*	3			3		6	1			2				1			2	1							13		
Neil	HERSHAW	11.4	11.6	*	2			3	1	6				1					1		2	1				1			13		
Bradley	SPURDENS	9.8	9.1	*	1			3		4				1				2	1		1	3				1			13		
John	PARLEVLIT	13.3	13.7	*	1			3		4								3			1	3							12		
Adam	POOLE	23.8	22.1	*	1			2		3				1				2			1	2				2			11		
Ian	ACKROYD	23.3	22.1	*			4	3		7								1				1				2			11		
Graham	WELLS	10.1	10.4	*				4		4								3			3	3				1			11		
Tom	BOOTH	10.3	9.9	*			1	1	1	3									1		1	1		2		2			9		
Dave	TIERNAN	22.1	22.9	*				3		3								3			3	3							9		
Joe	FOY	16.6	17.5	*				4		4								2			2	2							8		
Tom	CABLE	12.7	13.3	*				5	1	6								1			1	1							8		
Antony	SPRUCE	[16.6]	18.1	*	1			3		4			1								1					1			7		
Darren	SHILLINGTON	25.2	25.1	*				2		2								2			2	2				1			7		
Michael	DENNIS		32.6	*			2	1		3												3				3			6		
Barrie	THOMAS	[34.1]	33.5	*	1		1			2				1							1					1			5		
Robert	BOGGILD	22.2	19.6	*				3		3												2				2			5		
Steve	HILLIER	18.3	17.9	*			1	2		3												2				2			5		
Phil	HOWE	26.3	27.4	*				2		2								1			1								4		
Stephen	BALL	24.2	24.5	*				2		2								1			1								4		
Dave	BRIERLEY	42.5	42.7	*				2		2								1			1								4		
Mark	DUFFEY	[37.7]						1		1								1			1								3		
Phil	WOODLEY	15.1	15.1	*	1					1					1						1								3		
Brian	BEATTIE	34.1	34.6	*				1		1								1			1								3		
Ian	WETHERALL				1					1		1									1								3		
Bob	BENSON	21.7	21.7	*	1					1		1									1								3		
Alex	STANIFORTH	10.4	10.7	*				1		1								1			1								3		
Tony	KENNEDY	27.1	28.0	*				1		1								1			1								3		
Nick	DUFFY	[19.8]	[19.1]					2		2																1			3		
Luke	ELLIS	14.6	15.0	*		1		2		3																			3		
Paul	WOOD	[28.1]	28.2	*				2		2																1			3		
Rob	LITTLE	9.2	9.3	*				2		2																			2		
Danny	PADDOCK	12.9	13.1	*				2		2																			2		
Mark	POVEY	30.2	31.3	*				2		2																			2		
Michael	YOUNG		[14.4]					1	1	2																			2		
John	PARK								1	1																			1		
Dominic	WALSTER		[22.9]					1		1																			1		
Chris	PALMER	12.8	12.8	*				1		1																			1		
Richard	SMITH		[25.0]					1		1																			1		
Richard	HUNT	24.7	25.3	*				1		1																			1		
David	BISH	30.5	31.2	*				1		1																			1		
Daniel	WATLING	[24.9]	25.6	*				1		1																			1		
Joe	MERCER	40.6	40.7	*				1		1																			1		
Totals:		performances			35	2	1	20	119	7	184																				
		athletes			18	2	1	8	46	7	51																				

*NOTE : Handicap number requires minimum of 3 races within previous 18 months; [xx] = only 1 or 2 races
 Handicap is updated after each road race, if necessary.